



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF SCIENCE AND TECHNOLOGY
JUNE/JULY EXAMINATION

COURSE CODE: NSS 402

COURSE TITLE: Mental Health and Psychiatric Nursing II

TIME ALLOWED: 2Hours 30minutes

INSTRUCTION: Answer any 5 Questions only

- 1a) Define Schizophrenia. (2 marks)
- b) Briefly discuss four (4) etiological factors in the development of schizophrenia. (12 marks)
- c) List the 4 groups of the signs and symptoms commonly encountered by schizophrenic patients and give **ONE** example in each group. (6 marks)

2. a) Using the under listed format and in tabular form, differentiate between psychosis and neurosis.
 - Etiology (2 marks)
 - Clinical features (6 marks)
 - Treatment (3 marks)
 - Prognosis (3 marks)
- b) Outline 6 characteristics of obsessive compulsive disorder (3 marks)
- c) Utilizing the nursing care plan, identify and solve one priority nursing diagnosis that a patient with the above disorder will manifest. (3 marks)

3. a) What is epilepsy? (2 marks)
- b) Classify clinical types of epilepsy as proposed by the International League Against Epilepsy. (5 marks)
- c) Discuss in detail grand-mal seizure (10 marks)
- d) List three (3) drug of choice for the management of epilepsy (3 marks)

4. a) Certain people are more prone to crisis than others as postulated by Hendricks (1985). List 8 characteristics often found in individuals susceptible to crisis. (4 marks)
- b) Mrs. A married with four children, the youngest of which is 2 years old and is expecting her fifth child in three months time has just been told that her husband died instantly in a RTA. Discuss the stages of Grief according to Kubler- Ross. (10 marks)

- c) Enumerate 6 nursing interventions in grieving. (6 marks)
5. a) Enumerate the general guidelines regarding drug administration in psychiatry (10 marks)
- b) What are your responsibilities as a nurse to a patient receiving antipsychotic drugs? (10 marks)

6. Write short notes on the following:

- a. Electro - convulsive therapy
- b. Group therapy,
- c. Therapeutic milieu
- d. Building self - esteem(5 marks each)

7 a) Discuss Community Mental Health (6 marks)

b) List 8 attributes of a Community Mental Health/Psychiatric Nurse (4 marks)

c) Discuss the role of the Community Psychiatric Nurse (10 marks)