# 16 Maternity Packages for Hospitals in Nairobi

Childbirth is an experience like no other – for you and your family. As you step into this adventurous journey of parenthood we have provided an overview of maternity packages for hospitals around Nairobi to get you started. Happy Parenting!

#### 1. Midhill hospital

Midhill hospital is located on Naivasha Road and has been serving the community for the last 30 years. As a social enterprise, the ethos is to provide Affordable Quality Healthcare. This is reflected in our delivery packages.

Normal delivery - Kes. 10,000/-

Caesarian section - Kes. 30,000/-

With up to date NHIF, you will be covered 100% as you bring your bundle of joy to the world. We have airy and spacious wards.

Additional services not covered by NHIF include:

Ultrasound - 2,000/-

ANC visits - 150/-

#### 2. Avenue Hospital

Location: First Parklands Avenue, Nairobi.

Services: They have an ABC package that caters for all your needs from Antenatal care, Birth till Childcare.

Cost: The total cost of the Avenue ABC Maternity Package, including unlimited visits to the AHC Antenatal Clinic, antenatal profile, obstetric scan, one obstetrician visit, multivitamins and ferrous sulphate, delivery, whether normal, vacuum, or by caesarian section, a follow up postnatal visit, Well Baby Clinic for a year and KEPI vaccines for the baby is Kshs 130,000. See this form for a detailed breakdown.

NB: For a more accurate breakdown on the delivery package and healthcare services, visit their main hospital in Parklands.

#### 3. Ruaraka Uhai Neema Hospital

Location: 3rd Right from Roysambu Roundabout, Nairobi

Services: Antenatal and postnatal facilities, Gynecology Surgery & emergency theatre and Newborn Unit

Cost: Gynaecology consultations Kshs 1000; Normal delivery approx Kshs 13,000; Cesarean delivery approx Kshs 35,000.

NB: For a more accurate breakdown on the delivery package and healthcare services, visit their main hospital.

#### 4. St Mary's Mission Hospital Langata

Location: Near Police Dog Unit Rd, Langata, Nairobi

Services: Maternity Services and Well-baby Clinic

Costs: Normal delivery approximately Kshs 12,000; Cesarean delivery Kshs 20,000.

NB: For a more accurate breakdown on the delivery package and healthcare services, visit their main hospital.

## 5. Kenyatta National Hospital - Private Wing

Location: Hospital Road, Upper Hill, Nairobi

Services: Maternity Facilities, paediatric care and gynaecological consultation.

Costs: The total package for normal delivery is approximately Kshs 35,000-53,000 and Cesarean delivery costs Kshs 100,000-152,000. NHIF cardholders receive free maternity care in the General ward.

NB: For a more accurate breakdown on the delivery package and healthcare services, visit their main hospital.

# 6. Jamaa Mission Hospital

Location: Along Buru Buru Road, Nairobi

Services: Antenatal and postnatal care, well-baby clinic, and gynecology consultations.

Cost: Normal delivery is approximately Kshs 60,000; Cesarean delivery is between Kshs 110,000 to Kshs 140,000.

NB: For a more accurate breakdown of the delivery package and healthcare services, visit their main hospital.

### 7. Metropolitan Hospital

Location: Off Rabai Road, Buruburu, Nairobi

Services: Antenatal and postnatal care, gynecology consultations, well-baby clinic and immunizations.

Cost: Normal delivery is approximately Kshs 50,000; Cesarean delivery is Kshs 100,000.

NB: For a more accurate breakdown of the delivery package and healthcare services, visit their main hospital.

#### 8. Guru Nanak Hospital

Location: Opposite Murang'a Road, Pangani, Nairobi

Services: antenatal care, post-delivery care, family planning, and well-baby clinic.

Costs: The total package for normal delivery is approximately Kshs 45,000 and Cesarean delivery costs Kshs 155.000.

NB: For a more accurate breakdown of the delivery package and healthcare services, visit their main hospital.

# 9. Mp Shah Hospital

Location: Shivachi Road - Parklands, Nairobi.

**Services:** Antenatal care, post-delivery care, well-baby clinic and gynecology consultation.

Cost: Normal delivery approx Kshs 130,000; Cesarean delivery Kshs 260,000.

NB: An accurate delivery package is available for their clinic mothers upon visiting the hospital. This is paid before 30 weeks of pregnancy.

#### 10. Karen Hospital

Location: Lang'ata Road in Karen.

Services: Antenatal and Postnatal Care, normal and Cesarean deliveries.

Cost: Normal delivery approx. Kshs 100,000; Caesarian delivery Kshs 180,000.

NB: For a more accurate breakdown of the delivery package and healthcare services, you can visit their main hospital.

#### 11. Nairobi Hospital

Location: Upperhill along Valley Road and Argwings Kodhek Road

Services: Antenatal care, Postnatal care, Paediatric services and gynaecology consultation.

Cost: Normal delivery approx - Kshs 95,000; Caeserian delivery- Kshs210,000.

NB: For a more accurate breakdown on the delivery package and healthcare services, you can visit their main hospital.

#### 12. Mater Hospital

Location: Mariakani Gardens, along Dunga Road In South B area Nairobi.

Services: The maternity package covers antenatal visits, delivery and postnatal care in their Embakasi, Westlands Buruburu, Thika and Kasarani clinics.

Cost: Normal delivery is approximately Kshs 60,000; Cesarean delivery Kshs 165,000.

NB: For a more accurate breakdown on the delivery package and healthcare services, visit their main hospital.

# 13. Coptic Hospital

Location: Opposite China Centre along Ngong Road.

Services: Maternity and Paediatric facilities.

Cost: Normal delivery is approximately Ksh 40,000; Caesarian delivery Ksh 100,000.

NB: For a more accurate breakdown on the delivery package and healthcare services, visit their main hospital.

#### 14. Nairobi Women's Hospital

Location: Hurlingham Medicare Plaza, Argwings Kodhek Road, Nairobi

#### NORMAL DELIVERY PACKAGE (for mothers who do not require an obstetrician).

#### This package includes:

Delivery (delivery room and nursing charges)
Ward bed up to 2 days for mother and baby,
Drugs and dressings,
Initial immunization for BCG & Polio,
Excludes: Vacuum, complicated delivery, breech delivery or
instruments used for delivery, drugs used in induction of labour where
required, doctors( obs/gyn &paediatrician reviews) and caesarean
section. Total Package costs kshs 30,000

2. NORMAL DELIVERY PACKAGE PLUS OBSTETRICIAN AND PAEDITRICIAN (FIRST EXAMINATION) costs Kshs. 40,000

#### 3. OBSTETRICIAN DELIVERY PACKAGE

This includes a normal delivery package plus delivery by our Hospital Obstetrician. Total package costs Kshs 64,000

#### NB:

- All payments must be settled before discharge or as guaranteed by insurance companies
- NHIF rebate does not apply.
- Withdraw penalties:
  - week 1-28 weeks of gestation: Kshs. 1,000
  - 28 weeks and above: 5% of the TOTAL package

### What is NOT INCLUDED in the delivery packages and will be billed separately;

- Treatment of illness during pregnancy and or after delivery
- Other specialists, incubator care, treatment of prematurity, congenital diseases/conditions, respiratory distress, or any other illness in neonates
- Antenatal services.
- Medication and feeds
- Induction for the mother
- Any charges after 2 days (for normal delivery) and four days (for Cesarean sections)
- Illness in babies after discharge
- Vaccines not included in the KEPI regime.

#### 15. Aga Khan University Hospital

Location: Third Avenue, Limuru Rd, Nairobi.

Services: Antenatal care, post-delivery care, pediatric care, and family planning

Costs: Normal delivery is approximately Kshs 120,000; Cesarean delivery Kshs 220,000.

NB: For a more accurate breakdown of the delivery package and healthcare services, visit their main hospital.

# 16. Jacaranda Maternity Kahawa West

Location: Kahawa

Services: Normal delivery, Caesarean, Antenatal care, and postnatal care.

Costs: Charges are between Kshs 39,000 and Kshs 60,000. Kshs is for the Caesarean procedure. Adding the postnatal care, pharmacy, and lab test the charges shoot up to KES 60,000. NHIF is allowed but only takes care of bed charges.

Disclaimer: This article is meant for informational purposes only and should not be used as a substitute for Obstetrician-Gynaecologist's advice. Consult an Obstetrician before making any decisions. MumsVillage doesn't offer any Gynaecological services.