

FBQ1: The process of using the family resources to meet the family's needs or goals is ----

Answer: Home management

FBQ2: -----involves the establishment of proper relationship among the various activities planned, the people and other resources.

Answer: Organizing

FBQ3: An arrangement in which there is agreement to obtain a good for a specified period of time for a nominal sum is called -----

Answer: Hire purchase

FBQ3: The first president of the American Home Sciences Association was -----

Answer: Ellen Swallow Richard

FBQ4: Washing Machine was invented by-----

Answer: Josephine Cochran

FBQ5: _____ provide the body with materials which can produce heat or any form energy?

Answer: Food

FBQ6: The action taken in selecting from alternative courses of action is known as----

Answer: Decision Making

FBQ7: Food as an area of study concerns with ----

Answer: Cookery

FBQ8: The nomenclature, Home Economics was formally referred to in the colonial era as -----

Answer: Domestic Science

FBQ9: Home Economics was created in Lake Placid, new York in the year-----

Answer: 1901

FBQ10: Vitamin ----- plays very vital role in coagulation of blood.

Answer: K

FBQ11: Your value represent your ---

Answer: Likes

FBQ12: Domestic Science was introduced into Nigeria by Catholic Missionaries from France who arrived in Lagos in -----

Answer: 1873

FBQ13: ----- in general terms may be said to be planned activities directed towards accomplishing desired goals

Answer: Management

FBQ14: ----- is anything solid or liquid that has a chemical composition which nourishes the body when ingested

Answer: Food

FBQ15: Research findings are one of Home Economics objectives. True/False

Answer: True

FBQ16: Philosophy of a discipline is dynamic in accordance with the trends in _____

Answer: Societal Values

FBQ17: The coming of Domesticity gave the housewife new source of _____.

Answer: Self-esteem

FBQ18: The declining _____ has limited the adoption of new technology that enhances work simplification at home.

Answer: economy

FBQ19: Philosophy of Home Economics is not static but evolves as a result of certain _____.

Answer: Motivating Factor

FBQ20: Good _____ practice results in improvement of quality and happiness in the home.

Answer: Home Management

FBQ21: The members of the family are the most _____ people during the formative life of the child.

Answer: Significant

FBQ22: _____ is continuous and systematic.

Answer: Development

FBQ23: Conflicts produce _____ which could result into adverse effect on our bodies and minds.

Answer: stress

FBQ24: The process of helping individuals become informed to be able to consume wisely within the family finances is called _____.

Answer: Consumer education

FBQ25: 'Wealth is health' True or False

Answer: False

FBQ26: Mental well-being can be described as feeling of being loved and appreciated. True OR False

Answer: False

FBQ27: Choosing a suitable _____ and setting up a home involves important decision in the family.

Answer: Housing

FBQ28: When choosing a house, _____ should be accessible without passing through another room.

Answer: Bathroom

FBQ29: A well-built house is thing of _____.

Answer: Beauty

FBQ30: One of the basic need of man that early man mad from furs was _____.

Answer: Clothing

FBQ31: _____ are worn for beauty and aesthetic

Answer: Clothing

FBQ32: One way we can identify people in the society is by their _____.

Answer: Clothes

FBQ33: One point to consider when planning wardrobe is fashion of the day. True OR False

Answer: False

FBQ34: Managers in old peoples home are career in Home Economics. True OR False

Answer: True

FBQ35: Home Economics are not trained to be _____ workers specifically but found themselves as resource persons in primary healthcare.

Answer: health

FBQ36: Cornell's college of Home Economics was founded at the beginning of the -----century.

Answer: 20th

MCQ1: Pick out the one that is not an advantage of budgeting.

Answer: Allows the family expenditure to be seen in perspective

MCQ2: One of the following is not among the secondary needs?

Answer: Love

MCQ3: How will you describe a person in a state of being comfortable with his/herself and others and coping with stress and problem of life?

Answer: A mentally-well-being person

MCQ4: The study of Home Economics also prepares individual for_____

Answer: Vocational job

MCQ5: The component that qualify a substance to be called food is known as

Answer: Nutrients

MCQ6: One of these is not a process of nutrition.

Answer: respiration

MCQ7: What do you call the ability to relate the facts from various forms of knowledge to experience?

Answer: Wisdom

MCQ8: Which of the following is not an area of philosophical philosophy?

Answer: Biological Philosophy

MCQ9: One of these is not among the examples of intrinsic value

Answer: Decoration

MCQ10: Give one example of instrumental value

Answer: Orderliness

MCQ11: Instrumental values are also called----- values.

Answer: Higher values

MCQ12: In the Victorian period, most women were responsible _____ for their families.

Answer: All Of The Options

MCQ13: Catherine Beecher in 1873 believed that domesticity was _____.

Answer: Empowering

MCQ14: Friedman believe that domestication is a form of physical and mental _____.

Answer: Abuse

MCQ15: What is the current trend in attitude to domestication

Answer: Recreation

MCQ16: Who invented the dishwashing machine?

Answer: Josephine Cochran

MCQ17: _____ was a man among women that were founders of Home Economics.

Answer: Melvil Dewey

MCQ18: One entry qualification in Home Economics study in tertiary institution was _____

Answer: Physical Science

MCQ19: With whose effort was domestic science incorporated into the curriculum of primary and post primary institutions?

Answer: British educators

MCQ20: Running a home is a serious job; it requires _____

Answer: Skill

MCQ21: _____ is a factor that affects evolvement of the philosophy of a discipline.

Answer: Need

MCQ22: Arrange the following in their order of importance: love, food, shelter and esteem.

Answer: Food, shelter, love and esteem

MCQ23: Philosophy of Home Economics centers on-----

Answer: Promoting family living

MCQ24: Which of these is not a factor that hinders effective implementation of Home Economics philosophy.

Answer: Overcrowding

MCQ25: What is the modern trend in attitude to Domesticity?

Answer: Recreation

MCQ26: Name one Domestic occupation with reference to USA

Answer: Hospital Dietician

MCQ27: Home Economics was introduced into Nigeria by -----

Answer: Catholic Missionaries

MCQ28: What was the work of the female European women?

Answer: Inspection

MCQ29: Identify one reason why Nigerian women have little control on decision making

Answer: Cultural and social practice

MCQ30: Name one factor that limited the implementation of Home Economics Philosophy.

Answer: Gender inequality

MCQ31: Which of the following is an important aspect of proper house planning

Answer: Flexibility

MCQ32: The study of Home Economics also prepares individuals for_____

Answer: efficiency

MCQ33: One of the following is not among the secondary needs?

Answer: All activities in the process of exchange between a buyer and seller

MCQ34: Cooking food is necessary for one of the following reasons. To:

Answer: Makes it pleasing to the eye

MCQ35: One of the following is a good source of consumer information

Answer: Friends