According

$$e^{\widetilde{\alpha}n}\cos\widetilde{\omega}n \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \frac{(e^q-e^{\widetilde{\alpha}}\cos\widetilde{\omega})e^q}{e^{2q}-2e^qe^{\widetilde{\alpha}}\cos\widetilde{\omega}+e^{2\widetilde{\alpha}}}$$

$$e^{\widetilde{\alpha}n}\sin\,\widetilde{\omega}n \ \ \doteqdot \ \ \frac{e^q e^{\widetilde{\alpha}}\sin\widetilde{\omega}}{e^{2q} - 2e^q e^{\widetilde{\alpha}}\cos\widetilde{\omega} + e^{2\widetilde{\alpha}}}$$

and matrix in equation (4) we got:

$$e^{2\widetilde{\alpha}} = e^{-2\alpha T}$$

$$2\cos\widetilde{\omega} = \left(e^{\alpha(1-\gamma)T} + e^{-\alpha(1-\gamma)T}\right)\cos(\omega\gamma T) + \frac{\alpha}{\omega}\left(e^{\alpha(1-\gamma)T} - e^{-\alpha(1-\gamma)T}\right)\sin(\omega\gamma T)$$

and change parts in brackets

$$\widetilde{\omega} = \arccos \left[\cosh \left(\alpha (1 - \gamma) T \right) \cos (\omega \gamma T) + \frac{\alpha}{\omega} \sinh \left(\alpha (1 - \gamma) T \right) \sin (\omega \gamma T) \right]$$

on rounded;

R:=1157.76;

L:=0.102;

 $C:=0.75*10^{-6}$;

u:=85;

g := 0.5;

t := 0.0002;

a:=1/(2*R*C);

W := a*sqrt(4*R*R*C/L -1);

wtilde:= acos(cosh(a*t*(1-g))*cos(g*w*t) + sinh(a*t*(1-g))*sin(g*w*t)*a/w);

$$\cos\widetilde{\omega} = 0.941773223936$$

$$\tilde{\omega} = 0.342930829999$$

For

$$\cos(\widetilde{\omega}n) = \cos(0.342930829999 \ n)$$

Whole period $n=\frac{2\pi}{0.342930829999}\approx 18$ which correspond to graph (fig. 4) for ngspice, period of oscillations covers 18 ripples