

Charles River Esplanade Assignment

Date: 10/5/2023

Time: 10:55-11:30

Notes:

- A Large group of bikers wearing similar clothing came along. They don't seem to be extremely impressed by the view into the water when they all stop there to take a break. They must be from here, accustomed to the pretty view.
- A harmony of the water and wind, mixed with traffic from the nearby streets. Perfectly reflects the connection between city and nature in this park.
- It's not crowded here at all. I'm suppressed essentially everyone spends their time in the busy crowded city, and not in this peaceful park just minutes away.
- I need to come here more often



A moment overseeing the river and skyline, surrounded by nature from the park.

1. In her TED talk, Grandin mentions verbal thinkers, visual thinkers, and pattern thinkers. If you had to choose ONE of these with which you most identify which ONE would you choose? Verbal thinker OR Visual thinker OR Pattern thinker

Pattern Thinker

2. Grandin states that autistic individuals are often detail-oriented thinkers. Are you a detail-oriented thinker OR a big picture thinker OR equal blend of both?

A blend of both

3. Grandin discusses the need to expose kids to a variety of topics/situations so they can find what they're interested in. Briefly describe a topic, area, or activity which you were grateful to be exposed to and why you became interested in it.

Coding/programming

4. Do you openly/publicly identify as neurodiverse? YES OR NO

No

5. In her cartoon that contrasts ADHD Storytelling with Non-ADHD Storytelling and in "Sharing Thoughts," Donovan depicts her perspectives on how individuals with ADHD share stories, thoughts, and ideas. If you were to create a cartoon of how you share with your closest friends what would it look like and why? (think about objects, shapes, colors, other aspects of visual style, etc.)

Straight forward, open

6. Overall many humans tend to rely most on sight. Which sense OTHER THAN SIGHT is most important to you? Why? Hearing Smell Touch Taste

Hear

7. Which ONE of these non-human minds below would you most want to journey into? (if there are no risks in doing so) Briefly explain what fascinates you most about experiencing the world through the kind of non-human mind you choose.

Another mammal Bird Fish Reptile Mollusk Insect

Fish (goldfish)

8. Birch et al. discuss five dimensions of consciousness in the context of non-human animals: p-richness, e-richness, integration at a time (unity), integration across time (temporality), self-consciousness (selfhood). Which ONE of these is most interesting to you? Why?

self-consciousness: being aware and introspective

9. Do you identify with a specific social class? YES OR NO

Yes

10. Do you consider yourself bi/multilingual? YES OR NO

slightly (un poquito)

11. Do you identify with more than one culture? YES OR NO

No

12. Name a culture or sub-culture you belong to/identify with.

Briefly describe an experience, set of interactions, or tradition that you enjoy and associate with that culture/sub-culture. Why do you find this experience, interactions, or tradition memorable? Culture and sub-culture for this question can be ethnic, national, regional, focused on an activity you enjoy, etc.

Boston University, I live here and am surrounded by others who share it with me.

13. In relation to your peers, how likely do you feel you are to take risks on a scale of 1-5, with 1 being extremely likely to take risks in most situations and 5 being extremely unlikely to take risks in most situations. 1 2 3 4 5

2

14. Describe a risk you are glad you took. What made the decision risky? Why are you grateful you decided to take a chance?

moving schools

15. Choose 3 activities of the 12 creative activities below that you would be most interested in doing. Rank them 1-3 in order of preference (1 = most preferred)

Writing songs

Writing stories or film scripts

Drawing/painting pictures

Taking photographs/videos

Designing video games

Designing scientific experiments

Designing products or devices

Designing fun activities for kids

Performing in plays

Working behind the scenes in theater

Playing an instrument/singing for an audience

1. Designing video games

2. Designing products or devices

3. Working behinds the scenes in theater

16. Csikszentmihalyi argues for the importance of Interest, Perseverance, Dissatisfaction, and Social Context for being intrinsically motivated and making significant creative contributions. Think of a specific area/activity for which you have long felt a strong intrinsic motivation. Which of Csikszentmihalyi's four aspects do you think has been MOST important to your motivation in this area? They are likely all significant but CHOOSE JUST ONE that seems most important.

Interest OR Perseverance OR Dissatisfaction OR Social Context

Definitely Interest, having an interest in something gives a reason to want to know more, aptitude, for many things but one is playing the piano or rubix cubes or geography or history

17. What's your major or a potential major you think you might want to pursue?
computer science

18. Which 3 of Gardner's 9 Intelligences are strongest in you? Rank them 1-3.
Intrapersonal, bodily-kinesthetic, logical-mathematical

19. Do you believe your thinking is affected by whether you are sitting or walking?
YES OR NO If yes, how is it affected? If no, why do you think it is not?

YES! Absolutely, when having an important phone call, needs to be walking, so better verbal skills. If focusing on something analytical, numerical, needs to be sitting.

20. As Otis describes, cognitive neuroscientist Maria Kozhevnikov's studies showed that what has often been called visual thinking involves two distinct ways of processing information – spatial abilities which involve perceiving an object's distance, dimensions, direction, and speed and object skills which consist of recalling an object's shape, color, texture, and surface details. Evaluate your abilities in these areas. Do you think you have . . .

Stronger Spatial Abilities OR Stronger Object Skills OR Are Equally Strong in Both

Stronger Object Skills

21. Name a potential job that interests you.
Does this job connect directly to your major or potential major? YES OR NO
Software Engineer, so yes that does directly connect to major

22. In what ways do you think that your interest in this job might link to the kind of mind you already have? In what ways do you think that working in this job might (re)shape your mind?
Software engineering is highly technical and analytical, so it will help improve critical thinking skills. Already has a pretty analytical mind.

23. What's the hardest thing you've ever had to learn? What was difficult about it/why was it difficult?
calculus, because there's a lot of memorization

24. Describe the kind of thinking that is most pleasurable for you. Why is that type of thinking so fun?

Reflective thinking, because it's enjoyable to be introspective and exploring myself and how I feel.

25. If someone said to you, "Take a walk on Comm Ave" what specifically would you first picture if you imagined yourself doing that? Write 4-5 phrases or 1-2 sentences to describe what images initially come to your mind.

I think of the late nights walking alone to and from the gym. The walks can be quiet and lonely so its easy to get consumed in my own thoughts, but i also believe its healthy and a good time for me to reflect. I see myself forgetting the present moment, and being stuck on what recently happened or what is soon to happen