

Trans Travel Guide

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Introduction

This project seeks to provide "travel advice" for trans travelers (and our companions) based on laws and practical safety within various jurisdictions.

If you are viewing this at <https://TravelWhileTrans.com/>, you can select a jurisdiction using the sidebar on the left. On mobile, you can click the "three bars" on the top left of the page which will pull out the sidebar (or turn your phone sideways).

It is not geared towards people already living in a jurisdiction. For instance, laws about medical insurance won't generally be mentioned, as most people traveling will have out-of-jurisdiction medical insurance. Likewise, laws about school athletics will not be mentioned as these generally don't impact travelers. However, information that might impact travelers in different situation will be mentioned. For instance, someone assigned to a business project for several months in a state may need to utilize medical care. Others may travel with children and be concerned about how this could be seen as child abuse or cause child custody issues.

Other Formats

This is also available as a PDF. This may be particularly useful to people needing to cite this information or who want to carry a copy with them on their mobile device. You can access the PDF version at <https://TravelWhileTrans.com/output/trans-travel.pdf>.

Disclaimer

This is not legal advice, and is not put together by a lawyer. This information is not guaranteed to be up-to-date or accurate. You should consult with an attorney with any questions.

Missing Jurisdictions

This guide is definitely incomplete, and contains only a handful of jurisdictions at this time. Contributions of additional jurisdictions are always appreciated.

A Note on Intersectional Oppression

This directory is focused on laws and safety concerns that generally impact trans people. However, not all trans people have the same safety concerns, which is why I've refrained from saying a state might be "safe" or "dangerous" directly, or giving scores/grades/etc. For instance, a wealthy trans person may be able to more safely visit a specific jurisdiction than someone without class privilege. Likewise, a person with white privilege might be safe in a place where a person who does not have that privilege might not. The intent is to not erase these legitimate intersectional concerns, but to be a starting point for your research.

Changes to this guide

You can [view changes to the travel guide here](#).

About "Bad Countries" and "Bad States"

Trans people have always existed, and still do exist across all cultures. A jurisdiction may be unsafe or have bad laws, but there will still be trans people within that jurisdiction, and it's important to consider them before fully writing off a state or country as not worth a fight. In addition, there are accepting, open-minded allies in every jurisdiction as well.

In addition, in both good and bad jurisdictions, there will be good and bad treatment of trans people. The summaries in this project attempt to summarize the situation for people, but they are just summaries. Any one individual's situation may be different than what others face, both good and bad.

Errors / Omissions

This project welcomes contributions via pull requests or email to Joelle Maslak jmaslak@antelope.net.

The project is also available on Github as <https://github.com/trans-travel/trans-travel>

Particularly interesting is general information from people that know the location, beyond just what the laws say. If you know a city has a great neighborhood for trans people, or that there is a disparity between how one area of the country or state treats people and another, this is extremely valuable information!

This project also welcomes contributions of new jurisdictions! To add a new jurisdiction, please utilize the template in template.md if you can.

License

This is licensed Creative Commons Zero (CC0) 1.0.

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Bermuda

A Note

An American with limited knowledge of BM law and culture put this page together. I would be very grateful for those with more knowledge to improve this page in any and all ways. While this is geared for people who might travel to Bermuda. I prefer that it would be written in an accurate, culturally appropriate way.

Summary

While Bermuda does not recognize same-sex marriage and does not allow gender reassignment, it does have some non-discrimination protections for sexual orientation.

It does not have legal gender identity protections.

Bermuda does not appear to have law that makes it illegal for trans people to use bathrooms, children to receive gender affirming medical care, or for trans people to dress differently than your sex assigned at birth. However, because no positive law exists, discrimination would be legal.

Note that resorts and tourist areas may be more accepting than other areas, and that some openly LGBT people do travel to Bermuda and enjoy their trips.

The age of consent also differs depending on type of sex act, with anal sex requiring the person to be age 18 or older (vs. PIV sex, where age of consent is 16). For people 18 or older, having sex with others 18 or older, there are no legal concerns.

Non-discrimination Law

- There is no protections from discrimination on the basis of gender identity in law.
- There is some protections for LGB travellers to Bermuda, particularly in public accommodations.
- There is no recognition of same-sex marriage in Bermuda.

Public Accommodations

- There is no protections from discrimination on the basis of gender identity in law.
- There is some protections for LGB travellers to Bermuda, particularly in public accommodations.

Drag / Performance / Cross-dressing Laws

- Bermuda does not have a drag/cross-dressing ban or restriction.

Importation Rules

- People have been arrested for importing LGBT pornography in the past, although it appears that this is not currently against the law.
- While prescription medication is typically allowed, non-prescribed medication may expose you to legal problems in Bermuda.

Air Travel

- Travel into/out-of Bermuda may require tickets and documents to match, including gender.
- In some cases, body scanners are used to screen passengers. It is unknown if these scanners have been programmed in a trans-affirming way.
- It is unknown what policies Bermuda applies to pat-down searches.

Other International Travel

- It is unknown what security and identity restrictions may exist for ocean travel.
- People have been arrested for importing LGBT pornography in the past, although it appears that this is not currently against the law.

Jails / Prisons

- It is unknown how Bermuda houses transgender prisoners, although it is likely according to either anatomy or assignment at birth. Most likely trans women would be housed in men's jails or prisons.
- Trans affirming medical care is likely unavailable in jails/prisons.

Legal Definition of Sex

There is no recognition of legal gender change, and non-binary gender is not recognized.

Medical Care

- Trans medical care appears legal for adults but providers may be difficult (or impossible) to locate.

Child Custody / Abuse

- It is unknown whether or not Bermuda sees transition as child abuse.

Relationship Recognition

- Same-sex marriage is not recognized.
- Bermuda was the first country in the world to repeal a law that previously allowed gay marriage. This may indicate the general trajectory of the country regarding LGB rights.
- It is likely that Bermuda would consider sex assigned at birth when determining if a marriage is an opposite-sex marriage.

- Married couples may wish to ensure that their legal rights are protected through alternative means when traveling to Bermuda. Spouses may be treated as legal strangers and other relatives may have more rights for decision making in cases of injury or death.

Relevant Laws

General Safety

Many in Bermuda do not approve of LGBT people or relationships. Tourist areas may be more accepting (some LGBT travelers report positive experiences visiting the island).

Public signs of affection and non-binary presentation may be offensive to some in Bermuda.

Resources

Canada - Alberta

Alberta recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws for adults are positive and there is some non-discrimination protection for trans people. However, beyond these laws, the province has taken negative action against trans youth, including Canada's most restrictive ban on youth medical care.

Non-discrimination Law

- Trans people are specifically named in Alberta non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Alberta.
- Anti-trans/anti-gay protests frequently occur, from groups that connect drag and transgender identity with conspiracy theories. These protesting groups are connected to the far-right.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- While trans prisoners can be housed federally in accommodations that match the person's gender identity, it is unknown whether or not the province of Alberta does the same.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

However, proposed policy, targeted at children in school, have asserted that parents must approve of name and pronoun changes, even when used informally, signaling a view of children's rights as subordinate to parental rights when these rights conflict.

Medical Care

- Trans medical care is legal for adults.
- Alberta has banned HRT, puberty blockers, and some other care for people under age 16.
- However, Alberta has indicated that in Fall of 2024, [provincial policy would outlaw some trans youth medical care](#)
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse
- Trans youth medical care would be banned for children under 16. It is unknown what impact this may have on custody.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Alberta Human Rights Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity frequently occurs in Alberta, and Alberta is on the forefront of anti-trans "culture wars" in Canada, both through protests and through official government action. While this has not progressed to the degree it has in some USA states, travelers should be aware and monitor for changes.

Resources

- [Alberta Human Rights Commission](#)
- [Transgender Airport Screening](#)

Canada - British Columbia

British Columbia recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in British Columbia non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in British Columbia.
- Anti-trans/anti-gay extremists attempt to disrupt LGBT events such as [drag queen storytime events](#).

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- Trans prisoners can be housed in British Columbia prisons on the basis of gender identity rather than sex assigned at birth.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [British Columbia Human Rights Code](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in British Columbia, although this is less supported by residents than this activity would be in much of the USA.

Resources

- [Transgender Airport Screening](#)
- [BC Human Rights Tribunal](#)
- [Trans Rights BC](#)

Canada - Manitoba

Manitoba recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

In late 2023, Manitoba has taken official stances to re-affirm their support for trans people.

Non-discrimination Law

- Trans people are specifically named in Manitoba non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Manitoba.
- Anti-trans/anti-gay protests sometimes occur, from groups that connect drag and transgender identity with conspiracy theories. In 2023, these protests were generally opposed by pro-trans counter-protesters that outnumbered the anti-trans protesters.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- While trans prisoners can be housed federally in accommodations that match the person's gender identity, it is unknown whether or not the province of Manitoba does the same.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Manitoba Human Rights Code](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in Manitoba. While this has not progressed to the degree it has in some USA states, travelers should be aware and monitor for changes.

Resources

- [Manitoba Human Rights Guide](#)
- [Trans Manitoba \(Advocacy for Trans people in Manitoba\)](#)

Canada - New Brunswick

New Brunswick recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in New Brunswick non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in New Brunswick.
- Anti-trans/anti-gay protests sometimes occur, from groups that connect drag and transgender identity with conspiracy theories.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- While trans prisoners can be housed federally in accommodations that match the person's gender identity, it is unknown whether or not the province of New Brunswick does the same.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

However, recent changes, targeted at children under 16 in school, have asserted that parents must approve of name and pronoun changes, even when used informally, signaling a view of children's rights as subordinate to parental rights when these rights conflict.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [New Brunswick Human Rights Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in New Brunswick, and New Brunswick is on the forefront of anti-trans "culture wars" in Canada, both through protests and through official government action. While this has not progressed to the degree it has in some USA states, travelers should be aware and monitor for changes.

Resources

- [Guidelines on Gender Identity or Expression \(NB Human Rights Commission\)](#)
- [New Brunswick Human Rights Commission](#)
- [Transgender Airport Screening](#)

Canada - Newfoundland

Newfoundland recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in Newfoundland non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Newfoundland.
- Anti-trans/anti-gay protests sometimes occur, from groups that connect drag and transgender identity with conspiracy theories.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- Newfoundland policies for trans prisoners are unknown.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.

- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Newfoundland Human Rights Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Newfoundland has relatively little organized anti-trans activity compared to some other Canadian provinces, and significantly less than the USA.

Resources

- [Newfoundland Human Rights Commission](#)
- [Trans Support Newfoundland](#)
- [Transgender Airport Screening](#)

Canada - Northwest Territories

Northwest Territories recognize the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized. The non-discrimination/anti-harassment laws are positive and there is explicit non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are explicitly protected in Northwest Territories non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Northwest Territories.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- It is unknown how trans prisoners are housed in Northwest Territories currently.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Northwest Territories Human Rights Act](#)

General Safety

Active, organized anti-trans activity rarely occurs in Northwest Territories.

However, because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

- [Transgender Airport Screening](#)

Canada - Nova Scotia

Nova Scotia recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in Nova Scotia non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Nova Scotia.
- Anti-trans/anti-gay protests sometimes occur, from groups that connect drag and transgender identity with conspiracy theories.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- Trans prisoners can be housed in Nova Scotia prisons on the basis of gender identity rather than sex assigned at birth.
- However, reports indicate trans people face discrimination in the criminal justice system and may be housed according to sex assigned at birth.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Nova Scotia Human Rights Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in Nova Scotia, although this is less supported than in much of the USA and other parts of Canada. Much of this anti-trans activity occurs as online "protest" with occasional in-person anti-trans demonstrations.

Resources

- [Transgender Airport Screening](#)

Canada - Nunavut

Nunavut recognize the gender of binary trans people. I.E. trans women are considered women, trans men are men, although non-binary people are largely not recognized.

The non-discrimination/anti-harassment laws are positive and there is explicit non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are explicitly protected in Nunavut non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Nunavut.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- It is unknown how trans prisoners are housed in Nunavut currently.

Legal Definition of Sex

Non-binary people are not recognized.

Binary trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.

- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Nunavut Human Rights Act](#)

General Safety

Active, organized anti-trans activity rarely occurs in Nunavut.

However, because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

- [Nunavut Human Rights Tribunal](#)
- [Transgender Airport Screening](#)

Canada - Ontario

Ontario recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people have some recognition. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in Ontario non-discrimination laws.
- Ontario Superior Court has ruled in an anti-SLAAP case that the slur "groomer" [is not an opinion and thus requires actual evidence when used against trans people and others \(court decision\)](#). Thus, it may be subject to anti-defamation laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Ontario.
- [Anti-trans/anti-gay protests frequently occur](#) at drag storytime events in Ontario.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- Trans prisoners can be housed in Ontario prisons on the basis of gender identity rather than sex assigned at birth.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Ontario Human Rights Code](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in Ontario, although this is less supported than in much of the USA. Much of this anti-trans activity occurs as "protest" towards Pride events that include youth. It also may occur in Ottawa as a "protest" against inclusive government policies.

One local contributor noted that the Kitchener/Waterloo/Cambridge area, being largely a university town, is a comparatively safe space, though there will always be pockets of what I'll politely call radicalized members. Of late there have been smaller hate groups mobilizing to attempt to get their own onto school boards and municipal legislation for the obvious reasons, but thus far (updated on Sept. 17, 2023) to no avail.

Resources

- [Transgender Airport Screening](#)

Canada - Prince Edward Island

Prince Edward Island recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are explicitly protected in Prince Edward Island non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Prince Edward Island.
- Anti-trans/anti-gay protests sometimes occur, from groups that connect drag and transgender identity with conspiracy theories. Importantly, in Charlottetown, when anti-trans people protested against inclusion in 2023, the city [explicitly re-affirmed their support for 2SLGBTQIA+ people](#).
- However, other LGBT events involving children have been postponed or canceled due to safety concerns.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- It is unknown how trans prisoners are housed in PEI.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Prince Edward Island Human Rights Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in Prince Edward Island, although this is less supported than in much of the USA and other parts of Canada. Much of this anti-trans activity occurs as online "protest" with occasional in-person anti-trans demonstrations.

Resources

- [Transgender Airport Screening](#)

Canada - Quebec

Quebec recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in Quebec non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Quebec.
- Anti-trans/anti-gay protests frequently occur, with some events, such as some drag storytime events, being [moved to secret locations for security](#).

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- Trans prisoners can be housed in Quebec prisons on the basis of gender identity rather than sex assigned at birth.
- In 2023, a trans man was acquitted due to [transphobic behavior](#) on the part of Montreal police.

Legal Definition of Sex

Non-binary people are recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update some documents.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Quebec Charter of Human Rights and Freedoms](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in Quebec, although this is less supported than in much of the USA. Much of this anti-trans activity occurs as "protest" towards Pride events that include youth.

In addition, the government seems poised to limit rights of trans people in the future. A committee created to "study" trans issues and provide advice to the government [lacks any trans members](#).

Resources

- [Transgender Airport Screening](#)

Canada - Saskatchewan

Saskatchewan recognizes the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some purposes. The non-discrimination/anti-harassment laws are positive and there is non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are specifically named in Saskatchewan non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Saskatchewan.
- Anti-trans/anti-gay protests sometimes occur, from groups that connect drag and transgender identity with conspiracy theories.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- While trans prisoners can be housed federally in accommodations that match the person's gender identity, it is unknown whether or not the province of Saskatchewan does the same, although there is some indication it may in some cases.

Legal Definition of Sex

Non-binary people are partially recognized, and trans people are generally recognized on the basis of their gender identity, including the ability to update their documents, albeit sometimes requiring medical documentation.

However, parents must approve of name and pronoun changes, even when used informally, signaling a view of children's rights as subordinate to parental rights when these rights conflict.

Medical Care

- Trans medical care is legal for all ages.
- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Saskatchewan Limitation of Rights of Trans Students](#)
- [Saskatchewan Human Rights Code](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Active, organized anti-trans activity occurs in Saskatchewan, and Saskatchewan is on the forefront of anti-trans "culture wars" in Canada, both through protests and through official government action. While this has not progressed to the degree it has in some USA states, travelers should be aware and monitor for changes.

Resources

- [Human Rights of Transgender People \(SK Human Rights Commission\)](#)
- [Transgender Airport Screening](#)

Canada - Yukon

Yukon recognize the gender of binary and non-binary trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized for some (but not all) purposes. The non-discrimination/anti-harassment laws are positive and there is explicit non-discrimination protection for trans people.

Non-discrimination Law

- Trans people are explicitly protected in Yukon non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Yukon.

Air Travel

International travel should ensure that tickets and passport have matching gender marker.

Some security screenings are gendered, such as some body scanners, which may result in a pat-down of trans people that have bodies that don't match expectations for the body the security staff assumes they have. It is a traveler's right to have pat downs conducted by the gender of the passenger's choice, and use different gender screeners for top and bottom half of the body, should it be necessary.

Jails / Prisons

- It is unknown how trans prisoners are housed in Yukon currently, although Yukon does have policies that, on paper, seem to indicate that trans prisoners can be placed in housing in line with their gender identity.

Legal Definition of Sex

Non-binary people are only recognized for some purposes, and binary trans people are generally recognized on the basis of their gender identity, including the ability to update their documents.

Medical Care

- Trans medical care is legal for all ages.

- Trans medical care for adults may be somewhat more difficult for travelers to access than medical care in some USA states (but likely easier than other USA states), and may move slower than some providers elsewhere in the world may.

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Yukon Human Rights Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Limited, but active, organized anti-trans activity occurs in Yukon, although this is less supported than in much of the USA and other parts of Canada. Much of this anti-trans activity occurs as online "protest" with occasional [in-person anti-trans demonstrations](#).

Resources

- [Transgender Airport Screening](#)
- [Yukon Human Rights Commission](#)

Japan

A Note

An American with limited knowledge of Japan law and culture put this page together. I would be very grateful for those with more knowledge to improve this page in any and all ways. While this is geared for people who might travel to Japan. I prefer that it would be written in an accurate, culturally appropriate way.

Summary

National LGBT protection law is weak, although some locations (including Tokyo) have passed stronger local legislation.

Non-discrimination Law

- The [national LGBT law](#) is relatively weak, although some locations in Japan have passed stronger laws.

Public Accommodations

- Trans people can generally use appropriate toilets. Accessible, single-user bathrooms often exist, and these can be used by people of any gender. However, at least one trans woman, in 2022, was [referred to prosecution](#) for using the women's bathroom. Thus caution should be exercised.
- Public onsens (baths) should likely be avoided by trans people who have not had genital surgeries. In addition, they prohibit people with tattoos. Private onsens and yunessun with bathing suits may be a viable alternative.

Drag / Performance / Cross-dressing Laws

- Japan does not have a drag/cross-dressing ban or restriction.

Air Travel

- Travel into/out-of Japan will require tickets and documents to match, including gender.
- In some cases, body scanners are used to screen passengers. It is unknown if these scanners are problematic for trans people.
- It is unknown what policies exist around pat-down searches.

Jails / Prisons

- While in some cases, trans people have been housed according to their gender, this is likely the exception and trans people should be expected to be housed in accordance with sex assigned at birth, particularly if they have not had bottom surgery.
- People will be searched in accordance to where they are housed.

- Gender affirming care is not typically available in Japanese jails/prisons.

Legal Definition of Sex

Binary trans people can change their gender with some significant restrictions.

Non-binary gender is not recognized in the Japan.

Medical Care

- Trans medical care is legal for adults.
- Trans medical care is typically not provided to youth.
- Syringes are a controlled import item in Japan. You will need a [Yunyu Kakunin-sho permit](#) to import syringes (even a single syringe) if it is not a pre-filled injector.

Child Custody / Abuse

- It is unknown how a child's transition may impact custody.

Relationship Recognition

- Same-sex marriage is not generally recognized, although this is an evolving area of law in Japan.

Relevant Laws

General Safety

Japan is generally a very safe country. Violent crime is relatively rare.

Resources

- [Drug importation Rules](#)

Mexico

A Note

An American with limited knowledge of Mexican law and culture, and who does not speak Spanish put this page together. I would be very grateful for those with more knowledge to improve this page in any and all ways. While this is geared for people who might travel to Mexico, I prefer that it would be written in an accurate, culturally appropriate way.

Summary

While Mexico does not specifically name trans people in non-discrimination law, they appear to be protected under the law by CONAPRED, the group responsible for enforcing the national anti-discrimination law.

Mexico does not have laws against transgender medical care for any age.

Non-discrimination Law

- CONAPRED, the Mexican non-discrimination agency, does appear to consider anti-transgender discrimination to be a violation of Mexican anti-discrimination law, although the law does not specifically mention trans people.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- Mexico does not have a drag/cross-dressing law.

Air Travel

- Travel into/out-of Mexico will require tickets and documents to match, including gender.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people have recently obtained legal recognition, although this change is a work in progress and is at the early stages.

Medical Care

- Trans medical care is legal for all ages.
- Medical tourism is a large industry in Mexico. Some clinics are reputable and operate with high standards within regulations, while others are operating outside of the law and may target medical tourists, providing unsafe care.
- Care for transgender youth may not be easily available.

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

General Safety

Mexico is a large country, with a variety of different cultures. Some of these cultures have a long heritage of people who do not fit the gender binary, but others are resistant to trans people. Trans people in Mexico face discrimination and violence. Standard travel warnings from various governments should also be followed when visiting any country, including Mexico.

Resources

New Zealand / Aotearoa

A Note

An American with limited knowledge of Aotearoa / NZ law and culture put this page together. I would be very grateful for those with more knowledge to improve this page in any and all ways. While this is geared for people who might travel to Aotearoa / NZ, I prefer that it would be written in an accurate, culturally appropriate way.

Summary

While Aotearoa / NZ does not specifically name trans people in non-discrimination law, they appear to be protected under the 1993 Human Rights Act, under the grounds of "sex" discrimination.

The LGBT community may be referred to as the "rainbow community" here.

Aotearoa / NZ does not have laws against transgender medical care for any age.

Non-discrimination Law

- While the 1993 Human Rights Act does not specifically name trans people, it is believed to protect against anti-trans discrimination in the same ways it protects against sex discrimination.

Public Accommodations

- Trans people can use appropriate toilet and locker rooms. Note however that gender neutral facilities are not required to exist. However, a trans person can use a toilet that best fits their identity.

Drag / Performance / Cross-dressing Laws

- Aotearoa / NZ does not have a drag/cross-dressing law.

Air Travel

- Travel into/out-of Aotearoa / NZ will require tickets and documents to match, including gender.
- As of at least Sept. 21, 2023, body scanners are used for travelers who fail to pass through a metal detector without alarming. These scanners do not display private parts (just a stylized outline of a body with areas of concern highlighted by squares), but it does require the security staff to hit either a pink or blue button depending on their estimate of the traveler's body (hitting the wrong one can trigger an alarm in a sensitive area of the body). Travelers with prosthetics may trigger the alarm, as may be trans people that are read as a gender that doesn't match stereotypes about their

body parts. Note that travel on non-jet aircraft does not generally require screening, so this only applies to jet travel.

Jails / Prisons

- Trans women can be housed with women, except if they have been convicted of sexual offenses against women. This is subject to prison service approval.
- Trans men can be housed with men, except if they have been convicted of sexual offenses against men. This is subject to prison service approval.
- Nonbinary people's prison assignment is based upon prison service approval.

Legal Definition of Sex

People can self-declare their gender, including "M", "F", or "X" on passports, birth certificates, and other legal documents. The birth certificate is commonly used as proof of sex for activities such as school or prison.

Medical Care

- Trans medical care is legal for all ages.
- Surgical care for some procedures is unavailable in New Zealand.

Child Custody / Abuse

- Transition care is not considered child abuse.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Human Rights Act of 1993](#)

General Safety

Aotearoa / NZ is a country with a variety of different cultures. Some of these cultures have a long heritage of people who [do not fit the gender binary](#), but others are more resistant to trans people, in some cases due to the impact of colonization. Trans people in Aotearoa / NZ face some discrimination, but tend to face less violence than in the United States.

While there is a history of support for trans people, including the [first openly trans minister of parliament in the world](#), recent world-wide "culture wars" have begun making some inroads into New Zealand. While these are not predominant beliefs, and most residents appear to reject them, some politicians have begun to [campaign on transphobic policies](#) as of 2023. In addition, anti-trans protesters have been active, fueled by international anti-trans hate, with [anti-trans hate rhetoric increasing in 2023](#). That said, at major hate events,

counter-protesters (I.E. people supporting trans rights) have, thus far (as of September, 2023), outnumbered hate group members.

In general, more protections exist for trans people in Aotearoa / NZ than in the United States, particularly around hate speech and harassment. Like many places, larger cities are said to be more accepting than some rural places, although trans visitors are generally unlikely to directly encounter explicit, directed hate in any area of the country.

Resources

- [Rainbow Rights in Aotearoa](#)

United Kingdom

A Note

An American with limited knowledge of UK law and culture put this page together. I would be very grateful for those with more knowledge to improve this page in any and all ways. While this is geared for people who might travel to UK. I prefer that it would be written in an accurate, culturally appropriate way.

UK also has a unique legal system, with some legal responsibilities locally in Wales, Scotland, and Northern Ireland, while others are held by the UK Parliament. An attempt to point out these differences, when relevant is made below. In addition, the Crown Dependencies and British Overseas Territories will be discussed in other pages -- this page covers England, Wales, Scotland, and Northern Ireland only.

People visiting the UK with trans youth (under 18) likely should be cautious with mention of medical transition to medical authorities, as some have indicated some types of care provided by some providers may be reportable to child protection agencies.

Summary

The UK has non-discrimination law that protects "gender reassignment" (defined as proposing to undergo, undergoing or having undergone a process to reassign your sex) in the Equality Act.

UK bans some trans care, notably most use of puberty blockers for anyone under the age of 18 when used for gender transition. This ban also applies to out-of-country prescription. It may impact UK citizens bringing puberty blockers into the country.

Of particular note, sexual activity, even consensual sexual activity, even including activities such as kissing, may place trans people at risk if they cannot prove they disclosed their sex assigned at birth to their partner(s).

Non-discrimination Law

- The 2010 Equality Act protects "gender reassignment" (including those who propose, are in the process of undergoing, or have undergone "gender reassignment"). Medical procedures are not necessary for a person to be covered under this provision.
- The law assumes a binary "gender reassignment", and does not reference non-binary people.
- While harassment and discrimination against trans people are generally prohibited under the law, limited exceptions exist for some transphobic speech in limited situations and restricting some single-sex activities and spaces in trans-exclusionary ways. There is a significant burden placed upon people doing these activities however.

Public Accommodations

- Trans people can use appropriate toilet and locker rooms. Note however that gender neutral facilities are not required to exist. However, a trans person can use a toilet that fits their "gender reassignment" associated gender.
- Despite the law, some organizations have enforced anti-trans bathroom policies against trans women (for example, in October, 2024, [Butlin's dragged 5 trans women and a bystander out of women's toilet's](#); Similar incidents have occurred in locker rooms).

Drag / Performance / Cross-dressing Laws

- UK does not have a drag/cross-dressing ban or restriction.

Air Travel

- Travel into/out-of UK will require tickets and documents to match, including gender.
- In some cases, body scanners are used to screen passengers in the UK, These scanners do not display private parts (just a stylized outline of a body with areas of concern highlighted by squares), but it does require the security staff to hit either a pink or blue button depending on their estimate of the traveler's body (hitting the wrong one can trigger an alarm in a sensitive area of the body). Travelers with prosthetics may trigger the alarm, as may be trans people that are read as a gender that doesn't match stereotypes about their body parts.
- While some trans travellers have reported that pat downs, when needed to resolve metal detector or scanner alarms, have been conducted by security staff that does not match their identified gender. However, it is often possible to request someone of your identified gender conduct the screening.

Other International Travel

- Train travel internationally may follow many of the rules indicated above for air travel.

Jails / Prisons

- Trans women who have a penis are almost always required to be housed in men's prisons.
- Trans women, regardless of genital status, who have been convicted of a sexual offense are almost always required to be housed in men's prisons.
- Trans women, regardless of genital status, who have been convicted of a violent offense are almost always required to be housed in men's prisons.
- For trans prisoners not covered by the above requirements to be housed in men's prisons, the prison system may or may not respect the prisoner's own safety concerns when making housing decisions.
- Trans women who are not allowed to be housed in a women's prison may be housed in a "specialist unit."
- The prison service does not recognize non-binary identity.

- Trans prisoners have reported misgendering and lack of appropriate hygiene items when housed according to assignment at birth.

Legal Definition of Sex

Binary trans people can change their gender identification on passports and driver's licenses after meeting certain requirements. Additional requirements are required to have your identified gender listed on birth, death, or marriage documents. Note that UK does not recognize updated gender markers from most places which allow "self-ID" for the purposes of birth, death, or marriage documents.

Non-binary gender is not recognized in the UK.

Medical Care

- Trans medical care is legal for adults.
- A [UK law](#) bans transition-related puberty blockers in most cases for people under 18. This may impact UK citizens bringing puberty blockers from overseas, even with a valid overseas prescription. Overseas prescribers will not be able to issue prescriptions to be filled in the UK.
- Trans patients will be ineligible to be treated on single-sex wards that don't match their "biological sex" (AKA sex assigned at birth) if [proposed changes to the NHS constitution are approved](#) (updated May 4, 2024).
- NHS clinics typically refer trans-related medical patients to specialty units. These units can have extremely long wait times (many years).
- Hormone therapy is generally not available to youth (under 18) at NHS-run clinics.
- Private trans care is available in the UK, but this will generally exclude puberty blockers.
- Youth trans care is highly contested in the UK and is an area that is seeing a shift away from affirming the gender of trans youth. While youth care is available, parents should be aware of this and ensure any health needs of their children can be met while visiting UK.
- Some private internet websites that provide HRT are [blocked in the UK](#). The UK appears to be targeting some internet-providers. As of now, the blocking has only impacted sites that prescribe HRT without prescriptions, but some UK government officials have indicated a desire to prohibit online prescribing in the future (however, it remains legal as of May, 2024).
- Travelers should ensure they follow [drug importation rules of the UK](#). Specifically, non-UK residents should bring a letter that includes your name, dates of travel, a list of medications, dosages of all medications, and the signature of the prescriber. Note that you cannot bring more than 3 months of medication. Note that rules for UK residents differ and may be more strict.

Child Custody / Abuse

- UK health providers may [report use of hormones or puberty blockers by minors](#) to child protection agencies when these are prescribed from "overseas" or "unregulated" providers.

- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Sexual Activity

- "Deception as to sex" is an offense in the UK, and the Crown Prosecution Service has [guidance](#) that makes sexual activity without disclosing birth sex illegal. Sexual activity is broadly defined and may include things not considered sex in other countries (such as, possibly, kissing). This guidance also applies to people with a Gender Recognition Certificate (GRC): sex without disclosing birth sex, even for a GRC and who has had bottom surgery may be prosecuted.
- Trans people engaging in any sort of physical intimacy (including even some forms while clothed) should consider if they may want to ensure they have documentation of disclosing their birth sex, to prevent a possible prosecution by someone who later has regrets or wants revenge.
- It is likely this places trans people participating in some forms of the underground sex economy at high risk of prosecution.

Relevant Laws

- [Puberty Blocker Ban](#)
- [Equality Act of 2010](#)
- [Transgender Prison Policy](#)
- [Crown Prosecution Service guidance on Deception as to Sex](#)

General Safety

UK, like many countries, is diverse and different areas may be more or less accepting of gender variation. However, trans people are legally protected and generally safe. However, in some cases harassment or even violent attack (typically unarmed or knife attacks) may occur. Unlike the US, gun crime is rare in the UK, which provides some safety compared to the US.

Knife crime against trans people sometimes occurs in the UK. For instance, three boys [stabbed a trans woman](#) in Cleveland in July, 2024.

There is a high awareness of the existence of trans persons in UK, due to extensive (often transphobic) media coverage. This may prime some people to engage in transphobia towards trans people. That said, violence or harassment on the basis of legally protected characteristics ("gender reassignment") is against the law in the UK. While transphobic beliefs are not particularly widespread, some of the views are very loudly expressed, through well-funded transphobic media organizations.

Resources

- [Stonewall \(LGBT charity\)](#)

United States - Alabama

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Alabama has negative laws towards trans people. A pending law (as of Feb. 20, 2025) not yet signed by the governor would explicitly define sex as sex assigned at birth and would apply to educational institutions and state agencies.

Alabama does criminalize trans care for children which may have an impact on child custody.

Non-discrimination Law

- Alabama non-discrimination law does not include LGBT people
- Some municipalities may have non-discrimination laws, namely Birmingham and Montevallo.

Public Accommodations

- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in schools, including public universities and university-run programs, such as medical organizations that are part of public universities. They are also may be required to use facilities associated with sex assigned at birth in state government facilities, should the governor sign SB79 (Gov has not as of Feb. 20, 2025).
- Public accommodation access is not protected for trans people in Alabama.
- Alabama has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.

Drag / Performance / Cross-dressing Laws

- Alabama does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men.
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- If SB79 is signed by the governor (it is not signed as of Feb 20, 2025), it would likely require housing according to sex assigned at birth.

Legal Definition of Sex

Non-binary people are not recognized.

Intersex people have some limited recognition.

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes. The limited recognition of trans people in the state often requires proof of surgery.

If SB79 is signed by the governor (it is not signed as of Feb 20, 2025), it would have wide-ranging transphobic impact on the definitions of sex in the state of Alabama.

Medical Care

- Trans medical care is legal for adults
- A law banning puberty blockers, hormone therapy, and surgery for people under 19 (including 18-year-olds) has passed and became law.
- Parents who allow children to receive trans care including puberty blockers, hormone therapy, and surgery are criminalized.
- Medical providers can deny some care on the basis of their religious beliefs.
- In an abortion case, the Attorney General has indicated that assisting someone with transportation out-of-state for abortion could be [considered conspiracy](#). That law is similar to the anti-trans youth healthcare ban, thus people should be aware that when visiting Alabama, many actions that don't involve Alabama may be considered criminal conspiracy by the head law enforcement officer in the state.
- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in schools, including public universities and university-run programs, such as medical organizations that are part of public universities. The public university provision takes effect on October 1, 2024.
- Federal regulations protecting trans people in were blocked in Alabama due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Some transition care (puberty blockers, hormone therapy, and surgery) for youth and teens (note this applies to people who are 18-years-old as the age of majority in Alabama is 19) is illegal, in a law entitled the "Alabama Vulnerable Child Compassion and Protection Act." This law is blocked from enforcement (for the puberty blocker and hormone therapy aspects) by court while litigation proceeds, but shows the state's view of this care.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 SB79 Bathroom Ban and Definition of Sex \(not yet signed by governor as of Feb. 20, 2025\)](#)
- [2024 SB129 Public University Medical Ban](#)
- [2022 SB184 Trans Youth Medical Care](#)

General Safety

The state has a law that prevents instruction on sexual orientation or gender identity (or really any mention) up to grade 5 in schools. It also bans much of cultural-studies curriculum (gender studies, Black studies, etc) at public universities under 2024 SB129.

Politicians at the state and national level have weighed in on the idea that trans people should not be employed anywhere children are present, with [Alabama's Senators and others](#) expressing that a Space Camp employee who is trans should be fired. Note that there is no allegation of wrongdoing, simply anger that the employee is trans. While visitors are not directly impacted by this, they should be aware of the public, high-profile anti-trans hate being spread by powerful government officials, and that can impact interactions and encounters in Alabama.

Birmingham has been called out as welcoming by a contributor ("hub of all queerness"), and may be more welcoming than some other places. Likewise, Mobile has also been noted for having Decadence, the first Mardi Gras parade, the Prancing Elites, has the Fruit Loop which includes one of the only lesbian bars in the country, and politicians and organizations who have supported gay people historically. That said, municipalities have limited power and cannot override state laws.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Boe v. Marshall, case against 2022 SB184 Tracker \(Youth Healthcare\)](#)
- [Birmingham AIDS Outreach](#)

United States - Alaska

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Alaska does not have laws that target trans people directly.

Alaska does not appear to place child custody at risk.

Non-discrimination Law

- Alaska non-discrimination law does not include LGBT people specifically
- Some municipalities have local non-discrimination laws that apply to gender identity.
- The Alaska Human Rights Commission has sometimes interpreted existing protections on the basis of sex as applying to trans people.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.
- General public accommodation access is not specifically protected by law for trans people in Alaska.

Drag / Performance / Cross-dressing Laws

- Alaska does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are not recognized.

Intersex people have some limited recognition.

Medical Care

- Trans medical care is legal for adults and children.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those

under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Alaska Human Rights Commission](#)

United States - American Samoa

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

American Samoa is not a "sanctuary territory", but also does not criminalize trans youth medical care. It has a rich historical tradition of Fa'afafine people, who sometimes are considered a third gender. However, colonization has disrupted this historical tradition somewhat.

Non-discrimination Law

- American Samoa public non-discrimination laws do not include LGBT people.

Public Accommodations

- Public accommodation access is not protected for trans people in American Samoa.
- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- American Samoa does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- American Samoa has unknown policies for trans people, so it should be assumed that trans people may be imprisoned based on sex assigned at birth.

Legal Definition of Sex

Non-binary people are not legally recognized by American Samoa.

Binary trans people have some legal recognition of their gender.

Medical Care

- Trans medical care is legal for all ages.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- American Samoa does not have a sanctuary law for people obtaining transition-related medical care.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized. However, this only occurred recently (2022, with the Federal Respect for Marriage Act), and then only marriages from outside of the territory are recognized. Notably, the territory has not implemented the Federal marriage equality decision.
- It is unknown whether or not a trans person's gender would be recognized for a heterosexual marriage if the person applied for a marriage license in American Samoa.

Relevant Laws

General Safety

American Samoa has few protections for trans people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

American Samoa does have a history of being supportive of Fa'afafine people, who are sometimes seen as a third gender. After colonization, laws were passed (and since repealed) that made some LGBT activities illegal. The indigenous history of acceptance still has strands that survived colonization and people may find American Samoa somewhat accepting, despite lack of public accommodations or other formal laws protecting trans people.

Resources

United States - Arizona

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Arizona has several negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans visitors.

Arizona does criminalize some surgical trans care for children, but does not generally criminalize such care, thus it appears that parents visiting with trans children will not risk custody.

Note that same-sex marriage may not be recognized within some indigenous nations.

Non-discrimination Law

- Arizona non-discrimination law does not include LGBT people specifically
- Some municipalities have local non-discrimination laws that apply to gender identity.
- Arizona has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.
- General public accommodation access is not specifically protected by law for trans people in Arizona.

Drag / Performance / Cross-dressing Laws

- Arizona does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be [housed with men](#)
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Some laws define sex based on chromosomes, genitals, etc, at birth.

Non-binary people are not recognized.

By statute, changing birth certificate gender marker requires surgery. This was invalidated [by a court](#), however (as of Aug. 20, 2024).

Intersex people have some limited recognition.

Medical Care

- Trans medical care is legal for adults.
- Trans medical care, other than surgery, is legal for children.
- Gender-related surgery on trans children is not legal. An exception exists for surgery done on people born with an intersex condition and for gender-related revision surgery.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized
- The White Mountain Apache Tribe, Chiricahua Apache tribe, Hopi, and Arizona Tewa people recognize same-sex marriage.
- Within the Navajo Nation, the Diné Marriage Act prohibits recognition of same-sex marriage. It is unknown how the "sex" of trans people would be seen under this law, potentially placing all trans/cis marriages at risk (straight or queer) as well as most queer marriages.
- Within the Gila River Indian Reservation, same-sex marriage is not recognized. It is unknown how the "sex" of trans people would be seen under this law, potentially placing all trans/cis marriages at risk (straight or queer) as well as most queer marriages.
- It is unknown whether same-sex marriage is recognized within the Tohono O'odham Indian Reservation.

Relevant Laws

- [2022 SB1138 Gender Surgery for Youth](#)
- [Diné Marriage Act \(Applicable in the Navajo Nation\)](#)

General Safety

The state has a law that requires opt-in for public school instruction on sexual orientation or gender identity.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

In addition because of transgender rhetoric, trans people have been [blamed for at least one crime committed by another person](#), and trans people should be aware of sentiment that may cause them to be seen as more prone to criminal behavior than cis people.

LGBT-inclusive faculty at Arizona State University, near Phoenix, have been targeted by anti-LGBT hate groups both online and offline, including a [physical attack on campus](#) in October, 2023.

Resources

United States - Arkansas

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Arkansas negative laws towards trans people. Some of these laws may place trans people at risk. Trans people should particularly consider the bathroom law. While it requires "arousing or gratifying a sexual desire," how that will be enforced is a gray area.

The 2021 law Arkansas passed that banned youth trans healthcare has been [found unconstitutional](#). However, Arkansas has passed a second law (SB199 2023) which requires doctors to spread misinformation about youth trans healthcare and places some restrictions on the care may still be in effect. It is unknown how this might have an impact on child custody.

Non-discrimination Law

- Arkansas non-discrimination law does not include LGBT people
- Arkansas has banned local subdivisions from establishing inclusive non-discrimination laws.
- Public school (K12 and higher education) employees are not be able to be disciplined for deadnaming or misgendering intentionally.

Public Accommodations

- A law makes it a sex crime to use a bathroom other than the one associated with your sex assigned at birth if a minor is present and you are "arousing or gratifying a sexual desire". It is unknown how this law will be utilized.
- Public accommodation access is not protected for trans people in Arkansas.
- Arkansas has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.

Drag / Performance / Cross-dressing Laws

- Exposure of prosthetic genitals or breasts partial or completely, during "performance" intended to appeal to "the prurient interest" is illegal. These do not need to be attached to a human to be illegal. This applies in public and in any space where minors may be.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women

- Non-binary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are not recognized by the state, due to March 12, 2024 [rules issued by the Governor](#).

Intersex people are not generally recognized by the state.

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

Medical Care

- Trans medical care is legal for adults
- A 2023 law restricts medical transition for people under 18 has passed and became law. This goes into effect during summer of 2023. This bill requires providers to spread misinformation and places some restrictions on the care. Note however, a previous ban was declared unconstitutional and likely this 2023 law will be too.
- Medical providers can deny some care on the basis of their religious beliefs.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans medical care will be illegal (as of summer 2023) for youth in Arkansas, although under current law that is not stayed, penalties will apply to doctors providing the care and not to parents.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2015 SB202 - Ban on local non-discrimination ordinances](#)
- [2021 HB1570 - Ban on medical transition for youth - Ruled unconstitutional and unenforcable](#)
- [2023 HB1156 - School Bathrooms](#)
- [2023 HB1468 - Deadnaming Students in K12 and Higher Ed](#)
- [2023 HB1615 - Discrimination attributed to religion allowed](#)
- [2023 SB199 - Restrictions on medical transition for youth](#)
- [2023 SB270 - Sex crime of using "wrong" bathroom for sexual gratification](#)
- [2023 SB294 - Don't say "gay"](#)

General Safety

The state has a law that prevents instruction on sexual orientation or gender identity up to grade five in schools.

In April, 2024, the only transgender resource center's building [was vandalized](#). This has happened several times in the past, as well.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Brandt et al v. Rutledge et al - Challenge to 2021 youth trans healthcare ban](#)

United States - California

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

California recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary.

California is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in California non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in California.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- State prisons consider the gender identity of prisoners when making housing decisions, but may or may not comply with requests of prisoners.
- City and county jail policies are not covered by the state law.
- Even where good policies exist, they usually mirror federal guidance which says gender identity must be taken into consideration for housing decisions. However, in practice this consideration can matter very little and correctional officers will value their own biases more than the trans person's gender identity.
- Trans women in women's state prisons [report abuse, rape, and risk of violence](#), despite the law.
- San Diego is known to inappropriately house trans prisoners. For instance, in 2020, a trans woman placed in male jail in San Diego was [beaten badly by male inmates](#).
- Los Angeles is known to inappropriately house trans prisoners. In 2023, a trans man was [housed in women's jail](#) after being required to show his genitals to a female jailer.
- Riverside County is known to house trans women inappropriately, and is [being sued](#) by the family of a trans inmate who was killed by her violent, cis male cellmate, possibly with the cooperation of jail staff.

Legal Definition of Sex

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition is still in-complete in California.

Medical Care

- Trans medical care is legal for all ages.
- California will not cooperate with other states who seek information about patients receiving care in California for medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- California has a sanctuary law for people obtaining transition-related medical care in California
- California will not extradite people for violating another state's laws against medical transition

While California will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in California via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 AB957 - Custody and Gender Identity \(VETOED - NOT passed into law yet\)](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions. For instance, in December, 2024, in Riverside, a cis Black woman was chased out of a bathroom for being in the "wrong" bathroom, and a trans woman who was part of a group protesting anti-trans hate was physically attacked.

Despite California's reputation as LGBT friendly, different localities may have different attitudes towards trans people. For instance, Calexico, in 2024, [recalled their mayor](#) after their mayor came out as transgender. The recall campaign was aggressively transphobic, although it officially claimed to be about progressive politics.

However, much of California is considered reasonably safe, particularly the major cities where many people are visibly trans. That said, attacks still can and do occur in California, particularly around school board meetings discussing LGBT policies and schools teaching LGBT schools. For instance, LGBT supporters at Saticoy Elementary in North Hollywood were attacked by anti-LGBT protesters (who also used anti-Semitic language), leaving one LGBT supporter unresponsive during the protest [on June 2, 2023](#). Rural areas may be more swayed by anti-trans political rhetoric, and some jurisdictions outside of the major metro areas have attempted to restrict the rights of trans people, particularly in schools and libraries. For instance, an elected official uses his social media platform to [misgender a trans constituent](#) Murrieta Valley School District [approved transphobic policies](#), and Chino Valley School District has approved anti-LGBT policies (which were blocked by a court, but which was rewritten to [bypass the court order](#) and allow continued discrimination). Thus it is important to recognize that California is not unified and does not have a single view of trans people.

Even cities that proclaim themselves a safe city for trans people, trans people such as Sacramento, see some attacks, such as a March 2024 [physical attack on trans people](#).

In addition, beyond political events and education, other violence has occurred in California, sometimes not being restricted to the queer community, but also impacting allies, such as the [murder of a 66-year-old mother of nine because the shooter disliked her pride flag](#) that she was flying at her shop in support of the LGBT community. Thus, like in most of the USA, care should be taken when displaying visible symbols of the LGBT community.

Resources

- [California Civil Rights](#)

United States - Colorado

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Colorado recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Some recognition may require identification documentation changes, and some organizations or agencies may not fully recognize these changes.

Colorado is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in Colorado non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.
- In 2023, a law was passed that requires all government buildings with single-user bathrooms must sign them gender-neutrally as of July 1, 2024 and newly-built government buildings must have at least one neutral restroom per floor. After July 1, 2025, all government buildings must have one per floor. Note that this includes colleges and universities but not K12 schools.
- Denver and Boulder have ordinances requiring single-user bathrooms to be signed as gender neutral.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Colorado.
- Drag shows in Colorado, particularly G-rated shows open to all ages, have been the target of armed protests, intimidation, and threats. In general, law enforcement has sided with the extremists, citing freedom of speech and Colorado's open carry laws, and do not generally enforce laws against implied violent threats and intimidation.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- While most jails/prisons have regulations that, in theory, would consider gender identity in housing decisions, these regulations are often ignored and trans people are often housed according to sex assigned at birth.

Legal Definition of Sex

- There is no legal definition of male/female in Colorado.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition is still in-complete in Colorado.

Medical Care

- Trans medical care is legal for all ages, and Colorado will not cooperate with other states who seek information about patients receiving care in Colorado for medical transition.
- Some providers (notably Children's Hospital) have cut back on transition care, including [cutting back on care for people over age 18](#). While the stated reason is to ensure they have capacity for children under 18, the obvious reason is so they can deny that surgeries are being done at Children's Hospital (since they do not do surgeries for anyone under 18, cutting off 18+ people, despite 18+ people routinely getting care at Children's for other needs, this eliminated all surgeries).
- Colorado has a sanctuary law for people obtaining transition-related medical care in Colorado
- Colorado will not extradite people for violating another state's laws against medical transition
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Colorado has a sanctuary law for people obtaining transition-related medical care in Colorado
- Colorado will not extradite people for violating another state's laws against medical transition

While Colorado will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in Colorado via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Colorado Anti-Discrimination Act \(CADA\)](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

However, much of Colorado is considered reasonably safe, particularly the Denver/Boulder metro area where many people are visibly trans. That said, attacks still can and do occur in Colorado. Rural areas may be more swayed by anti-trans political rhetoric, and some jurisdictions outside of the Denver/Boulder metro have attempted to restrict the rights of trans people, particularly in schools and libraries. In addition, some suburbs in the Denver metro area have shown willingness to attempt to restrict LGBT representation (Douglas County in particular, although Jefferson County has also recently, as of August 10, 2023, begun to implement new transphobic policies in school systems, such as restricting teachers from asking for pronouns). Thus travelers should be aware that "near Denver" is not necessarily as supportive as Denver.

In addition, LGBT people are victims of hate crimes in Colorado. For instance, in Aurora, an otherwise inclusive city, a man [alleges he was attacked for his sexual orientation](#) on Feb. 7, 2024.

LGBT events in Colorado, particularly G-rated drag shows open to all ages, have been the target of armed right-wing extremists using intimidation and threats. In general, law enforcement has sided with the extremists, citing freedom of speech and Colorado's open carry laws, and do not generally enforce laws against implied violent threats and intimidation. Groups present at these events include hate groups such as the [Proud Boys](#) and the [Patriot Front](#). Targeting tends to focus on small-scale events, such as small town pride events and drag queen storytimes, while the larger events are largely free of intimidation. Most recently, this targeting occurred at Douglas County Pride on August 26, 2023. Drag storytimes have also received bomb threats, such as at the Lafayette Public Library on Sept. 30, 2023. An anti-LGBT group protested Fountain's October 2023 pride event, which included attempts to provoke LGBT-friendly counter-protesters into violence.

Resources

- [Colorado Civil Rights Division](#)

United States - Connecticut

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Connecticut recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Connecticut has some of the leading laws in the country and has demonstrated governmental will to defend transgender youth.

Connecticut is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in Connecticut non-discrimination laws.
- Connecticut does have a religious freedom law that may provide religious exemptions to non-discrimination law in some limited circumstances.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Connecticut.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Jails and prisons consider the gender identity of prisoners when making housing decisions for people who have ID reflecting their gender or who can demonstrate they would meet the standards needed to obtain ID with the proper gender marker.
- CT law specifies that safety concerns should be taken into consideration, although that does not mean prisons will always address them in the proper way.
- Transition care should be available in state prisons, but may not be the same standard as care outside of prison. At least one prisoner has [successfully sued](#) for negligent, illegal denial of care.

Legal Definition of Sex

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition may still be in-complete in Connecticut.

Medical Care

- Trans medical care is legal for all ages.
- Connecticut will not cooperate with other states who seek information about patients receiving care in Connecticut for medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Connecticut has a sanctuary law for people obtaining transition-related medical care in Connecticut
- Connecticut will not extradite people for violating another state's laws against medical transition

While Connecticut will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in Connecticut via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Public Act 11-55 - Non-discrimination](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

However, much of Connecticut is considered reasonably safe. That said, attacks still can and do occur in Connecticut. Some areas may be more swayed by anti-trans political rhetoric. One suggestion from a CT resident is to look up the voting districts you will visit to see their party affiliation, which may correlate somewhat to LGBT acceptance/tolerance.

One community, Enfield, has [banned the Pride flag](#) from being flown at government buildings. This was done at the first city council meeting after it became a Republican-majority council.

People who live in Connecticut state that their government officials actively support LGBT pride events publicly and pass good LGBT-related legislation.

Resources

- [ACLU CT Know Your Rights - Prisoners](#)

United States - Delaware

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Delaware does not have laws that target trans people directly and has non-discrimination laws that protect trans people. However, Delaware generally does not recognize 'X' gender markers.

Delaware does not appear to place child custody at risk.

Non-discrimination Law

- Delaware non-discrimination law includes trans people specifically

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Delaware does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with women
- Trans men may or may not be housed with women
- Nonbinary people may or may not be housed according to sex assigned at birth
- State prison policies state that genitals are not the sole determining factor, but also mention genital exams
- City / County jails are not covered by the state policy.

Legal Definition of Sex

Non-binary people are not recognized.

Medical Care

- Trans medical care is legal for adults and children.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those

under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Prison Policy 11-E-14](#)
- [Prison Policy 8.60A](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Delaware Human Rights Commission](#)

United States - Florida

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

HRC and Equality Florida, LGBT advocacy groups, have issued an advisory travel warning for the State of Florida. In addition, both LULAC and NAACP have also issued advisories. Finally, SPARTA, a transgender military advocacy group has also issued a duty assignment warning for Florida.

Florida has negative laws and executive orders towards trans people. Some of these laws place trans visitors at risk.

People visiting Florida, including connecting to outbound flights and/or cruises, should be aware of the laws that may apply to them.

Florida does criminalize trans care for children, and elected officials in both the executive and legislative branch consider transition of children (or even exposure to transgender information) to either be child abuse or to be "grooming" for child abuse. This could have custody implications for families with children and transgender family members, should children enter Florida's jurisdiction, although it is not yet (or proposed to be under pending legislation) legally considered child abuse. Florida's youth care ban also allows the Florida courts to have emergency jurisdiction over a child if "it is necessary in an emergency to protect the child because the child has been subjected to or is threatened with being subjected to sex-reassignment prescriptions or procedures," similar to how the courts have jurisdiction over abuse.

Non-discrimination Law

- Florida non-discrimination law does not include LGBT people
- Some Florida municipalities do have non-discrimination laws that include trans people.
- Jacksonville's non-discrimination law is being [challenged by Alliance Defending Freedom](#) who seeks to allow businesses to require misgendering of customers, on the basis of religious owners of a for-profit corporation.
- Public school (K12) employees are required to use pronouns and titles associated a trans person's sex assigned at birth. This is being [challenged in court by teachers impacted by this law](#). One teacher has obtained a [preliminary injunction](#) allowing her to use her pronouns in school, but this ruling only applies to this one teacher. Note that this preliminary injunction does not prevent students from misgendering her.
- State officials have directed schools to [ignore Title IX regulations](#) (as of April 25, 2024) regarding non-discrimination against trans people.
- Some businesses and LGBT organizations have canceled events that might involve drag or trans people participating, due to the possibility of the "protection of children" law being used against these organizations. However (information current on October 11, 2023), a court is preventing the state from enforcing the drag ban.

Public Accommodations

- Public accommodation access is not protected for trans people in Florida.
- There is a "bathroom law" in Florida. It makes it a crime to use a bathroom in government facilities (city, county, or state government) not associated with your assigned sex at birth, if anyone objects to your presence and you refused to immediately leave. This also covers health care facilities, massage parlors, jails, pharmacies, schools, universities, etc.
- The bathroom law applies to airports and cruise ports, in addition to other government facilities. It also applies to highway rest areas, which are state owned.
- A trans woman was arrested for [using the women's bathroom](#) in the Florida state capitol (and sent to men's jail) in March 2025.
- Florida has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.
- Trans women are being challenged for using bathrooms not covered by the Florida law, including federal facilities [such as the VA](#). The challenges are often other bathroom users objecting to the presence of trans women in the bathroom, after which business/organization staff, security, or police force the trans person to leave. This is regardless of the user's legal identification, length of time on HRT, etc.
- Cis women who do not appear stereotypically feminine to third parties have been threatened while in women's bathrooms. For instance, in March 2025, a cis woman employee of Walmart [was threatened](#) by a man who entered the bathroom and yelled transphobic threats while she was in a stall (she was later fired from that Walmart). She suspects she was harassed because she is tall.
- Visitors to schools, such as parents and family members, will be covered by the educational laws and be required to be misgendered by school staff and forced to use improper bathrooms.
- The bathroom law is [being challenged in court](#) as of September 30, 2023.
- The Florida Dept. of Education has also [enacted rules](#) to ban trans people from bathrooms and locker rooms at private colleges and universities.
- An RV park discriminated against a trans woman, telling her she needed to "dress like a man" and "act like a man" or face eviction. However, the federal HUD agency reached a settlement with the RV park requiring them to stop discriminating and pay the trans woman and her family a [\\$45,000 settlement](#).

Drag / Performance / Cross-dressing Laws

- Florida has shown willingness to conduct criminal investigations into drag performances where minors were present.
- Florida has a "protection of children" law that bans "lewd conduct" and similar activities outside of venues such as strip clubs that are licensed for the purpose and only permit adults. This has been labeled a drag ban, and depending on how courts interpret various phrases may or may not actually be one. However, a court case, as of June 11, 2024, prevents the state from enforcing this law.
- Some businesses and LGBT organizations have canceled events that might involve drag or trans people participating, due to the possibility of the "protection of children" law being used against these organizations. However, see the above bullet point.

Cruise / Air Travel

See the [USA TSA](#) document.

- There is a "bathroom law" in Florida. It makes it a crime to use a bathroom in government facilities (city, county, or state government) not associated with your assigned sex at birth, if anyone objects to your presence and you refused to immediately leave. This also covers health care facilities, massage parlors, jails, pharmacies, etc.
- This law would apply to airport and cruise port bathrooms, so trans people and families should use caution connecting through Florida airports and cruise ports.

Jails / Prisons

- Trans women must be housed with men.
- Trans men must be housed with women.
- Nonbinary people are housed according to sex assigned at birth.
- Local jails have housed at least one cis woman in men's jail after mistaking her for a trans woman.
- As public funds cannot be used for transition care, trans prisoners will not have access to trans-related medical care.
- Prisoners are subject to humiliating naked exams by people of the wrong gender and sometimes forced detransition (haircuts, prevention of use of gender-appropriate garments, forced conversion therapy, drugging, etc).

Legal Definition of Sex

While a non-binary birth certificate (perhaps only a single one) has been issued, Florida does not generally recognize non-binary gender.

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes. Florida does not permit trans people to have driver's licenses that reflect an accurate gender marker.

Florida law defines sex largely consistent with sex assigned at birth for a large number of interactions trans travelers may have. Birth certificates, IDs, genital configurations, etc, will not take priority over sex assigned at birth.

Medical Care

- Trans medical care is legal for adults, but with significant restrictions that are, in-practice, a ban on trans healthcare, and require misleading (and medically inaccurate) "informed consent" forms, restrict what providers can provide the care unnecessarily, and put in place restrictions that will prevent many providers who are otherwise qualified under the law from taking the legal risk of providing care. Should any care providers continue to provide this care, there will be long waiting lists. This is updated on August 24, 2024.
- Trans medical care for youth is illegal (as of August 26, 2024). This includes puberty blockers, hormone therapy, and surgery.

- Medical providers can deny most care on the basis of their religious or ethical beliefs (emergency care is required to be provided).
- Federal regulations protecting trans people in medicine were blocked in Florida due to the [Florida v. Health and Human Services](#) preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- There is a law against trans surgical care for youth in Florida.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 H1580 - Health Denial Law](#)
- [2023 H1069 - Pronouns, Don't Say Gay](#)
- [2023 H1521 - Bathroom Bill](#)
- [2023 SB254 - Trans Youth Medical Ban \(enforceable as of June 11, 2024\)](#)
- [2023 SB254 - Court decision on puberty blockers and HRT that initially made them legal, but has been overturned on appeal as of August 26, 2024](#) [2024 SB254 - Court decision banning most trans medical care \(August 26, 2024\)](#)
- [2023 SB1438 - "Adult" Oriented Performance Law - Drag Ban \(currently prevented from being enforced by court, as of June 11, 2024\)](#)
- [2023 Dept. of Ed Rule on Private College Bathrooms and Locker Rooms](#)

General Safety

HRC and Equity Florida have issued a joint [travel warning](#) for the State of Florida due to anti-LGBT legislation. The [NAACP](#), [LULAC](#) (a Latino advocacy organization), the [Florida Immigrant Commission](#), and [SPARTA](#) (a transgender service member advocacy organization) have also done so, for state-sponsored attacks against their constituents' human rights.

The state has a law that prevents instruction on sexual orientation or gender identity through grade twelve in schools. Local officials have broadly applied this law, including using the law as justification for censoring [student speech](#).

Some state officials consider exposure of children to sexual orientation or gender identity information to be "grooming," I.E. something done in preparation to abuse a child. Thus

trans people in the presence of children may be at risk of state action and/or hostile interactions with others who believe that your presence may be a prelude to child abuse. The "groomer" insult towards trans people originated in Florida.

Florida has taken moves to [arrest peaceful protesters](#) months after protests against government officials. These protesters were involved in LGBT, immigrant, civil rights, and reproductive justice protests at government buildings. They did not damage property or use violence. Those arrested included current and former government officials.

Because of the rhetoric around trans people in the political and media space, trans people (and cis people who don't conform to all gender stereotypes) should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Recent attacks on trans girls/women have been reported in (note links discuss violent crimes against trans people) [bathrooms](#), [residential areas](#), [airports](#) (including misgendering by police of victim), as well as by [police officers](#). In addition, at least one trans person has recently been [wrongfully accused](#) of sexually assaulting others in bathrooms by Florida politicians. Another trans person was [attacked while leaving a Miami LGBT event](#).

Fernandina Beach's city council, like other cities, passed a 2023 proclamation recognition Transgender Day of Remembrance. However the mayor and some city council members claimed the proclamation was "political" and [refused to support it](#).

That said, locals have indicated larger cities tend to be more inclusive than rural areas, and southern Florida more inclusive than northern Florida. One city, Lake Worth Beach, has passed [a sanctuary resolution](#), although that resolution will have limited power due to state law and the ability and willingness of the state to remove local prosecutors who do not enforce discriminatory state laws.

Resources

- [Cis Woman Booked into Miami Men's Jail](#)
- [Doe v. Ladapo - Lawsuit Challenging Trans Care Ban](#)
- [Doe v. Ladapo - Decision](#)
- [Hamburger Mary Lawsuit against Drag Ban GoFundMe](#)
- [ACLU page on Hamburger Mary Lawsuit](#)
- [HRC and Equity Florida Travel Advisory](#)
- [LULAC Florida Travel Advisory Warning](#)
- [SPARTA Duty Assignment Warning for Military](#)
- [Trans Teachers and Visitors Required to be Misgendered and Use Wrong Bathroom \(news article\)](#)

United States - Georgia

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Georgia negative laws towards trans people. These laws should generally not impact adult travelers to Georgia, although Georgia also lacks many non-discrimination protections.

Georgia does criminalize some trans care for children (hormone therapy and surgery).

Non-discrimination Law

- Georgia non-discrimination law does not include LGBT people
- If [SB36](#) is signed by the Governor, it would significantly limit government powers when discrimination is blamed on religion (updated Apr. 4, 2025).

Public Accommodations

- Public accommodation access is not protected for trans people in Georgia.
- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- Georgia does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are not recognized by Georgia.

Medical Care

- Trans medical care is legal for adults
- Medical care for transgender children is restricted. While puberty blockers are legal, hormone therapy and surgery are illegal.
- The youth healthcare ban is being [challenged in court](#).
- Federal regulations protecting trans people in were blocked in Georgia due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not

have many of the federal protections on the basis of sex when obtaining medical care in this state.

- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Some trans medical care is illegal youth in Georgia, although puberty blockers are legal (hormones and surgeries are illegal)
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 SB140 - Trans Youth Medical Ban](#)

General Safety

Georgia has few protections for trans people, and trans children may be at particular risk if using hormone replacement therapy.

A "Don't say gay" bill [banning discussion of student's sexual orientation, student's gender identity, or sexual education topics](#) without written parental permission in schools until Age 16 has been re-introduced during an out-of-session committee meeting in August, 2023. While this is not law, visitors who may be presenting material in Georgia schools should keep track of this law. The proposed, but not passed, bill also requires student names to be maintained under their initial enrollment name, reflecting a possible belief by legislatures that other types of name changes (such as changing a last name to avoid association with an abuser) are not appropriate for children.

A fire at a trans healthcare clinic [was caused by arson and is being investigated as a hate crime](#). The clinic, in Decatur, a progressive, generally LGBT-friendly city, provides services to the trans community. This indicates that violent anti-trans activity may target visible trans organizations.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

However, there are visible LGBT communities in some cities (Atlanta, Savannah) which may have some degree of safety. This is in-spite of the law, not because of the law. Atlanta's leaders, in particular, has given [public support to trans people](#)

Police departments in Georgia may inaccurately gender crime victims (for instance, [Macon Police misgendered a trans woman murder victim](#)).

Resources

- [ACLU Press Release - Lawsuit Against SB140 \(youth healthcare ban\)](#)

United States - Guam

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Guam is not a "sanctuary territory", but also does not criminalize trans youth medical care.

Non-discrimination Law

- Guam public non-discrimination law does not include LGBT people generally (there are some exceptions in employment).

Public Accommodations

- Public accommodation access is not protected for trans people in Guam.
- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- Guam does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Guam has some policies in line with the federal PREA, although it is unknown how these are implemented in practice (in many USA states, they are often implemented in ways that ensure trans people are inappropriately housed, so it should be assumed this could be the case in Guam as well).

Legal Definition of Sex

Non-binary people are not recognized by Guam.

Binary trans people are only fully recognized if they have had genital gender affirming surgery.

Medical Care

- Trans medical care is legal for all ages.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Guam does not have a sanctuary law for people obtaining transition-related medical care.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Transgender Prisoner Policy](#)

General Safety

Guam has few protections for trans people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Guam does have a history of being supportive of who today are called LGBT people, pre-colonization. However, after colonization, laws were passed (and since repealed) that made some LGBT activities illegal. The indigenous history of acceptance still has strands that survived colonization and people may find Guam somewhat accepting, despite lack of public accommodations or other formal laws protecting trans people.

Resources

United States - Hawaii

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Hawaii recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Some recognition may require identification documentation changes, and some organizations or agencies may not fully recognize these changes.

Hawaii does not appear to place child custody at risk.

Note that colonization disrupted Hawaiian culture significantly, significantly impacting Māhū, or "people in the middle," who today sometimes (but not always) also refer to themselves as trans. Many indigenous Hawaiians view tourism today as continuing the colonization of Hawaii and ask tourists without connections to indigenous Hawaii to plan vacations to places other than Hawaii, because of the harm that will be done by this continuing form of colonization.

Non-discrimination Law

- Trans people are specifically named in Hawaii non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Hawaii.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are usually housed with men
- Trans men are usually housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- News reports indicate that gender affirming care is sub-par or unavailable in custody.

Legal Definition of Sex

- There is no legal definition of male/female in Hawaii.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change driver's licenses but not birth certificates.

Medical Care

- Trans medical care is legal for all ages.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Hawaii does not have a "sanctuary law" protecting people receiving care in Hawaii.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

However, much of Hawaii is considered reasonably safe. Indigenous Hawaiians culture recognized people who were Māhū or "in the middle." As a result, there is some familiarity with non-cis gender expression. However, due to the impact of Christianity and colonialism, prejudice exists both within and outside of indigenous culture in Hawaii.

Resources

- [Hawaii Civil Rights Commission Gender Identity Flyer \(2013\)](#)

United States - Idaho

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Idaho has negative laws towards trans people. These laws may, in some cases, impact travelers. In particular, medical professionals, government employees, and people working for public colleges and universities are allowed to discriminate. There is also a bathroom/sleeping quarter ban in Idaho for educational facilities (including university facilities) and some domestic violence shelter. (updated April 4, 2025)

Idaho does criminalize trans care for children which may have an impact on child custody.

Non-discrimination Law

- Idaho non-discrimination law does not include LGBT people
- Idaho allows all levels of government employees and public school employees (including higher education employees) to refuse to recognize names other than legal names. This also allows these same people to willingly misgender trans people.

Public Accommodations

- According to law, trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in schools. However, this is [being challenged](#) in court (updated Mar. 20, 2025).
- Trans people are also required to use bathrooms and sleeping quarters according to their sex assigned at birth in some higher education facilities and domestic violence shelters. Note that the enforcement is left to the state agency, and this is not a crime in itself, but with the definition of male and female in the law, trans people using these bathrooms may be violating other laws (updated Apr. 4, 2025).
- Enforcement of school bathroom regulations is unclear.
- Public accommodation access is not protected for trans people in Idaho.
- Idaho has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.
- Idaho has a law that prevents all levels of government from enforcing any bathroom non-discrimination laws on businesses and organizations that contract with government. (Example: homeless shelters, businesses that contract with the state, private schools that get state money, etc).
- Some cities have protections against gender-identity discrimination, but it is unclear how that is reconciled with state law.
- Idaho allows all levels of government employees and public school employees (including higher education employees) to refuse to recognize names other than legal names. This also allows these same people to willingly misgender trans people. This may affect some public accommodations and tourist attractions.

Drag / Performance / Cross-dressing Laws

- Currently, no ban on drag performance

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are required to be housed with men (updated Apr. 4, 2025).
- Trans men are required to be housed with women (updated Apr. 4, 2025).
- Nonbinary people would typically be housed according to sex assigned at birth.
- While the state lost a lawsuit and was required to provide gender confirmation surgery to a prisoner, it should be expected that medical care will be sub-par. The state also aggressively fought to deny care, and would be expected to do so in the future.
- Therapists, who may be gatekeepers for trans medicine in prison systems, can use 2024 S1352 to refuse to provide trans-related care.
- Idaho allows all government employees, including law enforcement, jail, and prison employees at all levels of government to refuse to recognize names other than legal names. This also allows those employees to misgender trans employees and others. This will allow those working in jails and prisons this right to discrimination.

Legal Definition of Sex

Idaho defines sex based on sex assigned at birth.

Non-binary people are not recognized.

Intersex are not recognized.

Medical Care

- Trans medical care is legal for adults.
- H0345 bans Medicaid and other state funds to be used for adult trans care (updated Mar. 20, 2025).
- Trans medical care is illegal for anyone under 18 (including puberty blockers, hormone therapy, and surgery. This law is [being challenged](#), but is currently in effect.
- Therapists can use 2024 S1352 to discriminate against trans persons.
- [H0059](#) allows disclosure of medical information when a violation of healthcare law (including transphobic laws) is suspected (updated Mar. 20, 2025).
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government. (Verified Mar. 20, 2025)

Child Custody / Abuse

- Idaho has passed a trans medical care ban for youth (puberty blockers, hormones, surgeries are illegal under this law).
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 H0264 - Bathroom ban](#)
- [2025 H0345 - Medicaid ban](#)
- [2025 H0059 - Allowing disclosure of medical information](#)
- [2024 H0421 - Trans-Exclusionary Definition of Sex\)](#)
- [2024 H0538 - Allow Deadnaming and Misgendering by Government officials\)](#)
- [2024 S1352 - Allows Licensed Therapists to Discriminate](#)
- [2023 H0071 - Trans Youth Medical Ban](#)
- [2023 S1016 - Allowing Bathroom Discrimination](#)
- [2023 S1100 - School Bathroom Ban](#)

General Safety

Idaho has few protections for trans people, and trans children may be at particular risk if using puberty blockers or hormone replacement therapy.

Organized hate groups have attempted to riot and potentially use violence against LGBT events.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [News story: A far-right plan to riot near an Idaho LGBT event heightens safety concerns at Pride](#)
- [Lawsuit Challenging Youth Medical Ban](#)

United States - Illinois

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Illinois recognizes the gender of binary trans people. I.E. trans women are considered women, trans men are men. However, while non-binary people lack some recognition (for instance, until 2024, will be unable to get an "X" marker on their license), most laws are positive and there is non-discrimination protection for trans people.

Illinois is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in Illinois non-discrimination laws.
- Illinois has a religious freedom law that may provide religious exemptions to non-discrimination law in some limited circumstances.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Illinois.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans prisoners have typically been housed based on sex assigned at birth, rather than gender, denied medical care, and mistreated by guards. Some [are suing the state](#).

Legal Definition of Sex

- There is no legal definition of male/female in Illinois.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, However, non-binary recognition is still in-complete in Illinois. For example, "X" gender markers are not available on driver's licenses in Illinois due to [bureaucratic reasons](#) (the law allows this but the company the state's current contract is with does not allow it).

Medical Care

- Trans medical care is legal for all ages, and Illinois will not cooperate with other states who seek information about patients receiving care in Illinois for medical transition.
- There is a religious exemption law that applies to limited medical situations in Illinois.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Illinois has a sanctuary law for people obtaining transition-related medical care in Illinois
- Illinois will not extradite people for violating another state's laws against medical transition

While Illinois will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in Illinois via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Illinois Public Act 102-1117 \(Sanctuary Law\)](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

- [ACLU Obtains Injunction against IL Dept. of Corrections](#)
- [Illinois Department of Human Rights](#)

United States - Indiana

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Indiana negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans people in most situations.

Indiana does criminalize trans care for children which may have an unknown impact on child custody. These laws do not directly apply to parents.

Non-discrimination Law

- Indiana non-discrimination law does not include LGBT people
- Some municipalities may have non-discrimination laws, such as Indianapolis-Marion County.

Public Accommodations

- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in schools.
- Public accommodation access is not protected for trans people in Indiana.
- Indiana has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.

Drag / Performance / Cross-dressing Laws

- Indiana does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- Indiana law bans transition-related surgeries for prisoners in state prisons. This is being [challenged by the ACLU](#).

Legal Definition of Sex

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

State identification can be changed. Some identification may require a court order, however, and some courts have proven resistant to changing identification. In addition, for birth certificates, different appeals courts have reached [different decisions for children](#) on changing the gender marker on birth certificates. However, the Indiana Legal Service's LGBT Project can [provide assistance](#) for this or other name-change issues.

Non-binary people are not recognized.

Intersex people have some limited recognition.

Medical Care

- Trans medical care is legal for adults
- A law banning puberty blockers, hormone therapy, and surgery for people under 18 has passed and became law.
- Parents who allow children to receive trans care including puberty blockers, hormone therapy, and surgery are not criminalized, as the law applies only to medical providers.
- The state government has [engaged a conservative law firm](#) to sue providers for not disclosing risks of trans medical care. This is not being done to protect parents, but rather to intimidate providers and restrict care.
- Medical providers can deny some care on the basis of their religious beliefs.
- Conversion therapy is not banned and municipalities are banned from enacting rules banning conversion therapy.
- Federal regulations protecting trans people in were blocked in Indiana due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Some transition care (puberty blockers, hormone therapy, and surgery) for children is illegal. This ban shows the state's view of this care.
- The Indiana Attorney General has stated, to hospitals providing youth care, that trans care is child abuse. While it remains legal (except for surgery) for trans youth, the state has made clear statements on how they view this care and people who provide it.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 IN HB1569 - Prisoner Medical Care Ban](#)
- [2023 IN HB1608 - Don't Say Gay](#)
- [2023 IN SB350 - Prevent Cities from Banning Conversion Therapy](#)
- [2023 IN SB480 - Youth Trans Medical Care Ban](#)

General Safety

The state has a law that prevents instruction on sexual orientation or gender identity (or really any mention) up to grade 3 in schools.

A former student at Indiana University has accused the police department of being [unwilling to fully investigate](#) anti-trans and anti-gay harassment.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Smiley v. Jenner - Lawsuit against "don't say gay" law](#)
- [K.C. v. Medical Licensing Board of Indiana - Lawsuit against trans youth healthcare ban](#)
- [K.C. v. Medical Licensing Board of Indiana class-action certifying order](#)
- [Indiana Legal Services \(non-profit legal assistance organization\)](#)

Thank you

Thank you to Briarlynn Daisy for her help in correcting errors on this page regarding document changes.

United States - Iowa

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Iowa has negative laws towards trans people.

Iowa does outlaw some medical trans care for children, but does not generally criminalize such care, thus it appears that parents visiting with trans children will not risk custody.

[SF418](#) legalizes discrimination against transgender people and may result in the state government implementing anti-trans discrimination (updated Feb. 28, 2025).

Non-discrimination Law

- [SF418](#) legalizes and establishes discrimination on the basis of trans identity (updated Feb. 28, 2025).

Public Accommodations

- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in schools.
- Use of single-occupancy bathrooms by students (as an exception) in schools requires parental permission in writing.
- Under [SF418](#) bathroom discrimination on the basis of trans identity is legal in Iowa. In addition, the state will likely implement discriminatory policies to require discrimination in more circumstances (updated Feb. 28, 2025).

Drag / Performance / Cross-dressing Laws

- Iowa does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- Medical care in state prisons is deficient for trans people

Legal Definition of Sex

Some laws define gender based on "biological sex".

Under [SF418](#) sex is also defined based on presumed gametes and/or observations at birth and the state bans birth certificate changes. It is also possible this could ban driver's license changes. (updated Feb. 28, 2025)

Non-binary people are not recognized. Intersex people under SF418 are recognized as disabled (updated Feb 28, 2025). However, that comes with few protections.

Medical Care

- Trans medical care is legal for adults.
- Most trans medical care is not legal for children. Banned treatments include puberty blockers, hormones, and surgeries, although parents are not criminalized by this ban, with limited exceptions for some intersex people.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 SF418 - Allowing anti-trans discrimination](#)
- [2023 SF482 - School bathroom Law](#)
- [2023 SF496 - Don't Say Gay Law \(Partially blocked by federal district preliminary injunction\)](#)
- [2023 SF538 - Youth trans medical Ban](#)

General Safety

SF418 is wide-ranging will allows the state and private citizens to discriminate against trans people in essentially every area of life (updated Feb. 28, 2025).

The state has a law that prevents instruction on sexual orientation or gender identity through grade six in schools.

Essex, a small town near Shanandooah, has [banned an LGBT organization](#) from participating in a city parade, saying that the parade "will not be used for and will not allow sexual identification or sexual orientation agendas for, or against, to be promoted." This may indicate predominant (or at least significant) attitudes towards LGBT people.

In 2023, Iowa City, University of Iowa police have [targeted transgender protesters](#) who protested against an anti-trans speaker, while not charging any cisgender protesters. This has drawn condemnation from the city's board of supervisors and Human Rights Commissioner. Those engaging in protests should be aware of this.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Iowa Civil Rights Commission](#)

United States - Kansas

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Kansas places trans people at risk by not recognizing any gender other than sex assigned at birth, regardless of legal documentation changes in Kansas or elsewhere.

Trans travelers should use extreme caution in Kansas due to 2023 SB180 (The badly named "Women's Bill of Rights"). Kansas requires all state agencies to treat all trans women as men, all trans men as women, and all non-binary people on the basis of their sex assigned at birth. This has wide-ranging implications, such as improper incarceration, bathroom access, identifications, etc.

Kansas bans trans youth medical care, up to and including social transition in some cases. It has an unknown impact on child custody, although it should be noted that the law applies to medical providers and not parents.

Non-discrimination Law

- Kansas non-discrimination law does not include LGBT people
- The State is required under 2023 SB180 to discriminate against trans people.
- Kansas bans state agencies assisting with social transition of youth. This may require intentional discrimination by state officials and programs.
- The state bans the use of state facilities by people advocating for social transition for trans youth (updated Mar. 14, 2025 based on HB188 2025).

Public Accommodations

- Because of Kansas's law defining sex legally (note that the law does not mention bathrooms directly), it may be interpreted by courts, in combination with other laws, to ban trans people from appropriate bathrooms. This is the opinion held by the Attorney General, so it is likely to be followed by state agencies.
- Trans women are required to use male facilities such as bathrooms, showers, locker rooms, homeless accommodations, etc.
- Trans men are required to use women's facilities such as bathrooms, showers, locker rooms, homeless accommodations, etc.
- Non-binary people are required to use facilities based on sex assigned at birth.
- Some cities have protections against gender-identity discrimination, but the state law will override many of these protections.
- At least one religious-based shelter enforces a rule which bans any trans person [who makes residents "uncomfortable"](#). This has been enforced against non-binary AFAB people in a women's shelter who were criticized for wearing boxers and being seen "with a bulge" (the person involved did not wear a packer at the shelter).
- Kansas bans state agencies assisting with social transition of youth. This may require intentional discrimination by state officials and programs.

It is unknown how this would be enforced, beyond where the state has the power to impose gender determination on people. It is likely that, for instance, a trans woman using a women's bathroom could be charged with other crimes that do carry a penalty on the basis that the state prohibits her from being in the space.

Drag / Performance / Cross-dressing Laws

- Currently, no ban on drag performance

Air Travel

See the [USA TSA](#) document.

- It is illegal to use a bathroom that does not match your sex assigned at birth in Kansas airports (note that Kansas City Airport - MCI - is in Missouri, not Kansas, and thus this law does not apply to the Kansas City Airport)

Jails / Prisons

- Trans women are required to be housed with men.
- Trans men are required to be housed with women.
- Nonbinary people are required to be housed according to sex assigned at birth.
- The prison system is accused of particularly [egregious discrimination](#) against a trans prison worker. This indicates that the state may be extremely harsh towards trans inmates.
- The ban on state participation in social transition may impact youth in custody of the state. Youth will also likely be denied gender-affirming talk therapy under the gender affirming care ban.

Legal Definition of Sex

- It is not possible to change the sex on your birth certificate or driver's license in Kansas.
- Kansas has somewhat contradictory definitions of sex, but they are, for people who are not intersex, based on sex assigned at birth.

Non-binary people are not recognized.

Intersex people who are "born with a medically verifiable diagnosis of 'disorder/differences in sex development'" should be considered disabled and provided accommodations under the Americans with Disabilities Act.

The Attorney General has issued an opinion requiring state agencies to re-issue driver's licenses and birth certificates where they have been changed because a person is transgender. The re-issued licenses and certificates would indicate the sex assigned at birth. The Governor disagrees with this interpretation and has made some indications (but not official executive orders) that she will direct agencies to continue to not re-issue documents with sex assigned at birth, but a state court thus far has agreed with the

attorney general, overruling the Governor. There is currently a court order in place [prohibiting gender marker changes](#), as of Mar. 14, 2025.

Note that these laws while targeting trans people also place gender non-conforming cis women at risk of invasive questioning and state action.

Medical Care

- Trans medical care is legal for adults in Kansas.
- Kansas bans all forms of gender affirming medical care, including ethical therapy for trans youth.
- Kansas bans state agencies assisting with social transition of youth. This may require intentional discrimination by state officials and programs, for instance disallowing a short haircut for a trans boy.
- Federal regulations protecting trans people in were blocked in Kansas due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse, but the care ban's impact on custody is unknown.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 HB188 - Youth Healthcare and Social Transition Ban](#)
- [2024 SB63 - Youth Healthcare and Social Transition Ban](#)
- [2023 SB180 - Trans-exclusionary Definition of Sex](#)
- [2023 Attorney General Opinion on SB180](#)

General Safety

Some communities may be more welcoming than others. For instance, Lawrence was indicated as a welcoming city and has passed an ordinance that [prohibits collecting sex assigned at birth](#) or otherwise cooperating with 2023 SB180.

Bathroom access is a significant issue in Kansas. Already, in May 2023, the same month the trans-exclusionary definition of sex was enacted, a cis woman in a public library who

was assisting her non-verbal son use the bathroom was [kicked out of the women's bathroom](#), which she believes is connected to SB180 (prior to the passage of SB180, they had used the bathroom for years). The son's presence was also objected to by another bathroom user in addition to library staff, showing that this policing bathrooms is on the mind of Kansas citizens. Note that in addition to these actions, these laws while targeting trans people also place gender non-conforming cis women at risk of invasive questioning and state action.

Beyond bathrooms, hostility against rainbow symbols, even rainbow symbols that have nothing to do with the LGBT community (such as the neurodiversity pride symbol, which is a rainbow-colored infinity symbol, but is not about gender or sexuality), which [one county banned](#) at a library (the Sterling library). Another library, Andover Library, [received threats](#) after posting information about a banned books week display on their social media (the display included *Gender Queer*).

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Should a trans person interact with state government, they should be expected to be treated in every way based on their sex assigned at birth. Note that law enforcement generally has access to previous identification issued in other states, and thus having identification changed in another state is likely not sufficient to protect a trans person.

Resources

- [Movement Advancement Project Kansas Page \(lists cities with gender identity protections\)](#)
- [Kansas Allowed to Ban Birth Certificate Changes by Federal Judge](#)

United States - Kentucky

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Kentucky negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans people in most situations.

Under a law that is currently (last checked Mar. 14, 2025) in effect (while waiting for US Supreme Court review) that criminalizes hormone therapy, puberty blockers, and surgery, Kentucky does criminalize trans care for children which may have an unknown impact on child custody. These laws do not directly apply to parents.

Non-discrimination Law

- Kentucky non-discrimination law does not include LGBT people
- Some municipalities may have non-discrimination laws, such as Lexington-Fayette County and Louisville-Jefferson County.

Public Accommodations

- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in schools.
- Kentucky has wide-reaching religious freedom laws that allow denial of many services on the basis of gender identity.
- School employees will not be able to be disciplined for using pronouns and titles associated a trans student's sex assigned at birth.

Drag / Performance / Cross-dressing Laws

- Kentucky does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- While Kentucky has a policy that they will not house trans prisoners in State prisons based on "genital status alone," genital status remains a consideration, as do many other factors (of which the trans person's gender is at best a minor concern).
- Trans medical care is banned for prisoners (update March 30, 2025).
- Federal regulations protecting trans people in were blocked in Kentucky due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.

Legal Definition of Sex

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

Non-binary people are not recognized.

Intersex people have some limited recognition.

Medical Care

- Trans medical care is legal for adults
- A law banning puberty blockers, hormone therapy, and surgery for people under 18 has passed and became law. It was initially blocked by court, but that block has been invalidated while an appeal to the US Supreme Court is underway (last checked on Mar 14, 2025).
- Parents who allow children to receive trans care including puberty blockers, hormone therapy, and surgery are not criminalized, as the law applies only to medical providers.
- Medical providers may be allowed to deny some care on the basis of their religious beliefs.
- Conversion therapy is allowed for both children and adults (updated March 30, 2025).
- Trans medical care cannot be funded by the state or any government division such as a public university or medicaid (updated April 4, 2025).
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (verified 30 March 2025).

Child Custody / Abuse

- Some transition care (puberty blockers, hormone therapy, and surgery) for children is illegal. This ban shows the state's view of this care. That said, puberty blockers and hormone therapy is currently allowed under a preliminary injunction as noted above.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 SB2 - Prohibiting government funds for trans care](#)
- [2025 HB501 - Refinement of ban on HRT under state funds](#)
- [2025 HB495 - Conversion therapy ``protection"](#)
- [2023 SB150 - Trans Medical Care Ban, School Bathroom Ban, Don't Say Gay](#)
- [Kentucky Dept. of Education Legislative Interpretations](#)

General Safety

The state has a law that prevents instruction on sexual orientation or gender identity (or really any mention) in any grade, although the legislative guidance by the Kentucky Department of Education is that a district that does not teach sexuality or STDs to children before grade six can teach about sexual orientation and gender identity, due to a possible legislative error (using "or" when the legislature likely meant "and").

Kentucky has a history of interpreting religious exemptions very widely when discrimination occurs against LGBT people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [ACLU / NCLR Lawsuit to Overturn Trans Youth Care Ban \(Doe v. Thornbury\)](#)
- [Kentucky Corrections Procedure 14.8 - LGBTI Offenders](#)

United States - Louisiana

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

The NAACP of Louisiana has requested the national organization [issue a travel advisory](#) for Louisiana, on the basis of anti-Black and anti-LGBT state bills that could place both Black and LGBT people at risk.

Louisiana has negative laws towards trans people. These laws are, while horrible for residents of Louisiana, do not generally apply to most trans people traveling to Louisiana in most situations.

Louisiana does ban trans care for children, although the current law does not have criminal penalties for parents. However, it is unknown how this might have an impact on child custody.

Non-discrimination Law

- Louisiana non-discrimination law does not include LGBT people specifically
- State officials have directed schools to [ignore Title IX regulations](#) (as of April 25, 2024) regarding non-discrimination against trans people.
- Some municipalities have local non-discrimination laws that apply to gender identity, particularly New Orleans and Shreveport.

Public Accommodations

- Trans people are banned from access to bathrooms and sleeping facilities in some locations (prisons, K12 schools, and domestic violence shelters).
- General public accommodation access is not specifically protected by law for trans people in Louisiana.

Drag / Performance / Cross-dressing Laws

- Louisiana does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are required to be housed with men.
- Trans men are required to be housed with men.
- Nonbinary people are required to be housed according to sex assigned at birth

- At least one visitor (not an inmate) was told to [strip and expose her genitalia](#) while going through security to visit a prisoner at Angola Prison because her anatomy did not match her gender expression.

Legal Definition of Sex

Non-binary people are not recognized.

Louisiana has established a legal definition of male and female in line with sex assigned at birth.

Medical Care

- Trans medical care is legal for adults
- Medical transition (puberty blockers, hormones, surgeries) for people under 18 is illegal.
- The trans youth medical ban is [being challenged in court](#).
- Federal regulations protecting trans people in were blocked in Louisiana due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans medical care is illegal for youth in Louisiana, although penalties will apply to doctors providing the care and not to parents.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 SB7 - Library Children's Book Ban](#)
- [2023 HB648 - Trans Youth Medical Care Ban](#)
- [2024 HB122 - Don't Say Gay Law \(not yet signed by governor as of May 24, 2024\)](#)
- [2024 HB608 - Bathroom Ban](#)

General Safety

New Orleans has a visible LGBT population, but this is not the case in other parts of Louisiana, including some nearby cities of New Orleans.

"Sexually explicit" materials in libraries (electronically or in print) are restricted. This will likely be used to target LGBT material. Beyond that, nearly all discussion of sexual orientation and gender identity will be restricted in K12 schools, including in extra curricular events if 2024 HB122 is signed by the governor.

Some government officials are explicitly anti-trans. For instance, on 22 April 2024, the Superintendent of Education directed local school districts to [ignore federal civil rights guidance](#) on Title IX, in favor of anti-trans policies.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

United States - Maine

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Maine does not have laws that target trans people directly and has non-discrimination laws that protect trans people. While Maine does not have a sanctuary law, the state generally is proactive in legally protecting trans people.

Maine is a "sanctuary state" for adults and kids receiving trans medical care.

Maine does not appear to place child custody at risk.

Non-discrimination Law

- Maine non-discrimination law includes trans people specifically.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.
- In *Doe v. Regional School Unit 26*, in 2014, the Maine Supreme Court recognize the right to use a bathroom associated with someone's gender identity in public school settings.

Drag / Performance / Cross-dressing Laws

- Maine does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with women, although policy at the state prison level is that this be taken into consideration. Genital state is considered highly relevant.
- Trans men may or may not be housed with men, although policy at the state prison level is that this be taken into consideration. Genital state is considered highly relevant.
- Nonbinary people may or may not be housed according to sex assigned at birth
- City / County jails are not covered by the state policy.

Legal Definition of Sex

Non-binary people are recognized for some purposes in Maine, such as state IDs.

Medical Care

- Trans medical care is legal for adults and children.
- Maine has a sanctuary law for people obtaining transition-related medical care in Colorado
- Maine will not extradite people for violating another state's laws against medical transition
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- Maine has a sanctuary law for people obtaining transition-related medical care in Colorado
- Maine will not extradite people for violating another state's laws against medical transition

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2024 HP 148 / LD 237 - Trans Healthcare Sanctuary Law](#)
- [Doe v. Regional School Unit 26 - Trans School Bathroom Access](#)
- [Management of Transgender and Intersex Prisoners Policy](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Oakland, ME, has been accused by the former city manager of being [transphobic towards her](#), leading to her resignation as city manager.

Resources

- [Maine Human Rights Commission](#)

United States - Maryland

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Maryland does not have laws that target trans people directly and has non-discrimination laws that protect trans people. The state generally is proactive in legally protecting trans people.

Maryland is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Maryland non-discrimination law includes trans people specifically

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Maryland does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women have sued both the state and counties over inappropriate housing, poor medical care, and sexual assault in jails and prison. These lawsuits are ongoing.
- Trans prisoners in state prisons are [housed according to genitalia](#) (checked Feb. 23, 2024).
- Nonbinary people may or may not be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are recognized for some purposes in Maryland, such as state IDs, but this recognition is not yet complete.

Medical Care

- Trans medical care is legal for adults and children.
- Maryland has a sanctuary law for people obtaining transition-related medical care.

- A pending bill would [further protect trans care medical records](#) if signed by the Governor (updated Apr. 4, 2025).
- Maryland will not extradite people for violating another state's laws against medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 HB1045 - Confidentiality of Medical Records \(not yet signed by Governor as of Apr. 4, 2025\)](#)
- [EO 01.01.2023.08 Maryland Sanctuary Order](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Maryland Commission on Civil Rights](#)

United States - Massachusetts

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Massachusetts recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary.

Massachusetts is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in Massachusetts non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Massachusetts.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with women, although policy at the state prison level is that this be taken into consideration. Genital state is considered highly relevant.
- Trans men may or may not be housed with men, although policy at the state prison level is that this be taken into consideration. Genital state is considered highly relevant.
- Nonbinary people may or may not be housed according to sex assigned at birth
- City / County jails are not covered by the state policy.

Legal Definition of Sex

- There is no legal definition of male/female in Massachusetts.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change driver licenses, and data gathering. However, non-binary recognition is still in-complete in Massachusetts.

Medical Care

- Trans medical care is legal for all ages, and Massachusetts will not cooperate with other states who seek information about patients receiving care in Massachusetts for medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Massachusetts has a sanctuary law for people obtaining transition-related medical care in Massachusetts
- Massachusetts will not extradite people for violating another state's laws against medical transition

While Massachusetts will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in Massachusetts via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [MA 103 DOC 652 - Transgender Prisoners](#)
- [MA 2022 H.5090 - Protecting Trans Health Care](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

In Salam, on Sep. 12 or 13, 2023, a welcoming church and nearby rainbow crosswalk was [vandalized with anti-LGBT messages](#). While this did not directly target LGBT people, it demonstrates hate strong enough for someone to break the law and target organizations based on support for LGBT individuals.

Resources

- [Massachusetts Commission Against Discrimination](#)

United States - Michigan

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Michigan does not have laws that target trans people directly and has non-discrimination laws that protect trans people. While Michigan does not have a sanctuary law, the state generally is proactive in legally protecting trans people.

Michigan does not appear to place child custody at risk.

Non-discrimination Law

- Michigan non-discrimination law includes trans people specifically.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Michigan does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with women, although policy at the state prison level is that this be taken into consideration. Genital state is considered highly relevant.
- Trans men may or may not be housed with men, although policy at the state prison level is that this be taken into consideration. Genital state is considered highly relevant.
- Nonbinary people may or may not be housed according to sex assigned at birth
- City / County jails are not covered by the state policy.

Legal Definition of Sex

Non-binary people are recognized for some purposes in Michigan, such as state IDs and birth certificates.

Medical Care

- Trans medical care is legal for adults and children.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Michigan Equality Act](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

As an example of recent attacks, on July 15, 2023, a disabled trans man was [shot with a pellet gun while being called transphobic/homophobic slurs](#) in Pontiac, MI. At Michigan State University, a group of seven high-school aged boys [attacked two students](#) in the library based on the victims' sexuality and race.

Resources

- [Michigan Department of Civil Rights](#)

United States - Minnesota

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Minnesota recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people have some government recognition.

Minnesota is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in Minnesota non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Minnesota.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans prisoners have typically been housed based on sex assigned at birth, rather than gender, denied medical care, and mistreated by guards.
- A policy does allow medical care and gender-appropriate housing, although it is yet to be seen if this policy will result change to Minnesota's historic process.
- One woman recently [won a settlement](#) against the state for inappropriate housing and denial of medical care.

Legal Definition of Sex

- There is no legal definition of male/female in Minnesota.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change ID and birth certificates.

Medical Care

- Trans medical care is legal for all ages, and Minnesota will not cooperate with other states who seek information about patients receiving care in Minnesota for medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Minnesota has a sanctuary law for people obtaining transition-related medical care in Minnesota
- Minnesota will not extradite people for violating another state's laws against medical transition

While Minnesota will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in Minnesota via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized
- Same-sex marriage is recognized by the Leech Lake Band of Ojibwe.
- It is unknown whether same-sex marriages are recognized in the White Earth Indian Reservation.

Relevant Laws

- [2023 HF146 - Transgender Youth Medical Care Sanctuary Law](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

- [Minnesota Department of Human Rights](#)

United States - Mississippi

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Mississippi has negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans people traveling to Mississippi in most situations.

Mississippi legally defines sex according to sex assigned at birth and restrict bathroom and changing room usage at publicly owned or operated educational facilities (this may include university hospitals and athletic facilities such as stadiums). Regardless of governor signature, and inside or outside of educational institutions, this may subject trans people to harassment in restrooms.

Mississippi does criminalize trans care for children, although the current law does not have criminal penalties for parents. However, it is unknown how this might have an impact on child custody.

Non-discrimination Law

- Mississippi non-discrimination law does not include LGBT people
- Mississippi has broad religious exemption laws that specifically allow for targeted discrimination against trans people.

Public Accommodations

- Public accommodation access is not protected for trans people in Mississippi.
- Trans and intersex people are required to use bathrooms according to sex assigned at birth within publicly (any level of government) owned or operated educational facility (updated May 13, 2024). This may apply to university-run hospitals, stadiums, etc.
- It is likely Black women, lesbian women, muscular women, and tall women will face harassment in facilities in Mississippi, even if these women are cis (non-trans). These women should also use extreme caution in Mississippi.
- Mississippi has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.
- Some cities/counties have non-discrimination laws, but the state's religious freedom laws and bathroom laws will override these if the person discriminating was covered by them.

Drag / Performance / Cross-dressing Laws

- Mississippi does not have a drag/cross-dressing law.

Cruise / Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- While Mississippi has a policy at the state level specifically noting gender identification as a component in housing decisions, the policy lists first and foremost "inmate's physical sexual characteristics" as a factor.
- If [HB188](#) is signed by the Governor (not signed as of Mar. 14, 2025), trans people would be required to be housed according to their sex assigned at birth.
- Trans women are typically housed with men
- Trans men are typically housed with women
- Nonbinary people are typically be housed according to sex assigned at birth

Legal Definition of Sex

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

Mississippi has a difficult process of changing gender on ID and birth certificates, reflecting a state belief that sex assigned at birth should typically reflect the gender of people.

Non-binary people are not legally recognized.

Intersex people have some limited recognition.

Medical Care

- Trans medical care is legal for adults
- Medical transition (puberty blockers, hormones, surgeries) for people under 18 is illegal.
- Medical providers can deny some care on the basis of their religious beliefs.
- Some medical providers, such as University of Mississippi Medical Center (UMMC) [cut off transgender care for youth before they were required to by law](#).
- Federal regulations protecting trans people in were blocked in Mississippi due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).
- If [SB 2867](#) is passed (it is not fully passed as of Mar. 14, 2025, but likely will be), all funding of trans healthcare under medicaid will be banned.

Child Custody / Abuse

- Trans medical care is illegal for youth in Mississippi, although penalties will apply to doctors providing the care and not to parents.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [MS Dept. of Corrections 20-16 - Transgender Offenders](#)
- [2023 HB1125 - Youth Trans Medical Care Ban](#)
- [2024 SB2753 - Bathroom Ban in Educational Facilities\)](#)
- [2025 SB2867 - Medicaid Coverage Ban \(not yet passed as of Mar. 14, 2025\)](#)
- [2025 HB188 - Transphobic prison policy \(not yet signed by governor as of Mar. 14, 2025\)](#)

General Safety

Any traveler should use extreme caution if they are not both cis and have a very stereotypical gender presentation, if they use any changing room in a government owned or controlled facility that is open to the public, such as public parks, pools, sports facilities, recreation centers, universities, etc. A person may be arrested for suspicion of violating this law and be required to produce either their original birth certificate or amended birth certificate plus evidence of bottom surgery, for presentation in court at a trial, if arrested. While this is not legal advice, simply telling a police officer your sex assigned at birth matches the facility or your usage of the exception for trans people with updated birth certificate and bottom surgery.

In some cases, this may also apply to bathrooms and in facilities not owned or controlled by the government, if law enforcement feels you "loitered" in the wrong bathroom. Thus Mississippi cannot be considered a safe state for trans people, even if they feel they can meet the letter of the law.

Because of the passage of several laws, and the widespread press coverage, extreme caution should be used in all changing facilities and bathrooms for anyone that is not unambiguously presenting following stereotypes of their sex assigned at birth. This applies not just to trans people, but to anyone else who does not follow gender expression stereotypes (such as cis women with facial hair or short hair, men with gynecomastia, etc). Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [MS Driver's License Policy Article](#)

United States - Missouri

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Missouri negative laws towards trans people. These laws are, while horrible for residents of Missouri, do not generally apply to most trans people traveling to Missouri in most situations. Pending legislation that may or may not pass in 2024, however, would legislate every aspect of trans life, including public presentation, bathroom access, and non-discrimination law. Thus, trans travelers should be particularly careful making plans for travel in 2024 or beyond.

Transgender medical care for adults is legal (see notes below in medical care section).

Missouri has a law against youth medical care. It is unknown how this might have an impact on child custody.

Non-discrimination Law

- Missouri non-discrimination law does not include LGBT people

Public Accommodations

- Public accommodation access is not protected for trans people in Missouri.
- Missouri has a religious freedom laws that allow denial of some services on the basis of gender identity.
- Missouri has initiated a criminal investigation against at least one trans woman [for using a gendered facility](#) (updated August 9, 2024).

Drag / Performance / Cross-dressing Laws

- Missouri does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men.
- Trans men would typically be housed with women.
- Nonbinary people would typically be housed according to sex assigned at birth.
- Transgender-related surgery in jails/prisons is banned.

Legal Definition of Sex

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

Missouri has a difficult process of changing gender on ID and birth certificates, reflecting a state belief that sex assigned at birth should typically reflect the gender of people. For ID, they must demonstrate proof of bottom surgery or a court order (updated Aug 7, 2024).

Non-binary people are not legally recognized.

Missouri's AG has indicated that he believes that gender is defined as sex assigned at birth and has used that to [initiate a criminal investigation](#) (updated August 9, 2024).

Medical Care

- Trans medical care is legal for adults. There was a short-lived administrative ban order that was withdrawn on May 16, 2023.
- Most trans medical care for youth is banned, including puberty blockers, hormones, and surgery, although some very limited exceptions are present for youth already undergoing care.
- While continuation of some care is technically legal for trans youth, it is in practice completely unavailable. Multiple hospitals ([University of Missouri Hospital Washington University Hospital](#), and St. Louis Children's Hospitals are three examples) have stopped providing trans-related healthcare for minors, even for existing patients who are "grandfathered" in the law. This is due to legal liability under the new "grandfather" clause, which uses a tactic similar to anti-abortion tactics of private action.
- Continuation of trans youth care has been [targeted by several bills prefiled in the 2024 session](#). It is unknown if these bills will pass.
- There is a [lawsuit against the state](#) over SB49's prohibition of medical care for trans youth.
- At least one pharmacy appears to have a pattern of [refusing to inclusively dispense](#) to trans patients.
- The Attorney General (Republican) has requested private medical information about at the Washington Univeristy Medical Clinic. The hospital, as of December 6, 2023, is [contesting that request](#) under law. It is unknown what the outcome of that legal case will be and whether medical records will be turned over to political office holders.
- In a separate case, a court has ordered Planned Parenthood of St. Louis to [turn over records](#) to the Attorney General relating to trans patients at the clinic. While actual medical records protected by HIPAA are not included in the records that will be turned over, other potentially identifying records are. Planned parenthood [has appealed](#) this.
- The Attorney General is also ["investigating" social workers and therapists](#) which provide transgender care as of May, 2024.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans medical care for children is banned. This will apply to doctors providing the care and not to parents.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 SB49 - Trans Medical Ban](#)
- [Kansas City Safe Haven for Transgender Residents](#)
- [St. Louis Trans-Inclusive Executive Order](#)

General Safety

Missouri has initiated a criminal investigation against at least one trans woman [for using a gendered facility](#) (updated August 9, 2024). Thus, using bathroom or locker room facilities, regardless of what genitals that the trans person has, should be considered a high-risk activity which may result in the full power of the State of Missouri against the facility user.

In April 2023, a trans person was [attacked on a city bus](#) in St. Louis in what may be a random attack. The individual who attacked this person is still at large as of March 1, 2024.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Kansas City's leaders have chosen to oppose the state's anti-trans legislation and administrative orders through [a sanctuary resolution](#) that deprioritize cooperation with the state and enforcement of state laws that criminalize and penalize trans people. Likewise, St. Louis's mayor has [issued an executive order](#) to resist some state policies and show support for the trans community.

Resources

- [Article on legislation regarding incarcerated people](#)
- [ACLU lawsuit against SB49 \(trans youth healthcare ban\)](#)

United States - Montana

Montana has several negative laws towards trans people.

Montana does not ban trans care for children (due to a court judgment that invalidated a healthcare ban).

Non-discrimination Law

- Montana non-discrimination law does not include LGBT people
- Some municipalities have local non-discrimination laws that apply to gender identity, including Bozeman, Butte, Helena, Missoula, and Whitefish.

Public Accommodations

- Trans people's use of bathrooms and shower facilities is limited: In schools, public buildings used by all levels of the government (such as libraries, airports, city halls, hospitals, rec centers, etc), domestic violence programs, and corrections facilities, the operating agency must require trans people to use bathrooms/showers in accordance with their sex assigned at birth. Some intersex people are denied both male and female bathrooms and showers according to a strict reading of the bill. This also applies to universities (for instance, stadium bathrooms). (updated Mar. 27, 2025)
- Montana has wide-reaching religious freedom laws that allow denial of many services on the basis of gender identity.
- School students will not be able to be disciplined for using pronouns associated a trans person's sex assigned at birth or their legal name..

Drag / Performance / Cross-dressing Laws

- Drag storytime or other "learning activities" with children present in schools, libraries is banned, but this law is currently unenforceable due to a [temporary restraining order](#)
- At least one library (Butte) has [canceled a talk on two-spirit identity](#) to be given by a trans woman, citing the anti-drag law as the reason.
- The Montana drag ban is being [challenged in court](#).

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are required to be housed with men
- Trans men are required to be housed with women
- Nonbinary people required to be housed according to sex assigned at birth

Legal Definition of Sex

Montana passed a law that defined sex largely in line with sex assigned at birth, which impacted nearly all Montana law (for example, Montana's on-the-books-but-not-enforceable-due-to-SCOTUS anti-gay marriage law was amended, as well as nearly every other law in Montana that references sex). However, the law was ruled invalid [due to an ambiguous title](#) by a state court and [district court decision](#). Thus it is not in effect.

HB121 only recognize male and female, according to assignment at birth and chromosomes. It defines, in a literal reading, some intersex people as neither male or female, while simultaneously refusing to recognize them as neither male or female. (updated Mar. 27, 2025)

Non-binary people are not recognized.

A Montana law generally prevents changing of ID or birth certificate. They have previously violated court orders on birth certificate changes. The state is currently (as of December 17, 2024) [being sued](#) for the ban on changing birth certificates and ID. On December 17, 2024, a state court [issued a preliminary injunction](#) against the state blocking this law. Thus, IDs and birth certificates can be changed, at least if Montana follows this court order (they have refused to follow similar orders in the past).

Medical Care

- Trans medical care is legal for all ages.
- While a law was passed to ban trans healthcare for youth, that law is blocked by a preliminary injunction while further court hearings are held. This injunction was supported by findings of the [Montana Supreme Court](#).
- Medical providers can deny non-emergency care on the basis of their religious beliefs or conscious.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 HB121 - Bathroom Ban](#))
- [2025 HB300 - Education Bathroom Ban](#))

- [2023 HB303 - Health Care Conscious Refusal Law](#)
- [2023 SB99 - Youth Trans Medical Care Ban - DECLARED UNCONSTITUTIONAL](#)
- [2023 HB359 - Drag Storytime Ban \(temporarily blocked by courts from being enforced\)](#)
- [2023 SB458 - Trans-exclusionary Definition of Sex \(Declared invalid by state court\)](#)
- [2023 SB518 - Mandatory Outing by Schools of Trans Youth](#) It defines, in a literal reading, some intersex people as neither male or female, while simultaneously refusing to recognize them as neither male or female. (updated Mar. 27, 2025)

General Safety

White supremacists and anti-trans hate groups have been known to show up at LGBT events in Montana. For instance, on May 20, 2023, a white supremacist transphobic hate group [attacked attendees](#) at Bozeman Pride.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [van Garderen v. State of Montana - Youth Trans Care Ban Challenge](#)
- [van Garderen v. State of Montana - Supreme Court Upholding Preliminary Injunction](#)
- [Drag Ban - Temporary Restraining Order](#)

United States - Nebraska

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Nebraska has some negative law and executive orders towards trans people that affect almost all trans travelers. In particular, due to an [executive order](#), all Nebraska executive agencies will default to considering trans women as men, and trans men as women, while non-binary people will be considered their sex assigned at birth. This likely will apply to bathroom and facility access of facilities under state regulation (such as airports, rest areas, many parks) and can place trans people at significant risk.

Nebraska bans trans youth medical care with very narrow and limited exceptions for continuing care. It has an unknown impact on child custody, although it should be noted that the law applies to medical providers and not parents.

Non-discrimination Law

- Nebraska non-discrimination law does not include LGBT people specifically
- Omaha has a local non-discrimination law that applies to gender identity.

Public Accommodations

- State facilities likely will fall under an executive order that defines sex as sex assigned at birth, and will be required to enforce that in all state regulations enacted by executive branch agencies. This may in some cases impact private businesses, cities, schools, and other non-state entities.
- Trans people are not banned from using appropriate bathrooms and locker rooms.
- General public accommodation access is not specifically protected by law for trans people in Nebraska.

Drag / Performance / Cross-dressing Laws

- Nebraska does not have a drag/cross-dressing law.

Air Travel

Note that the executive order defining sex may make state facilities particularly risky for trans travelers.

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are required to be housed with men
- Trans men are required to be housed with women
- Nonbinary people are required to be housed according to sex assigned at birth

Legal Definition of Sex

The State of Nebraska, via [executive order](#), defines trans people based on sex assigned at birth. This is wide-ranging and includes all executive branch agencies.

Non-binary people are not recognized.

Intersex people have some limited recognition.

Medical Care

- Trans medical care is legal for adults.
- Trans medical care is [restrictively regulated](#) for people under 19 (Note that this includes 18-year-olds). However, parents would not be criminalized (the bill would apply to medical providers)
- The current executive order for bathroom access conflicts with parts of the youth healthcare regulations, in that it may be impossible for a person to live in their gender for 6 months (a requirement to receive hormone blockers and HRT under the regulations).
- Therapy required for youth to obtain puberty blockers or HRT is required to be "neutral", I.E. it must not be affirming (or conversion therapy). This would tend to imply that a provider using proper pronouns for a trans youth would be violating the law. 40 contact hours, with no more than 2 hours per week, is required for access to puberty blockers or hormones.
- HRT pickup from pharmacies is highly regulated for youth and is required to "out" the trans youth (including 18-year-olds).
- Surgical procedures are banned for youth, including 18-year-olds.
- The ACLU of Nebraska is challenging the youth healthcare ban.
- Despite the law allowing youth previously receiving healthcare to continue to receive it, [some pharmacies are refusing to dispense](#) medication to transgender youth.
- Providers have indicated that the new rules for trans youth healthcare [are unclear and may be impossible to follow](#)
- Federal regulations protecting trans people in were blocked in Nebraska due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 LB574 - Trans Youth Medical Care Ban](#)
- [Regulations on trans youth health care](#) (See chapter "8" here for most recent published regulations; note as of March 12, 2024, currently in-force regulations where not published)

General Safety

Nebraska's executive order defining men and women based on sex assigned at birth creates an openly hostile state for trans travelers. This law does not depend upon surgical status, genitals, government ID, birth certificate, or any other "proof" of transition, and is wide-ranging across all state government programs and services.

Nebraska has seen very widely publicized hate crimes against LGBT people. While these crimes may occur anywhere, and most anti-LGBT hate crimes, even of the severity of the notorious crimes committed in NE, are not publicized when they occur (and, again, can and do occur nearly everywhere in the USA), this may be a concern to some travelers.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions. As one example, a trans man chose to use the women's bathroom in an Omaha bar, and announced that he was "biologically female," yet [was attacked by another man](#) in April, 2024.

Resources

- [ACLU Lawsuit against Nebraska for Abortion and Trans Youth Healthcare Rights](#)

United States - Nevada

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Nevada does not have laws that target trans people directly and has non-discrimination laws that protect trans people. While Nevada does not have a sanctuary law, the state generally is proactive in legally protecting trans people. Importantly, Nevada is the first state to add protections for gender identity to their state constitution, which included a component that required a vote in an election.

Nevada does not appear to place child custody at risk.

Non-discrimination Law

- Nevada non-discrimination law includes trans people specifically.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Nevada does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with women, although policy at the state prison level is that this be taken into consideration.
- Trans men may or may not be housed with men, although policy at the state prison level is that this be taken into consideration.
- Nonbinary people may or may not be housed according to sex assigned at birth
- SB153 requires the Dept. of Corrections to develop policies that provide proper medical care and housing, as well as training of staff, for trans inmates.
- City / County jails are not covered by the state policy.

Legal Definition of Sex

Non-binary people are recognized for some purposes in Nevada, such as state IDs and birth certificates.

Medical Care

- Trans medical care is legal for adults and children.
- A provider associated with UNLV has received a forged letter attempting to [disrupt healthcare provided by the provider](#), claiming to represent the views of the UNLV system.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Nevada Constitution \(see Art. 1, Sec. 24\)](#)
- [2023 SB153 - Prison Policies](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Nevada Equal Rights Commission](#)

United States - New Hampshire

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

New Hampshire does not have laws that target trans people directly and has non-discrimination laws that protect trans people. However, if HB396 is signed, this may significantly impact trans travelers by removing protections for trans people and requiring discrimination against trans people in several cases, including bathrooms.

New Hampshire criminalizes some surgical trans care for children, but does not generally criminalize other gender-related care, thus it appears that parents visiting with trans children will not risk custody.

Non-discrimination Law

- New Hampshire non-discrimination law includes trans people specifically. If HB396's veto is overridden, however, that would change, and trans people would be explicitly excluded for some protections, including bathroom access.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection. However, if HB396's veto is overridden, these protections would be eliminated and certain facilities would be restricted on the basis of transphobic definitions of sex.

Drag / Performance / Cross-dressing Laws

- New Hampshire does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men. However, if HB396's veto is overridden, this would always be the case.
- Trans men would typically be housed with women. However, if HB396's veto is overridden, is signed, this would always be the case.
- Nonbinary people would typically be housed according to sex assigned at birth. However, if HB396's veto is overridden, this would always be the case.

Legal Definition of Sex

Non-binary people are recognized for some purposes in New Hampshire, such as state IDs, but not birth certificates.

However, if HB396's veto is overridden, transphobic definitions of sex would apply in some cases.

Medical Care

- Genital surgery for youth is banned as of July 19, 2024.
- Other trans medical care is legal for adults and children.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse. However, genital surgery is banned for youth. This is unlikely to affect most families with trans children.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [HB396 Trans bathroom ban and jail discrimination \(vetoed by governor and not in effect as of July 19, 2024\)](#)
- [HB619 Trans Youth Medical Care Ban \(signed by governor as of July 19, 2024\)](#)

General Safety

Visitors should be cautious as HB396 may impact trans and gender non-conforming cis people if the veto is overridden.

Littleton, NH, considered a ban on all public art displays because some art was created to [express inclusion themes](#). This town also decided to not renew a lease for a local theater company which performed a play that included LGBT characters. However, the official responsible for the attempt at banning art [did not run for re-election](#).

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [NH Civil Rights Unit](#)

United States - New Jersey

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

New Jersey recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Some recognition may require identification documentation changes, and some organizations or agencies may not fully recognize these changes.

New Jersey is a "sanctuary state" for adults and kids receiving trans medical care, through an executive order, although this order does not mention impact to custody agreements.

Non-discrimination Law

- Trans people are specifically named in New Jersey non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in New Jersey.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- While most jails/prisons have regulations that, in theory, would consider gender identity in housing decisions, these regulations are often ignored and trans people are often housed according to sex assigned at birth.
- A widely publicized and sensationalized (including propaganda that was blatantly incorrect) case of consensual sex involving a trans woman in a state women's prison has been used to justify policy changes that make it easier to house a trans woman improperly due to "reproductive concerns."

Legal Definition of Sex

- There is no legal definition of male/female in New Jersey.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition is still incomplete in New Jersey.

Medical Care

- Trans medical care is legal for all ages, and New Jersey will not cooperate with other states who seek information about patients receiving care in New Jersey for medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- New Jersey has a sanctuary executive order for people obtaining transition-related medical care in New Jersey, although this does not mention custody.
- New Jersey will not extradite people for violating another state's laws against medical transition

While New Jersey will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in New Jersey via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [EO 326 - Protecting Trans Healthcare](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Politically, New Jersey has felt it appropriate to utilize the law when political subdivisions attempt to violate the rights of transgender students by, for example, [suing a discriminatory school district](#)

Resources

- [New Jersey Division on Civil Rights](#)

United States - New Mexico

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

New Mexico recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Some recognition may require identification documentation changes, and some organizations or agencies may not fully recognize these changes.

New Mexico does not appear to put custody at risk.

Note that indigenous nations may have laws differing from New Mexico's and may lack some protections.

Non-discrimination Law

- Trans people are specifically named in New Mexico non-discrimination laws.
- New Mexico has a religious freedom law that may provide religious exemptions to non-discrimination law in some limited circumstances.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.
- Public accommodations/businesses with single-occupancy bathrooms are required to sign these for all gender and allow access to all genders.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in New Mexico.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- While most jails/prisons have regulations that, in theory, would consider gender identity in housing decisions, these regulations are often ignored and trans people are often housed according to sex assigned at birth.

Legal Definition of Sex

- There is no legal definition of male/female in New Mexico.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition is still incomplete in New Mexico.

Medical Care

- Trans medical care is legal for all ages.
- New Mexico does not have a sanctuary law.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- New Mexico does not have a sanctuary law.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized.
- Within the Navajo Nation, the Diné Marriage Act prohibits recognition of same-sex marriage. It is unknown how the "sex" of trans people would be seen under this law, potentially placing all trans/cis marriages at risk (straight or queer) as well as most queer marriages.
- It is unknown whether Zuni Pueblo recognizes same-sex marriages performed elsewhere.

Relevant Laws

- [2019 HB388 - Non-Gendered Bathrooms](#)
- [Diné Marriage Act \(Applicable in the Navajo Nation\)](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

United States - New York

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

New York recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Some recognition may require identification documentation changes, and some organizations or agencies may not fully recognize these changes.

New York is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in New York non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.
- Public accommodations/businesses with single-occupancy bathrooms are required to sign these for all gender and allow access to all genders.
- Despite state law, Nassau County (on Long island) issued an [executive order banning permits](#) for any sports organization that allows trans women or girls to play women's/ girl's sports. A judge on May 10, 2024, [blocked this order](#) citing a lack of authority of the county executive to issue a ban on trans athletes. However, Nassau County then approved the [transphobic law](#) (updated June 24, 2024).

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in New York.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- While most jails/prisons have regulations that, in theory, would consider gender identity in housing decisions, these regulations are often ignored and trans people are often housed according to sex assigned at birth.
- NYC jails, like jails in many places, are cruel and particularly dangerous for trans people. In 2019, a trans woman, Layleen Polanco Xtravaganza, was killed through indifference, willful neglect, and solitary confinement by the NYC jail system. This resulted in a \$5.9 million payout by the city. She was in jail for inability to pay bail.

- On Sept. 22, 2023, NYPD [was sued](#) for apparent failure to comply with a previous court order regarding the treatment of trans people.

Legal Definition of Sex

- There is no legal definition of male/female in New York.

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition is still incomplete in New York.

Intersex people are recognized in some laws, such as a law requiring some education for medical providers on intersex issues.

Medical Care

- Trans medical care is legal for all ages
- New York has a sanctuary law for people obtaining transition-related medical care.
- New York will not extradite people for violating another state's laws against medical transition.
- In addition to the state law, New York City has issued an executive order prohibiting cooperation with prosecution of a person for receiving or providing transgender care.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Nassau County Trans Athlete Ban Law](#)
- [2023 S2475B - State Sanctuary Law](#)
- [New York City EO 32 - Sanctuary City Order](#)

General Safety

While there are many visibly trans people in NYC, and NYC is home to some leading LGBT medical centers, hate crimes against LGBT people also occur in NYC, including stabbings of trans women as well as trans women (and cis women who appear trans) being denied access to appropriate bathrooms even in some gay establishments. Trans women have [faced violence](#) while using public transit. LGBT [bars](#), and [monuments](#) have also been

targeted by both [violent and non-violent transphobic and homophobic people. In addition, a cis woman [was violently attacked by a Staten Island store clerk](#) while attempting to make a purchase at a store, likely due in part to the mistaken impression by the clerk that she was trans. While these acts are the exception, it is important to be aware of surroundings even while in apparently queer-friendly locations.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

United States - North Carolina

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

North Carolina does not have laws that target most trans visitors directly.

North Carolina does ban trans care for children, although the current law does not have criminal penalties for parents. However, it is unknown how this might have an impact on child custody.

Non-discrimination Law

- North Carolina non-discrimination law does not include LGBT people
- Some municipalities have local non-discrimination laws that apply to gender identity.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.
- North Carolina, famously, passed an anti-trans bathroom law that was later repealed. In a compromise, the repeal legislation prohibited any local non-discrimination ordinances from being passed up until 2020. That provision has since expired.
- General public accommodation access is not specifically protected by law for trans people in North Carolina.

Drag / Performance / Cross-dressing Laws

- North Carolina does not have a drag/cross-dressing law.
- In Brevard, [violent death threats](#) were made against an adult drag show (and many pride events) in July, 2023. The man responsible was arrested towards the end of July for the threats.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with men
- Trans men may or may not be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- North Carolina has been the target of lawsuits over failing to allow inmates not already on HRT prior to incarceration to be prescribed HRT, denial of surgery, and inappropriate (wrong gender) housing.
- An intersex prisoner alleges in a lawsuit that they contracted HIV due to inappropriate housing in a men's institution.

- A North Carolina prisoner won a case [to be housed in women's prison](#) in November, 2023. However, the prison was committed to fighting her transfer and that can be expected for other trans women too.

Legal Definition of Sex

Non-binary people are not recognized.

Medical Care

- Trans medical care is legal for adults and children.
- Medical transition (puberty blockers, hormones, surgeries) for people under 18 is illegal. There is an exception for continuation of care for people under care prior to August 1, 2023, but this exception allows civil action still, so care is likely to be discontinued for all youth.
- The trans youth medical care ban is being [challenged in court](#)
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025). as of October, 2023.

Child Custody / Abuse

- Transition care is not specifically defined as child abuse, although it is not legal to provide so it may have impacts on child custody.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized
- Officials can excuse themselves from issuing marriage licenses on the basis of religious objections.

Relevant Laws

- [Session Law 2015-75 - Allowing Officials Religious Objections to Marriages](#)
- [2023 H808 - Trans Youth Medical Ban Bill](#)
- [2023 S49 - Don't Say Gay \("Parental Bill of Rights"\)](#)

General Safety

The state has a law that prevents instruction on sexual orientation or gender identity through grade four in schools.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and

targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

In Waynesville, NC, a trans woman using the recreation center had [false allegations spread about her](#) by local religious leaders and others who claimed she was exposing herself to children (evidence has shown this could not have happened). Fortunately police responded to these complaints rightly noting that the woman was not violating any laws (or doing anything at all improper). Violent threats were also made in Brevard in July 2023 against a drag show.

Resources

United States - North Dakota

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

North Dakota has several negative laws towards trans people. Among these is a legal definition of sex that may be used to restrict the rights of trans people visiting North Dakota.

Government employees are entitled to misgender trans people under the law.

North Dakota does criminalizes trans care for children which may have an impact on child custody.

Non-discrimination Law

- North Dakota non-discrimination law does not include LGBT people.
- North Dakota's definition of sex law (HB1474) makes it unlikely that non-discrimination laws specifying "sex" would be interpreted in a trans-inclusive way. Note that this also places gender non-conforming cis women at risk of invasive questioning and state action.

Public Accommodations

- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when visiting public educational dormitories.
- Trans students are required to use bathrooms/showers associated with their sex assigned at birth when using school bathrooms.
- Use of single-occupancy bathrooms by trans students (as an exception) in schools requires parental permission in writing.
- Trans people are required to use bathrooms associated with their sex assigned at birth when visiting jails, prisons, youth correctional centers, etc.
- Government employees (including school) cannot be be disciplined for misgendering others.
- Students in schools cannot be disciplined for misgendering others.

Drag / Performance / Cross-dressing Laws

- Exposure of prosthetic genitals, breasts, or buttocks, partial or completely, during "performance" (does not need to be paid) is illegal. I.E. seeing the top part (above nipples) of prosthetic breasts may be criminal. These do not need to be attached to a human to be illegal (I.E. Truck Nutz may be illegal now). This applies in public and in any space where minors may be.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Bathrooms and showers are required to be legally segregated by sex assigned at birth in state jails and prisons
- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are not recognized.

Intersex people have some limited recognition.

North Dakota specifies male, female, and similar words based on sex assigned at birth and/or chromosomes.

Note that this also places gender non-conforming cis women at risk of invasive questioning and state action.

North Dakota prohibits trans people changing birth certificates.

Medical Care

- Trans medical care is legal for adults
- Trans medical care (other than therapy) is not legal for people under 18, with some exceptions for people currently receiving care prior to the enactment of HB 1254 (2023) -- but only for those procedures they were receiving prior to enactment.
- It is a criminal act in North Dakota to supply HRT or puberty blocking medication to most trans minors, which may have implications for people traveling with trans children on puberty blockers or HRT.
- The trans youth medical care ban is [being challenged in court](#)
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse, however puberty blockers, hormones, and surgery is considered illegal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 HB1254 - Child Medical Care](#)
- [2023 HB1297 - Prohibition On Birth Certificate Change, Definition of Sex](#)
- [2023 HB1333 - Ban on Display of Prosthetic Genitals/Breast/Buttocks](#)
- [2023 HB1473 - Bathrooms in Some State Institutions](#)
- [2023 HB1474 - Transphobic Definition of Sex](#)
- [2023 HB1522 - Bathrooms in Schools and Pronouns](#)

General Safety

While the laws in ND impact trans people negatively, there is some signs of resistance. For instance the [Fargo School Board has indicated they will ignore a law that requires outing students to their \(potentially non-supportive\) parents.](#)

Anti-LGBT opposition has occurred around LGBT events. For instance, an anti-trans hate group is opposing a Fargo salon doing a [trans inclusive beauty workshop](#).

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [2023 legislative resolution for entities to use sex, not gender, in demographic gathering and provision of services](#)

United States - Northern Mariana Islands

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Northern Mariana Islands is not a "sanctuary territory", but also does not criminalize trans youth medical care.

Non-discrimination Law

- Northern Mariana Islands public non-discrimination laws do not include LGBT people.

Public Accommodations

- Public accommodation access is not protected for trans people in Northern Mariana Islands.
- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- Northern Mariana Islands does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Northern Mariana Islands has unknown policies for trans people, so it should be assumed that trans people may be imprisoned based on sex assigned at birth.

Legal Definition of Sex

Non-binary people are not legally recognized by Northern Mariana Islands.

Binary trans people have some legal recognition of their gender.

Medical Care

- Trans medical care is legal for all ages.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Northern Mariana Islands does not have a sanctuary law for people obtaining transition-related medical care.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized.

Relevant Laws

General Safety

Northern Mariana Islands has few protections for trans people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

United States - Ohio

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Ohio does not have laws that target most trans visitors directly, although a trans woman was charged (and found not guilty) for changing in a locker room.

HB68, as written, banned transition care for youth and goes beyond most other bans of care including placing significant restrictions upon mental health care, puberty blockers, hormone therapy, and surgery. It also protects parents harming youth through denial of trans-related care. On Mar. 18, 2025, a state appeals court blocked the parts of this order relevant to puberty blockers and hormone therapy. Other provisions, including mental health screening requirements for youth, remain in effect.

In addition, Ohio also bans access to bathroom and locker room facilities at all schools and universities (including university facilities such as stadiums) except in accordance with sex assigned at birth. This would also apply to private colleges.

In addition, an opinion from the Ohio Attorney General interprets existing law to allow discrimination against trans people in bathrooms and similar facilities, particularly if owned by government.

Non-discrimination Law

- Ohio non-discrimination law does not include LGBT people specifically
- Some municipalities have local non-discrimination laws that apply to gender identity.
- The state is likely to pass [a bill](#) that would masquerades as a non-discrimination bill with the intent of discriminating against trans-affirming and anti-racist educational practices in higher education.

Public Accommodations

- Trans people are not banned from using most appropriate bathrooms and locker rooms, although at least one trans woman has been charged with indecent exposure for using a locker room (she was found not-guilty).
- Ohio bans access to bathroom and locker room facilities at all schools and universities (including university facilities such as stadiums) except in accordance with sex assigned at birth. This also applies to private universities.
- The Attorney General has issued an [opinion](#) that requiring trans people to use bathrooms in line with sex assigned at birth, rather than gender identity, is not a violation of non-discrimination law and is legal in Ohio, particularly in government facilities.
- General public accommodation access is not specifically protected by law for trans people in Ohio, although some counties and municipalities do protect it.

Drag / Performance / Cross-dressing Laws

- Ohio does not have a drag/cross-dressing law.
- Neo-Nazis are attempting to [publicly intimidate attendees](#) at some LGBT events in Ohio, notably around Columbus.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- Several relatively recent (as of 2023) court cases have involved trans women who have been mistreated in jail and/or denied appropriate medical care.

Legal Definition of Sex

Some state administrative rules define sex on the basis of sex assigned at birth.

Non-binary people are not recognized for most purposes, although they can obtain birth certificates with an "X" marker (but not driver's licenses or ID cards). Some county judges have denied birth certificate changes to trans people, indicating bias within the Ohio legal system.

Medical Care

- Trans medical care is legal for adults.
- Ohio bans some transition care for youth and places significant stipulations upon mental health care and surgery. However, puberty blockers and HRT is legal, within the other confines of the law, as of an [state appeals court decision](#) on March 18, 2025. (see also [ACLU Ohio's lawsuit](#) over the care ban)
- Ohio has a religious exemption law that allows providers to deny some medical services.
- Federal regulations protecting trans people in were blocked in Ohio due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (verified Mar. 18, 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse. However, as some youth gender transition medical care is illegal in Ohio, it is unknown how that may affect custody.
- HB68 explicitly protects anti-trans parents who are causing harm to trans youth.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 SB1 - Banning anti-racist and trans-inclusive college practices \(not yet passed as of Mar. 26, 2026\)](#)
- [2023 HB68 - Youth Care Ban \(puberty blocker/HRT ban for youth ruled unconstitutional on Mar. 18, 2025\)](#)
- [2023 SB104 - Bathroom Ban in Schools and Universities](#)
- [Attorney General Opinion 2023-006](#)
- [2023 Administrative Rule 3701-83-60 - Ban on Youth Gender Affirming Surgery](#)
- [Proposed administrative rules to restrict gender-affirming care for youth further](#)

General Safety

Ohio has active Neo-Nazi activity explicitly [targeting LGBT events](#), particularly in the Columbus area.

Ohio and Ohio's political subdivisions have shown willingness to extensively prosecute and litigate against trans people in court.

Ohio continues to debate and pass cruel anti-trans bills.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Transgender Woman Not Guilty for Using Women's Locker Room](#)
- [Some Trans People are Denied Birth Certificate Changes](#)
- [Movement Advancement Project's Ohio Page, listing Cities with Non-Discrimination Laws](#)

United States - Oklahoma

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Oklahoma has negative laws towards trans people. Some of these laws may place trans visitors at risk.

Oklahoma's executive branch considers sex and gender to be synonyms of sex assigned at birth. This applies to government facilities and processes, such as restrooms managed by the state government.

Oklahoma does criminalize trans care for children, but does not penalize parents (the law applies to medical providers). However, it is unknown how this might have an impact on child custody.

Note that some indigenous nations within the boundaries of Oklahoma may ban same-sex marriage recognition for people receiving services from these nations (but this does not generally apply to non-native visitors).

Non-discrimination Law

- Oklahoma state executive branch government is required to treat trans women as men, trans men as women, and non-binary people on the basis of their sex assigned at birth. Note this also places gender non-conforming cis women at risk of invasive questioning and state action.
- Oklahoma non-discrimination law does not include LGBT people.
- State officials have directed schools to [ignore Title IX regulations](#) (as of April 25, 2024) regarding non-discrimination against trans people.
- Norman, OK has a non-discrimination law locally.

Public Accommodations

- Trans people are required to use bathrooms/showers associated with their sex assigned at birth when using some bathrooms/showers in both schools and locations under the authority of the executive branch of state government. Note that this also places gender non-conforming cis women at risk of invasive questioning and state action.
- Public accommodation access is not protected for trans people in Oklahoma.
- Oklahoma has religious freedom laws that allow denial of some services on the basis of gender identity.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Oklahoma.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women will be housed with men due to executive order.
- Trans men will be housed with women due to executive order.
- Nonbinary people will typically be housed according to sex assigned at birth due to executive order.
- Medical care (HRT) has been discontinued for at least one prisoner due to prison staff believing she was "faking" being transgender.
- Medical care other than HRT is not generally provided (by policy).

Legal Definition of Sex

Non-binary people are not recognized.

Under executive order, all executive branch government departments must consider a person's gender and sex to be the same as their sex assigned at birth. This applies to "single sex facilities" under executive branch control, such as bathrooms. Note that this also places gender non-conforming cis women at risk of invasive questioning and state action.

Trans people cannot change their identification or birth certificate in Oklahoma.

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

Medical Care

- Trans medical care is legal for adults
- Trans medical care is illegal for youth in Oklahoma, although parents are not penalized by the law (it applies to medical providers).
- Medical providers can deny some care on the basis of their religious beliefs.
- Federal regulations protecting trans people in were blocked in Oklahoma due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans medical care is illegal for youth in Oklahoma, although parents are not penalized by the law (it applies to medical providers).
- It is unknown if transition might be used by the state to justify custody removal.

- There is no sanctuary law preventing cooperation with other jurisdictions
- Child welfare agencies are covered by a law that allows them to refuse services for religious reasons.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized, outside of some indigenous nations.
- The Cherokee Nation and Chickasaw Nations recognize same-sex marriage.
- Some indigenous nations (Muscogee/Creek Nation, Choctaw Nation, and Seminole Nation) within the boundaries of Oklahoma have banned recognition of same-sex marriage, although this only applies to people receiving services from these nations (I.E. most visitors are not impacted by these bans). It is unknown how the "sex" of trans people would be seen under these laws, potentially placing some trans/cis marriages at risk (straight or queer) as well as some queer marriages.

Relevant Laws

- [2023 EO 2023-20 - Executive Order Definition of Sex/Gender](#)
- [2023 SB613 - Trans Youth Healthcare Ban](#)
- [2023 SB615 - Trans School Bathroom Ban](#)
- [2022 SB1100 - Birth Certificate Change Ban](#)
- [Executive Order 2021-24 Banning Birth Certificate Changes](#)
- [Oklahoma Prison Manual on Trans Prisoners](#)

General Safety

The executive order that defines sex/gender on the basis of sex assigned at birth. This places trans people at risk when using state facilities and interacting with state government.

The state has a law that prevents instruction on sexual orientation in schools (and requires students be taught that avoiding gay sex will prevent HIV).

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Trans Woman Allowed to Sue Oklahoma Prisons](#)
- [ACLU Page on Lawsuit Against SB613](#)
- [Order Denying Preliminary Injunction against SB613](#)

United States - Oregon

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Oregon recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people are recognized as non-binary.

Oregon is a "sanctuary state", but also does not criminalize trans youth medical care.

Non-discrimination Law

- Trans people are specifically named in Oregon non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Oregon.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may not be housed with women, although policy at the state prison level is that this be taken into consideration. Typically, they are housed with men.
- Trans men may or may not be housed with men, although policy at the state prison level is that this be taken into consideration. Typically they are housed with women.
- Nonbinary people may or may not be housed according to sex assigned at birth. Typically they are housed according to gender assigned at birth.
- The State has litigated against prisoner legal name and gender changes.
- The State has litigated against prisoner medical care.
- The State has litigated against a trans woman jailed in male jail who was [placed with a convicted sex offender](#). Since that judgement, in December 2023, the state prison system was [accused of violating the court order](#) intended to protect her.

Legal Definition of Sex

- There is no legal definition of male/female in Oregon.

Non-binary people are recognized by state government.

Medical Care

- Trans medical care is legal for all ages.
- Oregon does have a sanctuary law.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Oregon does have a sanctuary law for people obtaining transition-related medical care.
- OHSU has [received threats](#) at one family clinic related to (according to reports of the patient in question) a patient who made transphobic statements being asked to find a new provider.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 HB2002 - Sanctuary law](#)

General Safety

There is a wide variety of politics in Oregon, including both progressive and regressive politics. Hate groups operate in Oregon and occasionally visit progressive cities such as Portland. Some of these visits have resulted in violent clashes. Drag events and other LGBT events have been protested by armed hate groups.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

- [Oregon Civil Rights Commission](#)

United States - Pennsylvania

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Pennsylvania does not has several negative laws towards trans people.

Pennsylvania is not a "sanctuary state", but also does not criminalize trans youth medical care.

Non-discrimination Law

- Pennsylvania non-discrimination law does not include LGBT people specifically, but courts have begun to interpret it in a way that includes LGBT people.
- Many municipalities have local non-discrimination laws that apply to gender identity.
- Pennsylvania has religious freedom laws that allow denial of some services on the basis of gender identity.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.
- General public accommodation access is not specifically protected by law for trans people in Pennsylvania as a whole (but is in many municipalities).

Drag / Performance / Cross-dressing Laws

- Pennsylvania does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women may or may not be housed with women, although policy at the state prison level is that this be taken into consideration. That said, trans women are routinely housed with men.
- Trans men may or may not be housed with men, although policy at the state prison level is that this be taken into consideration. That said, trans men are routinely housed with women.
- Nonbinary people may or may not be housed according to sex assigned at birth, although the routine is to house them according to sex assigned at birth.
- City / County jails are not covered by the state policy.
- Philadelphia's [Sanctuary order](#) specifically mentions city jails and establishes a requirement for the city to provider gender-related healthcare for those in city custody.

Legal Definition of Sex

Non-binary people are recognized for some purposes in Pennsylvania, such as state IDs, but not birth certificates.

Medical Care

- Trans medical care is legal for all ages.
- Pennsylvania does not have a "sanctuary" law.
- [Pittsburgh](#), [Philadelphia](#), and [State College](#) are sanctuary cities for trans healthcare, which somewhat limits cooperation between the city in prosecution of those seeking trans healthcare.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Pennsylvania does not have a sanctuary law for people obtaining transition-related medical care.
- [Pittsburgh](#), [Philadelphia](#), and [State College](#) are sanctuary cities for trans healthcare, which somewhat limits cooperation between the city in prosecution of those seeking trans healthcare.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Pittsburgh 2023-1842 - Sanctuary City \(Part 1\)](#)
- [Pittsburgh 2023-1842 - Sanctuary City \(Part 2\)](#)
- [Philadelphia Executive Order 4-23 \(Sanctuary Order\)](#)
 - [State College Resolution No. 1394 \(Sanctuary Resolution\)](#)

General Safety

Pennsylvania is a diverse state, with areas of progressive politics along with areas of regressive politics. Experiences in a city such as Philadelphia may differ from experiences in more rural areas.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Movement Advancement Project Pennsylvania Page \(lists cities with non-discrimination law\)](#)
- [Eastern PA Trans Equity Project \(Trans Services in Eastern PA\)](#)

United States - Puerto Rico

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Puerto Rico has negative laws towards trans people. These laws should generally not impact adult travelers to Puerto Rico, although Puerto Rico also lacks many non-discrimination protections.

Non-discrimination Law

- Puerto Rico public non-discrimination law does not include LGBT people generally. (There are some exceptions in employment and state services)

Public Accommodations

- Public accommodation access is not protected for trans people in Puerto Rico.
- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- Puerto Rico does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are not recognized by Puerto Rico.

Medical Care

- Trans medical care is legal for all ages.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Puerto Rico does not have a sanctuary law for people obtaining transition-related medical care.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

General Safety

Puerto Rico has few protections for trans people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

While Puerto Rico has [high incidence of anti-trans violent crimes](#), and trans victims are frequently misgendered and deadnamed, there is also some acceptance among others on the island, although the political rhetoric is fueling an increase in hate crime.

Resources

United States - Rhode Island

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Rhode Island recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary.

Rhode Island is a "sanctuary state", which protects trans care.

Non-discrimination Law

- Trans people are specifically named in Rhode Island non-discrimination laws.
- Rhode Island does have a religious freedom law that may provide religious exemptions to non-discrimination law in some limited circumstances.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Rhode Island.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Jails and prisons consider the gender identity of prisoners when making housing decisions, but state prisons note that prisoners will initially be housed based on sex assigned at birth.
- Transition care should be available in state prisons, but may not be the same standard as care outside of prison.

Legal Definition of Sex

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition may still be in-complete in Rhode Island.

Medical Care

- Trans medical care is legal for all ages.
- Rhode Island has a sanctuary law.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Dept. of Corrections Policy 9.52 - Transgender Prisoners](#)
- [2024 H7577 - Sanctuary Law](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Resources

- [Rhode Island Commission for Human Rights](#)

United States - South Carolina

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

South Carolina does not have laws that target most trans visitors directly.

South Carolina does not appear to place child custody at risk.

Non-discrimination Law

- South Carolina non-discrimination law does not include LGBT people specifically
- State officials have directed schools to [ignore Title IX regulations](#) (as of April 25, 2024) regarding non-discrimination against trans people.
- Some municipalities have local non-discrimination laws that apply to gender identity, particularly Charleston and Columbia.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.
- General public accommodation access is not specifically protected by law for trans people in South Carolina.

Drag / Performance / Cross-dressing Laws

- South Carolina does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men, although at least one trans woman has been moved to a woman's facility after the threat of a lawsuit.
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth
- Trans people have sued South Carolina over the denial of medical care for trans prisoners.

Legal Definition of Sex

Non-binary people are not recognized.

Medical Care

- Trans medical care is legal for adults.

- Medical transition (puberty blockers, hormones, surgeries) for people under 18 is illegal (updated May 21, 2024). This is being challenged [by the ACLU](#) (updated August 29, 2024).
- Some medical providers, notably the MUSC system, have [stopped providing care to adults](#). (Updated July 19, 2024) as well as children due to the trans youth medical ban.
- Federal regulations protecting trans people in were blocked in South Carolina due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans medical care is illegal for youth in South Carolina, although penalties apply to doctors providing the care and not to parents.
- There is no sanctuary law preventing cooperation with other jurisdictions
- Child welfare agencies are covered by a law that allows them to refuse services for religious reasons.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized
- South Carolina's domestic violence statutes only apply to straight unmarried couples, not gay unmarried couples. However, a court has declared that this is unconstitutional and it cannot be enforced in a discriminatory way. Attempts to amend the law have failed.

Relevant Laws

- [Trans youth healthcare ban](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Movement Advancement Project South Carolina Page \(lists cities with non-discrimination law\)](#)

United States - South Dakota

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

South Dakota has some negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans travelers in most situations.

South Dakota does ban trans care for children which has an unknown impact on child custody, however parents are not penalized under this law (it applies to healthcare providers).

Non-discrimination Law

- South Dakota non-discrimination law does not include LGBT people
- At least one municipality (Brookings) has a local non-discrimination laws that applies to trans people, but because of a state law that provides wide-ranging exemptions on the basis of belief, this law is likely not applicable in practice.

Public Accommodations

- South Dakota requires all publicly-owned or leased buildings to require trans people to use bathrooms, showers, and sleeping accommodations in those buildings. (updated March 26, 2025)
- South Dakota has wide-reaching religious freedom laws that allow denial of many services on the basis of gender identity.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in South Dakota

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are require to be housed with men (updated March 26, 2025).
- Trans men are required be housed with women (updated March 26, 2025).
- Nonbinary people would typically be required to be housed according to sex assigned at birth (updated March 26, 2025).

Legal Definition of Sex

Non-binary people are not recognized.

Some laws specify male, female, and similar words based on sex assigned at birth, gametes, and/or chromosomes.

South Dakota allows gender marker changes on IDs only in limited circumstances.

Medical Care

- Trans medical care is legal for adults
- Trans medical care (other than therapy) is not legal for people under 18. However, parents are not criminalized (the law applies to medical providers)
- Federal regulations protecting trans people in were blocked in South Dakota due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse, however puberty blockers, hormones, and surgery are banned.
- There is no sanctuary law preventing cooperation with other jurisdictions
- Child welfare agencies are covered by a law that allows them to refuse services for religious reasons.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized.
- The Rosebud Indian Reservation would appear to recognize marriages of tribal members that occurred outside the reservation.

Relevant Laws

- [2025 HB1259 - Bathroom Ban](#)
- [2023 HB1080 - Trans Youth Medical Ban](#)

General Safety

South Dakota has established [a hotline](#) for people to express "concerns" with aspects of higher education that conservative politicians may disagree with. This will serve as a chilling effect on free speech at colleges and universities in South Dakota.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

United States - Tennessee

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Tennessee has negative laws and executive orders towards trans people. Some of these laws place trans visitors at risk.

Tennessee (as of July 1, 2023) bans trans care for children which has an unknown impact on child custody, however parents are not penalized under this law (it applies to healthcare providers), except possibly if one parent provides hormones or puberty blockers without the other parent's consent. While a preliminary injunction would have allowed both puberty blockers and hormone therapy for trans youth until the case challenging the ban is heard, the appeals court decided that stay was invalid. However, this is now being heard at the Supreme Court (updated Mar. 26, 2025).

In addition, Tennessee criminalizes any adults (with exceptions for parents or people parents have given permission to) providing information, aid, or other help to get trans-related medical treatment, regardless of where the treatment is given or whether or not the treatment is legal in the place it is given.

Tennessee's Attorney General has requested private medical records (and [received them](#)) to investigate at least one provider of transgender care.

Non-discrimination Law

- Tennessee non-discrimination law does not include LGBT people.
- Tennessee municipalities are blocked from enacting laws that protect LGBT people.
- Public school (K12) employees will not be able to be disciplined for using pronouns and titles associated a trans person's sex assigned at birth.

Public Accommodations

- Public accommodation access is not protected for trans people in Tennessee.
- Tennessee has wide-reaching religious freedom laws that allow denial of services on the basis of gender identity.
- Tennessee bans trans people from school bathrooms and locker rooms that do not align with sex assigned at birth.
- If [HB0064](#) passes, Tennessee would also ban trans people from any bathrooms, showers, or residences in educational programs serving minors. Note this ban would not only apply to minors, but anyone involved in these programs. (updated Mar. 26, 2025)
- Tennessee previously had a bathroom ban that applied to private businesses, that required offensive signage if a business allowed trans people to enter the appropriate bathroom. However, that ban was found to violate the US Constitution's 1st Amendment and was struck down by a federal court.

Drag / Performance / Cross-dressing Laws

- Tennessee has a "drag ban" law that prohibits "male or female impersonators" who perform on public property, in any location where a minor could potentially be present. This includes felony penalties for a second conviction. (Updated Feb. 25, 2025)
- Despite a previous ruling on that the drag ban is unconstitutional (since overturned), Blount County prosecutor (Ryan Desmond) [attempted to enforce the law](#) against a pride event.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are generally housed with men.
- Trans men are generally housed with women.
- Nonbinary people are housed according to sex assigned at birth.

Legal Definition of Sex

Tennessee generally does not allow gender markers to be changed on IDs. This is being [challenged in court](#) (updated April 25, 2024).

Tennessee does not recognize non-binary gender.

Tennessee specifically defines *male*, *female*, and similar words based on sex assigned at birth and/or chromosomes.

Medical Care

- Trans medical care is legal for adults.
- Medical transition for people under age 18 is illegal as of July 1, 2023. This includes both care provided from within Tennessee and care provided via telehealth. While a preliminary injunction would have allowed both puberty blockers and hormone therapy for trans youth until the case challenging the ban is heard, the appeals court decided that [stay was invalid](#). However, this matter is currently being heard by the US Supreme Court (updated Mar. 26, 2025).
- Medical providers (including mental health providers) can deny some care on the basis of their religious or ethical beliefs.
- Some Medical records of patients receiving care at Vanderbilt, including private and extremely sensitive information, have been [given to the state Attorney General](#) to investigate trans healthcare provisions. Vanderbilt patients [are suing the medical center](#) for disclosing their private information. It is unknown if similar records requests and disclosures have been done at other organizations.
- In addition, Tennessee criminalizes any adults (with exceptions for parents or people parents have given permission to) providing information, aid, or other help to get trans-related medical treatment, regardless of where the treatment is given or whether or not the treatment is legal in the place it is given. See [SB2782 with amendments](#)

- Federal regulations protecting trans people in were blocked in Tennessee due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans medical care is illegal for most youth in Tennessee.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized
- However, officials can refuse to participate (I.E. issue a marriage license) in gay, interracial, interfaith, or any other marriage, so people who may have a marriage some may not approve of may want to reconsider being married in Tennessee.

Relevant Laws

- [2025 HB0064 - Residential educational program segregation \(not yet passed as of Mar. 26, 2025\)](#)
- [2024 HB0878 - Ability for officials to refuse to marry couples](#)
- [2024 SB2782 - Ban on providing information or assisting youth access trans medical care](#)
- [2023 HB0001 - Trans Youth Medical Care Ban](#)
- [2023 HB0009 - Drag Ban](#)
- [2023 SB0466 - Allowing Misgendering by School Employees](#)
- [2023 SB0632 - Defining Sex as Sex Assigned at Birth](#)
- [2021 HB1233 - Trans Bathroom Ban for Schools](#)
- [2016 SB1556 - Allowing Counselors to Fire LGBT Clients](#)
- [2011 HB0600 - Banning Local Trans Non-Discrimination Laws](#)

General Safety

The state has a law that prevents instruction on sexual orientation or gender identity through grade twelve in schools without explicit "opt-in" by parents.

Knoxville's Pride Center has been targeted by a hate group which [hung a threatening banner on the building](#).

Blount County may be particularly risky, as of August 31, 2023, as the local prosecutor in the county has shown [willingness to enforce the drag ban](#) against a pride event despite the law being ruled unconstitutional at the time (the law is again in-force as of July 18, 2024).

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Friends of George's, Inc. v. Mulroy - Drag Ban Legal Challenge](#)
- [D.H. v. Williamson County Board of Education - School Bathroom Ban Challenge](#)
- [L.W. et al v. Skrmetti et al - Trans Youth Medical Care Ban Challenge](#)

United States - Texas

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Texas has negative laws and executive orders towards trans people. Some of these laws could place trans visitors at risk.

It is important for parents of trans kids to research the current state positions towards trans healthcare before a trans child visits Texas. Texas does criminalize trans care for children through law, executive order and legal opinion by the state's attorney general. Elected officials in both the executive and legislative branch consider transition of children to be child abuse. The state has shown willingness to investigate families solely on the basis of a child's gender transition care.

Non-discrimination Law

- Texas non-discrimination law does not include LGBT people
- Cities are substantially banned from passing non-discrimination laws due to a new law passed in 2023.

Public Accommodations

- Public accommodation access is not protected for trans people in Texas.
- Texas has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.
- An Odessa, Texas, ordinance bans trans people from using any bathroom or changing room in the city other than one that matches their sex assigned at birth.
- Some cities, such as [El Paso](#) are attempting to preserve trans rights to access city facilities.

Drag / Performance / Cross-dressing Laws

- Texas does not have a drag/cross-dressing law.
- A law that has vague language that attempted to ban "sexually oriented performances" where a child might be able to view it and could have been used against drag performers. This law was being [challenged in court](#) and is [ruled unconstitutional](#). Thus, drag remains legal in Texas. However, a state university's drag ban was [allowed to stand by a local judge](#) as the judge saw no right to perform drag. So while people cannot prosecute drag performers or venues, at least some organizations will be able to declare that the first amendment does not include drag and thus ban drag in their facilities.
- Texas politicians, including the governor, in 2024 has repeated stated that transgender people should not have employment in jobs that involve interacting with children, unless they dress/present as their sex assigned at birth. This is not legally binding, but indicates government sentiment.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are typically housed with men.
- Trans men are typically housed with women.
- Nonbinary people are typically housed according to sex assigned at birth.
- Texas considers "genital status" a key factor in housing decisions.

Legal Definition of Sex

Texas does not recognize non-binary gender.

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

It is generally impossible to change your birth certificate or ID in Texas (information accurate as of March 14, 2025). The Texas Attorney General has also indicated he believes any identification documents changed in the past should be reverted to sex assigned at birth in an [official interpretation of law sent to state agencies](#) (updated Mar. 14, 2025).

Medical Care

- Trans medical care is legal for adults.
- Medical transition for people under age 18 is subject to child abuse investigations under executive orders, which are being challenged with some success. Under attorney general opinion, medical transition of youth is consider abuse. However, these investigations are temporarily blocked by a temporary injunction.
- Texas bans puberty blockers, HRT, and surgery for trans youth with few exceptions. This bill's enforcement actions are targeted primarily towards healthcare providers. (Updated Mar. 14, 2025)
- Austin has passed a [sanctuary resolution](#) which limits city cooperation with state officials in enforcing gender affirming care restrictions. However, gender affirming care for minors remains illegal in all of Texas.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Trans youth medical care is illegal in Texas.
- An executive order instructs child services agencies to investigate transgender children in many circumstances, placing custody at risk. However, these investigations are temporarily blocked by a temporary injunction.
- The executive order and legal opinion of the AG is being challenged in court.

- The anti-trans healthcare law penalizes healthcare providers, but not parents (but it co-exists with the executive order and legal opinion of the Attorney General).
- There is no sanctuary law preventing cooperation with other jurisdictions.
- Child welfare agencies are covered by a law that allows them to refuse services for religious reasons.
- The current (2024) Attorney General of Texas requests lists of trans people from in- and out- of state hospitals, as well as [trans-/lgbt-related organizations](#). Persons with trans children should use caution when visiting Texas for any possible custody implications.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized.
- Note that the State's "Romeo and Juliet" law which provides exception to some statutory rape laws where a minor is involved (if the partner is within 3 years of age of the minor) does not apply to same-sex partners. It's unknown how Texas will determine gender, although in past cases regarding marriage, Texas jurisdictions have arrived at different conclusions for trans people.

Relevant Laws

- [2025 Transphobic Attorney General Opinion on Gender Marker Changes](#)
- [2023 HB2127 - Ban on Local Non-Discrimination Law](#)
- [2023 SB12 - Vague Sexually Oriented Performance Ban \(ruled unconstitutional\)](#)
- [2023 SB14 - Trans Medical Ban](#)

General Safety

The state has a law that prevents instruction on sexual orientation in schools.

Police in Texas may use excessive force in some cases against trans folks. For instance, in March 2025, [police used excessive force](#) in Austin to arrest a trans person. Authorities claim that this was within the use of force guidelines. Austin police also recently raided an LGBT nightclub (and later said they had the wrong address and meant to raid a different nightclub).

The State has shown a willingness to investigate parents of transgender kids, including subjecting them to different processes than are applied for child abuse investigation (such as providing less of a paper trail). People with transgender children should research the current status of these laws in detail before traveling to Texas.

Cis women who do not look stereotypically female in a citizen's eyes (regardless of actual appearance) have been [harassed](#) and [kicked out](#) of bathrooms by police or citizens. In most cases, this is done with men (police, citizens, etc) entering the women's bathroom, demanding ID, and regardless of offered ID then kicking the woman out. In particular, all women's bathroom users, trans or cis, who are sometimes read as men (or do not present stereotypically femininely) should use caution.

Attacks against trans people occur in Texas. For instance, a teen riding a city bus on Houston was [robbed and attacked](#) in December of 2024.

The current (2024) Attorney General of Texas requests lists of trans people from in- and out- of state hospitals, as well as [trans-/lgbt-related organizations](#). The Attorney General has made it clear that trans people are an official problem in the eyes of the State of Texas.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Doe v. Abbott - Challenge to Child Abuse Investigations of Trans Families](#)
- [Loe v. Texas - Challenge to gender affirming care ban](#)
- [PFLAG v. Abbott - Challenge to Child Abuse Investigations of Trans Families](#)
- [Woodlands Pride v. Colmenero - Challenge to Vague "Sexually Oriented Performance" Ban](#)
- [Transgender Education Network of TX \(pro-trans organization\)](#)

United States - Utah

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Utah has some negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans travelers in most situations.

Utah legally defines sex according to sex assigned at birth, restricts bathroom and changing room usage, and may subject trans people to harassment in restrooms.

Utah does ban trans care for children which has an unknown impact on child custody, however parents are not penalized under this law (it applies to healthcare providers).

Note that indigenous nations may have laws differing from Utah's and may lack some protections.

Non-discrimination Law

- Utah non-discrimination law does not include LGBT people in public accommodations (it does include LGBT people in employment and housing).
- Under law, the government is required to discriminate against trans people, both by defining sex by sex assigned at birth and restricting toilet and changing room usage by trans people in government owned or controlled facilities.

Public Accommodations

- Utah has wide-reaching religious freedom laws that allow denial of many services on the basis of gender identity.
- Under law (HB257), the government is required to discriminate against trans people, both by defining sex by sex assigned at birth and restricting changing room usage by trans people in government owned or controlled facilities. Trans people are be required to use changing rooms in publicly owned or controlled facilities in accordance with sex assigned at birth (updated mMar 17, 2025).
- Trans people are required to use bathrooms according to sex assigned at birth within K12 schools.
- Trans people must use bathroom and shower facilities conforming to their sex assigned at birth in publicly owned facilities.
- Intersex people may use the appropriate facility, although intersex people who have genitals that are too male or too female for the changing room door in publicly owned/ controlled changing rooms may not be able to use the appropriate room if their genitals may be exposed.
- While bathroom usage outside of educational and state government facilities (for bathrooms without shower or changing facilities) is not directly regulated in Utah's law, several laws on indecent exposure and "loitering in a privacy space" could apply to trans people who do not have genitals that match the bathroom's designation AND a birth certificate that match the bathroom's designation.

- It is likely Black women, lesbian women, muscular women, and tall women will face harassment in facilities in Utah, even if these women are cis (non-trans). These women should also use extreme caution in Utah.
- Utah has set up a [reporting website](#) for bathroom and other violations of transphobic law, which encourage attachment of pictures.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Utah
- However, at least one city (St. George) is using an obscure city ordinance to block permits for a drag event. This is being challenged in court, with a [preliminary injunction](#) granted to allow drag to proceed in public spaces.

Air Travel

Note that Salt Lake City Airport is a hub for Delta. Because of bathroom law and the hostile anti-trans environment, travelers may want to avoid this airport for connections.

See the [USA TSA](#) document.

There are transphobic TSA agents known to work at the Salt Lake City airport. While not all TSA agents are transphobic, travelers should be prepared for the possibility of TSA agents that refuse to touch trans travelers for patdowns (requiring supervisor intervention) due to transphobia.

Jails / Prisons

- Trans women are required to be housed with men.
- Trans men are required to be housed with women.
- Nonbinary people are required to be housed according to sex assigned at birth.
- Most trans healthcare (with the possible exception of psychotherapy) for prisoners will be banned under HB252, should it be signed by the Governor (it is not signed as of Feb. 20, 2025).
- The US Department of Justice [found the state prison system violated the ADA](#) by having blanket bans on more appropriate housing, access to commissary items, conducting pat downs by inappropriate persons, conducting genital inspections, and other violations. As of March 12, 2024, the State has not responded to this finding or entered into a consent decree, so these conditions should be considered ongoing.

Legal Definition of Sex

Non-binary people are recognized in limited ways.

Utah laws specify male, female, and similar words based on sex assigned at birth, gametes, and/or chromosomes.

Utah allows gender marker changes on IDs in some circumstances. It is unknown how law passed in 2024 may impact this.

Medical Care

- Trans medical care is legal for adults
- Trans medical care (other than therapy) is not legal for people under 18. However, parents are not criminalized (the law applies to medical providers). While the law itself does allow for the possibility of hormone treatment of trans youth, in theory, the provisions are extremely restrictive and place doctors at extreme financial risk, resulting in this making it effectively a ban as any Utah provider would be willing to take the risk of prescribing HRT or puberty blockers to trans youth.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government. (Updated Mar. 17, 2025)

Child Custody / Abuse

- Transition care is not specifically defined as child abuse, however puberty blockers, hormones, and surgery are banned.
- There is no sanctuary law preventing cooperation with other jurisdictions
- Child welfare agencies are covered by a law that allows them to refuse services for religious reasons.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized.
- Within the Navajo Nation, the Diné Marriage Act prohibits recognition of same-sex marriage. It is unknown how the "sex" of trans people would be seen under this law, potentially placing all trans/cis marriages at risk (straight or queer) as well as most queer marriages.

Relevant Laws

- [2025 HB283 - Custody Determinations \(not yet signed by the governor, as of Mar. 17, 2025\)](#)
- [2025 HB252 - Trans Prisoner Healthcare Ban \(not yet signed by Governor, as of Feb. 20, 2025\)](#)
- [2023 SB0016 - Trans Youth Healthcare Ban](#)
- [Diné Marriage Act \(Applicable in the Navajo Nation\)](#)
- [2024 HB257 - Changing Room Ban, Definition of Sex](#)
- [2025 HB269 - Bathroom Ban in Government/Education](#)

General Safety

Any traveler should use extreme caution if they are not both cis and have a very stereotypical gender presentation, if they use any changing room in a government owned or controlled facility that is open to the public, such as public parks, pools, sports facilities, recreation centers, universities, etc.

In some cases, this may also apply to bathrooms and in facilities not owned or controlled by the government, if law enforcement feels you "loitered" in the wrong bathroom. Thus Utah cannot be considered a safe state for trans people, even if they feel they can meet the letter of the law.

Because of the passage of HB257, and the widespread press coverage, extreme caution should be used in all changing facilities and bathrooms for anyone that is not unambiguously presenting following stereotypes of their sex assigned at birth. This applies not just to trans people, but to anyone else who does not follow gender expression stereotypes (such as cis women with facial hair or short hair, men with gynecomastia, etc).

Due to the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Southern Utah Drag Stars v. City of St. George \(challenge to St. George drag permit ban\)](#)

United States - Vermont

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Vermont recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary. Vermont has some of the leading laws in the country and has demonstrated governmental will to defend transgender youth.

Vermont is a "sanctuary state" for adults and kids receiving trans medical care.

Non-discrimination Law

- Trans people are specifically named in Vermont non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.
- Public accommodations/businesses with single-occupancy bathrooms are required to sign these for all gender and allow access to all genders.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in Vermont.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Jails and prisons consider the gender identity of prisoners when making housing decisions, although most trans prisoners are currently housed according to sex assigned at birth.
- Transition care should be available in state prisons, but may not be the same standard as care outside of prison.

Legal Definition of Sex

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition may still be in-complete in Vermont.

Medical Care

- Trans medical care is legal for all ages.
- Vermont will not cooperate with other states who seek information about patients receiving care in Vermont for medical transition.
- It is illegal in Vermont to threaten someone or block their entrance to a health care facility that is providing them with gender affirming care.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Vermont has a sanctuary law for people obtaining transition-related medical care in Vermont
- Vermont will not extradite people for violating another state's laws against medical transition

While Vermont will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in Vermont via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2023 Act 14 - Sanctuary Law](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

However, much of Vermont is considered reasonably safe. That said, attacks still can and do occur in Vermont. Some areas may be more swayed by anti-trans political rhetoric. Burlington, in particular, is known to tend towards LGBT friendliness.

Resources

- [Vermont Human Rights Commission](#)

United States - Virgin Islands

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

The US Virgin Islands do not have negative laws towards trans people.

Non-discrimination Law

- US Virgin Islands public non-discrimination law does not include LGBT people.

Public Accommodations

- Public accommodation access is not protected for trans people in the US Virgin Islands.
- Trans people are not banned from using appropriate bathrooms and locker rooms.

Drag / Performance / Cross-dressing Laws

- The US Virgin Islands does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women would typically be housed with men
- Trans men would typically be housed with women
- Nonbinary people would typically be housed according to sex assigned at birth

Legal Definition of Sex

Non-binary people are not recognized by US Virgin Islands.

While there is some legal provision for legal gender change, this may not occur in practice.

Medical Care

- Trans medical care is legal for all ages.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- The US Virgin Islands does not have a sanctuary law for people obtaining transition-related medical care.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized.

Relevant Laws

General Safety

The US Virgin Islands has few protections for trans people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

United States - Virginia

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Virginia does not have laws that target most trans visitors directly. However, the Virginia executive branch has created "model policies" for school districts that are discriminatory and thus there is the risk of some school districts enacting discriminatory policies.

Virginia does not appear to place child custody at risk.

Non-discrimination Law

- Trans people are specifically named in Virginia non-discrimination laws.

Public Accommodations

- Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection, although access at schools may be at risk due to executive branch policies.
- Virginia has a religious freedom law that may provide religious exemptions to non-discrimination law in some limited circumstances.

Drag / Performance / Cross-dressing Laws

- Virginia does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are typically housed with men.
- Trans men are typically housed with women.
- Nonbinary people would typically be housed according to sex assigned at birth.
- Trans people have sued Virginia over the denial of medical care for trans prisoners.

Legal Definition of Sex

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition is still in-complete in Virginia.

Medical Care

- Trans medical care is legal for adults and children.
- Federal regulations protecting trans people in were blocked in Virginia due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not specifically defined as child abuse
- There is no sanctuary law preventing cooperation with other jurisdictions
- Child welfare agencies are covered by a law that allows them to refuse services for religious reasons.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

General Safety

Virginia is a particularly divided state. While it has the nation's first out trans state lawmaker (Danica Roem), it also has an anti-trans governor and local governments may implement anti-LGBT policies, such as the Warren County Board of Supervisors, which has threatened [defunding the local library](#) over the presence of LGBT-inclusive books.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions. Far-right groups operate in Virginia, and in at least one case a transgender organization in Norfolk was [vandalized with anti-trans hate messaging](#).

Resources

United States - Washington

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Washington is one of the safer states for trans people in the United States. This does not mean to expect full equality in all instances, but the letter of the law is generally non-discriminatory. Sex and gender are treated the same under WA state law.

Washington explicitly protects trans medical care, including for children. Care providers and homes for runaway you are not required to notify parents in most cases that children receive gender-affirming care. Washington does have a sanctuary law.

Non-discrimination Law

- Washington non-discrimination law does protect LGBTQIA+ people, including trans people explicitly, including public accommodations, housing, employment, credit, and insurance.
- Some municipalities have local non-discrimination laws that apply to gender identity.
- Washington does not have religious freedom laws that allow denial of services on the basis of gender identity.

Public Accommodations

- Trans people may use appropriate bathrooms and locker rooms, protected by law.
- General public accommodation access is specifically protected by law for trans people in Washington.

Drag / Performance / Cross-dressing Laws

- Washington does not have a drag/cross-dressing law.
- Illegal acts of violence, including gunfire, have happened at some drag events.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Incarceration of trans people is at the discretion of Washington's Department of Corrections. According to policy, they must take into consideration safety on a case-by-case basis, and as such, there is no guarantee a trans inmate will be housed according to their gender.
- The state settled in October, 2023 with Disability Rights Washington. The settlement [requires better treatment of trans prisoners](#) by the Dept. of Corrections, including medical care, and access to gender-affirming clothing. This impacts state facilities (but not local or federal facilities).

Legal Definition of Sex

- By law, gender is based upon gender identity/expression, regardless of assigned gender at birth.
- Non-binary people are recognized and X is available as a gender marker on state ID/forms.

Medical Care

- Trans medical care is legal for adults and children.
- Some surgeries are available for trans youth.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. However, the federal government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (verified Mar. 14, 2025).

Child Custody / Abuse

- Transition care does not fall under the definition of child abuse.
- There is a sanctuary law to protect access to gender-affirming care in WA.
- There is now a new (2023) sanctuary law to protect trans kids receiving care from estranged parents, although this is largely untested law.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized
- Marriages are recognized regardless of sex/gender. Marriage equality was both enacted by the government and defended by popular vote (Referendum 74).
- "Marriage is a civil contract between two persons who have each attained the age of eighteen years, and who are otherwise capable." [See relevant law](#)

Relevant Laws

- [Non-Discrimination Law](#)
- [Marriage Law](#)

Schools

- The state has a law that requires opt-out for public school instruction on sexual orientation or gender identity. Sex education is required to be inclusive, but also required to promote abstinence (although not exclusively).

General Safety

As with most states, trans people are mostly safest in major cities, college towns, etc. Seattle has a large trans community, but Spokane, Olympia, and similar town may also be decent refuges. The rural areas are less predictable. While the author has taken trips to such areas, the protection of the law may not be enough there.

Even in cities considered progressive, like Seattle, attacks can occur. In early 2025, a trans person was attacked, with the attackers referencing [transphobic political statements and executive orders during the attack](#). While Seattle is generally a safe, inclusive city US standards, it is a reminder that attacks can occur anywhere.

Resources

- [Non-Discrimination Guide to Sexual Orientation and Gender Identification](#)

Contributors

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United States - Washington DC

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

DC recognizes the gender of trans people. I.E. trans women are considered women, trans men are men, and non-binary people, at least in some instances are recognized as non-binary.

DC is a "sanctuary city" for adults and kids receiving trans medical care.

However, significant parts of the USA federal government are controlled by anti-trans politicians, and on November 20, 2024, the head of Congress has issued a statement that trans people are to be banned from any bathroom not aligned with their sex assigned at birth in the Capitol Building complex (Capitol, Library of Congress, and Capitol office buildings). It is likely that as a new administration takes over, this ban will be extended to other Federal properties in DC.

Non-discrimination Law

- Trans people are specifically named in DC non-discrimination laws.

Public Accommodations

- Trans people are required to use bathrooms aligned with their sex assigned at birth in the US Capitol Complex (Capitol building, Library of Congress, congressional office buildings). It is unknown how this is/will-be enforced, or what penalties, if any, exist.
- Otherwise, Trans people are allowed to use the facilities they are comfortable in, including bathrooms, showers, locker rooms, etc. Legal documentation of your gender is not required for this protection.
- Public accommodations/businesses with single-occupancy bathrooms are required to sign these for all gender and allow access to all genders.

Drag / Performance / Cross-dressing Laws

- Drag performance and cross-dressing is legal in DC.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Jails and prisons consider the gender identity of prisoners when making housing decisions. However, this does not guarantee a proper placement, particularly if the prisoner is housed out-of-district.

Legal Definition of Sex

Non-binary people are recognized, at least by some aspects of government, such as in the ability to change birth certificates, driver licenses, and data gathering. However, non-binary recognition may still be incomplete in DC.

Medical Care

- Trans medical care is legal for all ages.
- DC will not cooperate with other jurisdictions who seek information about patients receiving care in DC for medical transition.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- DC has a sanctuary law for people obtaining transition-related medical care in DC
- DC will not extradite people for violating another state's laws against medical transition

While DC will not cooperate with other jurisdictions in many cases, this doesn't cover all possibilities and it may be possible for states to gather evidence of someone receiving care in DC via other means (out-of-state medical insurance, phone records, witnesses, etc).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to sometimes be misgendered by officials and public institutions.

Care should also be used when interacting with public officials or protesting government action. On December 10, 2024, A cis man was arrested and charged with assault after a handshake with a Republican US Representative where he asked the representative to support trans children. The Republican Representative claims this was an attack, which is disputed by witnesses ([See this story in The Hill](#)). It is likely under full Republican control of all branches of Federal government that previously allowed protest and advocacy activities may result in criminal charges and/or detention.

However, much of DC is considered reasonably safe. That said, attacks still can and do occur in DC.

Resources

- [DC Office of Human Rights](#)
- [Government Page on Single User Bathrooms](#)

United States - West Virginia

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

West Virginia negative laws towards trans people. However, these laws are, thus far, fairly restricted and do not apply to most trans people traveling to West Virginia in most situations.

West Virginia does criminalize trans care for children, although the current law does not have criminal penalties for parents and has exceptions for "severe" gender dysphoria (which require specific processes to be followed). It is unknown how this might have an impact on child custody.

Non-discrimination Law

- West Virginia non-discrimination law does not include LGBT people
- West Virginia has broad religious exemption laws that specifically allow for targeted discrimination against LGBT people.

Public Accommodations

- In school facilities (including university facilities open to the public, such as university stadiums), domestic violence programs, and jails/prisons, trans people are required to use bathrooms/showers in accordance with their sex assigned at birth. (updated Mar. 17, 2025)
- Public accommodation access is not protected for trans people in West Virginia.
- West Virginia has wide-reaching religious freedom laws that allow denial of some services on the basis of gender identity.
- Some cities/counties have non-discrimination laws, but the state's religious freedom laws would likely override these if the person discriminating was covered by them.

Drag / Performance / Cross-dressing Laws

- West Virginia does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are required to be housed with men (updated Mar. 17, 2025)
- Trans men are typically required to be housed with women (updated Mar. 17, 2025)
- Nonbinary people are required to be housed according to sex assigned at birth (updated Mar. 17, 2025).

- The state has shown recent willingness to prohibit some trans medical care for inmates, including defending such choices in court.

Legal Definition of Sex

Some laws specify male, female, and similar words based on sex assigned at birth and/or chromosomes.

Non-binary people are not legally recognized.

Medical Care

- Trans medical care is legal for adults
- Medical transition (puberty blockers, hormones, surgeries) for people under 18 is illegal, unless the person has "severe" gender dysphoria, which requires a specific process to document the dysphoria and contains other limitations on the care available.
- Federal regulations protecting trans people in were blocked in West Virginia due to the Tennessee v Becerra preliminary injunction on July 3, 2024. Thus trans people do not have many of the federal protections on the basis of sex when obtaining medical care in this state.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Most trans medical care is illegal for youth in West Virginia, although penalties will apply to doctors providing the care and not to parents.
- It is unknown if transition might be used by the state to justify custody removal.
- There is no sanctuary law preventing cooperation with other jurisdictions

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [2025 HB456 - Bathroom Ban](#)
- [2024 HB4233 - Ban on Non-Binary Birth Certificates](#)
- [2023 HB2007 - Trans Youth Medical Care Ban](#)

General Safety

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and

targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Rhetoric in Spring, 2024, is particularly strong around trans athletes (following a court decision to allow trans youth to play sports) and the [anti-trans West Virginia Governor's race ads](#). This rhetoric particularly targets trans youth, so caregivers should exercise caution when traveling with visibly trans children to West Virginia.

Resources

United States - Wisconsin

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Wisconsin does not have negative laws towards trans people.

Wisconsin is not a "sanctuary state", but also does not criminalize trans youth medical care.

Non-discrimination Law

- Wisconsin non-discrimination law does not include trans people.
- Many municipalities have local non-discrimination laws that apply to gender identity.

Public Accommodations

- Trans people are not banned from using appropriate bathrooms and locker rooms.
- General public accommodation access is not specifically protected by law for trans people in Wisconsin as a whole (but is in many municipalities).
- Dane County established [limited sanctuary protections](#) within the county, as did [Milwaukee County](#). The City of Madison is also considering passing a [limited sanctuary resolution](#) that they would lower the priority of enforcement of any prosecutions related to transgender medical care.

Drag / Performance / Cross-dressing Laws

- Wisconsin does not have a drag/cross-dressing law.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are typically housed with men.
- Trans men are typically housed with women.
- Nonbinary people are typically housed according to sex assigned at birth.
- Wisconsin challenged trans medical care for inmates in court recently (and lost).
- Legislation is being debated in the legislature as of November 3, 2023 that would require transgender prisoners to be treated according to their sex assigned at birth.

Legal Definition of Sex

Non-binary people are not recognized in Wisconsin.

Medical Care

- Trans medical care is legal for all ages.
- Wisconsin does not have a "sanctuary" law.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Child Custody / Abuse

- Transition care is not defined as child abuse
- Wisconsin does not have a sanctuary law for people obtaining transition-related medical care.

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- [Dane County Sanctuary Law](#)
- [2023 AB465 - Youth Healthcare Ban \(Vetoed and not in effect\)](#)
- [2023 SB438 - Treat trans prisoners according to sex assigned at birth \(not yet passed as of December 6, 2023\)](#)

General Safety

Four Black trans women have been [killed in Milwaukee in a nine month period between 2022 and 2023](#). This appears to be a significant increase in violence towards trans people.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Movement Advancement Project Wisconsin Page \(lists cities with non-discrimination law\)](#)

United States - Wyoming

This page contains regional-specific information that is in addition to the information at [General United States Information](#).

Wyoming does have negative laws towards trans people.

Wyoming bans trans youth medical care with the exception of mental health care. It is unknown how this impacts custody, although it should be noted that the law applies to medical providers and not parents.

Non-discrimination Law

- Wyoming non-discrimination law does not include trans people.
- Some municipalities have local non-discrimination laws that apply to gender identity.
- Gillette engaged a special prosecutor to investigate librarians for obscenity charges related to LGBT material in the public library.

Public Accommodations

- Gillette, WY has banned trans people from using gendered bathrooms that do not align with their sex assigned at birth in the county recreation center.
- Trans people are not banned from using appropriate bathrooms and locker rooms in the rest of the state.
- General public accommodation access is not specifically protected by law for trans people in Wyoming as a whole (but is in some municipalities).

Drag / Performance / Cross-dressing Laws

- Wyoming does not have a drag/cross-dressing law.
- Gillette, Wyoming's library cancelled a children's event that was to be performed by a transgender woman.
- LGBT events at the University of Wyoming in 2023 attract transphobic extremists seeking to stop the events.

Air Travel

See the [USA TSA](#) document.

Jails / Prisons

- Trans women are typically housed with men, but in some cases can be housed with women, at least on paper, at the state level.
- Trans men are typically housed with women, but in some cases can be housed with women, at least on paper, at the state level.
- Nonbinary people are typically housed according to sex assigned at birth.

- Wyoming in 2009 was arguing in court for the housing of intersex people in administrative segregation, however a judge did determine that this was a violation of the prisoner's 14th Amendment rights.
- All state trans prisoners are currently housed according to their sex assigned at birth (as of Aug 9, 2023).

Legal Definition of Sex

Non-binary people are not recognized in Wyoming.

Medical Care

- Trans medical care is legal for adults.
- Puberty blockers, hormone therapy, and surgery is illegal for minors, as of July 1, 2024.
- Wyoming does not have a "sanctuary" law.

Child Custody / Abuse

- The state, as of July 1, 2024, will ban block most non-mental-health care for trans youth, this does not penalize parents. However it is unknown how this will impact custody in the eyes of Wyoming courts.
- Wyoming does not have a sanctuary law for people obtaining transition-related medical care.
- A [federal executive order](#) and hospitals seeking to limit their liability even before implementation of this order may make accessing care difficult or impossible for those under 19-years-old. (updated 13 February 2025). However, the government is prevented from implementing this order (thus hospitals are not bound by it) because of a [temporary restraining order](#) against the government (13 February 2025).

Relationship Recognition

- Same-sex marriage (and thus all trans marriage) is recognized

Relevant Laws

- 2024 HB99 - [Anti-trans minor health care ban](#)

General Safety

Many areas of the state are extremely right-wing (such as Gillette) and people in those locations strongly oppose trans people. Many Wyoming residents tend to side uncritically with more extremist Republican positions. In particular, some Gillette residents have shown willingness to aggressively express hatred towards trans people. Jackson and Laramie tend to be more progressive (by Wyoming standards).

While Laramie is considered progressive by Wyoming standards, it has also attracted both in-state and out-of-state transphobic extremists when University of Wyoming student

groups show support for transgender people. Transphobic speakers are invited by at least one student organization to speak against transgender people on campus.

A Colorado athlete competing in an amateur (recreational) tennis competition [decided to not compete](#) during August, 2023, due to safety concerns. This was fed by her forcible outing, media storm in Wyoming, and prominent Wyoming politicians speaking out against her, causing the story to go world-wide. Trans women in particular should be aware of negative attention and potential violence should they participate in women's activities in Wyoming.

Because of the rhetoric around trans people in the political and media space, trans people should use caution, particularly in bathrooms, locker rooms, showers, etc. Random and targeted attacks may occur, and trans people who report these attacks can expect to be misgendered by officials and public institutions.

Resources

- [Movement Advancement Project Wyoming Page \(lists cities with non-discrimination law\)](#)
- [Wyoming Equality \(LGBT advocacy organization\)](#)
- [News Article on Wyoming Prison Policy](#)

United States - Air Travel and Screening

Due to a January 20, 2025 [executive order](#), the policies below are likely to change within months of the order. These changes may include trans people being screened according to sex assigned at birth, including pat-downs by people who share the trans person's sex assigned at birth.

The below mostly discusses the policies that exist as of now, prior to implementation of the order.

When flying out of USA airports (including after connecting from international flights), security screening is required. This is done by the TSA.

The TSA no longer has information on their website for trans travellers. While previous guidance is that the information you gave the airline when booking travel does not need to match your identification, it is unknown if that is actually true at this point, and it is highly recommended you ensure your identification and booking information match. If traveling to other countries from the USA, this is also recommended as the other nation may validate gender matches between ticketing information and identification.

Note that some airlines do not allow booking travel with an "X" gender marker.

TSA utilizes body scanning technology for travelers not selected for pre-check (see below). When using this technology, at most airports, the screener historically will hit a pink or blue button based on the anatomy and/or gender they think the passenger has/is. This may or may not match gender expression. This adjusts the machine to expect certain anatomy. If the pink button is pushed, a penis will likely alert the TSA (it won't say what is wrong, but will place a colored box on a cartoon figure of a passenger indicating what needs to be patted down by the TSA). If they hit a blue button, breasts will likely alert.

It is unknown how this will be done today, and trans travellers should expect the possibility of TSA agents intentionally pressing a button they think will cause the most invasive pat-downs to the passenger.

Pat downs of these sensitive areas may be aggressive and triggering. You used to have the right to ask for a private space and the screener of the desired gender, although these official policies were not always followed. However under the current administration, it is unknown if the option to ask for a screener of the desired gender is still an option. It should be assumed that you may be patted down in the groin and breasts by someone of your sex assigned at birth.

Remain polite if being screened improperly, as actions construed by TSA and law enforcement to be aggressive towards agents can be prosecuted. Note that these agents and law enforcement include some transphobic members, so it should be assumed that the most damaging interpretation of behavior of the trans person will be the interpretation used. In addition, TSA agents have some latitude in denying you the ability to fly. Prisons and jails in the USA typically jail people according to sex assigned at birth, and rape/sexual assault

is common in these facilities, as is solitary confinement of trans folks. Thus trans folks should consider avoiding this possibility if possible by remaining polite, even when violated, to TSA agents.

Note that the federal government's policies on sex are solely based on sex assigned at birth (and you should assume, regardless of your documentation, that this will be determined on the whim of the official). In addition, the federal definition of sex executive branch agencies are using to operate does not consider your genitals, so individuals who have had surgery should still expect to be screened, patted down, etc, by individuals of their sex assigned at birth.

Gender Mismatch with ID

In the USA airports, you should generally not have problems with a gender expression that does not match your ID for non-federal purposes (basically anything except gaining access to federal facilities, such as passport clearance or courts). Note this does not apply at international destinations.

Pre-Check

If you travel frequently and have the money to enroll, you can enroll in the "Pre-Check" (or "Global Entry" which includes pre-check) program. This increases your chance of being selected for pre-check screening. If your boarding pass indicates "pre-check", you can use dedicated pre-check lanes at most airports, and typically these will require a metal detector but not body scanner, making travel possibly less triggering.

Note that Global Entry cards and other federal identification is subject to the notes on the [USA General Information](#) page. This may mean some travelers with "X" ID may experience problems.

In addition, newly issued pre-check and Global Entry cards will not respect gender identity, but will be issued based on sex assigned at birth.

Previously gender matches were not used to match a passenger ticket with trusted traveler numbers (used to increase likelihood of being selected for pre-check). However, this may change, and it is best to ensure that you use ID that matches your gender as indicated to your airline at ticket purchase time and your membership in the travel program that entitles you to pre-check.

Note about International Travel

This only applies to travel from USA-airports. If you fly internationally, airports in other countries will have different procedures. Pre-check is a USA program, and does not apply outside the USA.

If you are entering the USA, consult the [USA international visitors](#) page.

Airport Bathrooms

See [Airport Bathrooms](#) elsewhere in this guide for additional information.

United States - International Visitors

General Information

This page contains information specific to international visitors to the United States. However, additional information that is relevant is located in [General United States Information](#) and in the state/territory specific pages on this site. Some of the information on the [General US Information](#) applies to international visitors, including travel warnings by Germany, Finland, Denmark, France, Transgender Network Nederland, and InterPride. (updated Mar. 30, 2025)

Note that the US has become officially transphobic due to an [executive order](#) issued on January 20, 2025.

See the visa/ESTA section below, but travelers where any travel documentation they intend to use does not match their sex assigned at birth should likely avoid travel to the USA.

Travelers may wish to consider whether they should avoid connecting ("transit") travel in the USA, even if not leaving an airport, as the USA performs immigration (passport control) and customs activities for anyone who lands in the USA, including people not intending to leave the airport. In addition, travel between USA territories (such as Guam) may involve passing through immigration and/or customs, even when traveling between a territory and a US state.

It is important that your documentation be in order and all items you are carrying follow US regulations.

Visas/ESTA for Trans Travelers

(Updated Feb. 25, 2025)

Wide-ranging guidance from the State Department may ban travelers (PERMANENTLY) from entering the USA if they indicate a gender other than sex assigned at birth on a visa application. This may make travel impossible for people with updated passports issued outside of the USA. It is unknown how this may impact existing visas or new or existing ESTAs.

If your passport and visa are not both issued in your sex assigned at birth, travel to the USA may be particularly risky right now. The guidance is likely intended to create confusion and is likely intentionally vague to discourage travel. However, due to the risk of permanent bans from entry, people without USA passports likely should consider avoiding the USA. You may be detained and/or denied entry. Note that detention by CBP will likely be in accordance with your sex assigned at birth.

You MAY be able to travel on an updated passport if you do not need a visa. But it is currently unknown how this will be implemented.

See [Erin in the Morning's report](#)

Border Searches

(Updated March 26, 2025)

Travelers legally crossing the border into the USA, regardless of citizenship and documentation, are subject to search at the border. This includes examining electronic devices such as laptops and cell phones. This also includes travelers that are simply transiting or connecting in the USA and not leaving an airport.

Prosthetics, post-surgical supplies, and LGBT literature are legal to be brought into the USA.

When asked questions by officials, it is generally recommended to answer honestly. Lying to customs or immigration can be used to bar you from entering the US.

Should an individual be "discovered" to have genitals not in accordance with the USA's definition of sex, in contrast to the gender marker on someone's passport, it is unknown if this would result in their identification not being seen as matching.

Note that discovery of social media or documents critical of the USA government (including simply criticism of the President) or critical of the Israeli government may result in deportation, bans, or detention. The USA considers speaking against the Israeli government to be terrorism, particularly when done by non-citizens. This applies to permanent residents, who should use extreme caution when considering leaving the USA for a temporary trip, as they may face difficulties returning.

Medication and Supplies

The United States regulates many types of medications. In particular, testosterone is a highly controlled substance. Consult the US Customs and Border Protection [Traveling with Medication](#) page for detailed information. US officials recommend a written prescription or doctor's note (written in English). Medication should be contained in the original container, should not significantly exceed the amount that you expect to use during your stay up to 90 days (if you are staying for a significant amount of time, there may be additional limits and you will need to obtain refills through a US doctor and pharmacy). The doctor's note should note the condition being treated (being under the treatment of a doctor for being transgender is an acceptable reason to have HRT).

It may be a good idea to ensure the name on all prescriptions and medication bottles matches your name.

If in doubt, declare it. Penalties for illegally importing medication can be severe.

Note that some states restrict access to medications, particularly for youth. Consult the state page for this guide for more information, although most states do not prohibit the possession of legally prescribed drugs.

Follow airline or other regulations regarding medical supplies for equipment such as needles.

Immigration Detention

Immigration detention facilities in the United States do not always respect human rights. Persons without documentation that is acceptable to US Immigration may find themselves in ICE custody.

Immigration authorities in the United States utilize many types of facilities for detention of immigrants. These range from outdoor holding pens to county jails in cooperating counties to private facilities run by for-profit corporations to government-run centers. Conditions can vary widely between these facilities.

While policies exist on transgender immigrants in ICE detention, these policies are frequently ignored by staff. They are also in the process of being rescinded, due to the executive order mentioned above. Once the executive order is implemented, trans women will always be housed with men, trans men will always be housed with women, and non-binary people will be housed in accordance with sex assigned at birth. Safety of trans immigrants will not be a concern of the USA.

However, transgender immigrants may sometimes be held in units separate from other immigrants.

Rape is common within ICE detention.

These facilities provide substandard care for transgender-related healthcare and other conditions (such as HIV, cancer, etc).

In some cases, the USA has sent some non-citizens to third-party countries to be placed at work camps.

Relevant News Stories

- [Death of Roxsana Rodriguez, beaten and medically neglected in ICE custody](#)
- [Deaths of Trans Women in ICE custody due willful medical neglect](#)
- [Five trans immigrants filed complaint against private Aurora, Colorado immigration detention center](#)
- [Rape and COVID within US immigration detention](#)

Airport Bathrooms

Regulations around bathrooms will generally match those of public accommodations in the city/state the airport is in, which doesn't necessarily match the name the airport uses for itself. Some US airports may be in states you don't expect (Examples: Cincinnati's airport is in Kentucky, while Kansas City's airport is on the Missouri side of the border).

It is legal for all people to use non-gendered bathrooms. Major airports typically will have a non-gendered bathroom (perhaps labeled as a family bathroom).

Note that a January 20, 2025 [executive order](#)'s implementation will likely restrict bathroom access for trans travelers in the USA, due to airports receiving federal funds. This order has not yet been implemented in this way (and hopefully won't be, but it is a possibility).

United States - General Information

Bathrooms and Single-Sex Facilities

Federal facilities that segregate by gender (bathrooms, locker rooms, prisons, etc) are in the process of being segregated according to sex assigned at birth. Trans women should expect to be required to use men's bathrooms, trans men should expect to be required to use women's bathrooms, and non-binary people should be expected to use bathrooms according to sex assigned at birth. Intersex do not exist according to these policies, so it is unknown how this will apply to them.

This only applies to federal facilities. Most spaces in the USA are not federal facilities, but instead subject largely to state and local laws.

Examples of spaces that are federally-controlled:

- Bathrooms/toilets/showers in national parks
- Federal prisons
- Veterans Administration Hospitals
- Immigrations and Customs Facilities
- Military buildings
- Federal buildings
- Post offices

Notably, most airports, train stations, businesses, etc, are NOT federally controlled and not subject to these in-process bans.

People who are gender-non-conforming should expect that their gender may be questioned and their right to access a space may be questioned. In some cases, this can become violent, and these changes will embolden people to attempt to enforce these actions themselves, even on spaces where they do not apply. Thus trans folk and people who do not match the ideals of white femininity should in particular consider that harassment may occur. Historically, butch lesbians and Black women (including straight Black women) have faced disproportionate amounts of questioning of their gender, in addition to trans folk.

Lawlessness

The Trump administration has violated multiple federal court orders. In particular, orders banning [deportation war powers under the Alien Enemies Act](#) and orders [banning transfer of trans women to men's prisons](#).

USA law that protects non-citizens and trans people can and will be violated by the current USA administration. Trans people and non-USA citizens should use extreme caution in visiting the USA. In March 2025, some permanent residents and visa holders were placed in immigration prisons. It should be assumed that the Trump administration will house immigration prisoners in line with assumed sex at birth. (updated Mar. 16, 2025).

The check on this executive branch lawlessness in the USA is the US legislative body. It is unlikely the USA legislative body will choose to impeach Trump for this lawlessness, as Democratic politicians largely support "secure borders" and sometimes anti-trans policies. Beyond that, the Republican party controls these bodies, and is unlikely to seek impeachment of their party leader.

Travel Warnings

The German Government has issued a [travel warning](#) for trans visitors from Germany. (updated Mar. 16, 2025)

InterPride has issued a [warning](#) to USA-bound trans travelers. (updated Mar. 16, 2025)

Transgender Netwerk Nederland has also issued a [warning](#) to trans and non-binary travelers.

France has updated [advise for trans travelers to the USA](#) (updated Mar. 26, 2025).

Both Denmark and Finland has issued a travel [warning](#) for travel by trans people to the USA (updated Mar. 26, 2025).

US Passports

Currently (Mar. 16, 2025), "X" markers on US passports are still, in theory, valid. However, no new passports with an "X" marker will be issued. Instead, the passport application will be placed on hold.

In addition, no new passports will be issued with a gender marker change (all are currently on hold). It is unknown how previously-changed markers will be handled at passport renewal time.

Note that because of these holds, any documents submitted to support such applications (such as old passports, birth certificates, etc) will be detained by the State Department until the hold is released and, presumably, the application denied.

Other Federal Identification

It is likely that all requests for gender marker change on federal documents will be denied. It is unknown if renewals would result in reversal of previously-changed markers (except in the case of "X" markers, which almost certainly will be reverted). In addition, documentation may be held.

Presenting Identification for Federal Purposes

Travelers should use caution in presenting any documentation with an "X" marker to federal officials. While there is no official policy currently regarding how a federal official should respond to such documentation, some officials may use this as an opportunity to enforce personal transphobic beliefs.

Consider that the individual you are presenting your identification to may be transphobic. In particular, if you have multiple forms of identification available, consider what identification is or isn't irreplaceable easily, should it become lost, destroyed, confiscated, or held.

RealID Implications

As of May 7, 2025, air travel will require RealID or other acceptable identification. It is unknown if "X" markers will render identification non-RealID compliant.

Trans Medical Care

An Executive Order was issued that directs federal agencies to [restrict gender affirming care for youth](#). This could have wide-ranging implications, including for both adults that are 18-years-old (considered children by this order) and for those over 19-years-old, as it essentially directs a wide range of regulatory agencies to issue restrictions on various medications.

While these restrictions still require rule making and agency directives, and are currently [stayed by a court](#) (Feb. 13, 2025), many hospitals complied in advance with this order and canceled all trans youth medical appointments dealing with transition, as well as halting prescription of medication. Thus, availability of trans youth medical care should be considered restricted within the USA. However, some of these hospitals have begun providing care since the initial order has faced court scrutiny.

Future Outlook

The current national political leadership is known for transphobic statements and rhetoric, and have indicated that they will implement laws and regulations to make life more difficult for trans people, including visitors.

An [executive order](#) has been issued that intends to reverse all trans-inclusive USA policies.

Those with future travel plans should be aware of the changing nature of the national conversation. That said, as noted above, many of the laws in the USA are local (I.E. most criminal laws are state laws, not national laws), and regional information should be reviewed. This site has pages for all USA states and territories.

In addition, state governments have been tending towards worsening restrictions for trans people. Visitors should be aware that this site generally only notes legislation that is close to being imminently signed.

Beyond this, some US corporations (Facebook, Amazon, and others) have implemented changes, including ceasing funding for programs supporting marginalized people (particularly people who are not white, are immigrants, or are LGBT). In some cases, these rollbacks include, as in the case of Facebook, explicitly allowing harassment of LGBT people. Conferences and events by large USA companies may be less welcoming than in the past, and travelers should validate that policies important to them (and may have been present at events in the past) will be present at these events (I.E. policies that may have existed in the past but not now for some USA corporations include availability of sanitation

supplies in non-women's bathrooms, non-gendered facilities, and ability to indicate pronouns on conference badges and similar). Note that some cities and states in the USA do have positive laws that prevent harassment of LGBT people, and some also require presence of non-gendered bathrooms.

Air Travel

Transgender people are sometimes the victims of groping in airports or on aircraft.

For air travel security, see the [USA TSA](#) document.

Mass Transit

In November, 2024, violent, transphobic attacks at mass transit rail stations have occurred. These attacks have occurred in majority "Democrat" cities, indicating that trans people may be at risk on these transit systems. These attacks may be rising due to increasing anti-trans political rhetoric.

Attacks in the past have occurred at stations or on trains in Boston, Denver, Houston, Minneapolis, New York City, and San Francisco. These attacks are generally unprovoked and can be extremely violent. In addition, it is unusual for bystanders to intervene on behalf of a trans victim.

Some safety precautions you may consider:

- Consider renting a car if you have a license can afford to do so (and will not be under the influence of substances that make driving dangerous).
- Minimize waiting time at train and bus stations.
- When possible, travel with others.
- In the case of a verbal threat or insult, consider whether it is possible to remove yourself from the situation (for instance, get off the train if it is possible to do so and stay separated from the potential threat).
- When possible, de-escalate verbal threats and avoid verbal arguments.
- Inform others of your expected travel route.
- Do not stand near the edge of a train platform or near the curb at a bus stop.
- Maintain awareness of your surroundings, avoiding being too focused on your phone (but it may be helpful to appear engrossed in your phone to others).
- Arrange safer transportation if you will likely be under the influence of substances.

Uber / Lyft

Some drivers are known to be transphobic, and you may encounter hostility from your Uber or Lyft driver. Some trans people have reported being refused rides or being kicked out of the car in unsafe locations.

- Consider renting a car if you have a license can afford to do so (and will not be under the influence of substances that make driving dangerous).
- Utilize in-app safety features ([Uber](#), [Lyft](#))

- Both Lyft and Uber allow you to set preferences for quiet rides. This may reduce the chances of being "outed" for some trans people, and will reduce the chance of verbal arguments over politics, transgender human rights, and other contentious topics.
- When possible, ride with others you know.
- Ensure others know where you are and your expected route.
- Use de-escalation techniques if the driver becomes verbally abusive.
- Maintain awareness of your surroundings, avoiding being too focused on your phone (but it may be helpful to appear engrossed in your phone to others).

Immigration / Customs Enforcement

(Updated March 26, 2025)

The United States takes border control extremely seriously. Some travelers have reported encountering transphobic border and/or customs officials at USA borders.

Travelers using any documentation (passport, ESTA, visas, etc) that do not reflect their sex assigned at birth are at particular risk and may risk permanent bans on travel to the USA, along with the possibility of detention.

See the [USA International Visitors page](#) for more information, including information about drug importation.

Note that in the current political environment, transgender folks may receive additional scrutiny. It is also possible that should sensitive searches (pat downs, strip searches, etc) be considered necessary by agents, that agents may not follow procedures that are in theory still in effect (current procedures would respect your gender identity, but, again, these may or may not be followed currently).

The USA has also been targeting non-citizens with permanent residence ("green cards") and in some cases extraditing them to dangerous prisons that resemble forced labor camps in third-party countries. In particular, permanent residents who have criticized the government, have been arrested and/or found guilty of a crime (even minor ones or crimes that were dismissed), or have participated in protest activity or producing works critical of the Israel government have been deported or detained indefinitely. People without USA citizenship who live in the USA should consider if they should leave the USA temporarily, as they may face scrutiny and be denied entry, deported, or detained when they return the USA.

Advocacy and Protests

(Updated March 26, 2025)

Care should also be used when interacting with public officials or protesting government action. Government officials in the USA have taken action against protesters for previously-legal activities.

For instance, in Washington DC, on December 10, 2024, A cis man was arrested and charged with assault after a handshake with a Republican US Representative where he

asked the representative to support trans children. The Republican Representative claims this was an attack, which is disputed by witnesses ([See this story in The Hill](#)). It is likely under full Republican control of all branches of Federal government that previously allowed protest and advocacy activities may result in criminal charges and/or detention.

Beyond this, in March, 2025, non-citizens have been arrested by immigration authorities for participating in anti-genocide protests, which the USA considers antisemitic. Unlike widely recognized antisemitic activity (for instance, Nazi salutes), the USA's policy is that protests or academic/journalistic works that are critical of military action by Israel against Palestinian civilians is antisemitic and evidence of support for terrorism. This is used to detain or remove people from the USA, sometimes using special powers granted to the Secretary of State, who personally has authorized actions under Trump's orders. Some have been sent to work camps in third-party countries.

The USA has also announced it plans to use terrorism laws against some anti-Tesla protesters.

General Safety

The USA has intense anti-trans rhetoric. While many travelers will not encounter any violence and only encounter friendly people, particularly in areas typically frequented by tourism, it is important to observe situations, avoid escalation of verbal arguments, and avoid political (or human rights) arguments.

Religious extremists operate within the United States. These extremists, most commonly identifying with Christianity, feel empowered by their God to persecute trans people. They feel that they are dishonoring their God and disrespecting Godly truth if they do not misgender and discriminate against transgender people. In some cases, these people can be violent, particularly at Pride events. It is safest to avoid interactions with street preachers and those carrying religious symbols (such as large crosses) at Pride event. Some white supremacist and neo-Nazi groups also participate in such events. In some cases you may see overt Nazi and supremacist symbols. In many cases, Pride events on public property have chosen to allow these people access to events under threat of free speech lawsuits if they do not. Note that these people often attempt to provoke violence as part of a right wing funding campaign (they will sue the attackers, event organizers, and city for putting them at risk). Again the safest action is generally to avoid interactions with these individuals, despite their intentionally provoking language. Police often side with the right wing extremists when violence occurs.

In addition, the federal government recently pardoned the January 6, 2021 insurrectionists. This includes known neo-Nazis, white supremacists, and religious extremists.

The USA has recently taken action against long-standing civil rights laws in the nation, including revoking a 1965 executive order banning some government discrimination (including in areas such as race). The executive branch is also attempting to redefine the 14th Amendment, a US constitutional amendment that defines who is and isn't a citizen that was enacted to ensure that former slaves became recognized as citizens following the US civil war.

Crowds of drunk young men can become violent towards visibly trans people. If you will be around groups which may include many drunk young men, consider your safety situation.

Change Log for Trans Travel Guide

- 2025-04-04 [[US Georgia](#)] Religious freedom act pending governor's signature.
- 2025-04-04 [[US Florida](#)] Bathroom harassment and arrest.
- 2025-04-04 [[US Kentucky](#)] Noted the medicaid ban passed.
- 2025-04-04 [[US Maryland](#)] Pending bill protecting trans care confidentiality.
- 2025-04-04 [[US Idaho](#)] Bathroom ban passed.
- 2025-03-30 [[US](#)] Transgender Network Nederland has issued a travel warning.
- 2025-03-30 [[US Kentucky](#)] Public funds cannot be used for trans care, including in prisons or educational programs
- 2025-03-30 [[US Kentucky](#)] Conversion therapy "protected"
- 2025-03-30 [[US Washington](#)] Attack on trans person.
- 2025-03-27 [[US Montana](#)] Bathroom ban signed by governor.
- 2025-03-26 [USA] Notes on travel warnings from France, Denmark, and Finland.
- 2025-03-26 [USA] Notes on immigration/detention/protests
- 2025-03-26 [[US South Dakota](#)] Bathroom ban
- 2025-03-26 [[US Ohio](#)] Potential ban on anti-racist and trans-affirming education in colleges.
- 2025-03-26 [[US Tennessee](#)] Potential residential school program segregation law.
- 2025-03-20 [[US Idaho](#)] Medical disclosure law allows some medical employees to violate medical privacy
- 2025-03-20 [[US Idaho](#)] Medicare ban signed by governor.
- 2025-03-20 [[US Idaho](#)] School bathroom ban back in effect.
- 2025-03-18 [[US Texas](#)] Austin Texas police violence
- 2025-03-18 [[US Ohio](#)] Court rules to block some trans youth medical ban stipulations (namely HRT and puberty blockers)
- 2025-03-17 [[US Idaho](#)] Medicaid funding ban.
- 2025-03-17 [[US Utah](#)] Bathroom ban.
- 2025-03-17 [[US West Virginia](#)] Bathroom ban.
- 2025-03-17 [[US Montana](#)] Bathroom ban likely to be signed by governor.
- 2025-03-16 [[US General](#)] Added information about lawlessness of US government and travel warnings.
- 2025-03-14 [[US Oregon](#)] Added sanctuary law passed in 2023.
- 2025-03-14 [[US Texas](#)] AG issues interpretation of law to state agencies directing them to reverse gender marker changes.
- 2025-03-14 [[US Idaho](#)] Allowing healthcare providers to disclose medical information law likely to be signed by governor.
- 2025-03-14 [[US Idaho](#)] Medicaid trans healthcare ban likely to be signed by governor.
- 2025-03-14 [[US Kentucky](#)] Conversion therapy protection law likely to pass.
- 2025-03-14 [[US Kansas](#)] In addition to previous bans on youth healthcare, state facilities cannot be used to "promote" gender transition for youth.
- 2025-03-14 [[US Mississippi](#)] If HB188 signed by gov, trans people would be required to be housed in jail by sex assigned at birth.
- 2025-03-14 [[US Mississippi](#)] Ban on medicaid funding for trans healthcare likely to pass.
- 2025-02-28 [[US Iowa](#)] Governor signed discriminatory bill.

- 2025-02-27 [\[US Iowa\]](#) Potential removal of discrimination protections and addition of birth certificate ban.
- 2025-02-25 [\[US\]](#) State Department guidance bans travel to the USA using documents that don't match sex assigned at birth.
- 2025-02-20 [\[US Utah\]](#) Trans prisoner healthcare ban pending Governor signature.
- 2025-02-20 [\[US Alabama\]](#) Bathroom ban in state facilities and transphobic definition of sex enacted but not yet signed by governor.
- 2025-02-19 [\[US Montana\]](#) Added recent court decision on 2023 SB458.
- 2025-02-19 [\[US Kansas\]](#) Youth trans healthcare ban
- 2025-02-13 [\[US\]](#) Stay in youth healthcare ban.
- 2025-02-13 [\[US Utah\]](#) Bathroom ban bill passed, not signed by governor.
- 2025-02-05 [\[US\]](#) Unconfirmed reports of trans visa applications being considered fraud going forward.
- 2025-01-31 [\[US\]](#) Updated travel screening information to reflect transphobic policies likely implemented at TSA
- 2025-01-30 [\[MX\]](#) Noted that adult care may be more difficult to access in MX than some states of the USA. Previously this said all care might be more difficult, but with changes in the USA it may be easier than the USA.
- 2025-01-30 [\[CA\]](#) (various) Noted that some provinces are harder to get adult care in than some states of the USA. Previously this said all care might be more difficult, but with changes in the USA it may be easier than the USA.
- 2025-01-30 [\[US\]](#) Trans youth (under 19) medical care is becoming unavailable as hospitals comply in advance with executive orders.
- 2025-01-29 [\[US\]](#) Add information on federal government bathroom ban.
- 2025-01-24 [\[US\]](#) Updated USA general information to reflect transphobic ID policies and religious extremism.
- 2025-01-24 [\[US\]](#) Updated USA TSA information to reflect transphobic ID policies and possible transphobic people.
- 2025-01-24 [\[US\]](#) Updated USA immigration information to reflect transphobic ID policies and suggesting considering avoid USA for transit flights.
- 2025-01-20 [\[US\]](#) USA anti-trans policies issued.
- 2025-01-11 [\[US\]](#) Some US corporations are rolling-back inclusion initiatives.
- 2025-01-08 [\[US Texas\]](#) Note attack on teen in Houston
- 2024-12-24 [\[US California\]](#) Attack at bathroom in Riverside.
- 2024-12-17 [\[US Montana\]](#) MT district court temporarily blocked a ban on changing birth certificate and ID gender markers.
- 2024-12-17 [\[UK\]](#) Added information from CPS on Deception as to Sex that may impact trans folks.
- 2024-12-12 [\[US\]](#) Indicated that protest and advocacy activities may carry risks they previously did not.
- 2024-12-12 [\[US DC\]](#) Noted that trans person was charged with a crime after a handshake with a US Representative.
- 2024-12-12 [\[US Montana\]](#) MT Supreme Court upheld preliminary injunction against the child medical care law.
- 2024-12-12 [\[US Florida\]](#) Added additional information on Florida jails/prisons.
- 2024-12-04 [\[CA Alberta\]](#) Alberta bans trans medical care for those under 16.
- 2024-11-27 [\[US Ohio\]](#) Bathroom ban signed by Ohio governor.
- 2024-11-24 [\[US General Information\]](#) Added general USA travel notes.

- 2024-11-21 [\[US DC\]](#) Capitol Complex bathroom ban.
- 2024-11-18 [\[US Texas\]](#) Odessa extends trans bathroom ban to private bathrooms.
- 2024-11-17 [\[US Wyoming\]](#) Gillette banned trans people from rec center bathrooms.
- 2024-11-17 [\[Japan\]](#) Added Japan
- 2024-11-17 [\[Bermuda\]](#) Added Bermuda
- 2024-11-13 [\[US Ohio\]](#) Bathroom ban at schools (including universities) awaiting governor signature.
- 2024-11-13 [\[US Texas\]](#) Odessa passes bathroom ban.
- 2024-10-26 [\[US Utah\]](#) Add info about transphobic TSA agents.
- 2024-10-23 [\[US Texas\]](#) Odessa proposes bathroom ban.
- 2024-10-14 [\[US Tennessee\]](#) Fix confusing text regarding TN's law prohibiting aiding minors in accessing care.
- 2024-10-12 [\[UK\]](#) Note about organizations banning trans women from toilets.
- 2024-09-27 [\[US Alabama\]](#) Proof of surgery required for ID change.
- 2024-09-04 [\[US Texas\]](#) ID and birth certificate changes banned.
- 2024-08-29 [\[US South Carolina\]](#) South Carolina being sued by ACLU over trans youth care ban.
- 2024-08-26 [\[US Florida\]](#) Trans medical care is illegal.
- 2024-08-21 [\[US Arizona\]](#) Federal court invalidated statute that required sex reassignment surgery to change birth certificate.
- 2024-08-20 [\[US Pennsylvania\]](#) State College is now a sanctuary city for trans healthcare.
- 2024-08-09 [\[US Missouri\]](#) Missouri investigating trans woman for using facilities.
- 2024-08-07 [\[US Missouri\]](#) Missouri requires bottom surgery or court order to change ID's gender marker.
- 2024-08-07 [\[US Ohio\]](#) Ohio ban on youth gender care is in effect.
- 2024-07-22 [\[US Florida\]](#) Attack at Miami airport
- 2024-07-19 [\[US South Carolina\]](#) MUSC has stopped providing adult gender-related care.
- 2024-07-19 [\[US Florida\]](#) Florida has asked for trans medicine ban to be re-instituted.
- 2024-07-19 [\[US New Hampshire\]](#) Trans youth medical ban signed.
- 2024-07-18 [\[US Tennessee\]](#) Drag ban again in-force
- 2024-07-12 [\[US Rhode Island\]](#) Rhode Island is a sanctuary state for gender affirming care
- 2024-07-03 [\[UK\]](#) Note about knife crime against trans people
- 2024-07-03 [\[US Alabama\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Florida\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Georgia\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Indiana\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Kansas\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Kentucky\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Louisiana\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Mississippi\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Nebraska\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Ohio\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Oklahoma\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US South Carolina\]](#) Legal to discriminate against trans people in medicine.

- 2024-07-03 [\[US South Dakota\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Tennessee\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US Virginia\]](#) Legal to discriminate against trans people in medicine.
- 2024-07-03 [\[US West Virginia\]](#) Legal to discriminate against trans people in medicine.
- 2024-06-26 [\[US Montana\]](#) Definition of sex law declared invalid.
- 2024-06-24 [\[US New York\]](#) Nassau County passes a transphobic sports ban and legal definition of sex.
- 2024-06-11 [\[US Florida\]](#) Most medical restrictions ruled unconstitutional.
- 2024-06-08 [\[US Nebraska\]](#) Noted attack in a bar against a trans man.
- 2024-06-07 [\[US Tennessee\]](#) Tennessee criminalizes assisting or providing information regarding transition to youth.
- 2024-06-07 [\[US Louisiana\]](#) Bathroom ban signed by governor.
- 2024-05-29 [\[US New Hampshire\]](#) Bathroom ban pending governor signature
- 2024-05-29 [\[UK\]](#) Puberty blocker ban
- 2024-05-24 [\[US Louisiana\]](#) Don't say gay bill passed, pending Governor's signature.
- 2024-05-24 [\[US Missouri\]](#) Attorney General investigating social workers and therapists
- 2024-05-21 [\[US South Carolina\]](#) Governor signs trans medical ban.
- 2024-05-17 [\[US Louisiana\]](#) Bathroom ban in some buildings if signed by governor.
- 2024-05-17 [\[US New Hampshire\]](#) Genital surgery for youth will be banned if the governor signs HB619.
- 2024-05-13 [\[US Mississippi\]](#) Bathroom ban in "educational" facilities.
- 2024-05-10 [\[US New York\]](#) Nassau County trans sports ban blocked by judge.
- 2024-05-10 [\[UK\]](#) Noted drug importation rules.
- 2024-05-04 [\[US Mississippi\]](#) Clarify bathroom ban would only apply in educational spaces.
- 2024-05-04 [\[US Arkansas\]](#) Updated state of recognition of intersex people (basically none).
- 2024-05-04 [\[US Mississippi\]](#) Bathroom bill waiting for governor signature.
- 2024-05-04 [\[UK\]](#) Proposed changes to NHS charter would prevent trans people from being in single-sex wards that don't match assignment at birth. Also minors may be reported to safeguarding if using puberty blockers / hormones from overseas.
- 2024-05-04 [\[US South Carolina\]](#) Youth medical ban passes legislature, waiting on Governor's signature.
- 2024-05-04 [\[US Texas\]](#) Austin passes sanctuary resolution.
- 2024-05-04 [\[US Utah\]](#) State sets up snitch site for bathroom violations.
- 2024-04-30 [\[US Arkansas\]](#) Transgender resource center vandalized.
- 2024-04-26 [\[US Idaho\]](#) HB421 passed.
- 2024-04-25 [\[US Florida\]](#) State directs schools to ignore some Title IX regulations.
- 2024-04-25 [\[US Louisiana\]](#) State directs schools to ignore some Title IX regulations.
- 2024-04-25 [\[US Oklahoma\]](#) State directs schools to ignore some Title IX regulations.
- 2024-04-25 [\[US South Carolina\]](#) State directs schools to ignore some Title IX regulations.
- 2024-04-25 [\[US Tennessee\]](#) Lawsuit against ID change bans.
- 2024-04-25 [\[US California\]](#) Trans women attacked in Sacramento.
- 2024-04-25 [\[US Maine\]](#) Sanctuary law signed.
- 2024-04-25 [\[US Texas\]](#) Governor states trans teachers should dress as their birth gender.

- 2024-04-25 [[US Tennessee](#)] Bill awaiting governor signature that would ban providing information or assisting youth access trans care, even in locations where it is legal.
- 2024-04-22 [[UK](#)] Misgendering and lack of hygiene items when prisoners are placed according to sex assigned at birth.
- 2024-04-22 [[US West Virginia](#)] Anti-trans governor race ads and rhetoric following trans athletes competing in athletics.
- 2024-04-22 [[US California](#)] Mayor recalled after coming out as trans.
- 2024-04-22 [[US Louisiana](#)] State directs local officials to ignore Title IX guidance.
- 2024-04-19 [[US Missouri](#)] Planned parenthood appeals requests for records.
- 2024-04-18 [[US Montana](#)] State being sued over birth certificate change ban.
- 2024-04-18 [[US Michigan](#)] Two victims were assaulted by a group of 7 high school boys on MSU's campus for their sexuality
- 2024-04-18 [[UK](#)] Added note that NHS generally does not provide puberty blockers or HRT to youth.
- 2024-04-17 [[US Virginia](#)] Norfolk transgender center vandalized.
- 2024-04-16 [[US Ohio](#)] Court temporary blocked HB68.
- 2024-04-15 [[US International Visitors](#)] Information for international visitors to the USA
- 2024-04-15 [[US Idaho](#)] Idaho youth trans medical ban is again in-effect.
- 2024-04-12 [[United Kingdom](#)] Added UK
- 2024-04-12 [[US Missouri](#)] Records relating to trans care (but not private medical records) ordered to be turned over to state.
- 2024-04-10 [[US Idaho](#)] Idaho allows government employees to misgender and deadname trans people.
- 2024-04-09 [[US Florida](#)] Florida teacher obtains injunction allowing her to identify herself properly to students.
- 2024-04-03 [[US Idaho](#)] Therapist discrimination, misgendering / deadnaming permission for government employees, and new trans-exclusionary legal definition of sex.
- 2024-03-31 [[Canada Northwest Territories](#)] Added Northwest Territories.
- 2024-03-31 [[Canada Nunavut](#)] Added Nunavut.
- 2024-03-31 [[Canada Yukon](#)] Added Yukon.
- 2024-03-30 [[US Texas](#)] Child abuse investigations of parents of trans youth temporarily blocked.
- 2024-03-22 [[US Wyoming](#)] Ban on trans youth medical care.
- 2024-03-21 [[CA Saskatchewan](#)] Saskatchewan added.
- 2024-03-21 [[US Alabama](#)] Alabama public university bathroom law.
- 2024-03-12 [[CA Prince Edward Island](#)] Prince Edward Island added to guide.
- 2024-03-12 [[US Nebraska](#)] Permanent regulations enacted but not published.
- 2024-03-12 [[US Utah](#)] DoJ finds prison system violated the ADA.
- 2024-03-12 [[US West Virginia](#)] Ban on non-binary birth certificates
- 2024-03-12 [[US Alabama](#)] Politicians call for firing of trans employee.
- 2024-03-12 [[US Arkansas](#)] Ban on X marker on driver's licenses.
- 2024-03-12 [[US California](#)] Note Chino County School District's anti-trans policy was rewritten.
- 2024-03-07 [[US Wyoming](#)] Wyoming legislature passed SF99.
- 2024-02-29 [[US Texas](#)] AG requesting records from PFLAG
- 2024-02-27 [[US Colorado](#)] Anti-LGBT hate crime in Aurora.
- 2024-02-27 [[US Tennessee](#)] Officials may refuse to marry anyone they want.

- 2024-02-27 [\[US Indiana\]](#) Indiana anti-trans healthcare law allowed to take effect by the appeals court.
- 2024-02-23 [\[US New York\]](#) Nassau County bans trans women from sports
- 2024-02-23 [\[US Maryland\]](#) Note trans prisoners may be inappropriately housed.
- 2024-02-07 [\[US Ohio\]](#) Proposed medical changes no longer directly regulate adult care.
- 2024-02-05 [\[CA Alberta\]](#) Alberta added.
- 2024-02-01 [\[US Iowa\]](#) University of Iowa Police appear to target transgender protesters more harshly
- 2024-02-01 [\[US Indiana\]](#) Indiana hires law firm to go after providers of trans youth care.
- 2024-01-30 [\[CA Newfoundland\]](#) Added Newfoundland.
- 2024-01-30 [\[US Georgia\]](#) Arson at trans healthcare clinic.
- 2024-01-30 [\[US Utah\]](#) HB257 is now law.
- 2024-01-30 [\[US Florida\]](#) Florida no longer allowing driver license gender marker changes.
- 2024-01-29 [\[CA Quebec\]](#) Committee to study trans issues has no trans members.
- 2024-01-29 [\[US Ohio\]](#) ACLU suing Ohio over HB68
- 2024-01-26 [\[US Utah\]](#) Added HB257 information
- 2024-01-25 [\[CA Manitoba\]](#) Added CA Manitoba
- 2024-01-24 [\[US Kansas\]](#) Kansas ex-prison guard sues Kansas for anti-trans discrimination.
- 2024-01-24 [\[US Indiana\]](#) Youth healthcare ban legal challenge is now a class action.
- 2024-01-24 [\[US Ohio\]](#) Ohio passed youth care ban
- 2024-01-23 [\[CA New Brunswick\]](#) Added CA New Brunswick
- 2024-01-19 [\[CA Nova Scotia\]](#) Added CA Nova Scotia
- 2024-01-17 [\[US Virgin Islands\]](#) Added US Virgin Islands.
- 2024-01-17 [\[US Northern Mariana Islands\]](#) Added Northern Mariana Islands.
- 2024-01-12 [\[US Connecticut\]](#) Enfield bans the Pride flag from government buildings.
- 2024-01-11 [\[US Alabama\]](#) Trans youth medical ban can again be enforced in Alabama.
- 2024-01-10 [\[US American Samoa\]](#) Added American Samoa.
- 2024-01-08 [\[US Louisiana\]](#) Lawsuit against trans youth medical care ban
- 2024-01-05 [\[US Ohio\]](#) Rules intended to make gender affirming care impossible to obtain.
- 2024-01-04 [\[US Guam\]](#) Added Guam to guide
- 2024-01-04 [\[US Ohio\]](#) Governor has restricted some transgender care and indicates desires to restrict other care, including for adults.
- 2023-12-31 [\[US Tennessee\]](#) Murfreesboro removing anti-drag ordinance.
- 2023-12-29 [\[US Iowa\]](#) Iowa "don't say gay" law is blocked by preliminary injunction.
- 2023-12-29 [\[US Ohio\]](#) Ohio governor vetoed HB68.
- 2023-12-27 [\[US Idaho\]](#) A judge issued a preliminary injunction against Idaho's trans youth medical care ban.
- 2022-12-23 [\[US Florida\]](#) Added information about RV park discriminating against a trans woman who successfully reached a settlement along with HUD against the RV park in 2022.
- 2023-12-19 [\[US Montana\]](#) ACLU suing Montana over their transphobic definition of sex.

- 2023-12-18 [\[CA Ontario\]](#) A court ruling implies that some common anti-LGBT slurs linking trans people to pedophiles are not exempt from defamation lawsuits.
- 2023-12-14 [\[US Florida\]](#) Woman attacked on way home from LGBT event in Miami.
- 2023-12-13 [\[US Wisconsin\]](#) Four Black trans women have been murdered in Milwaukee since 2022.
- 2023-12-13 [\[US Oregon\]](#) Oregon disobeying court order protecting trans prisoner.
- 2023-12-13 [\[US Ohio\]](#) Trans youth medical ban passed in legislature.
- 2023-12-13 [\[US Florida\]](#) Lawsuit filed against state's ban against school employees using affirming pronouns.
- 2023-12-12 [\[US Missouri\]](#) Information about a possibly anti-trans attack in St. Louis.
- 2023-12-06 [\[US Missouri\]](#) Bills targeting continuing care (grandfathering) of trans youth have been prefiled.
- 2023-12-06 [\[US Missouri\]](#) Washington University is arguing in court that they should not have to turn over patient records to the Attorney General.
- 2023-12-06 [\[US Wisconsin\]](#) Governor vetoed youth trans healthcare ban, so healthcare remains legal.
- 2023-12-06 [\[US Mississippi\]](#) UMMC stopped providing medical care for youth before they were required to.
- 2023-12-06 [\[US South Carolina\]](#) MUSC has stopped providing youth transition care.
- 2023-12-06 [\[US Colorado\]](#) Added a note about why Children's Hospital likely cut off surgical care.
- 2023-12-04 [\[US Missouri\]](#) Around 2 dozen anti-trans bills have been submitted for the next legislative session.
- 2023-11-30 [\[US North Dakota\]](#) Hate group activity in Fargo.
- 2023-11-21 [\[US North Carolina\]](#) North Carolina loses lawsuit by trans prisoner for transfer to women's prison.
- 2023-11-13 [\[US Tennessee\]](#) Knoxville Pride Center targetted by hate group.
- 2023-11-09 [\[US Florida\]](#) Fernandina Beach considers Transgender Day of Remembrance to be "political."
- 2023-11-07 [\[US North Dakota\]](#) Trans youth medical ban is being challenged.
- 2023-11-03 [\[US New Hampshire\]](#) Littleton, NH may take anti-art actions due to the presence of inclusino themes or LGBT characters.
- 2023-11-03 [\[US Wisconsin\]](#) Proposed bill to house trans prisoners according to sex assigned at birth.
- 2023-11-02 [\[US New Hampshire\]](#) New Hampshire is considering a trans medical ban and enshrining exploratory therapy into law.
- 2023-10-26 [\[US Puerto Rico\]](#) Added Puerto Rico.
- 2023-10-22 [\[US Tennessee\]](#) Murfreesboro has an ordinance that defines homosexuality as sexual conduct that they incorporated into an anti-drag ban (I.E. homosexuality in public is banned).
- 2023-10-19 [\[US Arizona\]](#) Queer professor assaulted on-campus at ASU.
- 2023-10-19 [\[CA Ottawa\]](#) Anti-trans protests may occur in Ottawa.
- 2023-10-19 [\[US Florida\]](#) Trans people are now banned from locker rooms at all educational institutions, including private colleges and universities.
- 2023-10-19 [\[US Colorado\]](#) Fountain Pride anti-LGBT protest.
- 2023-10-17 [\[US Pennsylvania\]](#) Philadelphia is a sanctuary city now.
- 2023-10-13 [\[US California\]](#) Link to KQED article on treatment of trans women in women's prisons.

- 2023-10-13 [[US Nevada](#)] Forged Letter sent to healthcare provider in attempt to disrupt trans healthcare.
- 2023-10-12 [[US Missouri](#)] Added info about a possibly transphobic pharmacy.
- 2023-10-12 [[US Nebraska](#)] Added link to provider stories about unclear trans youth healthcare rules.
- 2023-10-11 [[US Texas](#)] Note drag bans are allowed but prosecutions not allowed.
- 2023-10-11 [[US North Carolina](#)] Trans youth healthcare ban is being challenged.
- 2023-10-11 [[US Washington](#)] Settlement to provide better treatment of trans prisoners.
- 2023-10-11 [[US Maine](#)] Noted former Oakland city manager has accused the city of transphobia leading to her resignation.
- 2023-10-09 [[US New York](#)] Add store clerk attack of cis woman mistaken for being trans.
- 2023-10-06 [[US Oklahoma](#)] Judge refuses to stay SB613, thus trans healthcare for minors is illegal.
- 2023-10-06 [[US Kansas](#)] Include Andover Library threats.
- 2023-10-05 [[US Indiana](#)] Indiana gender change information was incorrect, but is now fixed.
- 2023-10-04 [[CA British Columbia](#)] Added page for BC.
- 2023-10-04 [[US Wisconsin](#)] Trans youth medical ban is being debated[in legislature.
- 2023-10-04 [[US Nebraska](#)] Some pharmacies refusing to dispense medication to trans kids despite exceptions in ban.
- 2023-10-01 [[US Colorado](#)] Drag storyline bomb threat
- 2023-10-01 [[US Nebraska](#)] Added details about the youth healthcare ban.
- 2023-09-30 [[US Florida](#)] Anti-trans bathroom law is being challenged in court.
- 2023-09-29 [[US Wyoming](#)] Transphobic extremists are operating around events at the University of Wyoming.
- 2023-09-28 [[US Canada](#)] Governor vetoes bill that would consider gender identity in custody disputes.
- 2023-09-27 [[US Montana](#)] Montana youth healthcare ban declared unconstitutional.
- 2023-09-26 [[US Texas](#)] Anti-drag law declared unconstitutional.
- 2023-09-23 [[CA Quebec](#)] Created initial Quebec guide.
- 2023-09-22 [[US New York](#)] NYPD being sued for failing to comply with previous court directive.
- 2023-09-21 [[US Wisconsin](#)] Milwaukee County is now a sanctuary county.
- 2023-09-21 [[US Arizona](#)] Added additional details about prisoner misgendering.
- 2023-09-21 [[US Connecticut](#)] Prisoner sues prison service for inadequate and discriminatory denial of health care.
- 2023-09-21 [[Aotearoa / New Zealand](#)] Indicate usage of gender-specific screening technology at airports.
- 2023-09-16 [[CA Ontario](#)] Added Ontario.
- 2023-09-15 [[US Kansas](#)] Library bans neurodiversity pride symbol.
- 2023-09-14 [[US Kansas](#)] Religious homeless shelter banning trans people who make others "uncomfortable."
- 2023-09-14 [[US Virginia](#)] Some local governments are very anti-LGBT.
- 2023-09-14 [[US Missouri](#)] Trans healthcare is likely totally unavailable, regardless of "grandfather" status.

- 2023-09-14 [[US Kentucky](#)] Appeal to full appeals court has been denied for preliminary injunction in trans youth health ban.
- 2023-09-13 [[US Massachusetts](#)] Anti-LGBT vandalism occurred in Salem.
- 2023-09-12 [[US Texas](#)] El Paso passed a city resolution to ensure access to city-owned facilities by trans people.
- 2023-09-12 [[US Indiana](#)] Indiana University may be unwilling to fully investigate anti-trans/anti-gay harassment.
- 2023-09-12 [[US Pennsylvania](#)] Pittsburgh sanctuary ordinance passed.
- 2023-09-13 [[US Missouri](#)] Washington University Hospital has stopped providing care for trans minors grandfathered under the anti-trans care ban law.
- 2023-09-11 [[US Ohio](#)] Neo-Nazis are active in Ohio.
- 2023-09-11 [[US Texas](#)] Drag ban has a temporary restraining order against it.
- 2023-09-08 [[US Oregon](#)] Note additional prison litigation.
- 2023-09-07 [[US New York](#)] Note violence on public transit.
- 2023-09-06 [[US Florida](#)] Lake Worth Beach declares itself a sanctuary city.
- 2023-09-05 [[New Zealand](#)] First draft of NZ page.
- 2023-09-05 [[US Georgia](#)] Trans youth medical care is again illegal.
- 2023-09-03 [[US Iowa](#)] Essex bans LGBT group from participating in a city parade.
- 2023-09-01 [[US Texas](#)] Texas youth healthcare ban and drag ban is now in effect.
- 2023-08-31 [[US Kansas](#)] Kansas no longer allows birth certificate changes; updated to note driver's license changes not allowed either.
- 2023-08-31 [[US Tennessee](#)] Blount County has indicated a willingness to enforce the drag ban, despite it being ruled unconstitutional.
- 2023-08-31 [[US Alabama](#)] Indicate willingness by AG to prosecute "criminal conspiracy" in abortion cases and how that might impact trans care.
- 2023-08-30 [[US Nebraska](#)] Nebraska wide-ranging executive order.
- 2023-08-29 [[US Pennsylvania](#)] Pittsburgh is considering becoming a sanctuary city for healthcare access.
- 2023-08-29 [[US Missouri](#)] University of Missouri hospital has stopped providing care for existing youth patients, even though law allows that to continue.
- 2023-08-28 [[US California](#)] Added information about Riverside County jail inappropriately housing trans women.
- 2023-08-28 [[US Indiana](#)] Note Indiana prisoner care ban is being challenged.
- 2023-08-28 [[US Alabama](#)] Clarify current legal status of trans youth care ban.
- 2023-08-27 [[US Colorado](#)] Note about armed hate groups operating within Colorado to intimidate LGBT people.
- 2023-08-24 [[US Texas](#)] Decision on trans youth healthcare ban and appeal of that decision.
- 2023-08-24 [[US Arizona](#)] Discussion of bias that may place criminal intent upon trans people.
- 2023-08-24 [[US Georgia](#)] A don't say gay bill is being re-introduced into the state legislature.
- 2023-08-21 [[US Alabama](#)] 11th Circuit Court of Appeals overrode the injunction against enforcement of the trans youth healthcare ban. Thus trans youth healthcare is illegal again.
- 2023-08-21 [[US California](#)] Noted Lauri Carleton's murder.
- 2023-08-21 [[US Georgia](#)] A preliminary injunction has been issued which allows hormone therapy to continue to be used by trans youth.

- 2023-08-16 [[US Kansas](#)] Legal definition of sex places gender non-conforming cis women at risk.
- 2023-08-16 [[US Montana](#)] Legal definition of sex places gender non-conforming cis women at risk.
- 2023-08-16 [[US Oklahoma](#)] Legal definition of sex places gender non-conforming cis women at risk.
- 2023-08-16 [[US North Dakota](#)] Legal definition of sex places gender non-conforming cis women at risk.
- 2023-08-16 [[US Georgia](#)] Note Macon, GA misgendered a trans woman murder victim.
- 2023-08-16 [[US North Carolina](#)] North Carolina has banned most trans youth healthcare and enacted a "don't say gay" law
- 2023-08-16 [[US Texas](#)] Correct lawsuit link
- 2023-08-12 [[US California](#)] Added notes about Shasta County, Chino Valley, and Marietta Valley School board.
- 2023-08-11 [[US Florida](#)] SPARTA duty assignment warning issued for FL.
- 2023-08-10 [[US Idaho](#)] School bathroom law is temporarily stayed through a TRO.
- 2023-08-10 [[US Arizona](#)] Note about Arizona birth certificate legal challenge.
- 2023-08-10 [[US Oregon](#)] Note about OHSU receiving threats.
- 2023-08-10 [[US Colorado](#)] Add notes about Douglas County and Jefferson County.
- 2023-08-10 [[US Louisiana](#)] Note library ban has passed.
- 2023-08-10 [[US Florida](#)] Added note about highway rest areas being covered by Florida's bathroom law.
- 2023-08-09 [[US Wyoming](#)] Note about safety concerns for a trans woman competing in a recreational athletic competition, and also added note that all trans prisoners are currently housed according to sex assigned at birth.
- 2023-08-08 [[US Florida](#)] Updated Florida page to note that teachers and visitors to schools will be required to be misgendered and required to use improper bathrooms.
- 2023-08-04 [[US Kentucky](#)] and [[US Tennessee](#)] Plaintiffs in the Kentucky case trying to overturn the Kentucky ban on youth healthcare have asked the entire appeals court to re-hear the appeal. This could also impact the similar decision in Tennessee.
- 2023-08-04 [[US North Carolina](#)] North Carolina's will be voting to attempt to override a governor's veto of an anti-trans youth healthcare bill.
- 2023-08-04 [[US Texas](#)] Woodlands Pride has went to court to challenge to Texas's vague sexually oriented performance law.
- 2023-08-01 [[US Florida](#)] Florida's medical board has removed the requirement for psychological exams every two years for adults prescribed HRT.
- 2023-08-01 [[US Wyoming](#)] A new policy was created for transgender state prison inmates.
- 2023-08-01 [[US Oklahoma](#)] An executive order requires the state to treat trans people according to sex assigned at birth.
- 2023-07-28 [[US Montana](#)] A judge has temporarily blocked the Montana drag ban (HB359) from being enforced.