

# Roy Odia

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385 Gibb Street

Oshawa, ON L1J 1Z4

## Objective

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- To gain new skills and customer service experience.

## Highlights of Qualifications

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- Experience with computer operation and Microsoft applications.
- Good communication and teamwork skills, having collaborated with multiple health science students, kinesiology, and medical laboratory science students to complete team projects.
- Conducted personal research projects, allowing for the development of independent work ability.

## Education and Training

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Bachelor of Science, Health Science

June. 2024

University of Ontario Institute of Technology | Oshawa, Ontario

- Recipient of a university in-course scholarship for a year.
- Placed on the university's Deans list in the 4<sup>th</sup> year

## Volunteer Work Experience

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Multiple Division Assistant

July. 2023 – till date

Durham outlook for the needy | Oshawa, ON

- Gained the ability to adapt to, communicate, and work with teams of different people to accomplish team-specific tasks, like working with the food organization and clean-up groups.
- Gained customer service experience from serving homeless and disabled Canadians.
- Collaborated with people to formulate a plan to manage activities to ensure all preparations for food services were met.
- Developed time management skills when a deadline must be met in a few hours.
- Gained the ability to implement instructions received from superiors and utilized their constructive criticism.

## Project Experience

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### **Project Researcher and editor, Project: Health Promotion Legacy YouTube Video Prod.**

Critical Perspectives on Health and Illness | HLSC 4851U     Jan. 2024 – Apr. 2024

- Gained experience in project, time, and team management by working with four group members to conceptualize, gestate, design, and produce an evidence-informed health practice and decision-making video about immobility in Canadian youth and its relation to chronic diseases in adults.
- Conducted patent research about a current health issue and different levels of prevention. Researched and synthesized primary, secondary, and tertiary prevention strategies.
- Utilized computer video editors and PowerPoint to develop individual videos and formal scripts.
- Created a final five-minute formal YouTube video production about the health topic and received a high academic grade for the project.