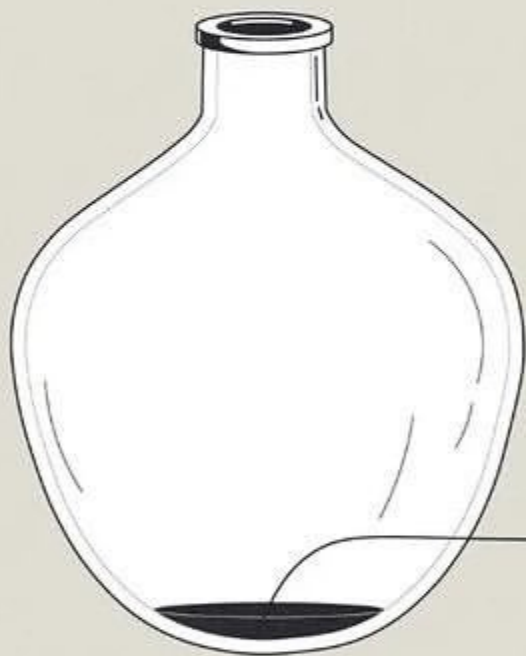


IMPROVE EVERYDAY

1% DAILY



YOUR SKILL

TODAY

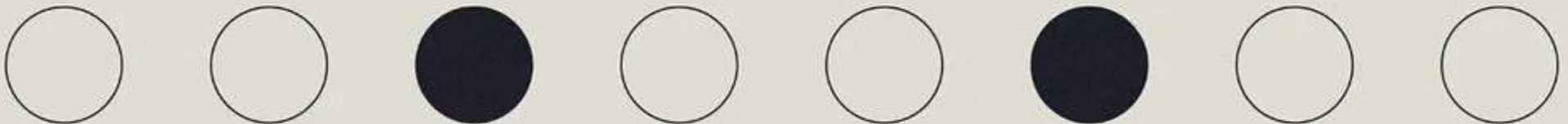


1 YEAR LATER

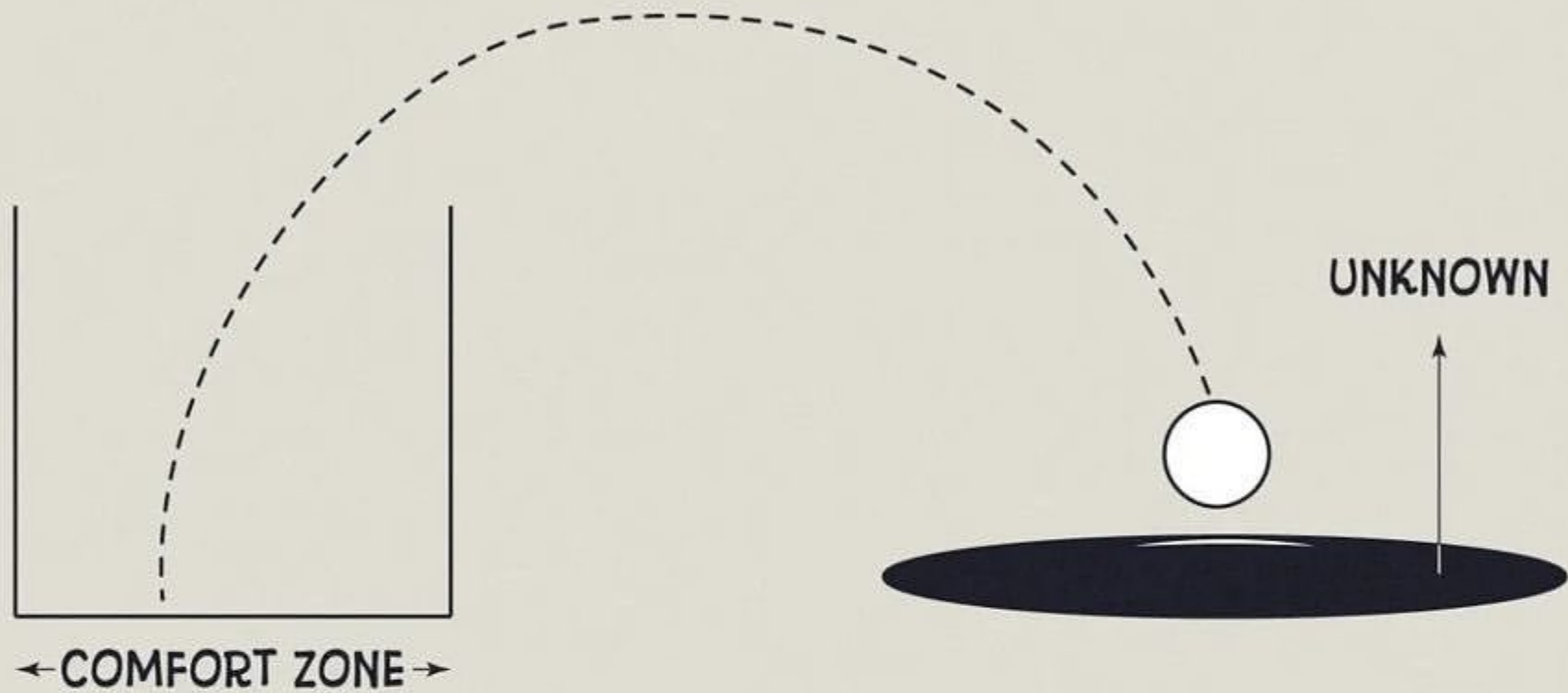
THIS IS CONSISTENCY



SO IS THIS!



NO NEED TO DO THIS...



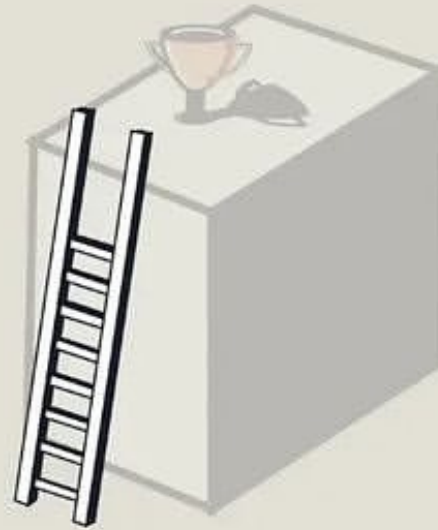
YOU CAN DO THIS!



DON'T GIVE UP!

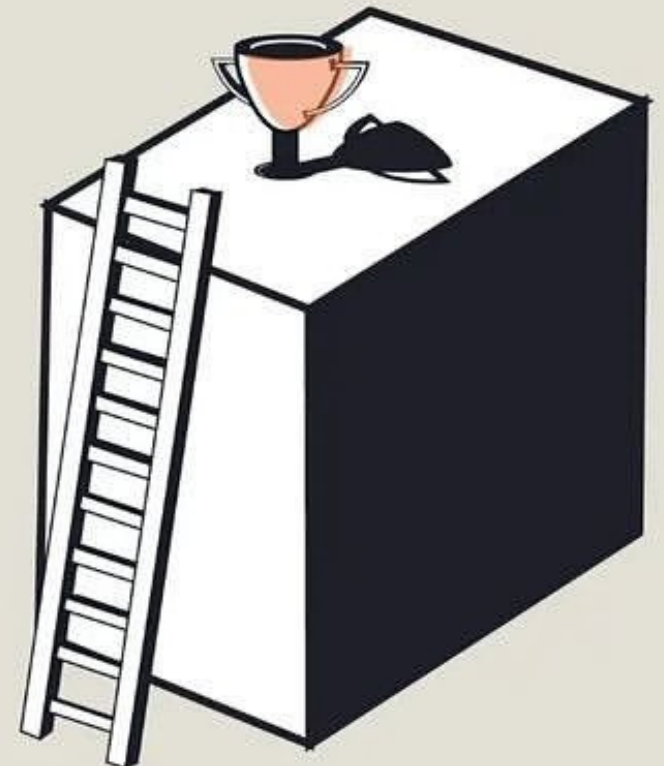
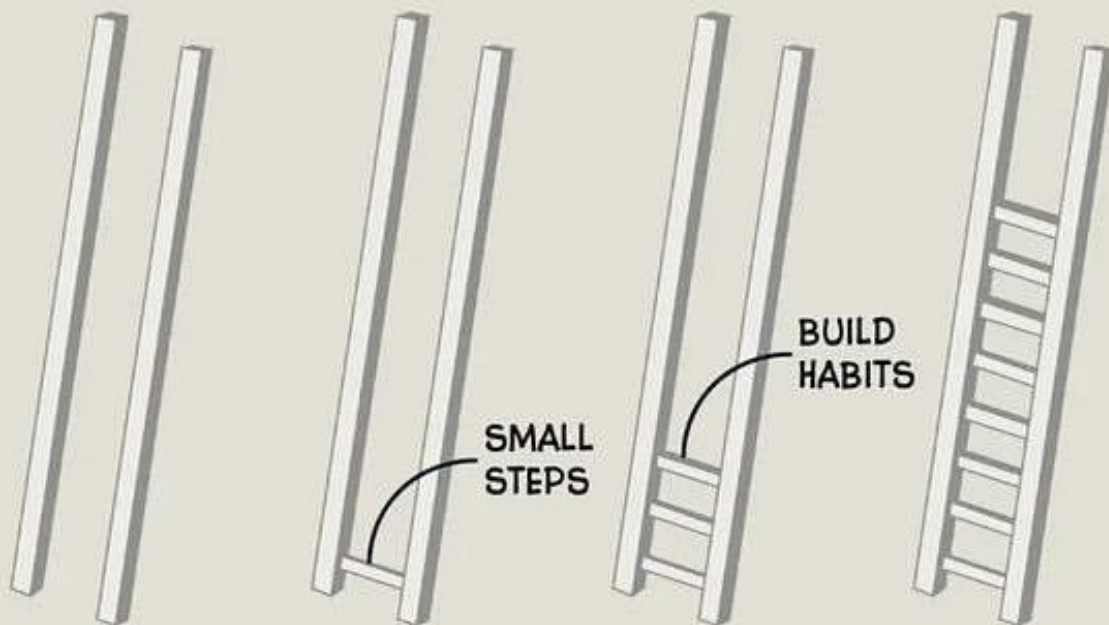


SCARY!

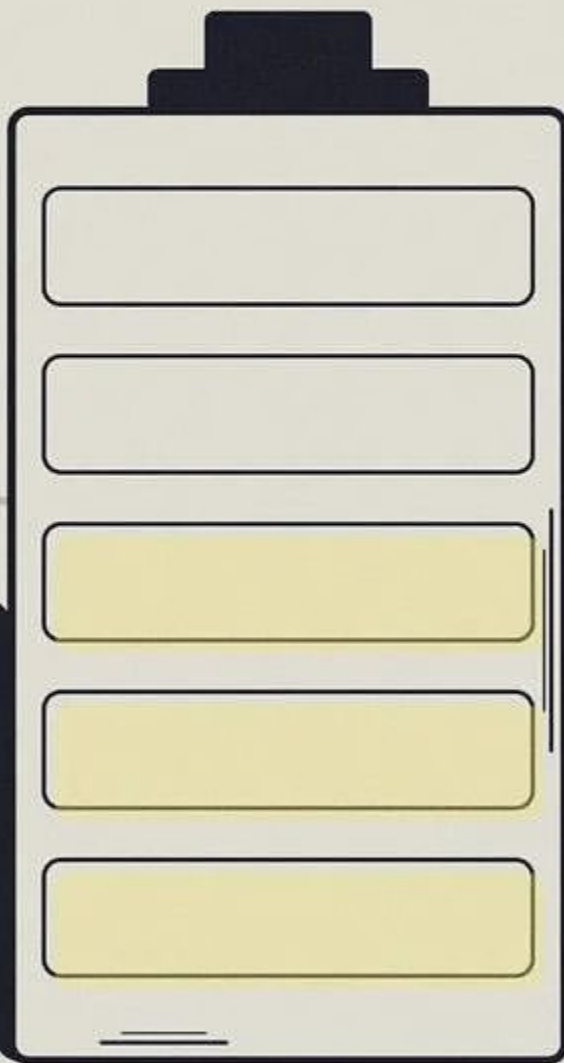


DAY 1

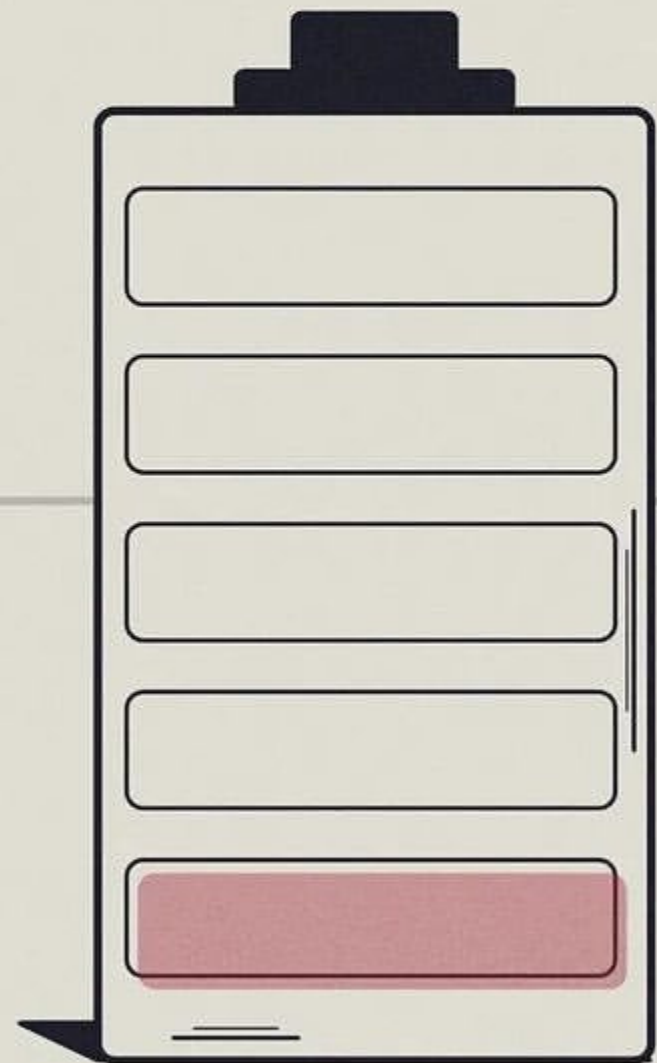
INSTEAD START SMALL AND BUILD HABITS



TAKE A BREAK!



HERE!



NOT HERE!

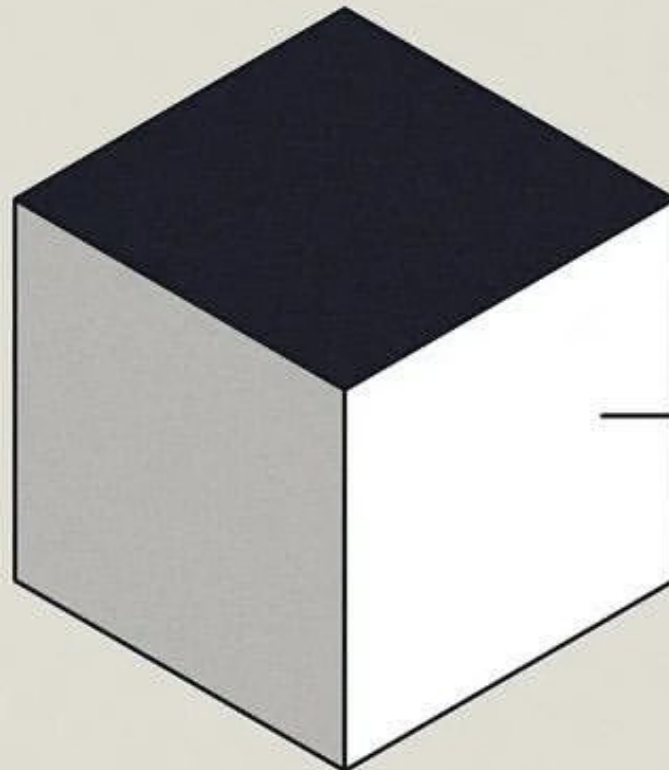
PROBLEM SOLVING?

STUCK?



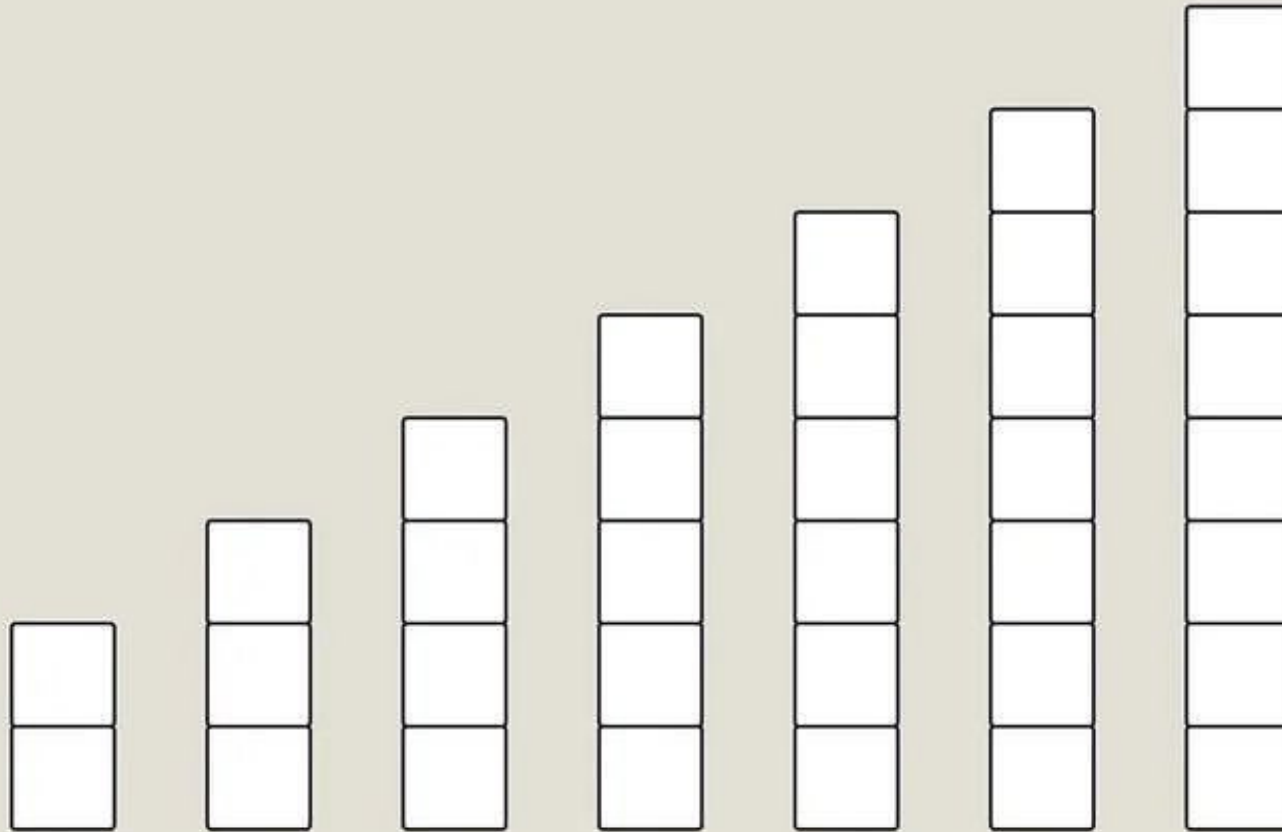
PROBLEM

LOOK AT IT FROM DIFFERENT ANGLES



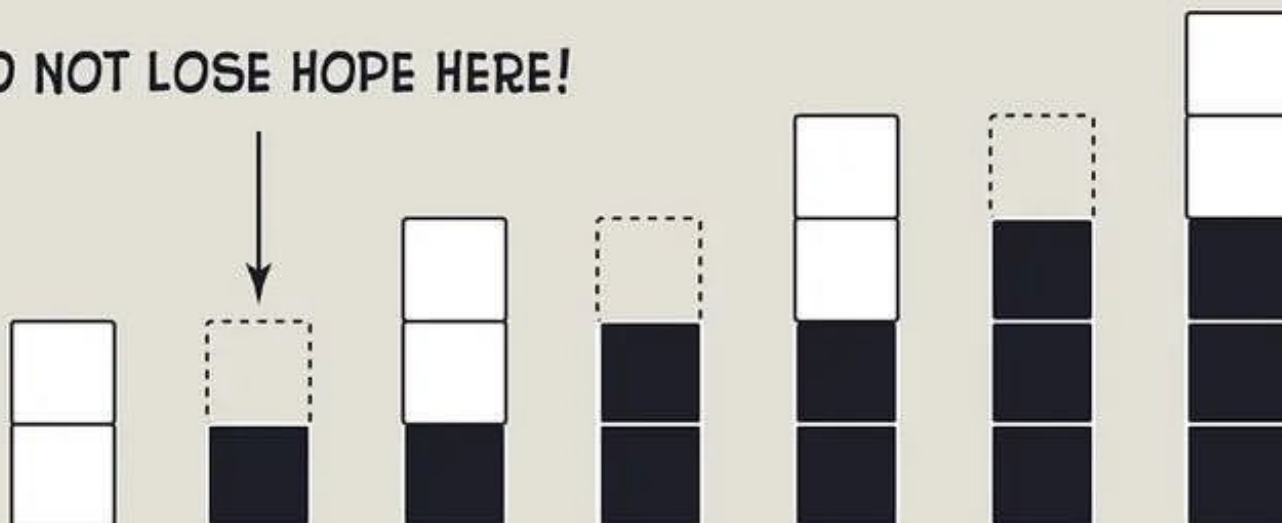
SOLUTION

WHAT WE THINK GROWTH IS....



ACTUAL GROWTH!

DO NOT LOSE HOPE HERE!



DOING IT ALONE

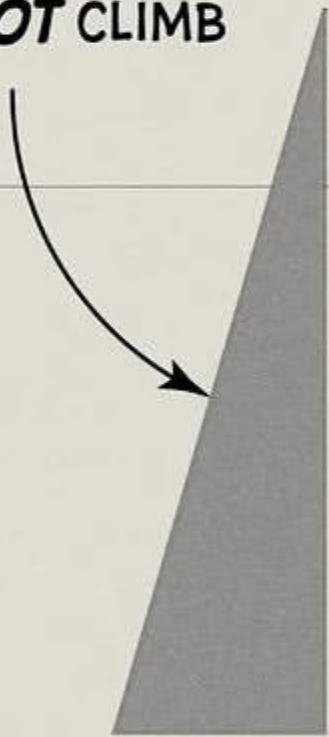


WITH A SUPPORTIVE COMMUNITY



TIME MAKES THINGS EASIER

CANNOT CLIMB



EASY CLIMB

