



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF SCIENCE AND TECHNOLOGY
JUNE/JULY EXAMINATION

COURSE CODE: NSS401

COURSE TITLE: Mental Health and Psychiatric Nursing (3 units)

TIME ALLOWED: 3 hours

INSTRUCTION: Answer any 5 questions

Question 1:

- 1a. What do you understand by mental health? (10 marks)
1b. Briefly explain Maslow's theory of human needs (10 marks)

Question 2:

Discuss the characteristics of positive mental health (20 marks)

Question 3

What are the general principles of Psychiatric Nursing? (20 marks)

Question 4

Explain the predisposing and exciting (precipitating) causes of mental illness (20 marks)

Question 5

- 5a. Define Hallucination? (5 marks)
5b. Identify and explain types of hallucination? (15 marks)

Question 6

- 6a. What is mental status examination? (5 marks)
6b. In mental status examination, the health practitioner is expected to take note and assess specific areas. Identify and briefly explain such areas (15 marks)

Question 7

- 7a. What do you understand by defense mechanism (10 marks)
7b. Explain the following types of defense mechanism:
 - Projection (5 marks)
 - Rationalization (5 marks)