Workout Tracker

D&D

Functional

* User shall be able to calculate their BMI (body mass index) and FFMI (Fat free mass index).
* User can check the BMI and FFMI record in progress chart.
* User can click on certain day calendar to edit/add workout record..
* User sets up alarm/alert to notify user’s goals.
* User can sync data.

Non-functional

* The app will be available on Android system.
* The web service will be created in C#/Go.
* The database will be built in MySql.
* User data is saved locally and online.
* User can only access his/her own data.
* The app will be user friendly.
* The app will be easy to maintain.