

Panama City Florida's population pyramid shows that there is an increase in the female population at 20-24 years old and again at 45-49 with the largest increase in population at 50-54 years old. For males, 20-24 and 25-29 are equal in the largest percentage and then another increase at 45-49 years old. These trends are consistent with the large military population and retirees who choose to make Panama City home. The large Spring Break presence could possibly account for the increase in population of 20 to 29-year olds (male and female), but most of those who visit Panama City for Spring Break do not end up staying permanently.

Panama City has a wide variety of stores, entertainment, and education to fit all age groups. Areas that could be improved on are specialty medical facilities focusing on the aging population and entertainment for the younger population. As of 2012, there were 326 health care and social assistance facilities and only 20 arts, entertainment, and recreation establishments.