

## **Optimizing Packing for a Trip**

### **Packing clothes:**

- Making a list ahead of time could help in this category so I don't take time overpacking and can take off 10 mins.

### **Packing Personal Hygiene Items:**

- Packing personal hygiene items could be lessened by 15 minutes if I already have a pre-set go-to hygiene pack ready for traveling.

### **Preparing ID and Travel Documents:**

- Having my passport immediately prepacked can save a few minutes since I know I do not use it daily.

### **Packing Shoes:**

- I could shave 10 minutes off packing shoes by limiting myself due to location and planned activities.

### **Electronics:**

- Packing a phone charger in my carry-on will also be efficient in case of flight delays.

### **Reusable Water Bottle and Snacks:**

- Preparing a reusable water bottle is efficient because I can plan to use it throughout my trip.

### **Accessories:**

- I could save a few minutes by immediately putting any extra pair of sunglasses and hat fitting for the trip into the bag so I don't forget them.

**Reviewing the Suitcase:**

Improvement: Staying accurate to my original packing checklist would save time because I wouldn't need to triple-check everything.

**Load suitcase:**

- This is proactive if I run behind schedule or wake up late, but adding extra alarms can also help.

**Post-Trip Notes:**

- During the trip, I could note anything forgotten or needed and add it to a premade checklist for the next trip.

- If anything essential is forgotten, I can always plan to buy it at the trip destination.

**Overall:**

Time can overall be saved by not packing at the last minute and staying organized with the list.