



NATIONAL OPEN

UNIVERSITY OF

NIGERIA

14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS

SCHOOL OF SCIENCE AND TECHNOLOGY

MARCH/APRIL 2014 EXAMINATION

COURSE CODE: NSS 302

COURSE TITLE: NUTRITION IN HEALTH AND DISEASE

TIME ALLOWED: 1½ HOURS

INSTRUCTION: ANSWER QUESTION 1 AND ANY OTHER 2 QUESTIONS

QUESTION 1 Compulsory

- a. What is Nutrition? (15marks)
- b. What is Health? (15marks)

QUESTION 2

Discuss the feeding of pre-term babies. (20 marks)

QUESTION 3

- a. Calculate the ideal body weight of a woman who has a height of 1.75m.
(10marks)
- b. Calculate the ideal body weight of a man who has a height of 1.85m.
(10marks)
- c.

QUESTION 4

- a. Define food security. (2marks)
- b. List the changes that are needed to eradicate malnutrition.
(18marks)