



NATIONAL OPEN UNIVERSITY OF NIGERIA

14/16, Ahmadu Bello Way, Victoria Island

SCHOOL OF SCIENCE AND TECHNOLOGY

October, 2013 Examination

Course Code: HEM 701

Course Credit Unit: 3 units

Course Title: Basics of Family Education

Time Allowed: 3 Hours

Instructions: Read the questions carefully. You have seven questions to answer five. Question 1 is compulsory and carries 30%. Questions 2-7 carry equal marks (10%) each.

QUESTION 1

- a. Define a family. (5 marks)
- b. According to World Health Organization (WHO), who is an adolescence? (5 marks)
- c. What is the composition of a household? (5 marks)
- d. _____ plays a dual role of a social unit and a basic biological institution. (5 marks)
- e. List the five characteristics of a family. (5 marks)

QUESTION 2

- a. List three ways a family can be classified. (2½ marks)
- b. What are the five major complex functions of a family? (7½ marks)

QUESTION 3

- 3a. What are sexually transmitted diseases? (1 mark)
- b. Name the six major types of sexually transmitted diseases. (9 marks)

QUESTION 4

- 4a. Discuss the major psychological principles governing physical growth? (10 marks)

QUESTION 5

- a. What is the most important task facing a teenager? (5 marks)
- b. List the needs of adolescents (5 marks)

QUESTION 6

6a. What is Concept of Family Life Education(5marks)

b. Describe five impulses expressed in pregnancy of an unwedded girl according to Josselyn (1985). (5 marks)

QUESTION 7

a. Discuss the two methods of family planning
(10marks)