

# Urban mobility and neighborhood isolation in America's 50 largest cities

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**Influential research on the negative effects of living in a disadvantaged neighborhood assumes that its residents are socially isolated from nonpoor or “mainstream” neighborhoods, but the extent and nature of such isolation remain in question. We develop a test of neighborhood isolation that improves on static measures derived from commonly used census reports by leveraging fine-grained dynamic data on the everyday movement of residents in America's 50 largest cities. We analyze 650 million geocoded Twitter messages to estimate the home locations and travel patterns of almost 400,000 residents over 18 mo. We find surprisingly high consistency across neighborhoods of different race and income characteristics in the average travel distance (radius) and number of neighborhoods traveled to (spread) in the metropolitan region; however, we uncover notable differences in the composition of the neighborhoods visited. Residents of primarily black and Hispanic neighborhoods—whether poor or not—are far less exposed to either nonpoor or white middle-class neighborhoods than residents of primarily white neighborhoods. These large racial differences are notable given recent declines in segregation and the increasing diversity of American cities. We also find that white poor neighborhoods are substantially isolated from nonpoor white neighborhoods. The results suggest that even though residents of disadvantaged neighborhoods travel far and wide, their relative isolation and segregation persist.**

race | neighborhood | social isolation | urban mobility | big data

A large and diverse literature based on longitudinal surveys, randomized control trials, and millions of administrative tax records has produced increasingly convincing evidence that growing up or living in a poor neighborhood undermines life chances (1–4). A major explanation for this effect is that residents of poor neighborhoods, especially predominantly black and Hispanic poor neighborhoods, are geographically isolated from middle-class environments of opportunity (5–8). As one influential theorist put it, residents of such neighborhoods have limited contact or sustained interactions with the individuals and institutions of “mainstream society” (5). Among other factors, social isolation in poor black neighborhoods can potentially limit young people's access to middle-class role models, safe environments, and institutional resources, as well as adults' access to people with information about jobs (9, 10).

Nevertheless, the neighborhood isolation explanation has relied on the implicit assumption that social interactions are limited to one's neighborhood of residence (11, 12). In an increasingly interconnected and mobile society, this assumption is questionable (13). Indeed, although we know that few people spend all of their waking hours within their neighborhoods, we know little about how many neighborhoods they visit on an everyday basis or how far they travel. Furthermore, such dynamics may depend on the poverty or race of their own or the receiving neighborhoods in ways not yet understood. Thus, whether low-income blacks and Hispanics are, in fact, socially or geographically isolated depends on the opportunities provided by largely unknown aspects of their urban mobility (14, 15).

To date, studies relevant to this fundamental question have relied on three types of data. First, studies have examined

commuting ties, which focuses on adults' travel between home and work (12, 16). However, commuting does not include neighborhoods experienced through leisure, errand activities, or visits to friends and family, all of which affect the extent of isolation. Second, several studies have used travel diaries collected by volunteers (15, 17, 18). While such methods produce rich data on the multiple locations visited by respondents, they are typically limited to one city and constrained by sample size limitations, given the onerous demands placed on study participants. These constraints are especially important given potential differences between cities. For example, travel patterns in cities with expansive public transit systems (e.g., New York City or Chicago) may differ from those in cities where driving is the primary mode of transportation (e.g., Houston or Los Angeles). These differences may also exacerbate inequalities in neighborhood isolation across race and class lines. Third, a few studies have examined the differences in mobility patterns among different social groups (19, 20), as well as their geographical interactions (21), using geolocation records from cell phones and social media platforms. However, only a few of these studies have examined race or class differences in mobility and none have done so across a large sample of cities.

Traditional studies that examined neighborhood isolation using surveys, field experiments, or tax records do not track everyday mobility for large populations with sufficient detail for statistical analyses. These data are intrinsically static, and subsequently they do not capture dynamic phenomena well. Data from travel diaries as well as the burgeoning use of social media are qualitatively different, as they capture the dynamism of

## Significance

**Living in disadvantaged neighborhoods is widely assumed to undermine life chances because residents are isolated from neighborhoods with greater resources. Yet, residential isolation may be mitigated by individuals spending much of their everyday lives outside their home neighborhoods, a possibility that has been difficult to assess on a large scale. Using new methods to analyze urban mobility in the 50 largest American cities, we find that residents of primarily black and Hispanic neighborhoods—whether poor or not—are far less exposed to either nonpoor or white middle-class neighborhoods than residents of primarily white neighborhoods. Although residents of disadvantaged neighborhoods regularly travel as far and to as many different neighborhoods as those from advantaged neighborhoods, their relative isolation and segregation persist.**

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$$r_g = \sqrt{\frac{1}{n} \sum_{t=1}^n \left[ 2g \times \sin^{-1} \left( \sqrt{\sin^2 \left( \frac{\phi_t - \phi_c}{2} \right) + \cos \phi_1 \cos \phi_t \sin^2 \left( \frac{\phi_t - \phi_c}{2} \right)} \right) \right]^2},$$

where  $n$  is the total number of recorded locations for an individual,  $t$  is each visited location,  $\phi$  is the latitude,  $\varphi$  is the longitude,  $c$  is the individual's estimated home geographical coordinate, and  $g$  is the radius of the earth in meters. While home locations are only within cities' boundaries, the visited locations may be anywhere within cities' commuting zones. We exclude the top 1% of individuals' travel distances to eliminate the possible bias resulting from anomalous long-distance travels. The mobility radius is the median of the weighted travel distances from the home location to all of the traveled locations not within the home cluster.

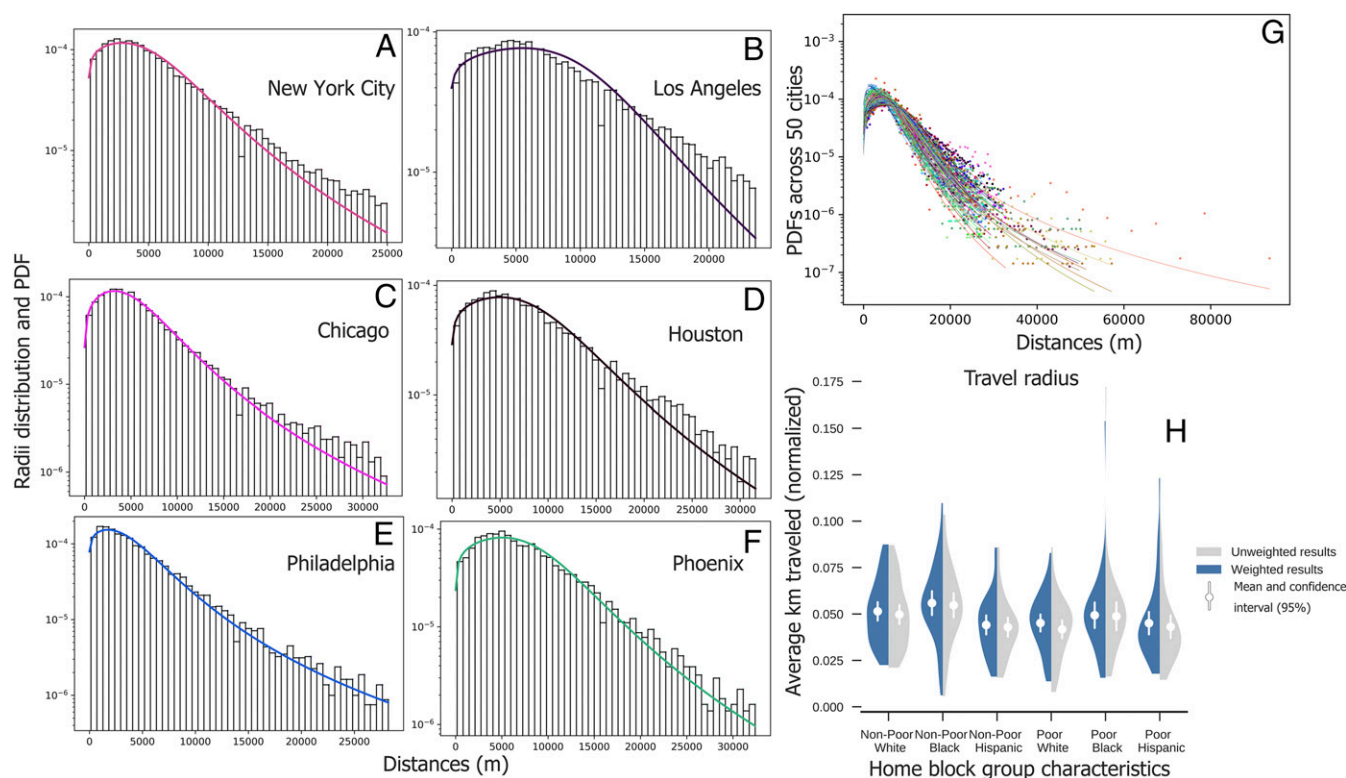
There is a high degree of uniformity in travel distances at the aggregate level (Fig. 2). We mapped the distributions of the radii of mobility among residents in the 50 cities; Fig. 2A–F show the distributions in six cities; Fig. 2G shows the aggregated distributions. The average travel radius within commuting zones is 5,292.0 m, with an SD of 1,003.6 m. When limited to the city boundaries, the average travel radius is 3,142.2 m, with an SD of 1,281.3 m. Car-dependent cities such as Los Angeles are typically argued to have different mobility profiles than those with strong public transportation, such as New York City. However, the results show high homogeneity in the distributions across the cities, while the differences are in the average distances. For example, Los Angeles and New York City differ in their average distances, as previously noted (37), but not in their aggregated city distributions. Their travel radii are 7,214.1 m and 4,642.8 m, respectively, and their distributions are both long-tailed. In fact, the radii from all individuals across the 50 commuting zones

follow Burr distributions. This finding supports general theories on the regularity of urban dwellers' mobility patterns and the evolution of a small set of basic urban principles that operate locally (38, 39).

### Group Differences: Radius and Spread

To compare residents of different neighborhoods, we classify block groups into poor and nonpoor based on whether the proportion of residents living under the federal poverty line was greater than 30% (a threshold of 40% produced similar results). We similarly classified block groups as majority non-Hispanic white, non-Hispanic black, or Hispanic using a threshold of 50% (a threshold of 70% produced similar results). There are too few block groups with majority Asian populations to permit reliable analyses for that group. Our first comparison examines class and race differences in the travel radius. Results are shown in Fig. 2H.

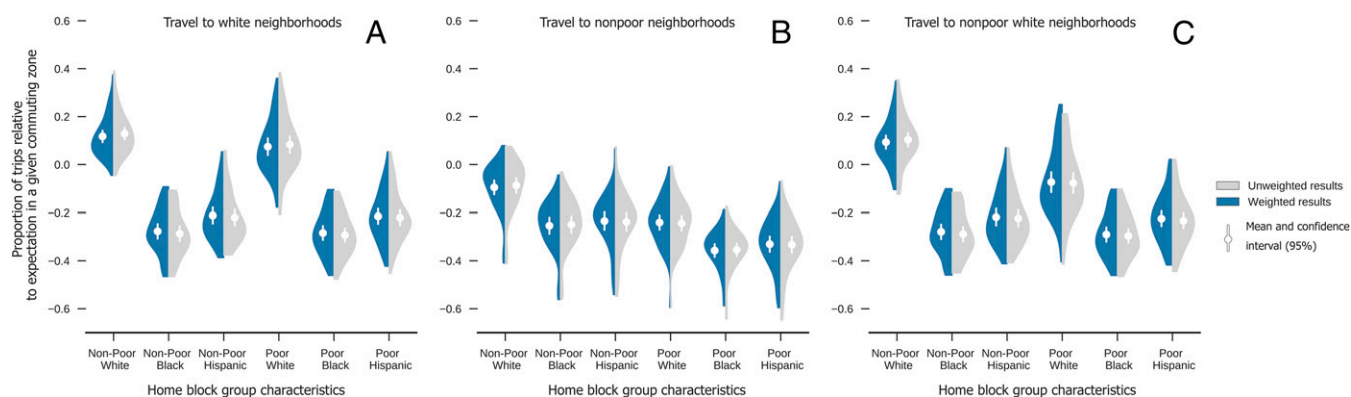
The radii were normalized to facilitate comparisons since cities have different sizes of commuting zones. For each city, we divided the median travel distance by the average distance from the centroid of the city to the centroids of the farthest five block groups in the city's commuting zone. The weighted normalized radius is ~0.046 for residents of poor neighborhoods and roughly 0.051 for nonpoor neighborhoods. Under both specifications, radii from black neighborhoods are the highest, a finding that aligns with reports based on survey data of the size of activity spaces in Los Angeles (40). For residents of nonpoor neighborhoods, the weighted radius is 0.056 for the black neighborhoods, higher than the 0.051 for white neighborhoods. For poor neighborhoods, it is 0.049 for black neighborhoods compared with 0.045 for white neighborhoods. The true difference in meters between the average radii of poor black neighborhoods and nonpoor whites is surprisingly small; it is 235.3 m across all commuting zones. Similar travel patterns were observed if travels



**Fig. 2.** Travel distances. (A–F) The distributions of radii for individuals' everyday mobility patterns in the six largest cities. Median radii for New York City: 4,642.8 m; Los Angeles: 7,214.1 m; Chicago: 4,916.0 m; Houston: 6,929.7 m; Philadelphia: 3,397.7 m; and Phoenix: 6,589.9 m. (G) The distributions of the 50 largest cities in the United States. (H) Comparison of the kernel density estimations of the underlying distributions of normalized weighted and unweighted results (SI Appendix, section 2.3).







**Fig. 4.** Urban mobility composition adjusted by the proportions of block groups in cities' commuting zones of that demographic type. (A) The adjusted, expected proportions of individuals traveling to white neighborhoods. (B) The proportions of individuals traveling to nonpoor neighborhoods. (C) The proportions of individuals traveling to nonpoor white neighborhoods.

estimated mixed effects models of the unweighted and weighted results for robustness checks, with similar results.

The race and class predictions from our model (shown in Fig. 5) are consistent with the results in Fig. 4C, after accounting for age and gender composition and unique city effects. Namely, racial differences are more important than the poor versus nonpoor distinction in the exposure of urban dwellers to nonpoor, predominantly white neighborhoods in the commuting zone. For example, the predicted probabilities that residents of poor black and poor Hispanic neighborhoods visit nonpoor white neighborhoods are 0.32 and 0.29 below the expected baseline. Conversely, it is only 0.05 below the baseline for residents from poor white neighborhoods, a difference of 0.27 and 0.24, respectively.

Notably, however, the gaps are even greater between nonpoor neighborhoods. The predicted probabilities for residents from nonpoor black and nonpoor Hispanic neighborhoods visiting nonpoor white neighborhoods are 0.29 and 0.24 below the baseline. In contrast, the predicted probability for nonpoor white neighborhoods is 0.14 above the baseline, which yields differences of 0.43 and 0.38, respectively. While we find minimal differences between black and Hispanic neighborhoods by class, we find a large difference (0.19) by class for white neighborhoods. However, residents from poor white neighborhoods still have a higher predicted probability of exposure to nonpoor white neighborhoods than residents from nonpoor black and Hispanic neighborhoods. Race thus trumps class in mobility patterns compositionally despite the fact that there are minimal to no differences in distances traveled and the numbers of neighborhoods visited by race. Although there are small but significant differences between poor white and nonpoor white neighborhoods, the lack of meaningful or significant differences in radii and spread between nonpoor white neighborhoods and black neighborhoods (poor or not) holds up when we adjust for age and gender composition in similar analyses. Additionally, the results for travel across neighborhoods within a city show a similar but even stronger trend (*SI Appendix*, Fig. S6).

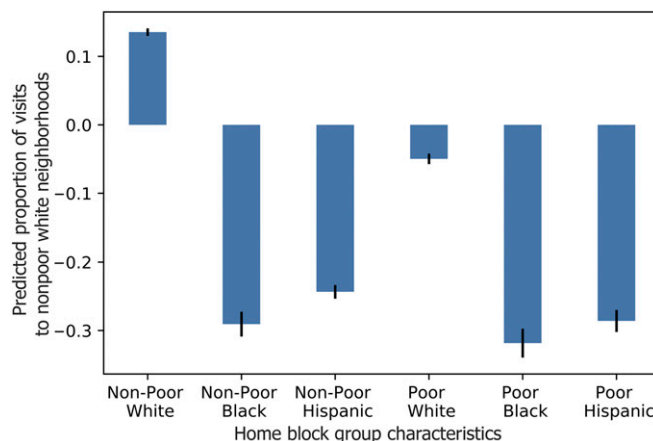
## Conclusion

Our study does not make claims about individuals' travel patterns based on their particular race or class. While we use data on individuals' tweets, our findings pertain to data at the block group (or neighborhood) level, a focal interest in research on concentrated poverty. In addition, although our results are based on almost 400,000 users who posted geocoded tweets, sample representativeness is a potential limitation. Our approach to this challenge was to compare weighted and unweighted results, and to adjust key results by age and sex composition. These approaches have complementary strengths and weaknesses and yield strongly consistent results. At a minimum, our results are valid for the large population of Twitter users that enable geotagging. Prior research

suggests that these individuals are generally younger and more affluent and that this demographic has larger activity spaces (40, 42). We therefore would expect that differences in mobility patterns would be even greater for the general population.

Another limitation is that individuals may have different tweeting habits based on where they travel (43). While an option might have been to attempt to predict from which of their locations people are most likely to tweet, researchers have not yet developed methods, based on either multiple combined data sources or natural language processing, to accurately predict such locations (44), a limitation currently faced by users of not only Twitter data but also other large-scale data resources, such as cell phone records or GPS. Consequently, the potential heterogeneity in tweeting habits cannot be taken into consideration in a way that fully addresses the representativeness of locations. Finally, our study assesses the potential for contact (i.e., physical copresence) through exposure rather than an observed interaction; note, however, that the former is unequivocally the prerequisite for the latter. These and other issues should be addressed in future research with alternative data sources that provide a ground truth of the distribution of representative locations and durations of exposure to social environments (*SI Appendix*, section 3).

Our analyses suggest several important conclusions. Residents of poor minority neighborhoods do not limit their lives to those neighborhoods. In addition, they appear to travel about as widely across their cities and to as many neighborhoods as those of other



**Fig. 5.** Predicted proportions of visits, relative to baselines in cities' commuting zones, to nonpoor white neighborhoods by race and class of home neighborhoods, adjusted for the age and gender composition of home block groups and cities' fixed effects.

groups. Nevertheless, they seem much less exposed to middle-class or white neighborhoods than those living in middle-class neighborhoods, supporting the “mainstream” underexposure hypotheses, perhaps in ways more far-reaching than initially intended (5). It is notable that residents of minority neighborhoods, regardless of class, are less exposed to nonpoor or white neighborhoods than even those of poor white neighborhoods. The finding aligns with other smaller-scale studies based on surveys and GPS data (14, 45, 46), suggesting that heterogeneity across race mediates the effects of neighborhood poverty (7, 8, 47). We also find that residents of poor white neighborhoods are less exposed to mainstream areas than those in nonpoor white ones. Importantly, these results hold even after accounting for differences in cities’ demographics, indicating broader trends across the 50 most populous cities. An exposition of these trends would not have been possible without large-scale, dynamic data.

Although racial segregation and racial income inequality in the United States may have decreased (48), we find race still matters more than poverty for relative exposure to middle-class neighborhoods. These findings, among a population that by definition is technologically connected, imply that racial segregation is

operating at a higher-order level than typically recognized: Racial segregation is manifest not only where people live but also where they travel throughout a city and whom they are exposed to (49, 50). Our research thus provides evidence that although the United States is becoming increasingly diverse, the interactions across race and class groups that ultimately contribute to societal integration are not taking place (22). Racial segregation reaches well beyond one’s home, indicating the importance of considering mobility interactions across neighborhoods.

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