



Øystein Pettersen

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Øystein "Pølsa" Pettersen (born 19 January 1983 in [Linderud](#)) is a former Norwegian [cross-country skier](#), television personality and podcast host who competed professionally from 2002 to 2019. He has six World Cup podiums, his best finish being second in individual sprint events. Together with [Petter Northug](#) he won gold medal in the [team sprint event](#) at the [2010 Winter Olympics](#) in Vancouver, Canada.^[1] In the [Individual Sprint](#) he was one of three Norwegians to reach the six-man final.

In 2020 he was a contestant in the celebrity edition of the norwegian TV show, [71° Nord](#)^[2] and in 2021 he took part in [Mesternes Mester](#).^[3]

Pettersen also hosts his own [podcast](#) called [Skipodden](#).^[4] A comedy style podcast about training and life, with an extra focus on winter sports. Skipodden has had many prominent guests including [John Arne Riise](#), [Marit Bjørgen](#), [Gunde Svan](#) and [Petter Northug](#).

Athletic career [\[edit\]](#)

Pettersen began competing in national events in 2002 and in junior international events in 2003. Although he has competed in dozens of events, he only finished in the top three at World Cup events five times, including second-place finished in Germany in 2006 and in [Estonia](#) in 2009. He did not compete in the [2006 Winter Olympics](#), but did win a gold medal that year in the Scandinavian championships.^[5]

Pettersen was selected to join the [Norwegian team](#) at the [2010 Winter Olympics](#) in Vancouver, Canada. In his first Olympic event, the [individual sprint](#), he placed sixth, one of

Øystein Pettersen



Country	 Norway
Born	19 January 1983 (age 42) <div> Linderud, Oslo, Norway</div>
Height	1.81 m (5 ft 11 in)
Ski club	Bækkelagets SK, Oslo <div>Lillomarka SK, Oslo</div>

World Cup career

Seasons	12 – (2003–2014)
Indiv. starts	88
Indiv. podiums	6
Indiv. wins	0
Team starts	7
Team podiums	3
Team wins	1
Overall titles	0 – (28th in 2008)
Discipline titles	0

Medal record [\[hide\]](#)

Men's [cross-country skiing](#)
Representing Norway

three Norwegians who made it to the final competition round.^[6] He later won a gold medal with teammate **Petter Northug** in the **team sprint** event in a close finish with teams from **Germany** and **Russia**. Originally, Pettersen was not going to compete in the event, but a last-minute withdrawal by world champion **Ola Vigen Hattestad** due to illness left a slot open, and Pettersen was chosen to fill it.^[7] A number of teams were in contention following Pettersen's performance during the first leg of the race, and it was not until the last hill that Northug passed his opponents and took the lead entering the stadium where the race finished.^[7]

Olympic Games		
<div><div><div>G</div></div></div>	2010 Vancouver	Team sprint
Junior World Championships		
<div><div><div>S</div></div></div>	2003 Sollefteå	4 × 10 km relay

Cross-country skiing results [[edit](#)]

All results are sourced from the [International Ski Federation](#) (FIS).^[5]

Olympic Games [[edit](#)]

- 1 medal – (1 gold)

Year	Age	15 km individual	30 km skiathlon	50 km mass start	Sprint	4 × 10 km relay	Team sprint
2010	27	—	—	—	6	—	Gold

World Championships [[edit](#)]

Year	Age	15 km individual	30 km skiathlon	50 km mass start	Sprint	4 × 10 km relay	Team sprint
2011	28	—	—	—	41	—	—

World Cup [[edit](#)]

Season standings [[edit](#)]

Season	Age	Discipline standings			Ski Tour standings		
		Overall	Distance	Sprint	Nordic Opening	Tour de Ski	World Cup Final
2003	20	119	—	62	—	—	—
2004	21	141	NC	63	—	—	—
2005	22	NC	NC	NC	—	—	—
2006	23	68	NC	26	—	—	—

2007	24	28	54	12	—	53	—
2008	25	40	NC	13	—	—	—
2009	26	44	NC	13	—	—	DNF
2010	27	34	88	14	—	—	18
2011	28	57	NC	20	32	—	—
2012	29	53	NC	19	DNF	—	—
2013	30	73	NC	33	—	—	—
2014	31	111	94	66	32	—	—

Individual podiums [[edit](#)]

- 6 podiums – (5 [WC](#), 1 [SWC](#))

No.	Season	Date	Location	Race	Level	Place
1	2006–07	28 October 2006	 Düsseldorf, Germany	1.5 km Sprint F	World Cup	2nd
2	2007–08	16 December 2007	 Rybinsk, Russia	1.2 km Sprint F	World Cup	3rd
3	2008–09	25 January 2009	 Otepää, Estonia	1.4 km Sprint C	World Cup	2nd
4	2009–10	28 November 2009	 Rukatunturi, Finland	1.4 km Sprint C	World Cup	2nd
5	2010–11	4 December 2010	 Düsseldorf, Germany	1.7 km Sprint F	World Cup	3rd
6	2011–12	25 November 2011	 Rukatunturi, Finland	1.4 km Sprint C	Stage World Cup	3rd

Team podiums [[edit](#)]

- 1 victory – (1 [RL](#))
- 3 podiums – (1 [RL](#), 2 [TS](#))

No.	Season	Date	Location	Race	Level	Place	Teammate(s)
1	2006–07	29 October 2006	 Düsseldorf, Germany	6 × 1.5 km Team Sprint F	World Cup	2nd	Rønning
2		25 March 2007	 Falun, Sweden	4 × 10 km Relay C/F	World Cup	1st	Hjelmeset / Estil / Northug
3	2013–14	22 December 2013	 Asiago, Italy	6 × 1.65 km Team Sprint C	World Cup	3rd	Brandsdal

References [edit]

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- 6. [^] "Men's Individual Sprint Classic – Finals" . Vancouver 2010. 17 February 2010. Retrieved 22 February 2010.
- 7. [^] ^a ^b "Cross-Country Skiing: Norway storm to men's team sprint gold" . Agence France-Presse. Vancouver 2010. 22 February 2010. Retrieved 22 February 2010.

External links [edit]

- Øystein Pettersen at the International Ski and Snowboard Federation
- Øystein Pettersen at Olympics.com
- Øystein Pettersen at Olympedia ✎

<div><div><div><div><div></div><div><div>V • T • E</div></div></div><div></div></div></div></div> <div>Olympic champions in men's team sprint cross country</div> <div>[show]</div>
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