



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS**  
**MARCH/APRIL 2016 EXAMINATION**

**SCHOOL OF EDUCATION**

**COURSE CODE: EGC 801**

**COURSE TITLE: PRINCIPLE OF GUIDANCE AND CONSELLING**

**TIME ALLOWED: 1 HOUR 30 MINUTES**

**INSTRUCTION: QUESTION NO. 1 IS COMPULSORY AND ANY 2 QUESTIONS**

- (1)a. Explain 5 differences between Guidance and Counselling (10 marks)
- b. What are the basic principles of Guidance and Counselling? (10 marks)
- c. What are the major Guidance Services? (10marks)
  
- (2)a. Discuss 3 types of Reading (10 marks)
- .b. Discuss what we mean by SQ3R method of Reading (10 marks).
  
- (3)Discuss and explain steps to take in the counselling process. (20 marks).
  
- (4)a. Define Group Counselling (5 marks)
- b. Mention 3 characteristics of group counselling (9 marks)
- c. Explain 2 desirable qualities of group members. (6 marks)
  
- (5) a. Explain 2 ways to study effectively (6 marks)

b. Discuss the need for paradigm shift in counselling briefly (10 marks)

c. Define social media (4 marks)