

Exercise Calorie Converter

By: Tracy Lam

EXERCISE CALORIE CONVERTER

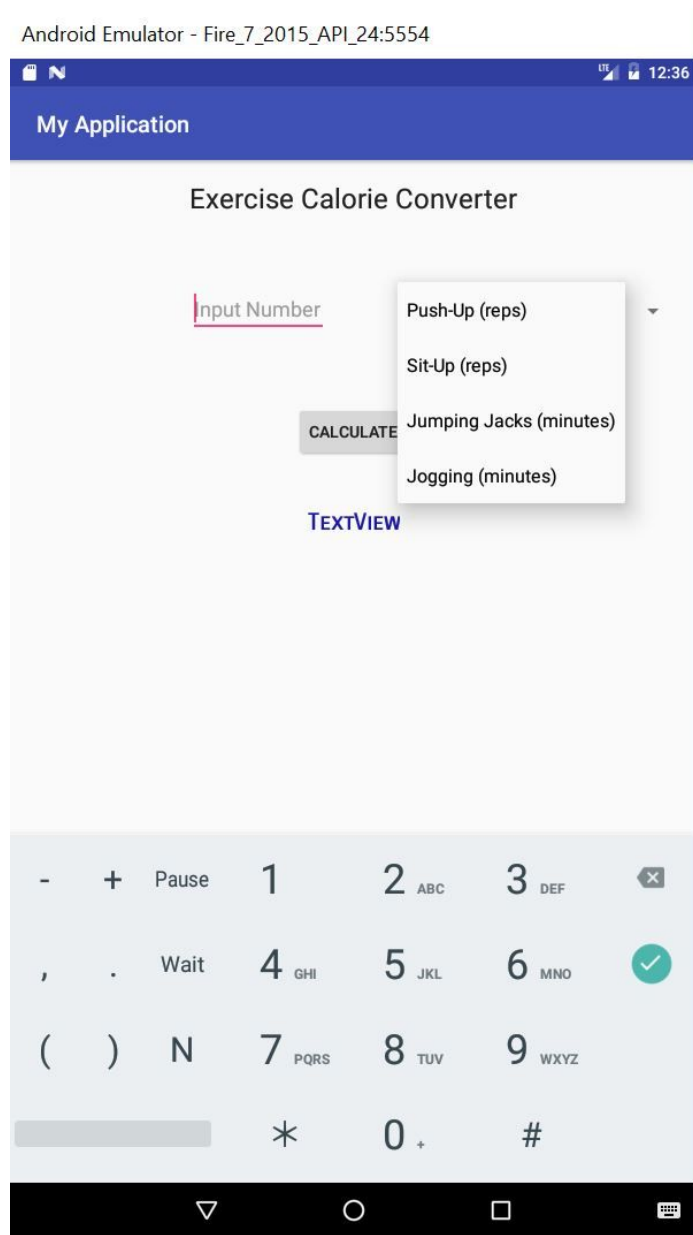
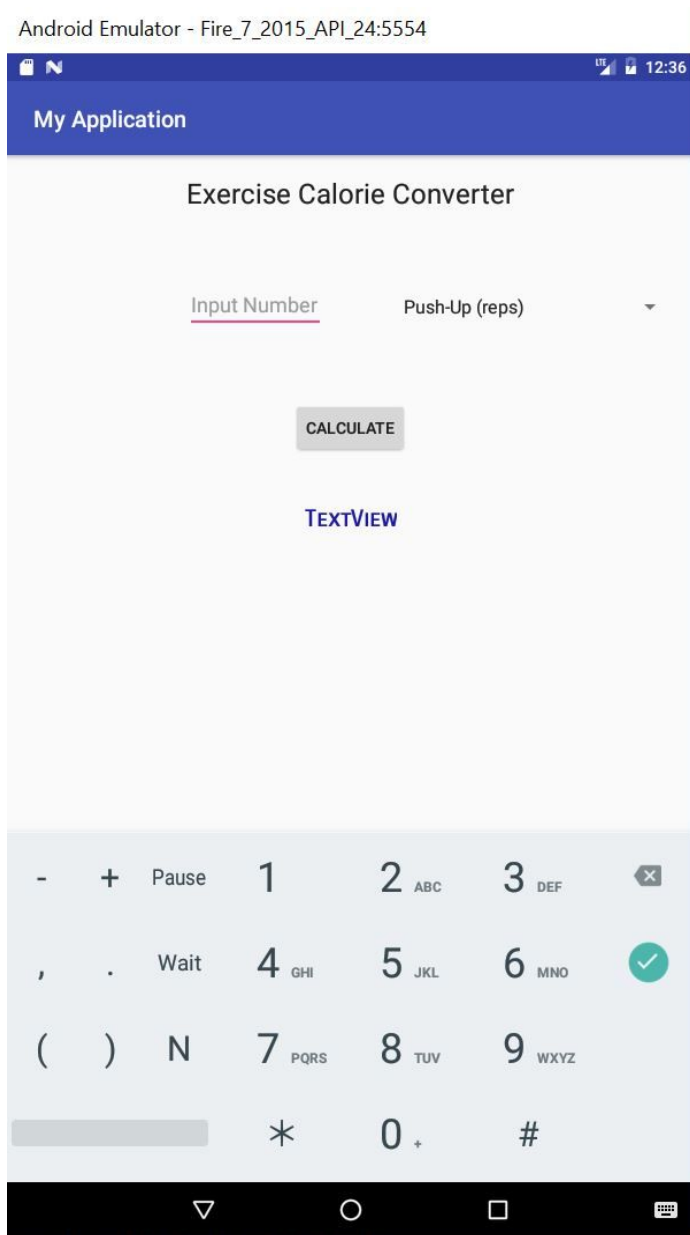


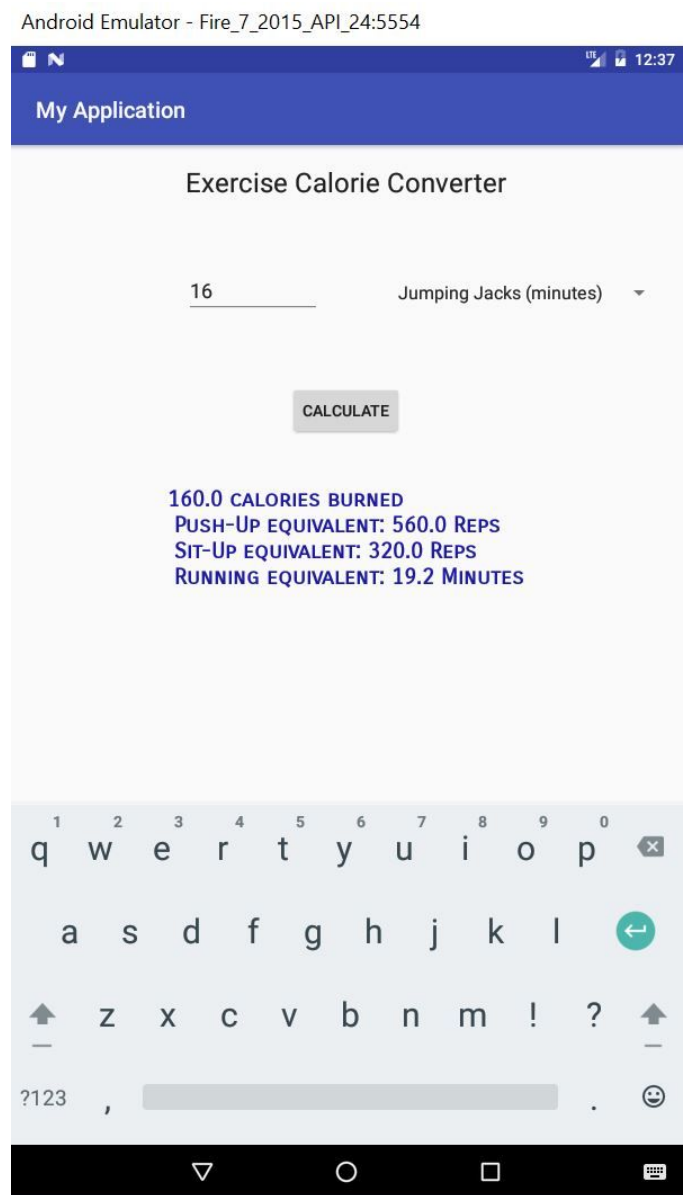
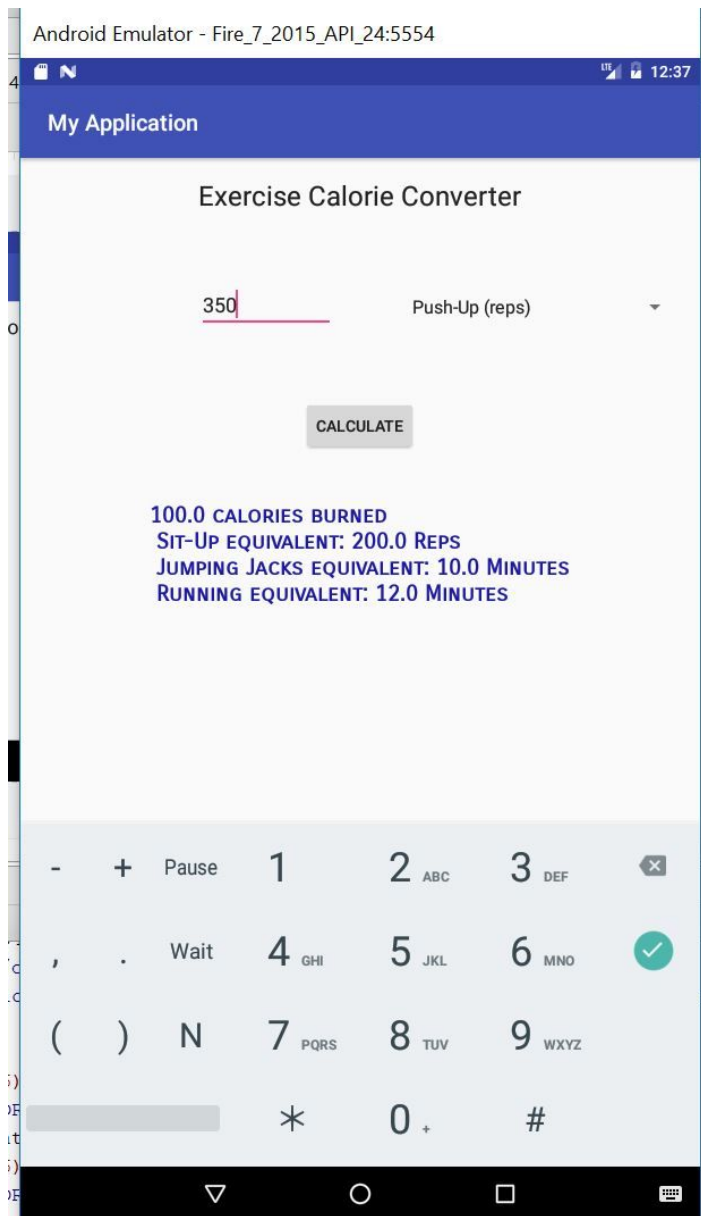
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How it works

There is numeric input where you insert the amount of reps or minutes of exercise that you've done. From there you want to select the type of exercise you've done. You will have a drop down menu with your options and whether that exercise is measured in reps or minutes. When you've inputted what you've done, you want to click the "calculate" button and your results will be displayed underneath this button. Your results will show you how many calories you've burned for that specific exercise as well as the exercises and how many reps/minutes you have to do in order to burn an equivalent amount of calories.

Screenshots





Youtube: <https://youtu.be/RX72C9ZfQ5A>