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| --- | --- | --- | --- | --- | --- | --- |
| Mon | Tues | Wed | Thur | Fri | Sat | Sun |
|  | Tom Thumb  Kroger  Albertsons  Winco  Aldi  HEB  Market Street  Sprouts | El Rancho  Fiesta |  | Zion Market  99 Ranch  Hmart |  | Costco  Sam’s |

Other Stores:

Grocery Clearance Center

3107 S Cockrell Hill Rd, Dallas, TX 75236

Hiep Thai Food Store Arlington

2430 E Pioneer Pkwy, Arlington, TX 76010

Ba Le Vietnamese Restaurant (Liver Pate)

2240 Browning Dr, Arlington, TX 76010

Asian Time Square

2625 W Pioneer Pkwy, Grand Prairie, TX 75051

Bistro B (Cheap Eggrolls)

2615 W Pioneer Pkwy #110, Grand Prairie, TX 75051

**Carrolton Plaza Supermarket**

3040 N Josey Ln, Carrollton, TX 75007

Bistro B (Cheap Eggrolls)

9780 Walnut St #340, Dallas, TX 75243

Hong Kong Market Place

9780 Walnut St #360, Dallas, TX 75243

Hiep Thai Food Store Garland

3347 W Walnut St #101, Garland, TX 75042

TIPS:

Toiletry & Paper: Sam’s > Costco > Restaurant Depot

Plastic & Foil: Costco > Sam’s > Restaurant Depot

Meats:

Beef Bone in Short Rib Sliced USDA Choice

Costco $8.29/lb

Beef Brisket(June-July)(Limited)

Tom Thumb $1.29/lb

Restaurant Depot $3.59/lb

Beef Round Eye of Round

Costco $4.99/lb

**Beef Round Eye of Round Whole USDA Select**

Costco Business $3.49/lb

Lean Ground Beef 80% Lean/20% Fat Vacuum Packaged

Winco $22/10lb

Costco Business $2.99/lb

Extra Lean Ground Beef 90% Lean/10% Fat Vacuum Packaged

Costco Business $3.99/lb

Hormel Pepperoni2CT/1LB

Costco $9.99

Sam’s Club $9.99

**Chicken Drumsticks**

El Rancho Supermercado $0.49/lb

Restaurant Depot $0.52/lb (Jumbo)

Chicken Leg Quarters

El Rancho Supermercado $0.49/lb

Tom Thumb $0.49/lb

Chicken Wing3LBS

Winco $0.98/lb

Restaurant Depot $1.26/lb (Jumbo)

Rotisserie Chicken3LBS

Costco $5

Sam $5

Large White Egg18CT

Winco $1.29

Turkey(Nov-Jan)

Tom Thumb $0.29/lb

Ground Pork 82% Lean 18% Fat

Restaurant Depot $1.95/lb

Pork Belly

Costco $3.99/lb

**Pork Belly Boneless/Skin On**

Costco Business $3.39/lb

Sam’s Club $3.47/lb

Restaurant Depot $3.59/lb

Pork Chop

El Rancho Supermercado $0.99/lb

Pork Shoulder Roast1LB(June-July)

Kroger $0.97/lb

Pork Spareribs1LB(June-July)

Kroger $0.99/lb

**Jumbo Shrimp(21/25)**

El Rancho Supermercado $2.99-3.49/lb (No Flavor)

Costco $5.99/lb

Shrimp Spring Rolls100CT/1.5OZ

Restaurant Depot $39.00

Fresh Catfish

Hiep Thai $1.39/lb

Fruits:

Apple

El Rancho Supermercado 4/$1

**Avocado Medium(May-July)**

Tom Thumb 3-4/$1

**Banana1LB**

Winco $0.55/lb

Blueberry1Pint(July-August)

Tom Thumb $0.99

**Green Grapes1LB(July-August)**

Tom Thumb $0.79-0.99/lb

Kirkland Three Berry Blend Mix4LBS

Costco $14.99-5.00 = $9.99

Limes(May-July)

Winco $0.88/12OZ (Concentrated)

El Rancho Supermercado 15-20/$1

Maraschino Cherries74OZ

Sam’s Club $10.62

Strawberries1LB(June-September)

Zion Market $0.99/lb

Tom Thumb $0.99/lb

**Sweet Cherries1LB(June-July)**

Zion Market $0.99/lb

Kroger $0.99/lb

Winco $1.29/lb

Tom Thumb $1.49/lb

Mango(June-July)

Tom Thumb 3/$1

**Pineapple(March-July)**

Tom Thumb $0.99

Rambutan1LB(June-August)

El Rancho Supermercado $1.68/lb

Watermelon Seedless(June-July)

Costco $4.99-5.99 - $1.00 = $3.99-4.99

Vegetables

Asparagus(March-September)

Zion Market $0.99/lb

Broccoli1LB(June-July)

Zion Market $0.99/lb

Bok Choy2LBS

Zion Market $0.50/lb

Cabbage1LB(June)

Zion Market $0.50/lb

Carrot1LB

Anywhere $0.49/lb

Cauliflower

Zion Market $0.99

Celery

Zion Market 1-2/$1

Clustered Tomatoes2LBS

Zion Market $0.50/lb

Chile Jalapeno1LB(July)

El Rancho Supermercado $0.50/lb

Chile Guajillo1LB

El Rancho Supermercado $2.99/lb

**Corn(May-Sep)**

Tom Thumb $0.09-$0.25

Corn(Canned)

Winco 3-4/$1

Cucumber(May-July)

El Rancho 4/$1

Fiesta 5/$0.99

Daikon Radish1LB

Carrolton Supermarket $0.59/lb

Gai Lan1LB

99 Ranch $1.49/lb

Green Bean1LB(June)

Indian Bazaar $0.99/lb

Imperial Gardan Organic Edamame12CT/9OZ

Costco $13.99-$4.00= $9.99

Lettuce(June-July)

Zion Market $0.79-0.99

**Purple Yam(June-July)**

Zion Market $0.99/lb

Roma Tomatoes1LB

El Rancho Supermercado $0.49/lb

**Spinach**

Zion Market $0.79

Tomatillo1LB

El Rancho Supermercado $0.58/lb

Green Onion

Zion Market 5/$1

Brown Onion1LB

Zion Market $0.33-0.50/lb

White Onion1LB(June-July)

El Rancho Supermercado $0.33/lb

Cheese, Butter, & Yogurt:

Cheswick Monterey Jack Cheese5LBS

Costco Business $12.39

Cheswick Pepper Jack Cheese5LBS

Costco Business $11.79

Galbani Whole Milk Ricotta Cheese5LBS

Costco Business $7.99

Kirkland Signature Shredded Parm Reggiano1LB

Costco Business $13.99

Tom Thumb Signature Sharp/Smoked Provolone/Mozerella8OZ

Tom Thumb $0.99

**Chobani Vanilla Greek Yogurt 2.5LBS**

Costco Business $3.97

Lucerne Butter Salted Sweet Cream16OZ

Tom Thumb $1

Tin Star New Zealand Organic Grassfed Ghee32OZ

Costco Business $24.99

Spices and Baking:

Aunt Sue’s Pure Honey60LBS

Costco Business $114.99

Arm & Hammer Baking Soda13.5LBS

Costco Business $8.59

Clabber Gril Baking Powder4LB

Costco Business $12.49

Knorr Granulated Chicken Flavor Bouillon4LBS(7.5Gallon)

Restaurant Depot $8

Olde Thompson Basil1.75LBS

Costco Business $9.99

Olde Thompson Cayenne Papper5.25LBS

Costco Business $23.49

Olde Thompson Dark Chili Powder6LBS

Costco Business $23.49

Olde Thompson Fancy Paprika5LBS

Costco Business $20.49

Olde Thompson Ground Cumin5LBS

Costco Business $20.99

Olde Thompson Himalayan Pink Salt12LBS

Costco Business $21.49

Olde Thompson Mediterranean Sea Salt12LBS

Costco Business $9.99

Olde Thompson Oregano2LBS

Costco Business $13.99 ($0.015/g)

DD Discount $3.49/155.9oz ($0.022/g)

Olde Thompson Parsley1LB

Costco Business $11.49

Olde Thompson Whole Black Pepper5LBS

Walmart Online Sale $24.78

Costco Business $33.49

Mushroom Seasoning17.11OZ

Hiep Thai $8

Red Star Active Yeast32OZ

Costco Business $6.99

Rodelle Toasted Sesame Seeds18OZ

Costco Business $4.89

Rodelle Imitation Vanilla1Gallon

Costco Business $6.99

SAF-Instant Red Label Yeast1LB

Costco Business $3.99

Sauces and Oils:

Kirkland Signature 100% Italian Extra Virgin Olive Oil2L

Costco $17.49

Kraft Classic Ranch8OZ(June)

Kroger $0.99

Maggi Seasoning27OZ

Zion Manager Special $9.99

Mayonaise30OZ

99CentsOnlyStore $0.99

Squid Fish Sauce25OZ

Hiep Thai $3.99

Three Crab Fish Sauce24OZ

Hiep Thai $3

Premium Soy Sauce5Gallon(18.9L)

Restaurant Depot $26.95

**Pure Sesame Oil55.7OZ**

Restaurant Depot $14.95

Soybean Oil35LB(17.2L)

Costco $39.59 (0.07/OZ)

Vegetable Oil48OZ(2018,LIMITED)

Kroger $1.49

Drinks:

C20 Coconut Water 15/17.5OZ (LIMITED\*)

Costco $17.79-3.80 = $13.99

Costco Business $19.99

Coca-Cola/Dr Pepper/Pepsi2L(July-August)

Kroger $0.99

Dole 100% Pineapple Juice 24/8.4OZ

Costco Business $14.99

EPOCA Cool + Cultured Dairy Beverage Plain 50/2.1OZ

Costco Business $8.99-2.00 = $6.99

Strawberry Kiwi Flavored Drink

Aldi $1.39-1.59

Vita Coco Coconut Water 18/11.1OZ

Costco $20.99-5.50 = $15.49

Bread & Tortilla

**French Baguette**

Market Street $1.79

King’s Hawaiian Sweet Rolls32CT

Costco $6.69

Kirkland Signature Butter Croissants12CT

Costco $5.99

Mission 6” Flour Tortillas40CT

Costco $6

Frozen

**Blue Bell Ice Cream Half Gallon (June-Sep)**

Tom Thumb 2/$5-2/$6

Kroger Deluxe Ice Cream 48OZ

Kroger $2.50

Candy

**Rips: Bite Size Licorice 12CT/4OZ**

Costco Business $10-99-3.00 = $7.99

Sour Punch Rainbow Straws 24CT/2OZ

Costco Business $14.99-3.00 = $11.99

Sour Skittles 24CT/1.8OZ

Costco Business $22.69

**Welch’s Fruit Snack 90/0.08OZ**

Costco Business $13.89-3.80 = $10.09

Cakes

Cheesecake4.5LBS

Costco $16.99

Others

Kirkland Signature Semi-sweet Choc chips 4.5LBS

Costco Business $9.99

**Kirkland Signature Chocolate Chunk Cookie 120/1.76OZ**

Costco Business $24.79

Homai Calrose Brown Rice 25LBS

Costco Business $21.99

Homa Calrose Med Grain White Rice 50LBS

Costco Business $43.99

Emerald River Prem Thai Jasmine Rice 50LBS

Costco Business $29.99

Kirkland Signature Jasmine Rice 50LB

Costco Business $33.99

Salonpas140CT

Costco $14.99-3.50 = $11.49

Laundry Detergent

Restaurant Depot (SALE)

Supplies & Laundry

MARATHON 2-PLY Paper Towel Roll WHITE 12/450CT

Costco Business $62.99-13.00 = $49.99

=== Clearance Sales ===

Candy Sale

Winco April 14-17 (75=90% Easter Sale)

Winco Sep 8 (90% Summer Sale)

Winco Nov 3(75% Halloween Sale)

Winco Nov 30 (75% Thanksgiving & Black Friday Sale)

Winco Jan 2 (80% Christmas Sale)

Clothes Walmart Clearance

Feb 17(75% Valentine Sale)

March 20(75% Saint Patrick’s Day)

June 21- July 11 (75% Father’s Day and July 4 Sale)