

Gomen

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1	Red Onion Ginger Garlic Jalepeno Niter Kibbeh	Mince and saute the onion, ginger, garlic, and jalepeno in the kibbeh.
2	Spinach, frozen Berbere	Defrost the spinach, mix into the saute'd mixture with the berbere. Cook thoroughly, add water if the mix is too dry.
3	Cottage Cheese Joseph's Multi Grain Flatbread	Serve with cottage cheese and flatbread.
