

the chromatic scale (symmetrically)

I teach this scale to students at their very first lesson

the notation looks intimidating but playing it on the keyboard is quite straightforward, even intuitive, since both hands do the same thing at the same time (if the scale is started at D or Ab)

there are of course many ways to finger the scale depending on the context but this works well here
we use 3 on every black key and 1 on white keys
except at b-c and e-f where the 2 bridges the gap

try extending to two or three octaves and/or with eyes closed (or looking away from the keyboard)

The image shows two staves of musical notation. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in 3/4 time. The notation consists of a series of eighth notes connected by vertical stems. Fingerings are indicated above the notes: '1' for white keys, '3' for black keys, and '2' for the two notes that bridge the gap between B and C, and between E and F. The notation is symmetrical, starting on a white key and ending on a white key. The bass clef staff continues the pattern below the treble clef staff.