**1. Are you happy with your appearance now?**

* Yes, I'm quite happy with my appearance now.

**2. How often do you take care of your appearance?**

* Taking care of my appearance is very important to me so I do it every day./ I take care of my appearance every day.

**3. How do you take care of your skin/hair/teeth?**

* To take care of my skin/ For my skin , I use shower gel and body lotion *(to maintain moisture for my skin and make it softer.)*
* For my hair, I use shampoo ( hair oil/ hair serum/ hair conditioner), *(and after taking a shower I let my hair dry naturally instead of using a hairdryer. )*
* I use toothpaste and toothbrushes to take care of my teeth. I brush my teeth 2 times a day, after waking up and before going to bed.

**4. Which personal care product(s) do you use for your skin/hair/teeth?**

* To take care of my skin, I use shower gel from Dove and body lotion from Nevia.
* To take care of my hair, I use Pantene shampoo.
* To take care of my teeth, I use toothpaste and toothbrushes from Colgate.

**5. Do you spend a lot of money on cosmetic products?**

* I don't spend a lot of money on cosmetic products. I often go shopping for cosmetic products 4-5 times a year and I spend 1 to 2 million VND each time.

**6. Do you usually go to salon/ spa/ barber shop?**

* (Yes,) I sometimes go to the spa to have a body massage because my back and shoulders are often sore *(đau)*.

**7. How often do you go to salon/ spa/ barber shop?**

* I go there 2 times a month.

**8. What is your favorite salon/ spa/ barber shop? (What salon/ spa/ barber shop do you usually go to?**

* My favorite spa is called Queen Spa.

**9. Where is the salon/ spa/ barber shop located?**

* The spa is near my house. It is on Au Co street.

**10. Who do you go there with?**

* I go there alone.

**11. Which service(s) do you usually get when you go to that salon/ spa/ barber shop?**

* I usually get a body massage when I go to the spa.

**12. How much do you have to pay for each time?**

* It costs me 300k VND for a 30-minute massage.

**13. What do you think about cosmetic surgery? Is it good or bad? Why?**

* I think cosmetic surgery can be both good and bad. It can make you more beautiful, but if there is a mistake during the surgery, there will be negative effects on your body.

**14. What are the advantages and disadvantages of cosmetic surgery?**

* For the advantages, cosmetic surgery can improve your appearance and make you more self-confident. But cosmetic surgery comes with risks and side effects, and it costs you a lot of money.

**15. If you had money, would you have cosmetic surgery? Why?**

* If I had money, I wouldn’t have cosmetic surgery because I’m satisfied with my appearance now.
* If I had money, I wouldn’t have cosmetic surgery because I love the body that my parents give me and I don't want to make any changes to it.