



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS**  
**SCHOOL OF SCIENCE AND TECHNOLOGY**  
**JUNE/JULY EXAMINATION**

**COURSE CODE: NSS 324**

**COURSE TITLE: MATERNAL AND CHILD HEALTH II**

**TIME ALLOWED: 3 HOURS**

**INSTRUCTION: ANSWER ONLY 5 OUT OF 7 QUESTIONS**

1. Describe the physical examination of the newborn from head to toe  
20mks
- 2        a. Describe the procedure for baby bathing in sequence  
10mks  
      b. Explain the following terms in growth and development of the baby  
10mks
- 3        a. Enumerate the milestone's achievement at 6-7 months of a baby  
10mks  
      b. Complete this table on the composition of colostrum and breast milk  
10mks

	Colostrum	Breast Milk
Protein	8.5%	
CHO		7%
Fat	2.5%	
Minerals	0.4%	
Water		87.8%
Caloric value/	73/100mls	70/100mls= 280 joules

4.        a        State the Essentials for successful Lactation  
10mks  
      b Discuss the family adjustment to the birth of a baby to the home  
10mks
5. Discuss the Child Health Clinic and referral/follow-up for babies  
20mks

6. Describe the Positive Factors in child Growth & Development  
20mks

7 Write briefly on the following 5mks  
each = 20mks

- a. Startle Reflex
- b. Home visiting after birth
- c. Positioning for breast feeding
- d. Reaction and Response to Environment