

WR 120: Kinds of Minds  
Prof. Schaaf  
October 11, 2023

Date and time of my run:  
October 4th at 12:30 pm

Things I observed:

- Many bikers and groups of runners
- Geese along the walking trail (weren't afraid of humans??)
- People sitting along the benches of the esplanade
  - Mostly chatting with one another
  - Enjoying the hot and nice weather
  - So many bunnies! They were everywhere along the grass and by the path
- So many trees and greenery
  - Water was surprisingly disgusting/murky
- Sailors out on the Charles River



- Super windy, scooping water out of their boats!!
- I didn't realize MIT was just across the river, so when I turned back from the esplanade, I decided to go on an adventure
- I made it to MIT! I rested in the shade in the middle of the main lawn and people watched MIT students come in and out of class
  - MIT students are surprisingly normal... overheard a conversation about quantum physics and then decided it was time for me to head back!!

1. In her TED talk, Grandin mentions verbal thinkers, visual thinkers, and pattern thinkers. If you had to choose ONE of these with which you most identify which ONE would you choose? Verbal thinker OR Visual thinker OR Pattern thinker

Visual Thinker

2. Grandin states that autistic individuals are often detail-oriented thinkers. Are you a detail-oriented thinker OR a big picture thinker OR equal blend of both?

detail oriented thinker

3. Grandin discusses the need to expose kids to a variety of topics/situations so they can find what they're interested in. Briefly describe a topic, area, or activity which you were grateful to be exposed to and why you became interested in it.

work environment

4. Do you openly/publicly identify as neurodiverse? YES OR NO No

5. In her cartoon that contrasts ADHD Storytelling with Non-ADHD Storytelling and in "Sharing Thoughts," Donovan depicts her perspectives on how individuals with ADHD share stories, thoughts, and ideas. If you were to create a cartoon of how you share with your closest friends what would it look like and why? (think about objects, shapes, colors, other aspects of visual style, etc.)

All over the place, getting distracted mid story-telling

6. Overall many humans tend to rely most on sight. Which sense OTHER THAN SIGHT is most important to you? Why? Hearing Smell Touch Taste  
Hear

7. Which ONE of these non-human minds below would you most want to journey into? (if there are no risks in doing so) Briefly explain what fascinates you most about experiencing the world through the kind of non-human mind you choose.  
Another mammal Bird Fish Reptile Mollusk Insect

Bird (pigeon)

8. Birch et al. discuss five dimensions of consciousness in the context of non-human animals: p-richness, e-richness, integration at a time (unity), integration across time (temporality), self-consciousness (selfhood). Which ONE of these is most interesting to you? Why?

self-consciousness because it is very important to be self conscious!

9. Do you identify with a specific social class? YES OR NO Yes

10. Do you consider yourself bi/multilingual? YES OR NO

slightly bilingual in korean

11. Do you identify with more than one culture? YES OR NO

Yeah i guess

12. Name a culture or sub-culture you belong to/identify with.

Briefly describe an experience, set of interactions, or tradition that you enjoy and associate with that culture/sub-culture. Why do you find this experience, interactions, or tradition memorable? Culture and sub-culture for this question can be ethnic, national, regional, focused on an activity you enjoy, etc.

Korean culture, because I grew up with it

13. In relation to your peers, how likely do you feel you are to take risks on a scale of 1-5, with 1 being extremely likely to take risks in most situations and 5 being extremely unlikely to take risks in most situations. 1 2 3 4 5

2.5

14. Describe a risk you are glad you took. What made the decision risky? Why are you grateful you decided to take a chance?

skydiving

15. Choose 3 activities of the 12 creative activities below that you would be most interested in doing. Rank them 1-3 in order of preference (1 = most preferred)

Writing songs Writing stories or film scripts Drawing/painting pictures

Taking photographs/videos Designing video games Designing scientific experiments

Designing products or devices Designing fun activities for kids Performing in plays

Working behind the scenes in theater Playing an instrument/singing for an audience

1. Drawing/painting pictures

2. Designing scientific experiments

3. Taking photographs/videos

16. Csikszentmihalyi argues for the importance of Interest, Perseverance, Dissatisfaction, and Social Context for being intrinsically motivated and making significant creative contributions. Think of a specific area/activity for which you have long felt a strong intrinsic motivation. Which of Csikszentmihalyi's four aspects do you think has been MOST important to your motivation in this area? They are likely all significant but CHOOSE JUST ONE that seems most important.  
Interest OR Perseverance OR Dissatisfaction OR Social Context

Dentistry (Interest)

17. What's your major or a potential major you think you might want to pursue?  
Neurobiology

18. Which 3 of Gardner's 9 Intelligences are strongest in you? Rank them 1-3.

1. Intrapersonal
2. Logical mathematical
3. Interpersonal

19. Do you believe your thinking is affected by whether you are sitting or walking?  
YES OR NO If yes, how is it affected? If no, why do you think it is not?

No, I get easily distracted, so when walking with the presence of outside influences I'm not able to focus on what I am thinking about.

20. As Otis describes, cognitive neuroscientist Maria Kozhevnikov's studies showed that what has often been called visual thinking involves two distinct ways of processing information – spatial abilities which involve perceiving an object's distance, dimensions, direction, and speed and object skills which consist of recalling an object's shape, color, texture, and surface details. Evaluate your abilities in these areas. Do you think you have . . . Stronger Spatial Abilities OR Stronger Object Skills OR Are Equally Strong in Both

object skills

21. Name a potential job that interests you. Does this job connect directly to your major or potential major? YES OR NO  
Dentist, Yes

22. In what ways do you think that your interest in this job might link to the kind of mind you already have? In what ways do you think that working in this job might (re)shape your mind?  
Logical-mathematical, improve interpersonal intelligence with patient interactions.

23. What's the hardest thing you've ever had to learn? What was difficult about it/why was it difficult?

chem 101: all the new material being taught and figuring out how to study and how to study well.

24. Describe the kind of thinking that is most pleasurable for you. Why is that type of thinking so fun?

Creative thinking, there's no wrong answers so it's more enjoyable

25. If someone said to you, "Take a walk on Comm Ave" what specifically would you first picture if you imagined yourself doing that? Write 4-5 phrases or 1-2 sentences to describe what images initially come to your mind.

Walking past Marsh Chapel and crossing the bridge on the way to Target. Also almost getting hit by cars and scooters on the way.