












Triangle Alano Club Meeting Schedule

All meetings are one hour in duration unless otherwise noted



SUNDAY




6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
8:30 AM		Greenwood Forest Group	Spiritual Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
10:00 AM		Greenwood Forest Group	Men's Meeting	This is a closed meeting of Alcoholics Anonymous (A.A.)
1:00 PM		Living Now Group	Big Book Discussion	This is an open meeting of Alcoholics Anonymous (A.A.)
6:00 PM		Greenwood Forest Group	Women's Meeting	This is a closed meeting of Alcoholics Anonymous (A.A.)

MONDAY







6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
9:00 AM		Be Still ... Mid-Morning Meditation	Meditation	This is an open meeting of Alcoholics Anonymous (A.A.)
12:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)
6:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)

TUESDAY





6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
9:00 AM		Be Still ... Mid-Morning Meditation	Meditation	This is an open meeting of Alcoholics Anonymous (A.A.)

12:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)
6:00 PM		Greenwood Forest Group	Literature Discussion	This is an closed meeting of Alcoholics Anonymous (A.A.)
8:00 PM		YRAC	Big Book Study	This is a open meeting of Alcoholics Anonymous (A.A.)






WEDNESDAY

6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
9:00 AM		Be Still ... Mid-Morning Meditation	Meditation	This is an open meeting of Alcoholics Anonymous (A.A.)
12:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)
1:30 PM		Courage to Change	Discussion	This is an open meeting of Al-Anon
6:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)
8:00 PM		Cary Young People	Beginners' Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)

THURSDAY

6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
9:00 AM		Be Still ... Mid-Morning Meditation	Meditation	This is an open meeting of Alcoholics Anonymous (A.A.)
12:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)
6:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)

FRIDAY

6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
9:00 AM		Be Still ... Mid-Morning Meditation	Meditation	This is an open meeting of Alcoholics Anonymous (A.A.)
12:00 PM		Living Now Group	Literature Discussion	This is a closed meeting of Alcoholics Anonymous (A.A.)
6:00 PM		Greenwood Forest Group	Beginner's Meeting	This is an closed meeting of Alcoholics Anonymous (A.A.)
8:00 PM		YRAC	Big Book Study	This is a open meeting of Alcoholics Anonymous (A.A.)

SATURDAY

6:30 AM		Morning Meditation Group	11th Step Discussion Meeting	This is an open meeting of Alcoholics Anonymous (A.A.)
8:00 AM		Living Now Group	Discussion Meeting	This is an open meeting of Alcoholics Anonymous
9:30 A M		Courage to Change	Discussion	This is an open meeting of Al-Anon
12:30 PM		Keep it Simple	Literature Discussion	This is an open meeting of Alcoholics Anonymous (A.A.)
6:00 PM		Living Now Group	Big Book Discussion	This is an open meeting of Alcoholics Anonymous (A.A.)
8:00 PM		Cary Young People	Big Book Discussion	This is an open meeting of Alcoholics Anonymous (A.A.)