

Welcome to HeadQuarters Steakhouse & Bar - where timeless
steakhouse culture meets modern social dining.

The Story of HQ - Born in 2008, reimagined for today.

What began as Cape Town's original single-concept steakhouse returns —
refined, expanded, and more social than ever.

The spirit remains the same: great steaks, quality drinks,
and the kind of atmosphere that brings people together.

Welcome back to...



Monday - Saturday
Bar 11am - 11pm
Kitchen 12pm - 10pm

WINES BY THE CARAFE - 250ml

Good wine is made to be shared. Choose from our selection by the carafe — generous pours designed for conversation, connection & easy enjoyment

L'Ormarins Brut NV 175ml	95
L'Ormarins Brut Rose NV 175ml	95
Cult White	60
Cult Rose	60
Cult Red	60
Paul Cluver Sauvignon Blanc	110
Protea Sauvignon Blanc	75
Brampton Unoaked Chardonnay	85
Paul Cluver Village Chardonnay	125
Protea Chardonnay	75
Old Road Wine Co Le Courier Chenin Blanc	95
Gorgeous Pinot Noir Chardonnay	90
Protea Cabernet Sauvignon	75
Franschhoek Cellar The Old Museum Merlot	85
Protea Shiraz	75
Paul Cluver Village Pinot Noir	135
Bellingham The Homestead Pinotage	90

BAR SNACKS

Designed for sharing or as a light start

Lavash	20
Crisp flatbread with sea salt, herbs or cayenne pepper	
Biltong	90
100g home-made sliced beef, droëwors or chilli sticks	
Warm Roasted Peanuts	45
Marinated Olives	65

SMALL PLATES

Poppers	68
Jalapeño & cheese, fried crisp	
HQ Salad	50
Cos lettuce, walnuts, shaved Parmesan, light dressing	
Sirloin Mini Sandwich	102
Finger sandwiches, toasted, mustard mayo	
Grilled Chicken Skewers	74
With mint yoghurt & asian BBQ sauce	
Bitterballen	75
Dutch beef croquettes with Dijon mustard	
Melanzone Croquettes	65
Golden, bite-sized aubergine croquettes	
Patatas Bravas	75
Paprika mayo & fresh herbs	

STARTERS

<i>Classic steakhouse beginnings, prepared with a contemporary touch</i>		
Beef Fillet Carpaccio		125
Fennel seeds, parmesan, rocket, olive oil		
Greek Salad		75
Feta, olives, cucumber, green pepper, capers & tomato		
Classic Caesar Salad		80
Cos lettuce, anchovy dressing, croutons		
<i>add grilled chicken or prawns</i>		145
Salt & Pepper Calamari		92
With lemon aioli		
Classic Beef Fillet Tartare (125g)		145
Egg yolk with classic accompaniments		
Grilled Halloumi		105
Chilli-infused honey, coriander yoghurt, flatbread		
Peri-Peri Chicken Livers		80
Served with toasted focaccia		
Lamb Koftas		72
With hummus, tzatziki & pita bread		

MAINS

A collection of hearty favourites & signature dishes prepared with bold flavours, fresh ingredients, and a touch of HQ flair

HQ Burger 185

200g juicy beef patty on a toasted bun, garlic aioli, gherkins, onion marmalade, gruyere cheese

Kingklip 255

Sautéed spinach, patatas bravas, lemon butter

Chicken Parmigiana 195

Panko-coated chicken breast, topped with mozzarella served with roasted romanita linguini

Baked Melanzane 185

Layers of aubergine, tomato, parmesan served with a fresh side salad

Fish & Chips 195

Beer-battered hake with tartar sauce

Beef & Guinness Pie 190

Slow-braised beef topped with a flaky crust served with mash

Portobello Mushrooms 205

Café de paris butter, fries & HQ salad.

Served with a top-up of fries and butter!

FROM THE GRILL

Our Signature Classic

HQ Sirloin **295**

28-day matured 250g sirloin, flame-grilled, with cafe de paris butter, fries & HQ salad. Served with a top-up of fries and butter!

A complimentary side of your choice is served with each grill selection.

(Truffle fries R25 surcharge)

250g Fillet **295**

Tender and lean, the most delicate of cuts, perfectly grilled to showcase natural flavour

250g Rump **255**

Classic cut with bold flavour

600g Tomahawk **450**

Impressive bone-in ribeye, flame-grilled for bold char and rich succulence - the ultimate steakhouse favorite

Prawn Platter (8) **320**

Butterflied prawns basted in lemon butter or spicy peri-peri

Butcher & Bay **325**

200g beef fillet paired with three prawns — a showcase of land and sea

SIDES

Green Salad	50
Baby gem, baby spinach, edamame beans, mint, shaved cucumber, honey mustard dressing	
Fries	45
Truffle Fries with Parmesan	75
Roasted Butternut & Feta	55
Creamed Spinach	52
Onion Rings	40
Patatas Bravas	45

SAUCES

Café de Paris Butter	50
Truffle Mushroom	50
Pepper	45
Peri-Peri	45
Chimichurri	45

FLATBREADS

Hand-stretched flatbreads — lighter than pizza, perfect for sharing or as a meal on their own

Garlic ⚡ 80

Brushed with olive oil, topped with roasted garlic, sea salt & herbs, served with a side of hummus

Mediterranean ⚡ 130

A vibrant mix of olives, feta, red onion, baby tomatoes, pesto & rocket

Carne 170

Cream cheese base with grilled fillet strips, sautéed mushrooms, onion marmalade & melted mozzarella — rich and indulgent.

Calamari 160

Napolitana base with tender calamari rings, red onion, mozzarella & a hint of chilli

DESSERTS

Classic indulgences — each prepared with care & the perfect finish to your HQ experience

Chocolate Fondant	85
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Warm, rich chocolate cake with a molten centre. Served warm with vanilla ice-cream. Worth the wait!

Cheesecake	85
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Baked basque-style with a caramelised top & creamy centre — beautifully simple

Lemon Tart	75
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Zesty lemon curd in a crisp pastry shell, served with citrus crème fraîche

Crème Brûlée	70
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Silky vanilla custard with a perfectly torched caramel crust

Affogato	65
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A shot of hot espresso poured over vanilla ice cream — pure simplicity in a cup

Selection of Gelato	80
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2 scoops of your choice — vanilla, chocolate, salted caramel, lemon curd

THE YOUNG ONES

Whatever 75

Beef burger with fries

I Wanna Go Play 75

Chicken schnitzel and fries

Anything 80

Beef meatballs with linguini

I Want Chocolate!! 70

Vanilla ice-cream with chocolate sauce

SOCIAL HOURS

WEEKDAYS FROM 5PM TO 7PM

From The Kitchen

3 for 2 on all small plates

From The Bar

GLS L'Ormarins Brut

75

Cult Wine Carafe

50

Castle Lite Draught

40

Tanqueray & Tonic

50

Dirty Martini

55

HQ
HEAD
QUARTERS
STEAKHOUSE & BAR

Eat.
Drink.
Be Social.