

$$\begin{aligned}
I &= \int_0^{\frac{\pi}{2}} \frac{\tan^{-1}(\sin t)}{\sin t} dt = \sum_{n=0}^{\infty} \frac{(-1)^n}{2n+1} \int_0^{\frac{\pi}{2}} (\sin t)^{2n} dt = \\
&= \sum_{n=0}^{\infty} \frac{(-1)^n}{2n+1} \cdot \frac{(2n-1)!!}{(2n)!!} \cdot \frac{\pi}{2} \\
\frac{1}{2n+1} &= \frac{1}{2} \cdot \frac{1}{n+\frac{1}{2}} = \frac{1}{2} \cdot \frac{(1/2)_n}{\frac{1}{2}(3/2)_n} = \frac{(1/2)_n}{(3/2)_n} \\
\frac{(2n-1)!!}{(2n)!!} &= \frac{(n-\frac{1}{2}) \cdot \dots \cdot \frac{1}{2}}{n \cdot \dots \cdot 1} = \frac{(1/2)_n}{(1)_n} \\
I &= \frac{\pi}{2} \sum_{n=0}^{\infty} \frac{(1/2)_n (1/2)_n}{(3/2)_n (1)_n} (-1)^n = \frac{\pi}{2} {}_2F_1\left(\frac{1}{2}, \frac{1}{2}; \frac{3}{2}; -1\right) \\
{}_2F_1\left(\begin{matrix} a, b \\ c \end{matrix}; z\right) &= \frac{\Gamma(c)}{\Gamma(b)\Gamma(c-b)} \int_0^1 t^{b-1} (1-t)^{c-b-1} (1-tz)^{-a} dt \\
a=b=\frac{1}{2}; \quad c=\frac{3}{2}; \quad z=-1 \\
{}_2F_1\left(\frac{1}{2}, \frac{1}{2}; \frac{3}{2}; -1\right) &= \frac{\Gamma(3/2)}{\Gamma(1/2)\Gamma(1)} \int_0^1 t^{-1/2} (1-t)^0 (1+t)^{-1/2} dt = \\
&= \frac{1}{2} \int_0^1 \frac{dt}{\sqrt{t^2+t}} = \frac{1}{2} \int_0^1 \frac{dt}{\sqrt{(t+\frac{1}{2})^2 - (\frac{1}{2})^2}} = \\
&= \left[\begin{matrix} t+\frac{1}{2} = \frac{1}{2} \cosh \theta \\ dt = \frac{1}{2} \sinh \theta d\theta \end{matrix} \right] = \frac{1}{2} \int_0^{\cosh^{-1} 3} \frac{\frac{1}{2} \sinh \theta d\theta}{\frac{1}{2} \sinh \theta} = \frac{1}{2} \cosh^{-1} 3 = \ln(1+\sqrt{2}) \\
I &= \frac{\pi}{2} \ln(1+\sqrt{2})
\end{aligned}$$