

Vendors of Low Carb Foods

- lowcarbfoods.com

Product Name	Brand	Vendors
Purisure Monk Fruit Extract	Purisure	amazon.com

Table 1: Sweeteners

Product Name	Brand	Vendors
Joseph's Multi Grain Flatbread	Joseph's	walmart.com
Kroger Carbmaster Bread, multi-seed	Kroger	kroger.com
Joseph's Bakery Pita Bread, Low Carb	Joseph's	walmart.com

Table 2: Low-carb Breads

Product Name	Brand	Vendors
Niter Kibbeh	Ahara	amazon.com
Berbere	Fronteir Co-op	amazon.com
Mitmita	Brundo Ethiopian Spices Store	amazon.com
Black Cumin Seed	Pure Foods 4U	amazon.com

Table 3: Ethiopian Ingredients