

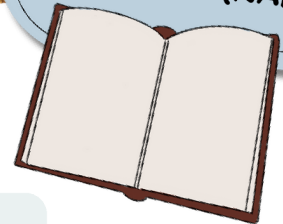
Penitential Act (Answer Key)

Penitential Act

1. The penitential act does **NOT** replace confession.
2. True penitence is being determined to not sin again.



Humble yourselves
before the Lord and
he will exalt you.
-James 4:10 (NAB)



Fill in the Blank

Fill in the blanks in the prayer below using the word bank.

Lord our God thoughts Mary ever-Virgin
words brothers and sisters Angels and Saints

I confess to almighty God, and to you, my brothers and sisters, that I have greatly sinned through my thoughts and in my words, in what I have done, and in what I have failed to do; through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.



Did You Know?

During the Penitential Act, participants in the Mass lightly beat their chests as they say, "Through my fault, through my fault, through my most grievous fault."

Penitents (those confessing) in the Early Church would make their confessions in front of the whole congregation!

