Smart Cradle System for Automated Baby Monitoring

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***Abstract*—Parents attending to newborns often suffer from sleep deprivation. Our smart cradle attempts to reduce parents' loads by attempting to put the baby to sleep without parental intervention. The system uses a combination of a motion sensor and a camera system to detect the baby waking up and employs an AI component to decide the appropriate lullabies to play and the intensity of the cradle's rocking motion depending on the baby's current mood. The system notifies the parents via WiFi only if it fails to put the baby to sleep within a certain time threshold, thereby allowing parents to sleep better without needing to attend to their newborn unless necessary. The AI component can be used to monitor for other signs of distress and notify the parents accordingly.**

***Index Terms*—baby monitor, computer vision, cry detection, cradle**

I. INTRODUCTION

The reason behind our idea was the endless complaints from parents of toddlers from all over the world, be it our close relative, a mentor, or a colleague, and posts on social media, about one thing, "Sleep". The recommended hours of sleep for an adult would be at least 7 hours, but for parents with toddlers, it's just a dream. To make it a reality, we have proposed this idea which will take care of both parties, the child and the parent. Our main goal is to create a device that will be very customizable according to the baby's needs. It will act as a part-time nanny to take care of a baby's immediate tantrums and the system will be built in such a way that the robot will only alert the parents if the baby's cry is a cry for help. Primary users of this system are going to be both parents as well as neonatal wards of healthcare facilities. The system will reduce the stress on caregivers and babies.

Parents of newborns lose an average of 6 months of sleep in the first 24 months of their parenthood [7]. A survey was carried out to understand the difficulties of new parents that they go through regularly, especially while the baby is asleep and wakes up suddenly for certain needs. The responses are supposed to be effective enough for us to understand how an automated cradle system would reduce the troubles of new parents so that they can maintain a better lifestyle at that point.

Out of 70 participants that were mostly around the age of 25-40, it was found that 72.7% of new parents are suffering from sleep deprivation, and it's also seen that more than half (54.5%) of the people ask for help from family and friends, which seems to be a hassle for both parties. All participants believed that it is very difficult to respond to the baby waking up in the middle of the night. The baby might wake up due to any possible reasons like hunger, defecation, etc., but the results show that 50% of the people delay in responding, which turns the situation into a risk-taking one. Also, most people (91%) believe that getting the baby back to sleep requires extremely hard work and is also time-consuming. Hence 72.7% of people voted yes to the fact that an automated cradle system would be of great help to them, and they would buy it if it were available in the market, which proves the necessity and market demand for the automated cradle.

II. RELATED WORKS

A. EMOTION RECOGNITION

Automated *Smart Cradle System with Emotion Recognition* [24] has existed in the market for some time now. However, uplifting effectiveness has been a constant attempt, hence the innovations. The main goal is to monitor babies and notify parents when needed, and the system comprises features like emotion recognition, automatic swinging of the cradle, sensing the wetness of the baby's bed, monitoring the presence of the baby in the cradle, and detecting the crying voice of a baby. The features accumulate to send emails to the parent and were made using raspberry pi 3, wet sensor, PIR sensor, sound sensor, cry pattern circuit, and camera.

B. Facial Expression Set

In this article, it was introduced that the *Child's Affective Facial Expression (CAFE) Set*[25] sets a new stimulus set for

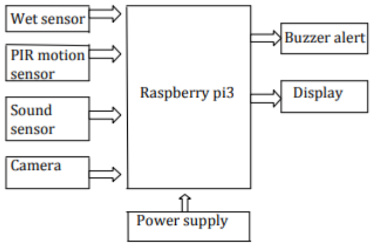

Fig. 1. Block Diagram

Emotion	N	Mean % correct (Time 1)	Mean % correct (Time 2)	Std. deviation (Time 1)	Std. error of mean (Time 1)	Cronbach's alpha (T1,T2)
Afraid	140	0.42	0.49	0.50	0.004	0.46
Angry	205	0.66	0.65	0.47	0.003	0.50
Disgust	191	0.64	0.66	0.48	0.003	0.50
Happy	215	0.85	0.83	0.36	0.002	0.40
Neutral	230	0.66	0.65	0.48	0.003	0.50
Sad	108	0.62	0.63	0.49	0.005	0.52
Surprise	103	0.72	0.65	0.45	0.004	0.42
Total	1192	0.66	0.66	0.47	0.001	0.77

Table-1: Descriptive Statistics for Seven Categories Of Facial Expressions In The CAFÉ Set

the study of emotional development. To explore the developmental interpretation of these emotions, researchers recently began to emphasize the significance of having kid examples of the many emotional expressions. Even though the CAFE set only consists of seven ostensibly fundamental emotions, the set's inherent diversity will enable researchers to spot faces that are reminiscent of more subtly expressed forms or faces that combine other emotional expressions, as it includes 1192 images. CAFE includes two subsets of faces: Subset A, which only contains highly stereotypical examples of the various facial expressions, and Subset B, which solely consists of faces.

With the development of neuroscience technologies, clinical research has augmented emotion perception. Many people's faces were photographed for getting the Child Emotional Faces Picture Set [26] to make use of the stimulus to tabulate and gather results to increase reliability and validity. The pictures were categorized into 7 forms. A dataset has been created then with two conditions: direct and averted gaze. To check for validity, 20 raters were appointed and asked to understand the emotion and rate the intensity and representativeness. The limitation set was to appoint adult raters from places where they used to work with children. The results tabulated successfully ended up providing a dataset that will be used for manufacturing relevant bots.

According to The *Perception of Facial Expressions in Newborns* [27], the newborns' facial movements did not alter with the various simulated expressions, and observers were unable to determine the modeled expression by looking at the infants' features, hence these authors could not uncover evidence for selective imitation of emotional facial expressions. Importantly, this was not a result of the technique's

Emotion	N	Mean % correct (Time 1)	Mean % correct (Time 2)	Std. deviation (Time 1)	Std. error of mean (Time 1)	Cronbach's alpha (T1,T2)
Afraid	79	0.45	0.52	0.50	0.006	0.42
Afraid open	61	0.38	0.46	0.49	0.006	0.44
Angry	121	0.66	0.64	0.48	0.004	0.52
Angry open	84	0.66	0.68	0.47	0.005	0.47
Disgust	96	0.54	0.56	0.50	0.005	0.55
Disgust open	95	0.73	0.77	0.44	0.005	0.37
Happy	120	0.93	0.91	0.25	0.002	0.16
Happy open	95	0.74	0.73	0.44	0.005	0.40
Neutral	129	0.86	0.84	0.35	0.003	0.37
Neutral open	101	0.40	0.40	0.49	0.005	0.47
Sad	62	0.75	0.74	0.43	0.005	0.48
Sad open	46	0.45	0.47	0.50	0.007	0.48
Surprise	103	0.72	0.65	0.45	0.004	0.42
Total	1192	0.66	0.66	0.47	0.001	0.77

Table-2: Descriptive Statistics for Seven Categories Of Facial Expressions In The Full CAFÉ Set With Open And Closed Expressions Listed Separately.

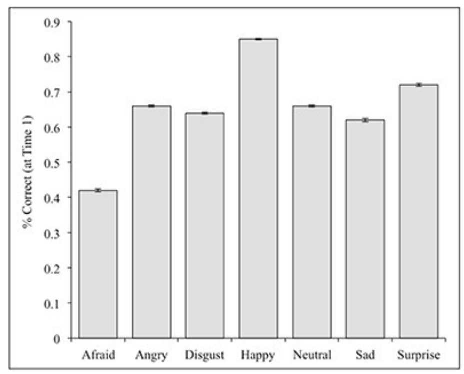

Table-3: Descriptive Statistics for Seven Categories Of Facial Expressions In The Full CAFÉ Set With Open And Closed Expressions Listed Separately.

sensitivity as there was strong evidence that the tongue protrusion measurements matched the model. Three tests have been conducted to distinguish between neutral, fearful, and happy facial expressions. The results were compared using two different parametric tests. In this study, evidence has been found that people prefer to look at cheerful faces for longer periods than at scared ones.

III. Methodology

A Passive Infrared (PIR) motion sensor is used to detect the baby's motion. An Arduino microcontroller interprets motion above a set threshold to signal distress and triggers a video camera. Processing the video feed occurs on an Android smartphone using a low-power ARM chip. Computer vision is used to analyze the video feed to recognize the current emotional state of the baby in the cradle.

Convolution Neural Networks (CNN) is the current state of the art for computer vision applications, with a variety of different high-performance architectures available. Due to the low processing power available to mobile CPUs, MobileNetV2 is used in this project since it provides an excellent balance between detection accuracy and lightweight computational requirements [6]. Transfer learning is used to train the pre-trained model on a dataset consisting of baby faces that range between the classes: ”distressed”, ”neutral”, and ”happy”. 7

For each of the states, a playlist of lullabies is maintained that is best fit to soothe the baby towards falling asleep. The system continuously monitors the baby while awake and dynamically adjusts the music to the baby’s current emotional state.

Failing to put the baby to sleep within a set threshold period, the system pushes notifications to a list of caretakers’ cell phones via WiFi.

The system is reset either by a responding caretaker or if the baby falls asleep.

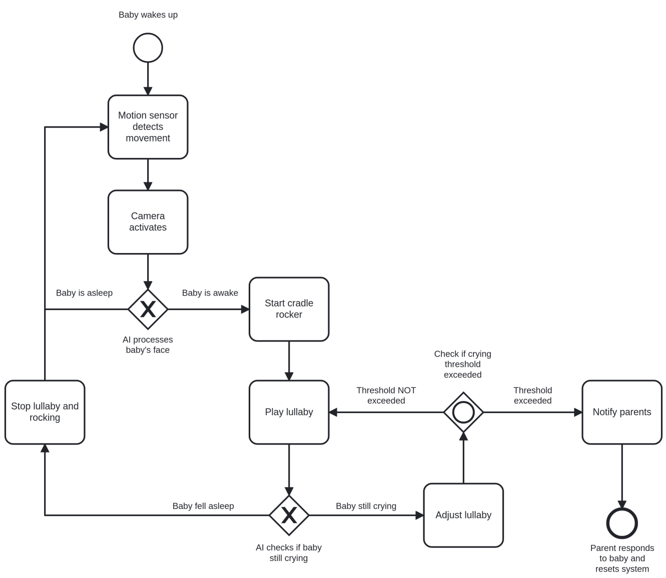

Fig. 2. Event Loop of Smart Cradle

IV. System Design

A. Hardware

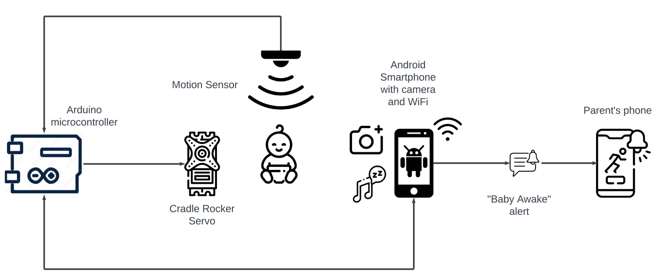

Fig. 3. Hardware Components of Smart Cradle

The scaled-down prototype consists of readily available hobbyist-grade components. An Arduino Uno microcontroller is connected to an HC-SR501 PIR motion sensor, an SG90 mini servo motor for rocking the cradle, and an Android Smartphone.

The smartphone is an extremely flexible, versatile platform that is already available at hand and performs the task of

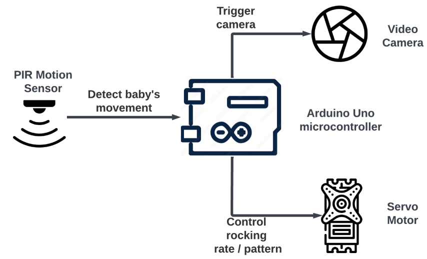

Fig. 4. Micro-controller responsibilities

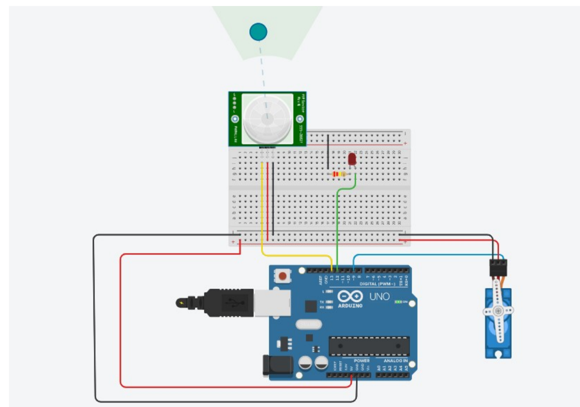

Fig. 5. Prototype of Smart Cradle

multiple standalone components - saving both prototyping cost and complexity. It performs the role of a standalone camera unit, music player, speaker, Internet connectivity/WiFi module, and computer vision processor. Communication between the microcontroller and the smartphone occurs via USB.; which also provides DC power to the Arduino and the servo motor.

B. Software

The system has two separate Android applications.

1) The caretaker-side application (i.e. the baby monitor app) does the following:

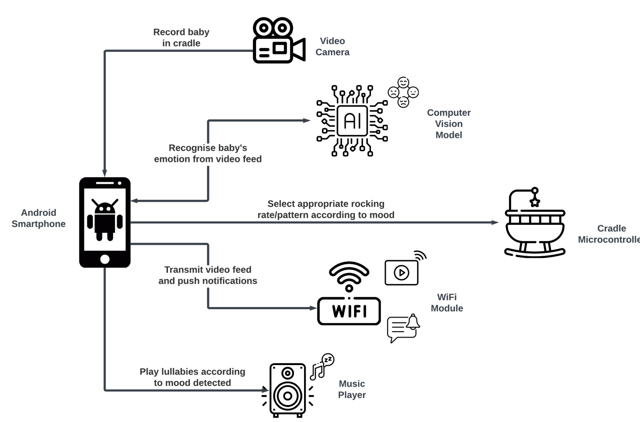

Fig. 6. Android smartphone responsibilities

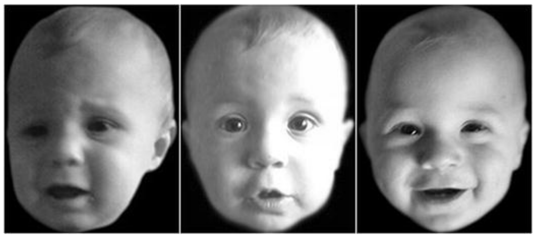

Fig. 7. Samples from the City Infant Faces Database

TABLE I
ACCURACY PER CLASS

Class	Accuracy	# Samples
happy	0.89	9
neutral	0.71	7
negative	0.56	9

- receives alerts via push-notifications
- receives and views video feed from the cradle on demand.

2) The cradle-side applications are responsible for:
   - recording and transmitting video from cradle
   - running inferences on the video feed
   - playing appropriate lullabies based on inference
   - pushing alert notifications to baby monitor app via WiFi

V. RESULTS

The City Infant Faces Database - comprising 60 photographs of positive (”happy”) infant faces, 54 photographs of negative (”distressed”) infant faces, and 40 photographs of neutral infant face [8] - is used to train the AI model used in the prototype.

VI. DISCUSSION AND CONCLUSION

A. Training Limitations

Transfer learning allows for training computer vision models despite limited data availability. The dataset used to train this model is much too small even then. To improve system reliability, a larger dataset must be used to train the model to yield better detection accuracy.

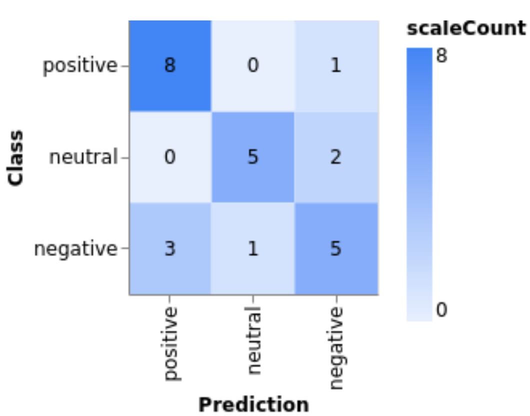

Fig. 8. Confusion Matrix

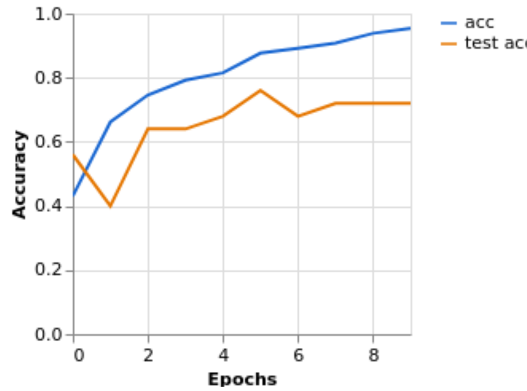

Fig. 9. Accuracy per epoch

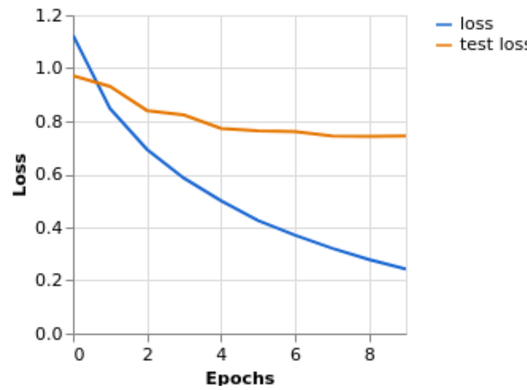

Fig. 10. Loss per epoch

B. Future Scope

For ease of prototyping, only three classes of emotions have been chosen for the model to detect. An actual system will of course not be subject to such a limitation. Computer vision can be used to detect a much wider and finer range of emotions and states. Parents may even be warned of the baby in risky positions.

The goal of this project was to build a base to expand upon and we believe we have succeeded in that regard. The android app developed can easily be integrated with a more advanced model.

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