

# UN|HUSHED

Hard topics the easy way. Sex ed done right.

## Trauma in the Online Sex Ed Classroom

Write out examples of what you are the most concerned about happening in an online space that may cause trauma or that requires a trauma informed response:

1. Non participants hearing and reacting to material in a negative way
  - a. Parents/Guardians
  - b. Siblings
  - c. Roommates
2. Unreliable technology
  - a. cutting in and out of class discussions
  - b. comparing their tech to the tech of peers
3. Queer or trans kids living with people that don't know kids' identities
  - a. potential negative reactions
  - b. being forced to "come out"/accidentally outed
4. Seeing things in background at home
  - a. Behavior that needs to be reported
  - b. hate symbols (i.e. confederate flag, etc.)
5. Distractions in the students' spaces that cannot be controlled by the facilitator/moderator
  - a. Students not muting themselves
  - b. Virtual backgrounds
  - c. Too much noise, static, movement on cameras
6. Students disclose online (more difficult to respond appropriately)
  - a. What does that look like now?
  - b. How do we respond in a timely manner?
7. How to discuss issues that may be occurring in online spaces that we're now inhabiting