



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**14-16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS**  
**SCHOOL OF SCIENCE AND TECHNOLOGY**  
**JANUARY/FEBRUARY 2013 EXAMINATION**

**Programme:** PGD HIV/AIDS Education and Management

**Course Code:** HEM 705 **Course Credit Unit:** 3

**Course Title - hours:** Human Behaviour in Illness **Time Allowed:** 3

**Total Score:** 100 marks

**Instruction:** Answer any 5 questions

**Question 1:**

- a. Explain the following:
- i. Positive dimension of health (**5 marks**)
  - ii. Negative dimension of health (**5 marks**)
- b. What are advantages and disadvantages of each health dimension (**10 marks**)

**Question 2:**

Describe the following models of illness:  
Health belief model (**10 marks**)  
Fishbien's theory of Reasoned Action (**10 marks**)

**Question 3**

Define with appropriate examples, acute illness (**5 marks**)  
Define with appropriate examples chronic illness (**5 marks**)  
Identify distinctions between acute and chronic illness (**10 marks**)

**Question 4:**

Having a clear definition is imperative, but just as vital is having an understanding of why illness symptoms are important. Discuss (**20 marks**)

**Question 5**

What is Pain? (**5 marks**)  
List types of pain experience (**4 marks**)  
Explain the Gate Control Theory of pain (**11 marks**)

**Question 6:**

- a. Illness behavior is defined as ----- (**5 marks**)  
b. What are the stages of illness experience? (**5 marks**)  
c. Explain the 'sick role' theory? (**10 marks**)

**Question 7**

Kubler-Ross (1969) suggested that people pass through five predictable stages as they adjust to the prospect of death.

- a. What are the stages? (**5 marks**)
- b. Give a brief explanation to each of the stage identified. (**15 marks**)

