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% ENGR 130 Module 7 Reflection  
% December 7, 2023

**Write a 250-500 word essay explaining how you have grown as a person from the start of the semester until now as a result of this course. Include at least one specific example of a course element or experience that has impacted you.**

At the beginning of the semester, I was uneasy when it came to working with other people. In my high school experience, I lost my trust in many of my group mates, as I often got the impression that people didn't care about the current project and chose to not do their assigned tasks. Here however, I realized that my group mates can definitely be trusted. I quickly became more comfortable working with people and it was a great change of pace not having to work everything out on my own. The most specific example of this growth that I can cite is during any lab. I have never been used to working with groups, let alone changing the groups so frequently, but I was still able to adapt relatively quickly and also help out the people in my group. I would ask people in my group how to do things, specifically asking people like Lily Kagy, who had a good grasp on MATLAB topics, for help on coding questions regarding the labs and homework assignments. I also learned to help out people with difficult topics in a better way, which was relevant in my Module 5 and 6 groups, where I was able to assist Jack with some of his homework questions at the end of some lab periods. This skill grew during my Module 3 and 4 group, as that was when I started making large improvements when it came to my MATLAB coding skills, as I would spend extra time outside of class playing around with the software. Overall, I have grown the most in my group work and professionalism when it comes to working with other people, something I am very proud of for myself.