

### Gestures of Respect

Draw a line to match the gesture to the part of the Mass. If you're not sure, notice the answers the next time you participate in the Mass.

Sign of peace Genuflect

Entering your pew Kneel

The Creed "became man" Stand

The Gospel is read Handshake or hug





**During the Consecration** 

#### What does "venerate" mean?

Bow

Venerate means "respect or awe inspired by the dignity, wisdom, dedication, or talent of a person" (Miriam-Webster).

Veneration is different than worship. We venerate symbols of God, Mary, the saints, and angels, but worship God alone.

## Reflection Questions

Pause to reflect on how participating in the Mass strengthens your relationship with God.

What are ways YOU express love to Jesus?					
	• •	u can pre church fo	_ •	r heart to ç	greet Jesus

# Response of Adoration

Use your reflections to guide a gift of adoration to Jesus.

Take a moment to tell Jesus your favorite things about Him.

# Guided Imaginative Prayer

Follow the prompt to enter into imaginative prayer with Jesus.

Close your eyes, and imagine that you are at home when you hear a knock at the door. You open the door, and Jesus is there. He is happy to see you and waiting for you to invite Him in. How does He greet you? How do you respond to His greeting?

Notice how you feel and tell Him about it.



