$$\begin{split} \delta_{ii} &= 3 \,, \\ \delta_{ij} \delta_{jk} &= \delta_{ik} \,, \\ \epsilon_{ijk} \epsilon_{imn} &= \delta_{jm} \delta_{kn} - \delta_{jn} \delta_{km} \,, \\ \epsilon_{ijk} \epsilon_{ijm} &= 2 \delta_{km} \,, \\ \epsilon_{ijk} \epsilon_{ijk} &= 6 \,. \end{split}$$

Cross Product

$$\mathbf{a} \times \mathbf{b} = \epsilon_{ijk} a_i b_j \mathbf{e}_k$$

Gradient of a Scalar Field

$$\nabla \phi = \mathbf{e}_i \partial_i \phi$$

Divergence of a Vector Field

$$\operatorname{div} \mathbf{v} = \partial_i v_i$$

Curl of a Vector Field

$$\operatorname{curl} \mathbf{v} = \epsilon_{ijk} \partial_i v_j \mathbf{e}_k$$

Gradient of a Vector Field

$$\operatorname{grad} \mathbf{v} = \partial_j v_i \mathbf{e}_i \otimes \mathbf{e}_j$$

Divergence of a Tensor Field

$$div \mathbf{A} = \partial_j A_{ij} \mathbf{e}_i$$

$$\mathbf{u} = \mathbf{\varphi}(\mathbf{X}) - \mathbf{X}$$

$$\mathbf{F}(\mathbf{X}) = \nabla \mathbf{\varphi}(\mathbf{X}) = \mathbf{I} + \nabla \mathbf{u}(\mathbf{X})$$

$$Cof \mathbf{F} = \det \mathbf{F} \mathbf{F}^{-T}$$

$$\mathbf{C} = \mathbf{F}^T \mathbf{F}$$

$$\mathbf{E} = \frac{1}{2} \left(\mathbf{C} - \mathbf{I} \right)$$

$$= \frac{1}{2} (\nabla \boldsymbol{u} + \nabla \boldsymbol{u}^T + \nabla \boldsymbol{u}^T \nabla \boldsymbol{u})$$
$$e_1 = \sqrt{1 + 2E_{11}} - 1$$

$$\sin \gamma_{12} = \frac{2E_{12}}{\sqrt{1 + 2E_{11}}\sqrt{1 + 2E_{22}}}$$

$$\frac{\mathrm{d}\psi(\boldsymbol{x},t)}{\mathrm{d}t} = \frac{\partial\psi(\boldsymbol{x},t)}{\partial t} + \boldsymbol{v}(\boldsymbol{x},t) \cdot \frac{\partial\psi(\boldsymbol{x},t)}{\partial\boldsymbol{x}}$$

$$\mathbf{L}(\mathbf{x},t) = \text{grad } \mathbf{v}(\mathbf{x},t)$$

$$\dot{\mathbf{F}} = \mathbf{L}_m \mathbf{F}$$

$$L = D + W$$

$$\mathbf{D} = \frac{1}{2} \left(\mathbf{L} + \mathbf{L}^T \right)$$

$$\mathbf{W} = \frac{1}{2} \left(\mathbf{L} - \mathbf{L}^T \right)$$

$$\mathbf{W}\mathbf{v} = \frac{1}{2}\,\mathbf{\omega} \times \mathbf{v}$$

 $\dot{\det} \mathbf{F} = \det \mathbf{F} \operatorname{div} \mathbf{v}$

Piola Transform

$$\mathbf{T}_0(\mathbf{X}) = \mathbf{T}(\mathbf{x}) \operatorname{Cof} \mathbf{F}(\mathbf{X})$$

$$\operatorname{Div} \mathbf{T}_0 = \det \mathbf{F} \operatorname{div} \mathbf{T}$$

$$\mathbf{T}_0 \mathbf{n}_0 \, dA_0 = \mathbf{T} \mathbf{n} \, dA$$

$$dA = \det \mathbf{F} \| \mathbf{F}^{-T} \mathbf{n}_0 \| dA_0$$

$$\boldsymbol{n} = rac{\operatorname{Cof} \mathbf{F} \boldsymbol{n}_0}{\|\operatorname{Cof} \mathbf{F} \boldsymbol{n}_0\|}$$

$$F = RU = VR$$

$$C = U^2$$

$$\mathbf{B} = \mathbf{V}^2$$

$$(\mathbf{C} - \lambda \mathbf{I})\mathbf{m} = \mathbf{0}$$

$$\det(\mathbf{C} - \lambda \mathbf{I}) = -\lambda^3 + I(\mathbf{C})\lambda^2$$
$$-II(\mathbf{C})\lambda + III(\mathbf{C})$$

$$I(\mathbf{C}) = \operatorname{tr} \mathbf{C}$$

= $\lambda_1 + \lambda_2 + \lambda_3$

$$II(\mathbf{C}) = \operatorname{tr} \operatorname{Cof} \mathbf{C}$$
$$= \lambda_1 \lambda_2 + \lambda_1 \lambda_3 + \lambda_2 \lambda_3$$

$$III(\mathbf{C}) = \det \mathbf{C}$$
$$= \lambda_1 \lambda_2 \lambda_3$$

$$\frac{\mathrm{d}}{\mathrm{d}t} \int_{\omega} \Psi \, dx = \int_{\omega} \frac{\partial \Psi}{\partial t} \, dx + \int_{\partial \omega} \Psi \boldsymbol{v} \cdot \boldsymbol{n} \, dA$$

$$I(\mathcal{B},t) = \int_{\Omega_t} \rho \boldsymbol{v} dx$$

$$H(\mathcal{B},t) = \int_{\Omega_t} \boldsymbol{x} \times \rho \boldsymbol{v} \, dx$$

$$\frac{\mathrm{d}I(\mathcal{B},t)}{\mathrm{d}t} = \mathcal{F}(\mathcal{B},t)$$

Cauchy Stress:

$$\mathbf{T} = \frac{\mathbf{P}\mathbf{F}^{\mathbf{T}}}{\det \mathbf{F}} = \frac{\mathbf{F}\mathbf{S}\mathbf{F}^{T}}{\det \mathbf{F}}$$

First Piola-Kirchhoff Stress:

$$\mathbf{P} = (\det \mathbf{F})\mathbf{T}\mathbf{F}^{-T} = \mathbf{T}\operatorname{Cof}\mathbf{F} = \mathbf{FS}$$

Second Piola-Kirchhoff Stress:

$$\mathbf{S} = (\det \mathbf{F})\mathbf{F}^{-1}\mathbf{T}\mathbf{F}^{-T} = \mathbf{F}^{-1}\mathbf{P}$$

$$\mathcal{P} = \int_{\Omega_t} \mathbf{f} \cdot \mathbf{v} \, dx + \int_{\partial \Omega_t} \boldsymbol{\sigma}(\mathbf{n}) \cdot \mathbf{v} \, dA$$
$$= \frac{\mathrm{d}\kappa}{\mathrm{d}t} + \int_{\Omega_t} \mathbf{T} : \mathbf{D} \, dx$$

$$\mathbf{D} = \frac{1}{2} \left(\operatorname{grad} \boldsymbol{v} + \operatorname{grad} \boldsymbol{v}^T \right)$$

$$\begin{split} & \int_{\Omega_0} \mathbf{f}_0 \cdot \dot{\boldsymbol{u}} \, dX + \int_{\partial \Omega_0} \mathbf{P} \boldsymbol{n}_0 \cdot \dot{\boldsymbol{u}} \, dA_0 \\ & = \int_0 \mathbf{P} : \dot{\mathbf{F}} \, dX + \frac{\mathrm{d}}{\mathrm{d}t} \frac{1}{2} \int_{\Omega_0} \rho_0 \dot{\boldsymbol{u}} \cdot \dot{\boldsymbol{u}} \, dX \end{split}$$

$$\int_{\Omega_0} \mathbf{f}_0 \cdot \dot{\boldsymbol{u}} dX + \int_{\partial \Omega_0} \mathbf{F} \mathbf{S} \boldsymbol{n}_0 \cdot \dot{\boldsymbol{u}} dA_0$$
$$= \int_0 \mathbf{S} : \dot{\mathbf{E}} dX + \frac{\mathrm{d}}{\mathrm{d}t} \frac{1}{2} \int_{\Omega_0} \rho_0 \dot{\boldsymbol{u}} \cdot \dot{\boldsymbol{u}} dX$$

$$\begin{split} Q &= \int_{\partial \Omega_t} -\mathbf{q} \cdot \boldsymbol{n} \, dA + \int_{\Omega_t} r \, dx \\ &= \int_{\partial \Omega_0} -\mathbf{q}_0 \cdot \boldsymbol{n}_0 \, dA_0 + \int_{\Omega_0} r_0 \, dX \end{split}$$

$$\frac{\mathrm{d}}{\mathrm{d}t}(\kappa + U) = \mathcal{P} + Q$$

Principle of Determinism
Principle of Material Frame Indifference
Principle of Physical Consistency
Principle of Material Symmetry
Principle of Local Action
Dimensional consistency
Existence, well-posedness
Equipresence

$$\psi = e - \theta \eta$$

$$\rho \frac{\mathrm{d} \psi}{\mathrm{d} t} - \rho \eta \frac{\mathrm{d} \theta}{\mathrm{d} t} + \mathbf{T} : \mathbf{D} - \frac{\mathbf{q}}{\theta} \cdot \operatorname{grad} \theta \geq 0$$

$$\rho_0 \dot{\psi}_0 - \rho_0 \eta_0 \dot{\theta} + \mathbf{S} : \dot{\mathbf{E}} - \frac{\mathbf{q}_0}{\theta} \cdot \nabla \theta \ge 0$$

$$\mathbf{S} = \rho_0 \frac{\partial \Psi}{\partial \mathbf{E}}$$

$$\eta_0 = -\frac{\partial \Psi}{\partial \theta}$$

Lagrangian	Eulerian
Conservation of Mass	
$ \rho_0 = \rho \det \mathbf{F} $	$\frac{\partial \rho}{\partial t} + \operatorname{div}(\rho v) = 0$
Conservation of Linear Momentum	
$ \rho_0 \ddot{\boldsymbol{u}} = \operatorname{Div} \mathbf{F} \mathbf{S} + \mathbf{f}_0 $	$\rho \frac{\partial \mathbf{v}}{\partial t} + \rho \mathbf{v} \cdot \operatorname{grad} \mathbf{v} = \operatorname{div} \mathbf{T} + \mathbf{f}$
Conservation of Angular Momentum	
$\mathbf{S} = \mathbf{S}^T$	$\mathbf{T}=\mathbf{T}^T$
Conservation of Energy	
$\rho_0 \dot{e}_0 = \mathbf{S} : \dot{\mathbf{E}} - \text{Div } \mathbf{q}_0 + r_0$	$\rho \frac{\mathrm{d}e}{\mathrm{d}t} = \mathbf{T} : \mathbf{D} - \mathrm{div}\mathbf{q} + r$
Second Law of Thermodynamics	
$\rho_0 \dot{\eta}_0 + \text{Div } \frac{\mathbf{q}_0}{\theta} - \frac{r_0}{\theta} \ge 0$	$\rho \frac{\partial \eta}{\partial t} + \rho \mathbf{v} \cdot \operatorname{grad} \eta + \operatorname{div} \frac{\mathbf{q}}{\theta} - \frac{r}{\theta} \ge 0$