



NATIONAL OPEN UNIVERSITY OF NIGERIA
14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS
SCHOOL OF HEALTH SCIENCES
SEPTEMBER/OCTOBER 2015 EXAMINATION

Course Code: HEM731 **Course Credit Unit:** 3
Course Title: Communication and Counseling in HIV/AIDS
Time Allowed: 2hours
Total Score: 70 marks
Instruction: Answer all questions

Question 1:

- 1a) There are important areas that must be explored during HIV pre-test risk assessment exercise. Explain with examples five of such areas (10)
- 1b) What do you understand by individualized risk-reduction plan? (3 marks)
- 1c) As a counselor, what are the steps you can use to help a client develop a sustained risk reduction plan in the prevention and management of HIV/AIDS (10 marks)
- 1d) Explain with examples five (5) conditions for effective counseling (10 marks)

Question 2

Counselors in antenatal clinics should provide information on Prevention of Mother to Child Transmission of HIV. Explain (4 marks)
Identify 5 advantages of HIV testing during pregnancy (5 marks)
Identify 5 disadvantages of HIV testing during pregnancy (5 marks)

Question 3

- 3a: Treatment regimens for STIs usually follow the “4 C” rules. Explain (10 marks)
- 3b: Briefly explain 5 characteristics of communication (5 marks)

Question 4

- 4a: What do you understand by group counseling? (3 marks)
- 4b: What are important issues that must be identified and resolved during the group formation stage of group counseling (5marks)