



# Medical Checklist

## An Introduction to Human Sexuality

Seeing a doctor, nurse, or other medical provider can feel scary or overwhelming.

Fill out this handout and take it with you when you see your sexual health provider to help remind you of what you wanted to talk about. The things you want to talk about are important, valid, and it is the medical provider's job to support you.

Things I need to bring with me:

☐

Identification

☐☐

Insurance card

☐☐

Form of payment

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My Medicaid Number:

My medications: name/dosage

My conditions: diagnosis name(s)

What I want to talk about:

My symptoms:

My medical provider told me:

Notes from your provider  
such as suggestions about  
next steps.

Medical terms to look up later:

This could be a medication name,  
form of treatment suggested,  
procedure, etc. Remember it  
is okay to ask your provider to  
spell these for you. Don't feel  
rushed. It is important to get the  
information you came for.