



What Can I Do?

Teaching Sex Ed Online

- If connecting virtually be aware of what is occurring in the environment.
- Acknowledge that this is a stressful situation.
- Offer youth some strategies to deal with the stress.
- Offer parents some strategies to deal with the stress.
- If a youth discloses allow them the space to finish without you interrupting. Do not investigate or ask for details regarding the abuse.
- Offer support and resources.
- Reiterate requirement to report abuse in a safe, non-judgmental and trauma informed manner.
- Report instances of abuse to appropriate reporting partners.

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