



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF SCIENCE AND TECHNOLOGY
MARCH/APRIL 2014 EXAMINATION

COURSE CODE: CHS 509

COURSE TITLE: GERONTOLOGY

TIME ALLOWED: 2 HOURS

INSTRUCTION: *ANSWER ANY 5 QUESTIONS*

- 1.(a.) What is Gerontology? (2 marks)

(b) Mention the factors that can affect ageing.(2 marks)

(c) Briefly explain the effects of lifestyle factors on the body system (10 marks)
2. Explain the role of family in the home care of the elderly. (14 marks)
3. Discuss the sociological and biological theories of ageing (14 marks)
4. Describe the physiological changes in the urinary system that is associated with old age (14 marks)
5. (a)Clearly explain the first aid management for burns and scalds. (7 marks)

(b) What are the preventive measures against burns and scalds? (7 marks)

6. (a) List 10 strategies for preventing falls in the elderly? (10 marks)

(b) Mention 4 strategies for preventing choking in the elderly? (4 marks)