

KoM WR120

## Walk on the Charles Esplanade

10/5/2023

Start: 1:24

End: 1:45

Thoughts:

- What does snow look like falling onto the river?
- This looks like San Francisco Bay a little with the bridges in the background
- Somebody was in a hammock, and I immediately texted my parents asking them to bring my hammock family weekend
- Little brown weiner dog!
- Cute little dock: The water was really black around it, almost like oil. It might have just been the shadow though
- A bunch of grazing/sitting geese: no one sits on the benches near them
- Note: The time isn't 30 minutes because I stopped to look at things a lot on the way there, and then didn't really stop on the way back.



**1.** In her TED talk, Grandin mentions verbal thinkers, visual thinkers, and pattern thinkers. If you had to choose ONE of these with which you most identify which ONE would you choose? Verbal thinker OR Visual thinker OR Pattern thinker

Pattern thinker, but not one particular mode of learning

**2.** Grandin states that autistic individuals are often detail-oriented thinkers. Are you a detail-oriented thinker OR a big picture thinker OR equal blend of both?

Equal blend, meticulous but also likes learning the concepts and the why

**3.** Grandin discusses the need to expose kids to a variety of topics/situations so they can find what they're interested in. Briefly describe a topic, area, or activity which you were grateful to be exposed to and why you became interested in it.

Music, a friend over the summer exposed me to lots of different types of music

**4.** Do you openly/publicly identify as neurodiverse? YES OR NO

Yes

**5.** In her cartoon that contrasts ADHD Storytelling with Non-ADHD Storytelling and in "Sharing Thoughts," Donovan depicts her perspectives on how individuals with ADHD share stories, thoughts, and ideas. If you were to create a cartoon of how you share with your closest friends what would it look like and why? (think about objects, shapes, colors, other aspects of visual style, etc.)

Descriptive, bright and exciting

**6.** Overall many humans tend to rely most on sight. Which sense OTHER THAN SIGHT is most important to you? Why? Hearing Smell Touch Taste

Touch

**7.** Which ONE of these non-human minds below would you most want to journey into? (if there are no risks in doing so) Briefly explain what fascinates you most about experiencing the world through the kind of non-human mind you choose.

Another mammal Bird Fish Reptile Mollusk Insect

Bird, they have split brain and flight

**8.** Birch et al. discuss five dimensions of consciousness in the context of non-human animals: p-richness, e-richness, integration at a time (unity), integration across time (temporality), self-consciousness (selfhood). Which ONE of these is most interesting to you? Why?

Selfhood, because the idea of split consciousness and whether you can realize yourself.

9. Do you identify with a specific social class? YES OR NO      No

10. Do you consider yourself bi/multilingual? YES OR NO      No

11. Do you identify with more than one culture? YES OR NO

Yes, half Korean half white

12. Name a culture or sub-culture you belong to/identify with. Briefly describe an experience, set of interactions, or tradition that you enjoy and associate with that culture/sub-culture. Why do you find this experience, interactions, or tradition memorable? Culture and sub-culture for this question can be ethnic, national, regional, focused on an activity you enjoy, etc.

Korean culture, having Korean hotpot instead of thanksgiving

13. In relation to your peers, how likely do you feel you are to take risks on a scale of 1-5, with 1 being extremely likely to take risks in most situations and 5 being extremely unlikely to take risks in most situations. 1 2 3 4 5

2, parents were ok with risk taking

14. Describe a risk you are glad you took. What made the decision risky? Why are you grateful you decided to take a chance?

Coming to BU, as there was another choice nearby that was also good, but having 4 years in college away from home is a chance to experience the other side of the country.

15. Choose 3 activities of the 12 creative activities below that you would be most interested in doing. Rank them 1-3 in order of preference (1 = most preferred)

|                                      |   |                                  |
|--------------------------------------|---|----------------------------------|
| Writing songs                        | Writing stories or film scripts         | Drawing/painting pictures        |
| Taking photographs/videos            | Designing video games                   | Designing scientific experiments |
| Designing products or devices        | Designing fun activities for kids       | Designing products or devices    |
| Working behind the scenes in theater | Dancing for an audience                 | Performing in plays              |
|                                      | Playing instrument/singing for audience |                                  |

1. Writing stories 2. Taking photographs 3. Designing scientific experiments

16. Csikszentmihalyi argues for the importance of Interest, Perseverance, Dissatisfaction, and Social Context for being intrinsically motivated and making significant creative contributions. Think of a specific area/activity for which you have long felt a strong intrinsic motivation. Which of Csikszentmihalyi's four aspects do you think has been MOST important to your motivation in this area? They are likely all significant but **CHOOSE JUST ONE** that seems most important.

Interest **OR** Perseverance **OR** Dissatisfaction **OR** Social Context

Sports, dissatisfaction because you are never the best

**17.** What's your major or a potential major you think you might want to pursue?

Biomedical engineering

**18.** Which 3 of Gardner's 9 Intelligences are strongest in you? Rank them 1-3.

Logical-Mathematical, Bodily, Linguistic

**19.** Do you believe your thinking is affected by whether you are sitting or walking?

YES OR NO If yes, how is it affected? If no, why do you think it is not?

Yes, because sitting makes more focus, walking = wandering mentally

**20.** As Otis describes, cognitive neuroscientist Maria Kozhevnikov's studies showed that what has often been called visual thinking involves two distinct ways of processing information – **spatial abilities** which involve perceiving an object's distance, dimensions, direction, and speed and **object skills** which consist of recalling an object's shape, color, texture, and surface details.

Evaluate your abilities in these areas. Do you think you have . Stronger Spatial Abilities **OR**

Stronger Object Skills **OR** Are Equally Strong in Both

Lack depth perception so stronger in object skills

**21.** Name a potential job that interests you. Does this job connect directly to your major or potential major? YES OR NO Synthetic organ creator: directly related

**22.** In what ways do you think that your interest in this job might link to the kind of mind you already have? In what ways do you think that working in this job might (re)shape your mind?

Not really, because science is very heavy on memorization and information, so not as big on mathematics

**23.** What's the hardest thing you've ever had to learn? What was difficult about it?

Pole Vault, because it is so mental (launching yourself with pole over pole)

**24.** Describe the kind of thinking that is most pleasurable for you. Why is that type of thinking so fun? Linguistic (writing, thinking), because it is soothing and just feels like my vibe

**25.** If someone said to you, "Take a walk on Comm Ave" what specifically would you first picture if you imagined yourself doing that? Write 4-5 phrases or 1-2 sentences to describe what images initially come to your mind.

The green clock across from Warren Towers A lot of people moving from class to class  
Walking on East Campus where there are a lot of trees Walking by Marsh Plaza and  
CAS/Theology