

Physician: **Doanh Nguyen**  
NPI #1760640304 | DEA #FN3207049-3  
State License #p1793 | Issued by: Texas | Expired 02/28/2021  
Clinic: Texas Allergy  
Address: 17203 Red Oak Drive, #101, Houston, TX 77090  
Email: texasallergygroup@wikiallergies.com

Date: 02/23/2020  
Dispense before: 05/23/2020  
Allergy Immunology  
Phone: (281) 886-7440  
Fax: (281) 929-0036

Patient name: **Nguyen, Cohen Kien**  
Ethnicity: Asian / Pacific Islander  
Address: 4514 Teas St, Bellaire, TX, 77401  
Phone: (832) 519-8871

DOB: 05/06/2017  
Gender: Male  
Insurance carrier: Aetna  
INS ID: 112233

MRN: 1000022  
Insurance plan: HMO  
Group ID: 332211

**ALLERGY: NKDA**

**DIAGNOSIS:**

- (1) J45.40 (5) J45.991
- (2) J30.81 (6) J30.89
- (3) R06.5
- (4) H61.21

**PHARMACY:**

Walgreens  
Address: 5002 Bellaire, Houston, TX, 77401  
Phone: (713) 663-6636

## PRESCRIPTION

**SCHEDULED MEDICATION:**

**Generic**

- (1) Singulair 4 mg, 1 tablet PO QHS. Dispense 30 tablets. Refill 3 Yes
- (2) Flovent 220 mcg HFA, 2 puffs INH BID. Dispense 1 cannister. Refill 3 Yes
  - Note: always use with aeromask, medium size
- (3) Cromolyn 100 mg/5mL, 10 mL PO QID. Dispense 120 mL. Refill 3 Yes
  - Note: give 30 minutes before meals and at bedtime; may increase dose after 2-4 week; use lowest effective dose
- (4) Zyrtec 600 mg, 2 tablets PO BID. Dispense 60 tablets. Refill 3 Yes
  - zileuton
- (5) Advair 115/21 HFA, 2 puffs INH BID. Dispense 1 cannister. Refill 3 Yes
  - fluticasone propionate - salmeterol 115/4.5 mcg HFA - Note: always use with aeromask

**AS NEED MEDICATION:**

- (6) Nasonex, 1 spray NAS BID. Dispense 1 bottle. Refill 3 Yes
  - Mometasone - Note: check

**TREATMENT PROTOCOL:**

**Prednisone taper schedule**

Prednisone 10 days taper. Take with meal.

- (1) Prednisone 10 mg, 4 tablets PO Day 1 to 3 Yes
- (2) Prednisone 10 mg, 3 tablets PO Day 4 and 5 Yes
- (3) Prednisone 10 mg, 2 tablets PO Day 6 and 7 Yes
- (4) Prednisone 10 mg, 1 tablet PO Day 8 and 9 Yes
- (5) Prednisone 10 mg, 0.5 (half) tablets PO Day 10 then stop. Dispense 25 tablets Yes

**Urticaria protocol**

Severe hives, not controlled with above meds, add this one and call your doctor

- (1) Prednisone, 60 mg PO daily. Dispense 60 tablets. Refill 0 Yes
  - prednisone
- (2) Prilosec, 40 mg PO daily. Dispense 60 tablets Yes
  - use to protect your stomach
- (3) Doxepin 10 mg, 1 tablet PO QHS. Dispense 30 tablets Yes
- (4) Doxepin 25 mg, 1 tablet PO QHS. Dispense 30 tablets Yes
- (5) Doxepin 50 mg, 1 tablet PO QHS. Dispense 30 tablets Yes
- (6) Doxepin 75 mg, 1 tablet PO QHS. Dispense 30 tablets Yes
- (7) Doxepin 100 mg, 1 tablet PO QHS. Dispense 30 tablets Yes
- (8) Doxepin 150 mg, 1 tablet PO QHS. Dispense 30 tablets Yes
- (9) Doxepin 150 mg, 2 tablet PO QHS. Dispense 60 tablets Yes

Prescriber Signature: \_\_\_\_\_