



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, LAGOS

SCHOOL OF EDUCATION
MAY/JUNE 2013 EXAMINATION

COURSE CODE: ECE 421
COURSE TITLE: HEALTH AND FAMILY EDUCATION
TIME ALLOWED: 2 HOURS.

INSTRUCTIONS: Answer question one and any other two questions.

- 1 (a) Define health from the point of view of World Health Organisation (1948).
(b) List and explain three consequences of WHO's definition of health.
(c) List seven cardinal points of health.
(d) Explain the eating disorders of Bulimia Nervosa and Anorexia Nervosa.

- 2 (a) List and explain five functions of the family.
(b) Explain these forms of marriage (1) Exogamy, (2) Endogamy, and
(3) Agamy.
(c) State and explain five factors to be taken into account when one is considering parenthood.
(d) List and explain five signs of pregnancy.

- 3 (a) If you are raped as a boy or girl, list five things to be done after the terrible experience and explain each one.
(b) What is drug abuse?
(c) List 3 effects of the following drugs:
 - i. Cannabis
 - ii. Tranquilizers
 - iii. Hallucinogens

- 4 (a) List and explain 5 effects of ill-health on children.
(b) Explain the following terms:
 - i. Autism
 - ii. Down's Syndrome
 - iii. Mental Handicap

