



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS**  
**SCHOOL OF EDUCATION**  
**MAY/JUNE 2012 EXAMINATION**

ECE 421 HEALTH AND FAMILY LIFE EDUCATION  
TIME ALLOWED: 3 HOURS

INSTRUCTIONS: ANSWER ANY THREE (3) QUESTIONS

1.   (a)   Differentiate between “Health and Wellness”.  
          (9 marks)  
  
      (b)   Identify and explain the five dimensions of health.  
             (15 marks)
  
2.   (a)   Mention four basic needs of children.  
          (8 marks)  
  
      (b)   State and explain four effects of ill-health on children.  
             (16 marks)
  
3.   (a)   Draw the cycle of maternal and child care.  
          (9 marks)  
  
      (b)   State and explain five factors influencing the health of the  
mother and child.  

(15 marks)
  
4.   (a)   State four general principles that can be applied to the  
teaching of values.  

(8 marks)

- (b) Give a detailed explanation of each these principles.  
(16 marks