



Medical Checklist

An Introduction to Human Sexuality

Seeing a doctor, nurse, or other medical provider can feel scary or overwhelming.

Fill out this handout and take it with you when you see your sexual health provider to help remind you of what you wanted to talk about. The things you want to talk about are important, valid, and it is the medical provider's job to support you.

Things I need to bring with me:

- | | | | |
|--------------------------|-----------------|--------------------------|-------|
| <input type="checkbox"/> | Identification | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | Insurance card | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | Form of payment | <input type="checkbox"/> | _____ |
- My Medicaid Number: _____

My medications: name/dosage

My conditions: diagnosis name(s)

What I want to talk about:

My medical provider told me:

Notes from your provider

such as suggestions about

next steps.

Medical terms to look up later:

This could be a medication name,
form of treatment suggested,
procedure, etc. Remember it
is okay to ask your provider to
spell these for you. Don't feel
rushed. It is important to get the
information you came for.
