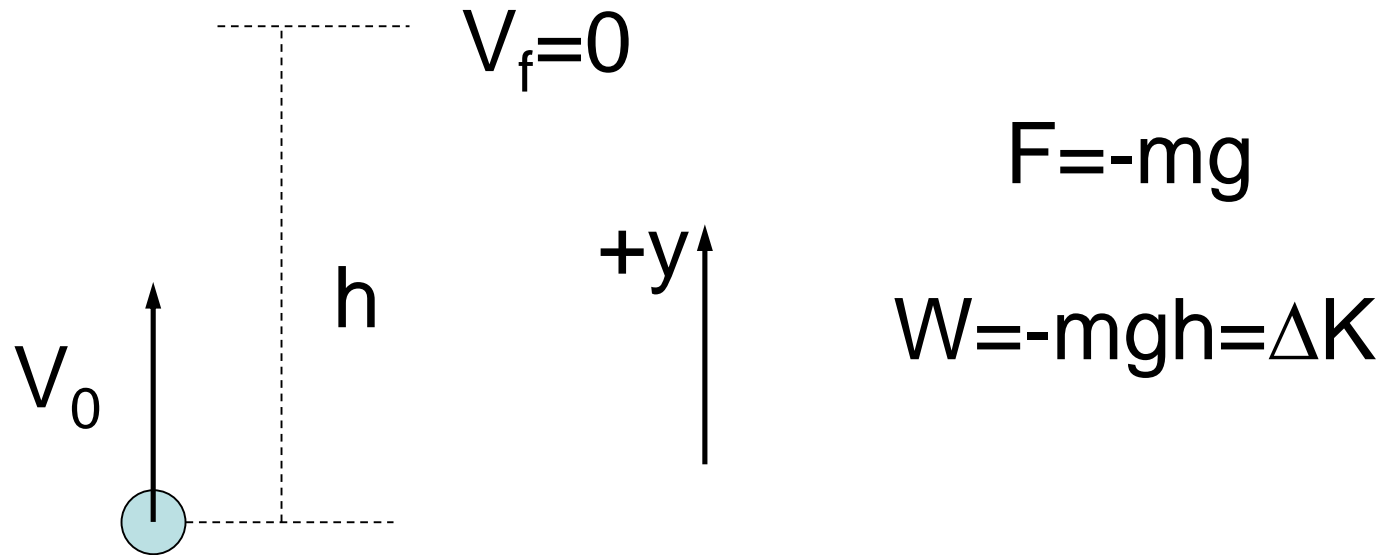


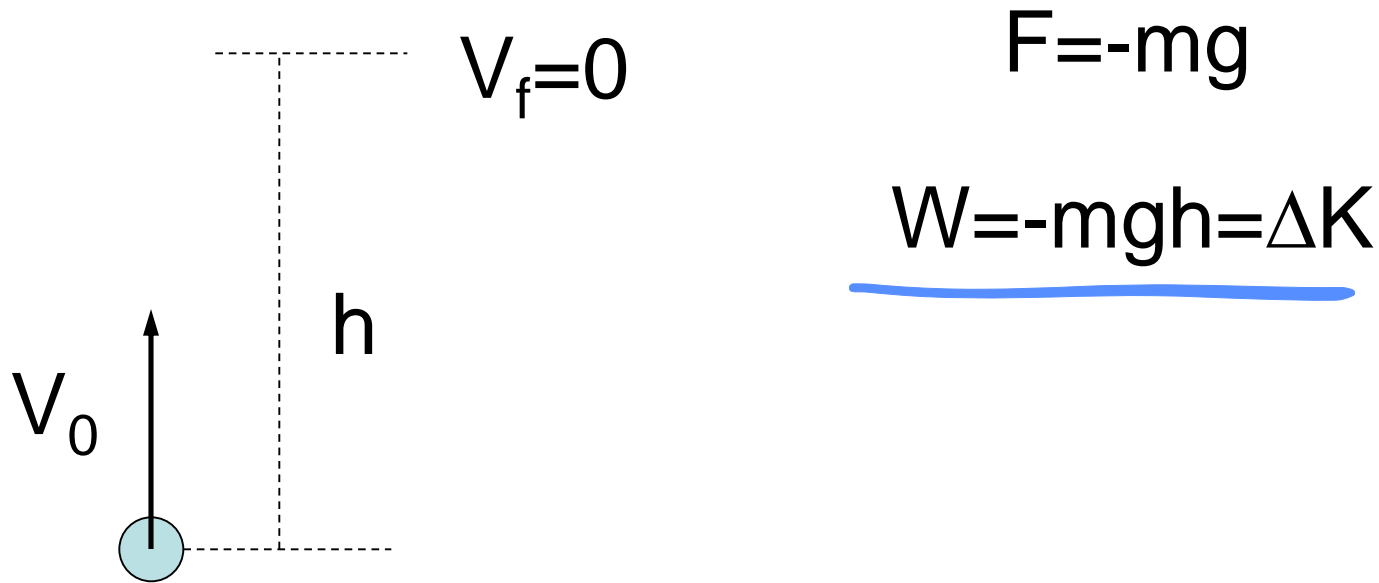
Potential Energy $U=mgy$



Initial velocity V_0
What is h ?

$$mgh = mgy_2 - mgy_1 = U_2 - U_1 = \Delta U$$

$$W = -\Delta U = \Delta K$$



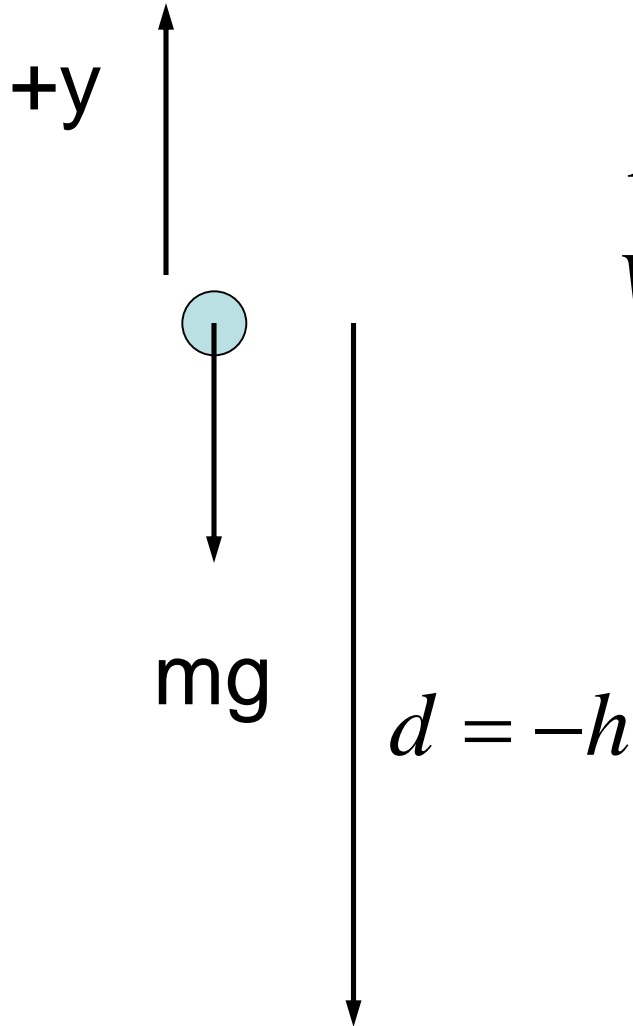
$$\Delta K = \frac{1}{2} m V_f^2 - \frac{1}{2} m V_0^2 = -\frac{1}{2} m V_0^2$$

$$-mgh = \Delta K = \frac{1}{2} m V_f^2 - \frac{1}{2} m V_0^2 = -\frac{1}{2} m V_0^2$$

$$V_0^2 = 2gh \quad \left(h = \frac{V_0^2}{2g}\right)$$

$$-\Delta U = \Delta K$$

Ex: Drop a mass (gravity does work)

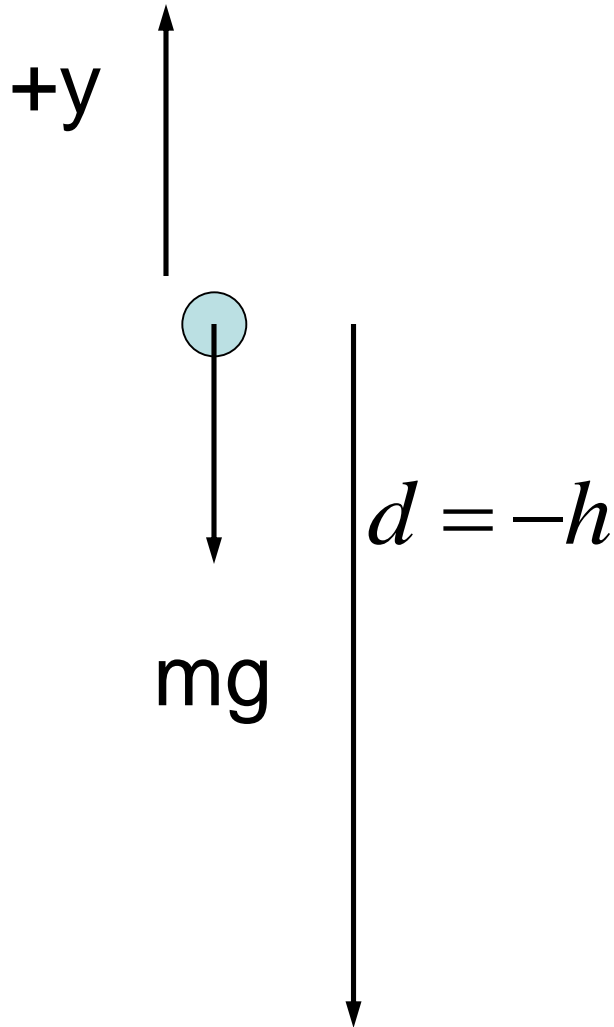


$$F = -mg, d = -h$$

$$W = (-mg)(-h) = mgh = \Delta K$$

$$v_o^2 = 2gh$$

Ex: Drop a mass (gravity does work)



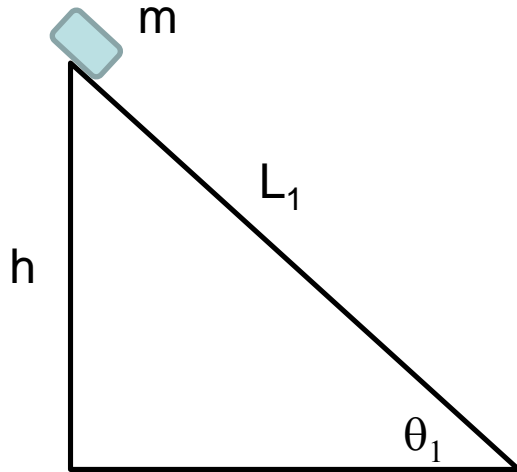
$$F = -mg, d = -h$$

$$W = \vec{F} \cdot \vec{d} = +mgh = K_f - K_i$$

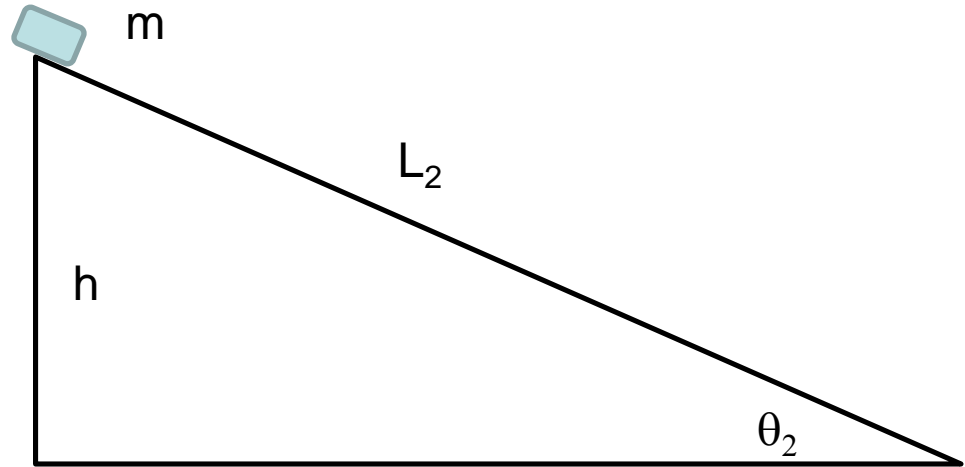
$$= \frac{1}{2}mV_f^2 - \frac{1}{2}mV_0^2$$

$$W = -\Delta U = \Delta K$$

No Friction. Initially at rest.



$$V_{1f}=?$$



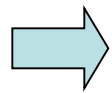
$$V_{2f}=?$$

$$U_1 + K_1 = U_2 + K_2$$

$$U = mgy$$

$$V_{1f} = V_{2f}$$

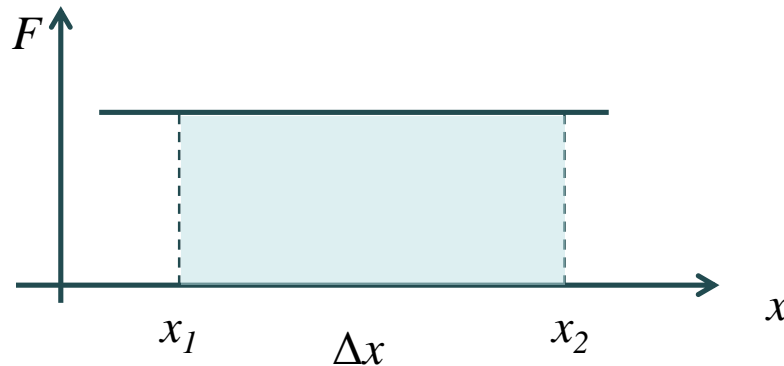
Since 'h' is the same



Work by Changing forces:

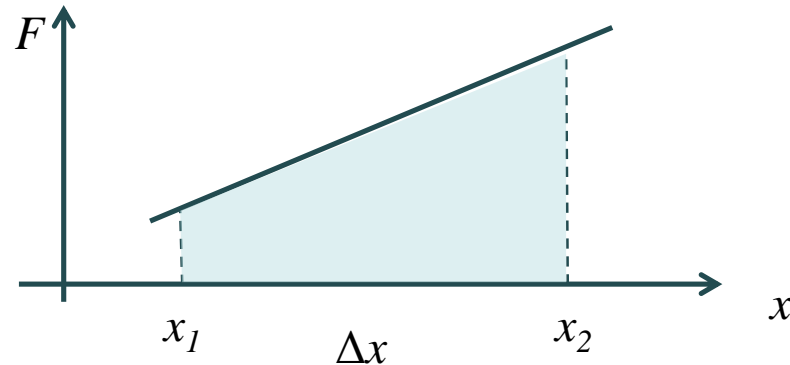
Work done by a constant force

$$W = \vec{F} \cdot \Delta \vec{x}$$

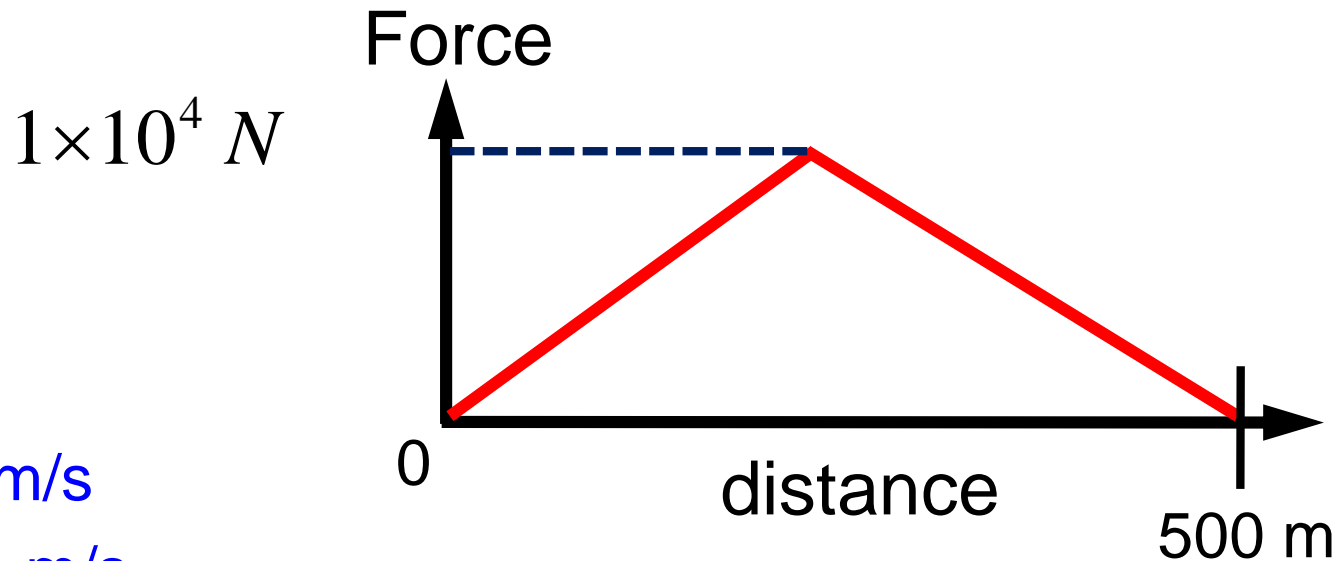


Work done by a changing force

$$W = \int_1^2 F(x) dx$$



The engine of a 1000 kg sports car rotates the tires, creating a net forward pushing force F on the tires of the car that varies as a function of distance. The force is shown below. If the car starts at rest, what is the speed of the car after traveling 500 meters?



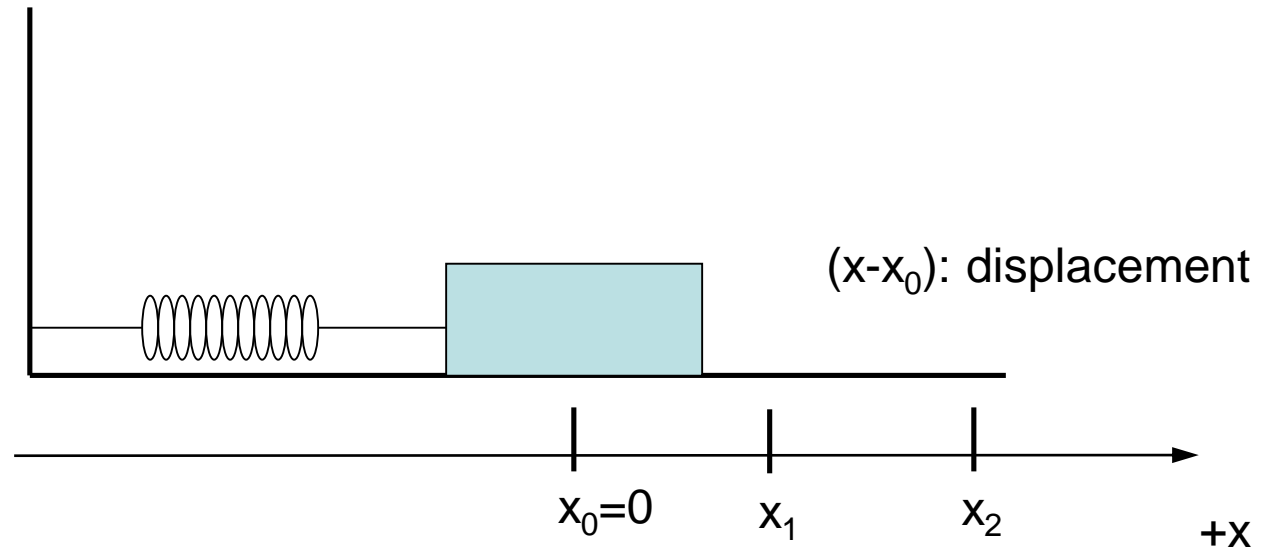
1. 0 m/s
2. 71 m/s
3. 100 m/s
4. 141 m/s
5. 200 m/s

Work done by the spring force

Spring (Hooke's law)

$$F = -k(x - x_0)$$

Force of spring on mass m.

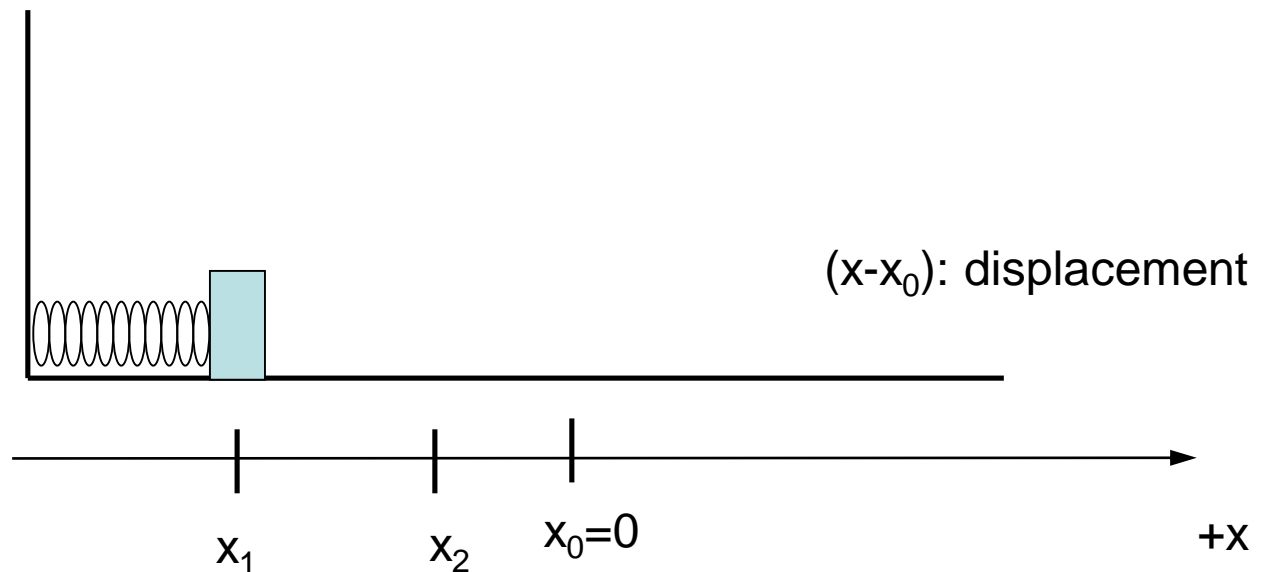


x_0 is where the spring is fully relaxed or balanced, which is usually set to be 0. Ignore all frictions.

$$\begin{aligned} W_{12} &= \int_{x_1}^{x_2} F(x) dx = \int_{x_1}^{x_2} -kx dx = -\frac{1}{2} kx^2 \Big|_{x_1}^{x_2} \\ &= \frac{1}{2} kx_1^2 - \frac{1}{2} kx_2^2 \quad (\text{Set } x_0 = 0) \end{aligned}$$

The spring is relaxed at x_0 . The block is pushed against the spring to x_1 and held stationary (the spring is compressed.) Then the block is released. What is the block's velocity at x_2 ?

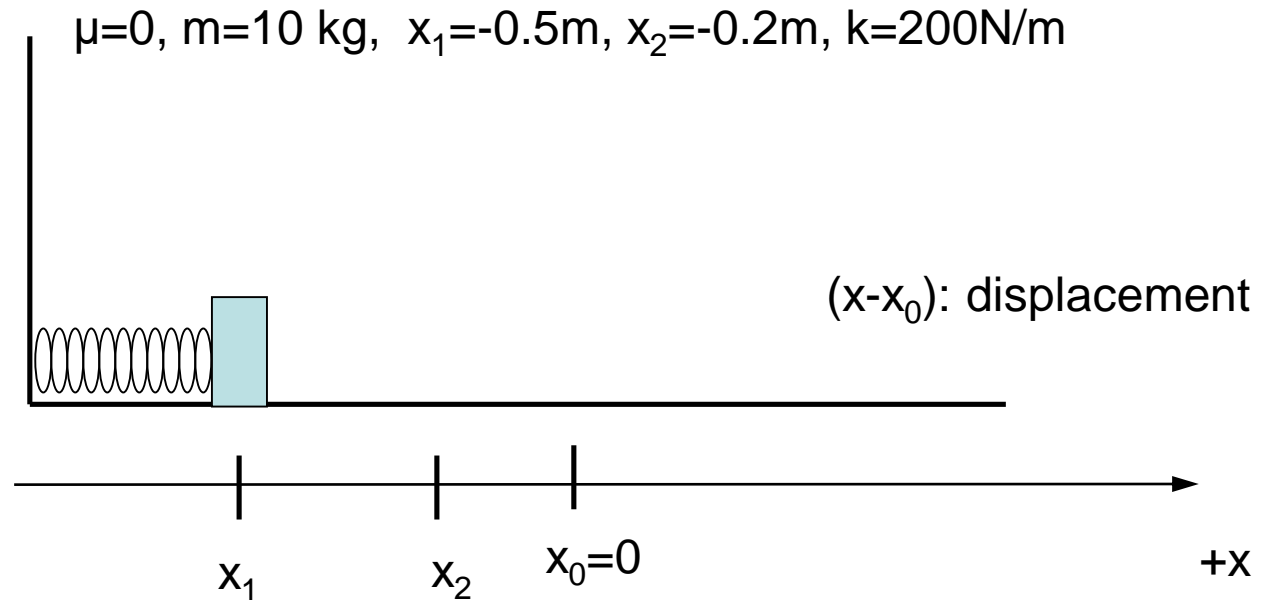
$F = -k(x - x_0)$ $\mu = 0$, $m = 10 \text{ kg}$, $x_1 = -0.5 \text{ m}$, $x_2 = -0.2 \text{ m}$, $k = 200 \text{ N/m}$



$$W_{12} = \frac{1}{2} k x_1^2 - \frac{1}{2} k x_2^2 = \frac{1}{2} k (x_1^2 - x_2^2) = \frac{1}{2} 200 (0.5^2 - 0.2^2) = 21 (J)$$

$$W_{net} = \Delta K = K_2 - K_1 = \frac{1}{2} m V_2^2 - \frac{1}{2} m V_1^2$$

The spring is relaxed at x_0 . The block is pushed against the spring to x_1 and held stationary (the spring is compressed.) Then the block is released. What is the block's velocity at x_2 ?



$$W_{12} = \frac{1}{2} kx_1^2 - \frac{1}{2} kx_2^2 = \frac{1}{2} k(x_1^2 - x_2^2) = \frac{1}{2} 200(0.5^2 - 0.2^2) = 21J$$

$$W_{net} = \Delta K = K_2 - K_1 = \frac{1}{2} mV_2^2 - \frac{1}{2} mV_1^2 = \frac{1}{2} mV_2^2 = 21J$$

$$V_2 = \sqrt{\frac{2 \times 21J}{10kg}} = 2.02 \text{ m/s}$$

Work done by the spring force

