INSERT INTO 'product' ('name', amount, description, category_id) VALUES ('Chips & Salsa', 5.00, 'Tomato, jalepeno, cilantro, onion, & corn chips

br>(250 cal.)', 1);

INSERT INTO 'product' ('name', amount, description, category_id) VALUES ('Buffalo Wings', 4.00, 'Spicy buffalo sauce & chicken wings

br>(400 cal.)', 1);

INSERT INTO `product` ('name`, amount, description, category_id) VALUES ('Garden Salad', 3.50, 'Lettuce, tomato, carrot, cucumber, & creamy dressing

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INSERT INTO `product` (`name`, amount, description, category_id) VALUES ('Seafood Alfredo', 12.00, 'Parmesan cheese, butter, alfredo sauce, Fettuccine, and shrimp

br>(500 cal.)', 2);

INSERT INTO `product` (`name`, amount, description, category_id) VALUES ('Chicken Strips & Fries', 10.00, 'Sliced chicken breast fried to perfection and crispy fries

br>(450 cal.)', 2);

INSERT INTO `product` (`name`, amount, description, category_id) VALUES ('Burger & Fries', 10.00, 10.00)

INSERT INTO 'product' ('name', amount, description, category_id) VALUES ('Cheesecake', 5.00, 'Just heavenly. (200 cal.)', 3);

INSERT INTO 'product' ('name', amount, description, category_id) VALUES ('Brownie & Ice Cream', 4.00, 'Fudgy chocolate brownie with vanilla ice cream

br>(300 cal.)', 3);

'Beef patty, lettuce, tomato, mayo, american cheese, & add Bacon for \$.50
br>(500 cal.)', 2);

INSERT INTO `product` ('name`, amount, description, category_id) VALUES ('Water', 0.00, '(0 cal.)', 4); INSERT INTO `product` ('name`, amount, description, category_id) VALUES ('Tea', 2.00, '(100 cal.)', 4); INSERT INTO `product` ('name`, amount, description, category_id) VALUES ('Coke', 2.00, '(150 cal.)', 4);

INSERT INTO 'product' ('name', amount, description, category_id) VALUES ('Diet Coke', 2.00, '(50 cal.)', 4);