

October 8th 2:16 pm is when I began the walk. (Walked for 20 minutes first way and 17 minutes the other way)

The first thing I notice are the rustling leaves being thrown around by the wind.

I also see an array of joggers and runners running up and down the path resembling the different positions, directions and speeds of life different people are operating at all times.

A lot of cyclists either on a Blue Bike or their own cycles zooming past the runners which to me put into emphasis the modern reliance on machinery that most people have.

Charles River seems like the one big mirror holding the view in place

The rampant noise of the city of Boston is a vivid noise as I walk along the path and now turn around to walk back.

The sharp glare of a bunny straight into my eyes as we both try to break each other down, almost as if the bunny is trying to figure out whether I can perceive it.

The Old Lady's two Dogs walking in unison , showing that friendship and strong bond that dogs have within family and a sense of loyalty which they possess in their behavior.

The sudden stark contrast between the smell of tobacco and a flower garden acts as the multicultural city of Boston and how there is a diverse community amongst us.



The contrasting minds, body languages, vibes and people in general walking past each other for the first and last times in their lives probably each thinking about something different is what emphasizes why different kinds of minds are so interesting.

1. In her TED talk, Grandin mentions verbal thinkers, visual thinkers, and pattern thinkers. If you had to choose ONE of these with which you most identify which ONE would you choose? Verbal thinker OR Visual thinker OR Pattern thinker

Mix of visual and verbal thinking- works best to listen to a lecture and then convert it into a visual. Doesn't rely on just one type of thinking.

2. Grandin states that autistic individuals are often detail-oriented thinkers. Are you a detail-oriented thinker OR a big picture thinker OR equal blend of both?

Mix of both- depends on the task at hand. Ex. research projects start out with thinking of the big picture and then focusing on details later.

3. Grandin discusses the need to expose kids to a variety of topics/situations so they can find what they're interested in. Briefly describe a topic, area, or activity which you were grateful to be exposed to and why you became interested in it.

exposed to the game pool, helps to adapting to your scenario and with playing cricket.

4. Do you openly/publicly identify as neurodiverse? YES OR NO no

5. In her cartoon that contrasts ADHD Storytelling with Non-ADHD Storytelling and in "Sharing Thoughts," Donovan depicts her perspectives on how individuals with ADHD share stories, thoughts, and ideas. If you were to create a cartoon of how you share with your closest friends what would it look like and why? (think about objects, shapes, colors, other aspects of visual style, etc.)

Not too much focus on colors, more focused on simple conversations about random topics.

6. Overall many humans tend to rely most on sight. Which sense OTHER THAN SIGHT is most important to you? Why? Hearing Smell Touch Taste

Touch- playing cricket, and gentle touches are very important for hitting the ball (hand-eye coordination). Hearing is also equal- also important for conversations and learning.

7. Which ONE of these non-human minds below would you most want to journey into? (if there are no risks in doing so) Briefly explain what fascinates you most about experiencing the world through the kind of non-human mind you choose.
Another mammal Bird Fish Reptile Mollusk Insect

Bird- wants to see what life is like in the sky

8. Birch et al. discuss five dimensions of consciousness in the context of non-human animals: p-richness, e-richness, integration at a time (unity), integration across time (temporality), self-consciousness (selfhood). Which ONE of these is most interesting to you? Why?

Self-consciousness- most interesting because it's the most complicated. Interesting to explore how we know where we stand.

9. Do you identify with a specific social class? YES OR NO

No

10. Do you consider yourself bi/multilingual? YES OR NO

Yes

11. Do you identify with more than one culture? YES OR NO

Yes

12. Name a culture or sub-culture you belong to/identify with.

Briefly describe an experience, set of interactions, or tradition that you enjoy and associate with that culture/sub-culture. Why do you find this experience, interactions, or tradition memorable? Culture and sub-culture for this question can be ethnic, national, regional, focused on an activity you enjoy, etc.

Diwali- fun to get together with friends and family, lights and firecrackers.

13. In relation to your peers, how likely do you feel you are to take risks on a scale of 1-5, with 1 being extremely likely to take risks in most situations and 5 being extremely unlikely to take risks in most situations. 1 2 3 4 5

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14. Describe a risk you are glad you took. What made the decision risky? Why are you grateful you decided to take a chance?

Got into medical school in the UK but taking pre-med here instead. Glad he took the risk because he wants to become a doctor here.

15. Choose 3 activities of the 12 creative activities below that you would be most interested in doing. Rank them 1-3 in order of preference (1 = most preferred)

1. Designing scientific experiments, 2. Designing products or devices, 3. Taking photographs/videos

16. Csikszentmihalyi argues for the importance of Interest, Perseverance, Dissatisfaction, and Social Context for being intrinsically motivated and making significant creative contributions. Think of a specific area/activity for which you have long felt a strong intrinsic motivation. Which of Csikszentmihalyi's four aspects do you think has been MOST important to your motivation in this area? They are likely all significant but CHOOSE JUST ONE that seems most important.
Interest OR Perseverance OR Dissatisfaction OR Social Context

Social context - playing football in British curriculum school, norm

17. What's your major or a potential major you think you might want to pursue?
Biomedical engineering - premed

18. Which 3 of Gardner's 9 Intelligences are strongest in you? Rank them 1-3.
Logical/mathematical, kinesthetic, linguistic/interpersonal

19. Do you believe your thinking is affected by whether you are sitting or walking? YES OR NO If yes, how is it affected? If no, why do you think it is not?
If walking to place - no // if static, getting up does help

20. As Otis describes, cognitive neuroscientist Maria Kozhevnikov's studies showed that what has often been called visual thinking involves two distinct ways of processing information – spatial abilities which involve perceiving an object's distance, dimensions, direction, and speed and object skills which consist of recalling an object's shape, color, texture, and surface details. Evaluate your abilities in these areas. Do you think you have . . . Stronger Spatial Abilities OR Stronger Object Skills OR Are Equally Strong in Both

Both - spatial when playing sport, movement sensing // object skills for active recall while studying

21. Name a potential job that interests you. Does this job connect directly to your major or potential major? YES OR NO

medicine - BME linked more towards medicine in coming years

22. In what ways do you think that your interest in this job might link to the kind of mind you already have? In what ways do you think that working in this job might (re)shape your mind?

Kinesthetic ability as well as logical/mathematical prominent, used in medicine

23. What's the hardest thing you've ever had to learn? What was difficult about it/why was it difficult?

Chess - lots of patterns and logic esp at higher levels

24. Describe the kind of thinking that is most pleasurable for you. Why is that type of thinking so fun?

problem solving - studying for test, games ex: chess, adaptability in the moment

25. If someone said to you, "Take a walk on Comm Ave" what specifically would you first picture if you imagined yourself doing that? Write 4-5 phrases or 1-2 sentences to describe what images initially come to your mind.

I would think immediately of that long and strenuous walk all the way from West Campus down to the Metcalf science center, zoned out listening to music with my AirPods Noise Cancellation turned on . Along the way, I would encounter my weekly cheat meals (Chipotle, Otto, etc,), my new home(The lovingly dreadful Warren Towers) and just about every other science building that has become a part of my daily journeys.