

Walk begun at 9:50 AM Thursday, 10/5

- I first notice the piles and piles of acorns on the sides of the overpass, tumbling and cracking as bikes ride over them or as I step on them. They roll around, hard shells making noises against the concrete.
- All along the trail people are weaving around each other, bikes and scooters passing those of us walking.
- I see a mural and art with birds, butterflies, flowers, patterns, beautiful in a space that is rusted and supposed to be ugly because it's a water/electricity box.
- A hoard of geese ahead, splitting slowly to either side of the pass as people move through them
- I walked out to the dock, found an emptied bottle of alcohol and geese poop, discarded food and trash from the time kids spent out there during late nights.
- The dock swayed its weight which each step I took outward.
- Looking at the "desire paths" next to the paved walkway, showing where people habitually walk to avoid others or move on dirt rather than concrete.
- Bikes and scooters quickly whiz around geese and people at a dangerous speed
- Straight ahead on the path before it curves, an opening of the guardrail opens straight to the highway, if you were to keep walking straight you would walk right onto Storrow drive.
- I walk over to a fallen tree in the water, that instead is split in two directions, hanging together by a small branch across the middle
- Another strip of mural, narrowing the path to be right along the water and highway
- I see the exit off Storrow drive I always take, looking at it from a completely new angle
- Noticing people's litter, little pink feathers and trash like crushed cups, cigarettes, straws, package mailers, shake shack bags.
- I notice people have graffiti'd over the murals, but that it's been painted over to preserve the original art
- I notice a squirrel perched behind on a bench, peering over anxiously
- Goose looks elegant for a moment, slowly blinking its eyes in the sunlight while resting
- I wonder how the geese and ducks get onto the dock from the water as i see a group of them swimming over



A crack in the mural below Storow drive where a plant has poked through. I loved it's positioning in the lighter blue circle.



The exit I would take off of Storrow Drive from growing up in the Boston area. It was very interesting to see it from the opposite side.



Here is a fallen tree I saw that fell in different directions, but had this bridge-like part of it connecting each side.

1. In her TED talk, Grandin mentions verbal thinkers, visual thinkers, and pattern thinkers. If you had to choose ONE of these with which you most identify which ONE would you choose? Verbal thinker OR Visual thinker OR Pattern thinker

Visual thinker

2. Grandin states that autistic individuals are often detail-oriented thinkers. Are you a detail-oriented thinker OR a big picture thinker OR equal blend of both?

Equal blend of both

3. Grandin discusses the need to expose kids to a variety of topics/situations so they can find what they're interested in. Briefly describe a topic, area, or activity which you were grateful to be exposed to and why you became interested in it.

Exposed to the restaurant class in high school... worked in a restaurant and loved having background for it

4. Do you openly/publicly identify as neurodiverse? YES OR NO

Unsure

5. In her cartoon that contrasts ADHD Storytelling with Non-ADHD Storytelling and in “Sharing Thoughts,” Donovan depicts her perspectives on how individuals with ADHD share stories, thoughts, and ideas. If you were to create a cartoon of how you share with your closest friends what would it look like and why? (think about objects, shapes, colors, other aspects of visual style, etc.)

Look like delicate boxes that are really packed full with info but carefully opens each box and looks in and goes “hmmm”, decides to spill the box full of many colorful shapes and swirls

6. Overall many humans tend to rely most on sight. Which sense OTHER THAN SIGHT is most important to you? Why? Hearing Smell Touch Taste

Hearing

7. Which ONE of these non-human minds below would you most want to journey into? (if there are no risks in doing so) Briefly explain what fascinates you most about experiencing the world through the kind of non-human mind you choose.

Another mammal Bird Fish Reptile Mollusk Insect

A dolphin - to feel what it's life to live underwater and swim, they are really smart, it would be a totally different sensory experience

8. Birch et al. discuss five dimensions of consciousness in the context of non-human animals: p-richness, e-richness, integration at a time (unity), integration across time (temporality), self-consciousness (selfhood). Which ONE of these is most interesting to you? Why?

Self-consciousness, it is really interesting to think about how we see ourselves differently and it would be interesting that animals could do the same thing in their one way

9. Do you identify with a specific social class? YES OR NO

Yes

10. Do you consider yourself bi/multilingual? YES OR NO

No

11. Do you identify with more than one culture? YES OR NO

No

12. Name a culture or sub-culture you belong to/identify with. Briefly describe an experience, set of interactions, or tradition that you enjoy and associate with that culture/sub-culture. Why do you find this experience, interactions, or tradition memorable? Culture and sub-culture for this question can be ethnic, national, regional, focused on an activity you enjoy, etc.

Making Estonian food

13. In relation to your peers, how likely do you feel you are to take risks on a scale of 1-5, with 1 being extremely likely to take risks in most situations and 5 being extremely unlikely to take risks in most situations. 1 2 3 4 5

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14. Describe a risk you are glad you took. What made the decision risky? Why are you grateful you decided to take a chance?

A risk I'm glad I took was choosing to live close to home. This was really risky for me because I am someone who finds exploring and being in new places very necessary to my life, and it was strange for me to choose to be close to home even though this is so important to me. I'm grateful for this choice for many reasons - opportunity, convenience, financial reasons, and that it's making me realize I really do want to travel and be elsewhere besides home for a lot more of my life.

15. Choose 3 activities of the 12 creative activities below that you would be most interested in doing. Rank them 1-3 in order of preference (1 = most preferred)

Writing songs	Writing stories or film scripts	Drawing/painting pictures
Taking photographs/videos	Designing video games	Designing scientific experiments
Designing products or devices	Designing fun activities for kids	Performing in plays
Working behind the scenes in theater	Dancing for an audience	Playing instrument/singing for audience

1. Taking photographs/videos
2. Designing fun activities for kids
3. Writing stories or film scripts

16. Csikszentmihalyi argues for the importance of Interest, Perseverance, Dissatisfaction, and Social Context for being intrinsically motivated and making significant creative contributions. Think of a specific area/activity for which you have long felt a strong intrinsic motivation. Which of Csikszentmihalyi's four aspects do you think has been MOST important to your motivation in this area? They are likely all significant but CHOOSE JUST ONE that seems most important.
Interest OR Perseverance OR Dissatisfaction OR Social Context

Interest. It's difficult to lose interest if it makes you happy. Working with animals is easy as it brings passion.

17. What's your major or a potential major you think you might want to pursue?
Anthropology, potentially biology or psychology

18. Which 3 of Gardner's 9 Intelligences are strongest in you? Rank them 1-3.
Interpersonal, naturalist, existential

19. Do you believe your thinking is affected by whether you are sitting or walking?

YES OR NO If yes, how is it affected? If no, why do you think it is not?

Yes, without particular things to focus on there is more freedom for thought and focus. When sitting, its easy to focus. When walking or moving, thoughts are more fluid.

20. As Otis describes, cognitive neuroscientist Maria Kozhevnikov's studies showed that what has often been called visual thinking involves two distinct ways of processing information – spatial abilities which involve perceiving an object's distance, dimensions, direction, and speed and object skills which consist of recalling an object's shape, color, texture, and surface details. Evaluate your abilities in these areas. Do you think you have . . .

Stronger Spatial Abilities OR Stronger Object Skills OR Are Equally Strong in Both
Stronger Object Skills

21. Name a potential job that interests you.

Does this job connect directly to your major or potential major? YES OR NO

Wildlife/behavioral involvement.

22. In what ways do you think that your interest in this job might link to the kind of mind you already have? In what ways do you think that working in this job might (re)shape your mind?

Naturalist and interpersonal thinking aligns heavily with required from the desired job. Might reshape my mind to be more analytical.

23. What's the hardest thing you've ever had to learn? What was difficult about it?

physics. This was difficult because its very conceptual, and not applicable.

24. Describe the kind of thinking that is most pleasurable for you. Why is it so fun?

Imaginative, beyond boundaries. What if... what would... This is fun because its exciting to ponder about whats possible.

25. If someone said to you, "Take a walk on Comm Ave" what specifically would you first picture if you imagined yourself doing that? Write 4-5 phrases or 1-2 sentences to describe what images initially come to your mind.

I picture hordes of kids walking with backpacks on, seeing people weaving in and out of the crowd to get to where they need to go quicker, most people in their own world with headphones on. I try to walk as fast as I can, playing a game of where I can get the quickest while dodging people and using my surroundings.