

Ally, the Alzheimer's App – User Interview Script

Introduction:

This interview is to help us understand the lifestyle of caregivers. We'd love to know more about what your daily life looks like and what it takes to be a caregiver for dementia patients. You can be completely honest with us. We really want to gather insights from your duties as a caregiver and how it affects you so we can use them to create a solution that will aid you in your job.

Q1. Why did you start caregiving?

Q2. Why did you choose to be a caregiver for dementia patients (if you chose it)?

Q3. What is your motivation for caregiving?

Topic 1: Understanding Needs for the Caregiver

Q4. How satisfied do you feel with your job?

Q5. Do you think your employment as a caregiver has affected your health in any way and if so, why?

Q6. Tell me about the last time you felt seriously stressed at your job.

Q7. What is the most difficult part of your job and why?

Q8. What do you enjoy the most about the job and why?

Topic 2: Understanding the Needs of a Caregiver when Working with a Dementia Patient

Q9. What are some typical interactions that occur between you and your patient?

Q10. What activities do you perform that are not necessarily needed for the patient's care but facilitate you when you work?

Q11. Give me examples of difficult activities/tasks that need to be done to care for the patient.

Q12. What happens if you are not able to take care of your patient because of an emergency?

Q13. How do you feel when you are away from your patient?

Topic 3: Identify what areas can be improved or elaborated upon.

Q14. Does your patient currently engage in any memory enhancing/strengthening practices? (e.g. mind games, puzzles, etc.)

Q15. Does your patient ever have trouble communicating his or her needs to you? If yes, can you describe these situations?

Q16. Do you feel you have a community you can depend on or go to if you need help providing care for your patient?

Q17. Have you ever used an application or technology that had such a difficult learning curve that it has prevented you from trying to use it?

Q18. How do you feel about using health/wellness mobile applications or wearable technology?

Wrap-Up:

Q19. Is there anything else you'd like to share about your experience as a caregiver?

Thank you so much for your time. This information will be very valuable to us. If you have any other questions for the team and I, please don't hesitate to email us.