

# Academic Success Strategies Assignment

One goal of this class is to help you be successful in your other academic courses. In order to help foster effective habits and behaviors that lead to your academic success, you will be required to complete one activity from the list below. Then, you will submit a 300-word reflection for the activities you choose where you will describe your experience, whether or not you found it beneficial, and how the experience could be improved to help you in future semesters.

\_\_\_\_\_ Participate in a tutoring session offered by the [Younkin Success Center](#)

\_\_\_\_\_ Participate in a tutoring session offered by the [Chemistry Learning Resource Center](#)

~~\_\_\_\_\_~~ Participate in a tutoring session offered by the [Math and Stats Learning Center](#)

~~\_\_\_\_\_~~ Participate in a tutoring session offered by the [Physics Department](#)

\_\_\_\_\_ Participate in an in-person appointment with the [Writing Center](#)

\_\_\_\_\_ Participate in office hours with each of your professors at least once to discuss class, your performance, ways to improve, their research, or any topic of your choosing  
*You will need to attend office hours for ALL of your courses to receive credit for this. You do not need to meet with your Survey instructor since you will meet them for an advising appointment later in the semester.*

\_\_\_\_\_ Participate in an Academic Coaching session or register for a workshop with the [Dennis Learning Center](#)

\_\_\_\_\_ Make a study guide for one of your exams

~~\_\_\_\_\_~~ Make an outline for a chapter in one of your textbooks

\_\_\_\_\_ Make flash cards to prepare for an exam

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## Grading Rubric

Points Awarded	Out of __ Points	Criteria	Description
	2	Description of Event	Did the submission clearly state what the event/activity was? Was the event/activity on the list of options or approved by the instructor?
	2	Reflection on Event	Did the submission show the student reflected on the experience beyond just describing it? For example, did they talk about whether it was a valuable experience, whether they would participate again, etc.?
	1	Word Count Minimum	Did the assignment meet the 300-word minimum for the assignment?
	5	Total Points for Assignment	

Use the above grading rubric for the reflection.