Struggle Meals 2023

Breakfast:

Winco Hot Chocolate Mix

Vietnamese Coffee

Aldi Strawberry Kiwi Flavored Drink

Iced Thai Tea w/ McDonald’s Sugar

Vietnamese Soymilk

Kroger Orange Juice

Winco Bagel and McDonald’s Butter

Grilled Cheese Sandwich with Sam’s Club Mayonnaise

Bologna and Egg Sandwich

Peanut Butter and McDonald’s Grape Jelly Sandwich

Pate and Egg Sandwich

Pepperoni and Cheese Hood Pizza Sandwich

Condense Milk & Panera Bread’s Sugar Sandwich

Ham and Cheese Costco Croissant

Strawberry and Cream Cheese Costco Croissant

Pig in a blanket w/ Costco Croissant

Chicken and Cheese Quesadilla

Bean, Rice, and Cheese Burrito w/ Taco Bell Sauce

White Chocolate Pancakes and McDonald’s Syrup

Blueberry Banana Waffles and McDonald’s Syrup

Oatmeal and Condense Milk

Porridge and Ground Beef

Hash Brown, Scramble Eggs, and Bacon with McDonald’s Ketchup

Lunch:

Costco Unlimited Free Samples

Costco Hotdog and Unlimited Soda Special

Costco $5 Rotisserie Chicken with Costco Sauces

Shredded Pork with Costco Hawaiian Rolls

Nacho and Cheese Sauce

Nacho and Guacamole Salsa

Tuna/Chicken Salad

Taco Salad

Chicken Noodle Soup with Macaroni Noodles

Broccoli and Cheddar with French Baguette

Dinner:

Lentil stew with leftover vegetables

Cabbage Soup with Costco Rotisserie Chicken

Bitter melon Soup with Rice

Malabar Spinach Soup with Rice

Wonton Noodle Soup with Fried Wontons and Bok Choy

Beef Chow Mein

Beef Udon Noodles

Coconut Chicken Curry with Market Street French Baguette

Spicy Vietnamese Beef Stew (Ragu) with Market Street French Baguette

American Beef Stew

Pork Ribs and Vegetables with Macaroni Noodles

Ramen, Costco Rotisserie Chicken, and Boiled Egg

Mi Quang

Beef Pasta Stir-fry

Fried Rice, Chicken and Pineapple

Rice, Soy Sauce, Pork Floss, and Egg

Shrimp Egg Rolls and Rice and Pickled Vegetables

Rice, Pate, Chinese Sausages, Egg, and Seaweed

Five Spice Chicken with Rice

Char Siu Chicken with Rice

Char Siu Pork Belly with Rice/Bun

Vietnamese Grilled Lemongrass Pork Chops with Rice

Vietnamese Grilled Lemongrass Chicken

Vietnamese Crepes

Banh Beo

Bun Thit Nuong

Beef and Broccoli with Rice

Orange Chicken, Rice, Steamed Broccoli

Vietnamese Braised Fish

Caramelized Egg and Pork Belly with Rice

Steam Chicken with Chicken Rice

Teriyaki Chicken

Steamed Fish with Ginger, Scallion, and Soy Sauce

Fried Salt and Pepper Shrimp with Rice

Caramel Shrimp with Rice

Cashew Shrimp and Walnuts

Fish Sauce Chicken Wings

Prawn and Sweet Potato Fritters

Shrimp and Pork Belly Spring Rolls

Crab Rangoon

Chinese Fried Green Beans

Steamed BBQ Pork Buns

Sushi (California, Avocado, Cucumber Roll)

Instant Pot Chipotle Chicken Burrito Bowl

Instant Pot Crack Chicken Casserole

Instant Pot Spaghetti and Ground Beef

Instant Pot Chili and Pinto Beans

Instant Pot Pintos Beans and Beef Hot Dogs

Instant Pot Lasagna

Air Fryer Chicken Nuggets

Air Fryer Loaded Baked Potatoes

Air Fryer Chicken Pot Pie

Mashed Potatoes, Greek Yogurt, and Butter and Frozen Salisbury Steak

Mac and Cheese and Frozen BBQ Rib Shaped Patties

Fried Chicken and Coleslaw

Buttered Chicken with Trader Joe Garlic Naan

Chicken Tikka Masala

Dinner Roll with Country Style Gravy

Dessert:

Costco Chocolate Chip Cookies

Cassava Cake

Flan

Chinese Mung Bean Soup

Vietnamese Black Bean Soup

Vietnamese Yogurt

Avocado Smoothie

Apple

Banana Bread Pudding

Cheesecake

Grapes

Mangoes

Oranges

Strawberries

Watermelon