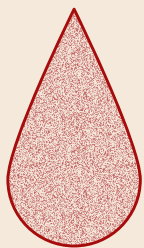


# PANTHERS AGAINST LYMPHOMA (PALS)

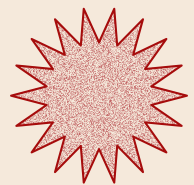


Lymphoma is one of the **most common** cancers among adolescents and young adults (15–39 year-olds).



## 200 CASES PER DAY

Every five minutes, someone in the US is diagnosed with lymphoma.



## SYMPTOM CHECK

Do you show any of the following?

- Swelling of lymph nodes, which may or may not be painless
- Fever
- Unexplained weight loss
- Sweating (often at night)
- Chills
- Lack of energy
- Itching

Potential symptoms of lymphoma can be similar to **common body changes**.

### "IT CAN'T HAPPEN TO ME" IS A MYTH

Some people may not have any symptoms and are diagnosed **accidentally** when having a scan for another medical condition.

"Feeling healthy" doesn't mean you are risk-free!



## WHEN TO SEE A DOCTOR

Most people don't know about lymphoma until them or family are diagnosed.

Delaying medical attention can impact the ability to have an accurate diagnose

Reach out **Lymphoma Research Foundation Helpline** for any questions [here](#)

## WE GOT YOUR BACK!

Click below for Lymphoma resources!

- [The Lymphoma Research Foundation](#)
- [@ Stay up to date with the PALS campaign! @chapman\\_pals](#)



## PROTECT YOURSELF AND YOUR LOVED ONES

*Be a PAL – Panthers Against Lymphoma*