* **Go over the rules of the game**: before the game starts, make sure everyone knows what the rules are and how they make the game fair. You might also need to gently remind children of the rules as you play.
* **Introduce some social rules**: these could be rules about taking turns and congratulating other people when they win.
* **Encourage children to have a say in the rules**: if you’re playing a game with flexible or made-up rules, ask children what the rules should be. For example, ‘If the ball goes out of bounds, what do you think should happen?’ Children who feel they’ve had a say in the rules are more likely to follow them.
* **Give feedback**: [praise](https://raisingchildren.net.au/school-age/connecting-communicating/connecting/praise) your child for sharing, taking turns and other examples of playing fair. Point out what your child did well. For example, ‘I thought it was great the way you shook hands with the other team at the end of the game’.

A group of students'activities

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**Some suggested ground rules for working with groups:**

* Start on time.
* Practice respect for yourself and others.
* Come prepared to do your part.
* Be a good listener.
* No put-downs.
* Make sure everyone gets a chance to contribute or speak.
* Accept constructive criticism gracefully.
* Critique ideas, not people.
* Stay on task.
* No interruptions; let people finish talking.
* Ask for help when you’re confused about what to do.
* Help others when you can.
* Do your fair share of the work.