

Egg Salad

3 servings

2m prep time, 11min cook time

Egg Salad

1	6 large	Eggs	Boil the eggs for 11 minutes. Peel and chop the eggs to desired consistency.
2	1/4 cup 2 tbsp 1 tbsp	Pickles, chopped Green Onions, chopped Fresh Parsley, chopped	Mix the pickles, green onions, and parsley into the chopped eggs.
3	1/3 cup 1/2 1 tsp 1 1/2 tsp 1/2 tsp 1/4 tsp	Mayonnaise Lemon, juiced Stone Ground Mustard Capers, finely chopped Soy Sauce Toasted Sesame Oil Salt & Pepper	Mix the ingredients to form a sauce, then add the sauce into the chopped egg mixture to complete the salad.

Nutrition Facts

Egg Salad

Amount per Serving

Calories (kcal)	323
Fat (g)	29
Carbohydrates (g)	2
Fiber (g)	1
Protein (g)	12.9

Re-produced from *Ultimate Egg Salad Recipe*¹

¹ *Ultimate Egg Salad Recipe*. Mar. 2020. URL: <https://www.flavcity.com/egg-salad-recipe/>.