

10/7/23 starting at 12:30pm

- Lots of joggers
- Sound of the cars going by on Storrow
- Windy
- Fog, can't see the tops of buildings in the distance
- Group of people picking up litter on the esplanade
- So many geese
- Lots of fallen leaves
- Cute baby in a stroller
- Lots of cute dogs going on walks
- Not a ton of animals besides geese and a couple squirrels
- Dark clouds, looks like it's going to rain soon



This tree stood out to me because it is the only tree around that started changing colors for fall. It made me excited for when all of the trees change colors.

1. In her TED talk, Grandin mentions verbal thinkers, visual thinkers, and pattern thinkers. If you had to choose ONE of these with which you most identify which ONE would you choose? Verbal thinker OR Visual thinker OR Pattern thinker  
Visual Thinker

2. Grandin states that autistic individuals are often detail-oriented thinkers. Are you a detail-oriented thinker OR a big picture thinker OR equal blend of both?  
detail-oriented thinker

3. Grandin discusses the need to expose kids to a variety of topics/situations so they can find what they're interested in. Briefly describe a topic, area, or activity which you were grateful to be exposed to and why you became interested in it.

I grew up dancing in multiple different styles. I think this was beneficial to me growing up because it helped me creatively, socially, physically, etc.

4. Do you openly/publicly identify as neurodiverse? YES OR NO      No

5. In her cartoon that contrasts ADHD Storytelling with Non-ADHD Storytelling and in "Sharing Thoughts," Donovan depicts her perspectives on how individuals with ADHD share stories, thoughts, and ideas. If you were to create a cartoon of how you share with your closest friends what would it look like and why? (think about objects, shapes, colors, other aspects of visual style, etc.)

I tend to go off on tangents and share different stories to give context and end up getting side tracked a lot. My cartoon would probably be very busy.

6. Overall many humans tend to rely most on sight. Which sense OTHER THAN SIGHT is most important to you? Why? Hearing Smell Touch Taste  
I would say hearing

7. Which ONE of these non-human minds below would you most want to journey into? (if there are no risks in doing so) Briefly explain what fascinates you most about experiencing the world through the kind of non-human mind you choose.  
Another mammal Bird Fish Reptile Mollusk Insect

I would choose a chimpanzee or orangutan because of how similar they are to humans. I would want to know what they think about and see just how close they are to us.

8. Birch et al. discuss five dimensions of consciousness in the context of non-human animals: p-richness, e-richness, integration at a time (unity), integration across time (temporality), self-consciousness (selfhood). Which ONE of these is most interesting to you? Why?

I think self-consciousness is the most interesting because I was very intrigued by the study where the fish recognized a mark on their reflections. It made me wonder how self aware other types of animals are.

9. Do you identify with a specific social class? YES OR NO

yes

10. Do you consider yourself bi/multilingual? YES OR NO

no

11. Do you identify with more than one culture? YES OR NO

No

12. Name a culture or sub-culture you belong to/identify with.

Briefly describe an experience, set of interactions, or tradition that you enjoy and associate with that culture/sub-culture. Why do you find this experience, interactions, or tradition memorable? Culture and sub-culture for this question can be ethnic, national, regional, focused on an activity you enjoy, etc.

I have a big Irish family. I went to a family reunion a while ago in Ireland and it was memorable because I got to see a lot of my relatives and visit the farm my grandmother grew up on.

13. In relation to your peers, how likely do you feel you are to take risks on a scale of 1-5, with 1 being extremely likely to take risks in most situations and 5 being extremely unlikely to take risks in most situations. 1 2 3 4 5

4

14. Describe a risk you are glad you took. What made the decision risky? Why are you grateful you decided to take a chance?

My friends convinced me to go on a lot of intense roller coasters while we were at an amusement park. I walked in thinking I wasn't going to go on any of them, but I was glad I did because it turned out to be a very fun and memorable day.

15. Choose 3 activities of the 12 creative activities below that you would be most interested in doing. Rank them 1-3 in order of preference (1 = most preferred)

Writing songs

Writing stories or film scripts

Drawing/painting pictures

Taking photographs/videos

Designing video games

Designing scientific experiments

Designing products or devices

Designing fun activities for kids

Performing in plays

Working behind the scenes in theater

Dancing for an audience

Playing an instrument/singing for an audience

1. Drawing/painting pictures
2. Taking photographs/videos
3. Dancing for an audience

16. Csikszentmihalyi argues for the importance of Interest, Perseverance, Dissatisfaction, and Social Context for being intrinsically motivated and making significant creative contributions. Think of a specific area/activity for which you have long felt a strong intrinsic motivation. Which of Csikszentmihalyi's four aspects do you think has been MOST important to your motivation in this area? They are likely all significant but **CHOOSE JUST ONE** that seems most important. Interest **OR** Perseverance **OR** Dissatisfaction **OR** Social Context

interest in psychology because whether or not it's in school or not, I can't do activities without being interested in them.

17. What's your major or a potential major you think you might want to pursue?

Psychology

18. Which 3 of Gardner's 9 Intelligences are strongest in you? Rank them 1-3.

intrapersonal, linguistic, interpersonal

19. Do you believe your thinking is affected by whether you are sitting or walking?

YES OR NO If yes, how is it affected? If no, why do you think it is not?

Generally no, but sometimes if I need to think hard about something with no distractions then I'll sit.

**20.** As Otis describes, cognitive neuroscientist Maria Kozhevnikov's studies showed that what has often been called visual thinking involves two distinct ways of processing information – **spatial abilities** which involve perceiving an object's distance, dimensions, direction, and speed and **object skills** which consist of recalling an object's shape, color, texture, and surface details. Evaluate your abilities in these areas. Do you think you have . . .  
Stronger Spatial Abilities **OR** Stronger Object Skills **OR** Are Equally Strong in Both  
equally strong in both

**21.** Name a potential job that interests you.  
Does this job connect directly to your major or potential major? YES OR NO  
speech language pathologist

**22.** In what ways do you think that your interest in this job might link to the kind of mind you already have? In what ways do you think that working in this job might (re)shape your mind?  
visual and logical thinker, detail-oriented person; speech-language pathologist is good with breaking things down

**23.** What's the hardest thing you've ever had to learn? What was difficult about it/why was it difficult?  
calculus, because it's math but abstract math concepts (purpose wasn't understood)

**24.** Describe the kind of thinking that is most pleasurable for you. Why is that type of thinking so fun?  
day-dreaming or zoning out also.

**25.** If someone said to you, "Take a walk on Comm Ave" what specifically would you first picture if you imagined yourself doing that? Write 4-5 phrases or 1-2 sentences to describe what images initially come to your mind.

I first pictured myself already walking on Comm ave near warren towers, as if I was walking to class.