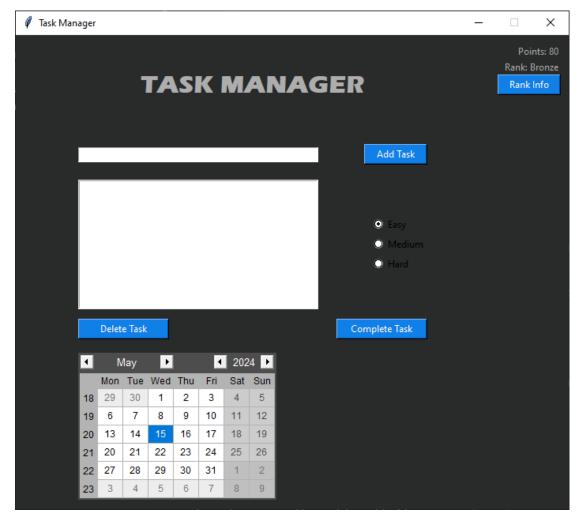
## **INSTRUCTIONS FOR USING TASK MANAGER**

This particular application is a tool for creating daily habits and succeeding in keeping them through a system of levels that go up the more consistent you are in meeting the goals you set for completion every day.

#### AT FIRST

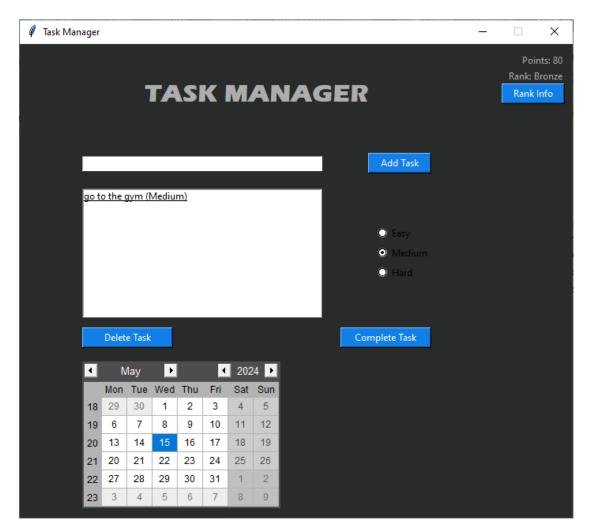
By downloading the folder with the application all you need to do is open the APP.py file in a code editor and run the code. From there you will find yourself in the initial environment of our application.



The application environment.

## ADDING AND DELETING GOALS

To add goals for your day, first select the day you want from the calendar (if it's not today), then type your goal in the small rectangular box below the title, choose the difficulty of the goal, i.e. how difficult the goal for you personally, and finally you click the add task button and your goal will appear in the box below.



Adding the go to the gym goal

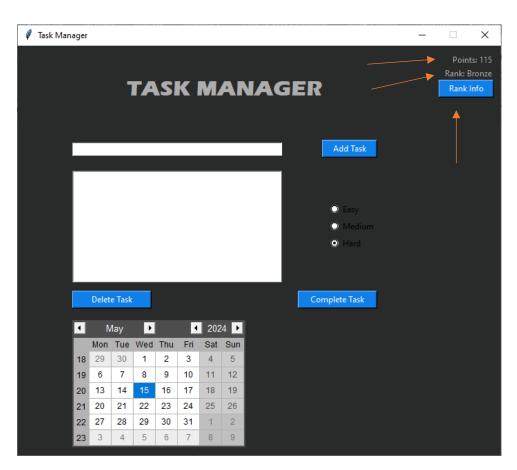
Regarding deleting targets, you should select the target you want, click on it and while it is selected (blue color) press the delete task button to delete it.

# **COMPLETE OBJECTIVES**

Completing goals is different from deleting them as although they are deleted from the list of goals upon completion, they add difficulty-based points to the user's profile, bringing them closer and closer to reaching the next tier. But what are the ranks and how do the points work?

## **POINTS AND GRADES**

Completing each objective offers points to the user depending on its difficulty, 5 for easy difficulty, 10 for medium and 20 for hard difficulty objectives. These points are collected in the user's profile at the top right and lead to new ranks as they increase. Tiers are the app's reward system to the user for completing objectives and promote healthy competition to reach the highest tier. There are many ranks each with different unlock points, the information about the ranks can be found by pressing the rank info button on the profile.



Arrows indicate the profile.