



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS**  
**SCHOOL OF SCIENCE AND TECHNOLOGY**  
**MARCH/APRIL 2014 EXAMINATION**

**COURSE CODE: NSS 401**

**COURSE TITLE: MENTAL HEALTH AND PSYCHIATRIC NURSING I**

**TIME ALLOWED: 3HOURS**

**INSTRUCTION: ANSWER ANY 5 QUESTIONS**

1. a). In the context of mental health, list at least six points that will enable us to say someone is normal.  
(6 marks)  
b). What is DSM (1 mark)  
c). Write out the axes of DSM with their respective disorders  
(5 marks)  
d). What are the differences between ICD and DSM schemes of mental disorder classification (8 marks)
2. a). Define mental retardation (2 mark)  
b). Discuss the etiologic factors of mental retardation according to its major grouping  
(18 marks)
3. a). Identify and discuss the major areas of difference between child psychiatry and adult psychiatry  
(8 marks)  
b). Describe the behavioural manifestations of the major classes of mental retardation  
(12 marks)
4. Explain the specific interventions for the prevention of mental retardation under the following;  
i. Primary prevention  
ii. Secondary prevention  
iii. Tertiary prevention (20 marks)  
iv.
5. Enumerate and discuss the complete scheme of patient assessment/ history taking in psychiatric nursing  
(20 marks)

6. a). Describe the features of the clinical types of Schizophrenia  
(10 marks)
- b). Explain 5 branches of Psychiatry (10 marks)
7. a). Identify the clinical features of Separation Anxiety Disorder  
(10 marks)
- b). Identify and briefly explain the new trends in Psychiatric nursing  
(10 marks)