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Objective

- To gain new skills and customer service experience.

Highlights of Qualifications

- Experience with computer operation and Microsoft applications.
- Good communication and teamwork skills, collaborating with multiple health science students, kinesiology, and medical laboratory science students to complete team projects.
- Conducted personal research projects, allowing for the development of independent work ability.

Education

Ontario Secondary School Diploma	June. 2020
The Great Lakes College of Toronto Toronto, Ontario	
<ul style="list-style-type: none">• Graduated with an average of 95%	
Bachelor of Science, Health Science	June. 2024
University of Ontario Institute of Technology Oshawa, Ontario	
<ul style="list-style-type: none">• Recipient of a university in-course scholarship for a year.• Placed on the university's Deans list in the 4th year	
National CPR Foundation	Nov. 2024
Standard CPR/AED/First Aid (Adult/Child/Infant/Choking) certification	

Volunteer Work Experience

Multiple Division Assistant

July. 2023 – till date

Durham outlook for the needy | Oshawa, ON

- Gained the ability to adapt to, communicate, and work with teams of different people to accomplish team-specific tasks, like working with the food organization and clean-up groups.
- Gained customer service experience from serving homeless and disabled Canadians.
- Collaborated with people to formulate a plan to manage activities to ensure all preparations for food services were met.
- Developed time management skills when a deadline must be met in a few hours.
- Gained the ability to implement instructions from coordinators and utilized their constructive criticism.

Project Experience

Project Researcher and editor, Project: Health Promotion Legacy YouTube Video Prod.

Critical Perspectives on Health and Illness | HLSC 4851U

Jan. 2024 – Apr. 2024

- Gained experience in project, time, and team management by working with four group members to conceptualize, gestate, design, and produce an evidence-informed health practice and decision-making video about immobility in Canadian youth and its relation to chronic diseases in adults.
- Conducted patent research about a current health issue and different levels of prevention. Researched and synthesized primary, secondary, and tertiary prevention strategies.
- Utilized video editors and PowerPoint to develop individual videos and formal scripts.
- Created a final five-minute formal YouTube video production about the health topic and received a high academic grade for the project.