



NATIONAL OPEN UNIVERSITY OF NIGERIA
14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS
SCHOOL OF SCIENCE AND TECHNOLOGY
MAY/JUNE 2012 EXAMINATION

NSS 401 Mental Health and Psychiatric Nursing (3 CR)
Time Allowed: 3 hours

Total Score: 100 marks

Instruction: Answer all questions in section A and any other 4 in Section B. (Total: 5 questions)

SECTION A: (Compulsory 20 marks)

1. Mental retardation refers to significantly sub-average intellectual functioning resulting in impairment in adaptive behavior during the ----- period
2. The concept, Juvenile delinquency is essentially a ----- term rather than a psychiatric term
3. Psychotherapy should involve a ----- dialogue between a client and a therapist
4. ----- is regarded as the most common of sexual deviations
5. Mental health could be viewed as a state that is completely -----
6. Psychiatry is a ----- specialty devoted to the study and treatment of mental disorder
7. Psychiatric assessment starts with ----- examination
8. The diagnostic manual, Diagnostic and Statistical Manual of Mental Disorders, DSM, is published and reviewed periodically by -----
9. Abraham Maslow is best known for the ----- theory
10. A Hypochondriacal patient believes that -----
11. The assumption is that most defence mechanisms are unconsciously -----
12. The method of psychoanalysis in which a client says whatever comes to mind without thinking about them is known as -----
13. Paranoid, Residual, Catatonic, Hebephrenic, etc, are subtypes of -----
14. In general, defence mechanisms are ----- responses that helps individuals avoid unpleasant situation
15. ECT, a treatment method for psychiatric disorders means -----
16. Factor that causes psychiatric illness are either Predisposing or -----
17. Verbigeration is characterized by repetition of -----
18. Catalepsy is characterized by -----
19. The International Classification of Diseases, ICD, a diagnostic manual, is edited by ---
20. To be paranoid means to be -----

(Total= 20 marks)

SECTION B Answer 4 questions in this section – (6 to answer 4)

Question 1:

Shainberg and Byer (1974) identified eight characteristics of positive mental health? Identify and briefly describe them (20 marks)

QUESTION 2

What are the Predisposing and Precipitating causes of psychiatric illness? (20 marks)

QUESTION 3

Briefly explain any four of the following types of defence mechanisms

- i. Transference (5 marks)
- ii. Sublimation (5 marks)
- iii. Avoidance (5 marks)
- iv. Dissociation (5 marks)
- v. Projection (5 marks) *Total: 20 marks*

QUESTION 4

- a.** Define Hallucination? (3 marks)
- b.** Identify and explain types of hallucination? (17 marks) *Total: 20 marks*

QUESTION 5

- a.** What is mental status examination? (7 marks)
- b.** In mental status examination, the medical practitioner is expected to take note and assess specific areas. Identify them (8 marks)
- c.** In observing /examining a psychiatric patient, the medical practitioner should perform what task. (5 marks) *Total: 20 marks*

QUESTION 6

- a.** Describe personality trait disturbance? (2 marks)
- b.** Identify and briefly explain the three types of personality trait disturbances (18 marks) *Total: 20 marks*