



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
14/16, Ahmadu Bello Way, Victoria Island  
**SCHOOL OF SCIENCE AND TECHNOLOGY**  
**October, 2013 Examination**

**TIME ALLOWED: 3 HOURS**

**COURSE CODE: CHS409**

**COURSE TITLE: CLINICAL SKILLS**

**INSTRUCTION: ANSWER ONLY 5 QUESTIONS**

1. a. Discuss the qualities of a good examiner during physical examination.  
(10 marks)  
b. List 10 materials used for physical examination.  
(10 marks)
2. a. What do you understand as the IPPA rule in physical examination?  
(10marks)  
b. Define vital signs and list the temperature sites and various range in an adult (10 marks)
3. Write short notes on the following
  - a. Respiration
  - b. The basic reasons for tepid sponging
  - c. Procedure for administration of an intravenous infusion
  - d. The principle of non-touch technique
4. a. Define high blood pressure.  
(1marks)  
b. Briefly discuss 3 factors responsible for High Blood pressure. (9 marks)  
c. Discuss moist heat as a method of sterilization. (10marks)
5. Discuss the indication for using Oral Rehydration Therapy (ORT) and the preparation.  
(10 marks)

6. a. Describe the principles and procedure involved in interview.  
(10 marks)
- b. List the basic materials for interview.  
(10 marks)
7. Outline the categories of essential clinical history.  
(10 marks)