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spa guide

Reservations

To make reservations for a spa treatment, spa package or plan a spa retreat, please call (808) 270-5290 or toll-free at 855-TO-TRAVAASA (855-868-7282).

Hours of Operation

Monday-Sunday, 9 a.m. to 7 p.m.

Gift Certificates

The Spa at Travaasa gift certificates can be purchased at the spa boutique, the hotel front desk or by calling 855-TO-TRAVAASA.

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Spa Delights

Our spa treatments go far beyond pampering and indulgence. They reflect Hana, our passion for, and knowledge of, the human body. We honor the ability of plants and essential oils to naturally treat, heal and revitalize the soul. An array of massages, healing rituals, beauty treatments and personalized services are available, using only organic, bioenergetic products. We feature Amala skin care products, which are also available in our spa boutique.



Relax or Recharge

Welcome to The Spa at Travaasa Hana, a deeply relaxing sanctuary of peace and tranquility enhanced by Hana's natural tropical beauty. We believe true balance and health come from the gifts of the earth and elements of nature, and that Hana is a place of innate nurturing and well-being.

Our expert spa staff perform an array of organic, authentic and nurturing treatments that include massage, healing rituals, beauty treatments and personalized services in a soothing and peaceful environment.

Enjoy our well-appointed men's and women's locker rooms complete with steam rooms, cold plunge pool, indoor and outdoor showers, robes, slippers, towels and personal amenities. Beverages, herbal tea and healthy snacks are provided in the relaxation lounge.

Relax in our outdoor, lava-rock whirlpool and lounge chairs overlooking Hana Bay in a tropical garden setting. Browse our Spa Boutique, which features a full line of nurturing products, clothing, books, music, jewelry, teas and more. Our Spa Concierge is available during spa hours to address your questions and help you with your spa reservations.

What to Expect

We encourage you to schedule your appointment in advance to assure availability of treatments during your visit. We want your spa experience to be stress-free and relaxing. To help make your experience as enjoyable as possible, please consider the following before you arrive:

- When scheduling treatments, please let us know if you prefer a male or female therapist.
- Should you need to cancel, please do so within 24 hours to avoid paying for a full treatment.
- Any changes or cancellations within six hours of your scheduled appointment will be charged at 50% of full service price.
- Shaving or waxing just prior to a treatment that includes a scrub is not recommended.
- Please arrive a minimum of 30 minutes prior to your treatment time to begin the relaxation process. Allow time to change into your robe and spa slippers. Late arrivals may receive a reduced treatment time.
- The spa is a place of relaxation and quiet, and we ask that you please turn off all cell
 phones and electronic devices during your spa visit.
- Enjoy massages in the privacy of your Cottage for an additional \$40 per person.
- Travaasa does not accept children under the age of 16.
- For your convenience, an 18% gratuity will be added to each spa service.



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Special Packages

For those who want the convenience of choosing a spa package, Travaasa offers several different options—including full- and half-day packages.

Hana Couple's Escape

\$450 per Couple

In your shared spa suite, this indulgent treatment starts o with an organic myrtle salt water foot soak and unrefined, sun-dried clay foot mask. You and your special someone will slip into deep relaxation with a soothing full body massage using our premium, organic Romance massage oil. Our nourishing scalp treatment finishes this head to toe treatment.

Total Balance \$285 per Person

Choose any 60 minute facial followed by any 90 minute treatment.

The Journey \$200 per Person

Unwind and renew from your journey to Hana with this holistic treatment. We combine the best of our organic facials and therapeutic, healing massages in to this integrated experience.

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Massage Therapies

Our massages run the gamut from energizing to deeply calming. No matter what your body craves, we have a special touch just for you.

Hawaiian Lomilomi

(60 minutes, \$130 - 90 minutes, \$185)

Lomilomi is a powerful native Hawaiian healing tradition. Lomilomi, literally translated means to "break apart". The long, rhythmic strokes, joint movement and deep kneading open the body and soothe the soul.

Deep Tissue Massage

60 minutes, \$140 - 90 minutes, \$195

Melt away deep seated tension and pain. This massage focuses on realigning deeper layers of muscle and connective tissue through slow, deep, direct movements in your problem areas.

Swedish Massage

60 minutes, \$130 - 90 minutes, \$185

This deeply relaxing and classic style of massage uses flowing techniques to ease stiffness, release tension and increase circulation.

Traditional Thai Massage

90 minutes, \$195 - 120 minutes, \$250

This ancient healing art of Thailand uses gentle compression, acupressure on specific energy lines, rhythmic stretching and warm herbal compresses. The yoga of massage.

Thai massage garments are provided.

Pohaku Wela Hot Stone

60 minutes, \$140 - 90 minutes, \$195

In the traditions of Hawai'i, smooth heated stones apply the elements of earth, air, fire and water to achieve a healing, centering, rejuvenating treatment as muscle tension melts.

Prenatal Massage

60 minutes, \$130

Perfect for that special mom-to-be. This massage can be performed in all stages of pregnancy and is designed to reduce fluid retention, increase muscle tone and soothe aching backs and necks.

Reflexology

60 minutes, \$130

Reflexology uses specific touch to stimulate points along meridian paths of the feet and hands that will soothe the entire body. This treatment includes a detoxifying foot soak, dry brush of feet and lower leg and balancing hand and foot massage.

Aquatic Renewal Therapy

60 minutes, \$140

Experience a whole new level of bodywork in Maui's first resort aquatic therapy pool. Drift into deep levels of relaxation. As you float and stretch in the therapist's arms without the pull of gravity, the warm water supports your body evenly, releases tension and produces a deep sense of renewed well-being. A bathing suit is required.

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Facial Therapies

Most Pure Facial

90 minutes, \$195

Blue Lotus, Papaya, Cocoa Bean, and Green Algae inspire this balancing, clarifying and restorative treatment. Indian Rassoul Clay is incorporated for its deep-cleansing and healing properties. Our signature Vedic Marma Cleansing Technique combined with wild-crafted bamboo, and ginger provide essential nutrition, replenish amino acids and purify the skin as it restores balance. Great for all skin types.

Oil Control Facial

60 minutes, \$135

Restore balance using Fair-trade Rice Germ, Blue Lotus, Algae extract and green and white clays to control excessive oil production and remove clogging impurities from skin. Wild-crafted Tiger Grass, Macadamia and organic Aloe and Ginger help heal blemishes and promote clear skin. Organic green and white teas provide antioxidant protection, soothe skin and even skin tone for a pure, clear and healthy complexion. Perfect for oily and combination skin.

Deep Moisturizing Facial

60 minutes, \$135

Quench dry, dehydrated skin with our organic, fair-trade cultivated and custom distilled Jasmine, along with organic Papaya, Jojoba and Shea Butter. Healing herbs will restore lasting hydration and elasticity while protecting skin from free radical damage. Fine lines and uneven skin texture are smoothed by Clovebud, Lychee and Turmeric. Essential for dehydrated, tired or jet lagged skin.

Firming Facial 60 minutes, \$135

Nourish, rejuvenate and firm your skin with this luxurious and highly effective facial. Combining organic Avocado, Macadamia nut, and Papaya, your skin will be gently hydrated. Restorative fruits and plants such Andiroba, Neroli and Buriti will smooth fine lines and renew elasticity of the skin. Sun-dried Sea Algae, Organic Aloe, green coffee oil and licorice root trap and remove impurities, leaving your skin firmer, brighter with a more radiant and youthful skin tone.

Hana Remineralizing Facial

60 minutes, \$140

Unrefined white and pink clays blended with the purest spirulina define this facial experience. Healing organic plants and flowers nourish parched skin. Inherent minerals will regenerate, oxygenate, and deeply stimulate your skin. Your skin will gently absorb the minerals, vitamins and moisture from our organic Cocoa Bean, Acai and Brazil Nut, leaving skin brighter, firmer, smoother, more youthful. Great for all skin types, especially mature or long term sun damaged skin.

Soothing Skin Facial

60 minutes, \$135

Our organic, botanical facial uses white clay to calm and nurture sensitive or sunoverexposed skin back to healthy balance. Organic Jasmine, Shea Butter, Aloe, Rose, Papaya and other healing plants and flowers will replenish the skins moisture level and restore a healthy, even tone. Sensitive skin and sunburned skin will also benefit from this facial. faciails

Kane (Gentleman's) Facial

60 minutes, \$135

The healing Blue Lotus has come to symbolize purity and balance. Our gentlemen's deeply cleansing and hydrating facial employs wild-crafted Blue Lotus, Algae Extract, Rice Germ, Bamboo, Ginger, Lemon and Tiger Grass to exfoliate and purify the skin and decongest pores. Perfect for a man's skin, this facial provides the full spectrum of skin benefits as nature intended.

Purifying Back Treatment

60 Minutes, \$135

Control excessive oil production and remove clogging impurities from skin with the healing properties of Algae and Green & White Clays. Tiger Grass and Lemon help heal blemishes and promote clear skin; green and white teas provide antioxidant protection, soothe skin and even skin tone for a pure, healthy complexion.

Add On Therapies

'Hnainai Pa'akai Sea Mineral Salt Scrub

30 Minutes, \$65

Traditionally used in Hawaiian culture to cleanse and purify the physical, energetic planes of the body. This is a truly beneficial way to start off your spa experience. Our mineral rich sea salt will gently buff away dead skin, leaving your body silky smooth.

Soothing & Healing Eye Treatment

\$40

Applied during mask resting time of any facial. Treat and revive tired or stressed eyes with Amala's Mineral rich eye pack. This Eye Pack will work to restore tone and elasticity and assist in minimizing dark circles, puffiness and fine lines. The delicate eye area will be soothed and rehydrated by our organic, wild-crafted seed oils, plants and flowers which are vital for the health and repair of our skin.

Dry Brush Treatment

30 Minutes, \$50

With this massage add on, dry skin will be brushed off, while stimulating the lymphatic system to help create the perfect balance.

Aromatherapy Scalp Treatment

15 minutes, \$35

This wonderful scalp treatment uses herbal oils of cinnamon and clove to stimulate and nourish your hair and scalp.

Aromatherapy Oil

\$10

Consider one of our selection of six premium organic massage oils to add to your treatment. Choose from Relaxing, Balancing, Warming, Energizing, Fitness or Romance.

In-Room Massage

Enjoy massages in the privacy of your Cottage for an additional \$40 per person.



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Body Treatments

Therapeutic, energetic, soothing, cleansing or stimulating; you decide which of our body treatments to delight in during your stay.

Refining Clay Body Wrap 90 Minutes, \$175

Unrefined, sun-dried pink clay blended with wild-crafted, organic Myrtle, Sandalwood, Lemon, Sea Algae and Wild Rose define this deeply cleansing and toning experience Witch Hazel, Organic Fig and Rosemary help balance and clear the mind while reducing stress and tension trapped in the body. This treatment includes a gentle exfoliation and comforting clay body wrap. Healing botanicals of organic Cypress, Juniper and Hyssop also help cleanse, tone, moisturize and deeply stimulate your skin.

Aromatherapy Massage & Warm Body Wrap

90 Minutes, \$185

Enjoy the calming and genuine healing properties of pure organic essential oils. This customized massage soothes the soul with your choice of Relaxing, Balancing, Warming, Energizing, Fitness or Romance massage oil blends. Your massage is followed with a warm body wrap to allow this pure oil blend to deeply penetrate your skin. During the wrap, a Harmonizing Ear & Scalp Massage is performed to usher your body and psyche into a state of total relaxation and renewal.

Detoxifying Algae Wrap & Massage 90 Minutes, \$185

Unrefined, sun-dried green clay blended with the purest spirulina defines this experience. Using Organic Myrtle, Sandalwood and Olive Stone to regenerate, oxygenate, and clarify your skin. Skin will be restored, rehydrated and protected by our organic Myrtle, Cypress, Hyssop and other healing plants and flowers, for pure, clean, firmer and smoother skin. A Swedish massage finishes this age defying treatment.

Hands & Feet

Your spa treatment wouldn't be complete without taking care of those two hardworking parts of our body: the hands and feet. Trust us, they will thank you for the bliss they feel after any one of our "only at Travaasa" treatments.

Hana Hydrating Hand Treatment

30 Minutes, \$65

Hands are exfoliated with organic olive stone and salt, and then wrapped in a detoxifying Myrtle and clay mask. Organic Jasmine, Papaya, Shea Butter and Jojoba strengthen the skin's moisture barrier and help prevent signs of aging, for smooth, healthy hands.

Hana Detoxifying Foot Treatment

30 Minutes, \$75

Feet are soaked in organic Myrtle Salt water, exfoliated with organic olive stone and salt, and wrapped in a detoxifying clay mask. Our organic Cypress, Hyssop and Juniper will cleanse, refresh, smooth and refine the skin, leaving your feet feeling silky, smooth and energized.

Waxing Services

Lip

15 minutes - \$20

Brow Shape

15 minutes - \$25

Full Leg

60 minutes - Starting at \$90

Bikini

30 minutes - Starting at \$75

Boutique

After your treatment, don't forget to visit our boutique, which offers an array of unique gifts, herbal teas, aromatherapy candles, all natural beauty products and Travaasa spa gift certificates.

