



Getting Help

Hotlines, websites, and other support you can access from anywhere:

Love is respect.org

Loveisrespect is the ultimate resource to empower youth to prevent and end dating abuse. It is a project of the National Domestic Violence Hotline. (Call: 1.866.331.9474, TTY: 1.866.331.8453, Text: loveis to 22522)

RAINN (Rape, Abuse, & Incest National Network)

RAINN is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE (4673), online.rainn.org) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help victims, and ensure that perpetrators are brought to justice.

NSVRC (National Sexual Violence Resource Center)

The NSVRC's (www.nsvrc.org/) Mission is to provide leadership in preventing and responding to sexual violence through collaboration, sharing and creating resources, and promoting research.

National Human Trafficking Hotline

The National Human Trafficking Hotline (<https://humantraffickinghotline.org/>) is a national anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States. (Call: 1.888.373.7888)

Organizations, non-profits, and other support you can find close to home: