Wirfs-Brock, R., Wilkerson, B. and Wiener, L. (1990) Designing Object-Oriented Software, Prentice Hall, Englewood Cliffs, NJ.

There are a large number of references on the world wide web, including:

http://www.modelingstyle.info/activityDiagram.html

http://sunset.usc.edu/classes/cs577a_2000/papers/ Activity diagrams for Rose Architect.pdf