## **THEORAY** — Variable Glossary with Measurement References

This document defines each core variable used throughout THEORAY, and where possible, offers reference points or proxies for measurement across different systems (human, planetary, atomic).

- $\Delta\Phi$  Incoming field pressure or distortion; measured as emotional load, energy spike, system input (stress, force, signal).
- E Energy; motion within containment. Can be measured through physical energy output, emotional drive, or momentum in field behavior.
- R Radiation; energy leaving the system. Observable as signal, expression, output, or heat loss.
- R<sup>d</sup> Destructive radiation; emitted due to destabilization (e.g., emotional outbursts, collapse events, decay emissions).
- R<sup>c</sup> Constructive radiation; output that sustains recursion (e.g., breath, voice, action, propulsion).
- M Motion; recursive signal cycling. Measurable through physical movement, thought loops, emotional rhythm.
- C Containment; system's ability to hold structure. Measured by system resilience, emotional regulation, structural stability.
- $\Sigma C$  Total containment coherence; cumulative structural memory. Measured through long-term stability, resilience, or stored energy.
- dC/dt Rate of containment adaptation; measured as reaction time, flexibility, or ability to integrate change.
- Rc Reality compression; ratio of stabilized input to total input. Measured through memory retention, clarity, or presence.
- $\tau$  Perceived time; pressure over containment adaptation rate. Felt in time dilation, stress perception, or recursion speed.
- D Decay; breakdown due to unprocessed energy. Measurable via structural degradation, burnout, system failure.
- T<sup>d</sup> Recursive time depth; accumulated adaptations. Seen in wisdom, depth of pattern memory, geological layering.
- $T^{o}$  Total output time; total signal broadcast. Measured through presence over lifetime, legacy, or radiation signature.
- RAY(t) Recursive signal output over time. Observable in breath, voice, behavior, creative or cognitive cycles.

- $\check{R}_l$  Recursive yield (internal); percentage of output that loops back in. Measured through feedback retention, self-awareness.
- $\mathring{R}_r$  Radiation yield (external); percentage of output that escapes. Measured through expressiveness, presence, heat, or decay.
- G Gravity; containment over radiation, scaled by distance. Measured via mass interaction, emotional pull, or orbital force.
- Đ Distance; physical or relational. Interpreted in Rc terms as resonance or signal penetration.
- $S_r$  Recursive signal distance; depth of signal penetration into another system relative to containment. Measured intuitively through emotional proximity, influence.
- $\Delta$ RAY(t) Signal mutation event; change in output signature from field disruption. Measured as behavioral change, presence shift, or post-collapse signal signature.
- $C_p$  Compatibility pressure; net recursive effect of one system on another. Measured through relational stability over time.
- $R_s$  Relational stability; ( $\Delta\Phi_+$   $\Delta\Phi_-$ ) /  $\Delta\Phi_-$ total. Measured through net field effect over time in pairs.
- $T_s$  Triadic stability; stability across three systems. Measured through mutual Rc and resonance distribution.