



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF EDUCATION
MARCH/APRIL 2014 EXAMINATION

COURSE CODE: ECE421

COURSE TITLE: HEALTH AND FAMILY EDUCATION

INSTRUCTIONS: Answer question one and any other two questions.

TIME ALLOWED: 2 HOURS.

- 1.(a)(i) Give a concise definition of health from the perspective of World Health Organization (1948). (ii).Explain the three (3) elements in health triangle.
(10marks)

(b) Explain the seven (7) cardinal points of health. **(10 marks)**
(c) Write short notes on five (5) things to avoid during dieting.
(10 marks)
2. (a) Explain any five (5) functions of the family.
(10 marks)

(b) Write short notes on: (i) Exogamy, (ii) Endogamy.
(5marks)

(c) Clearly state five (5) factors to be taken into account when one is considering parenthood?
(5 marks)
3. (a) What is drug abuse? **(5 marks)**

(b) Discuss any five (5) effects of illegal use of cannabis. (10marks)

(c).List any five (5) common childhood illnesses.
(5marks)
4. (a) Explain the five (5) factors that contributes to ill-health of children.

(10marks)

(b)Discuss the following terms:

i) Down's syndrome ii) Mental Handicap.

(10

Marks)