



**NATIONAL OPEN UNIVERSITY OF NIGERIA**  
**14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS**  
**SCHOOL OF SCIENCE AND TECHNOLOGY**  
**MAY/JUNE 2012 EXAMINATION**

EDU 421 Guidance & Counselling  
TIME: 2 HOURS

INSTRUCTION: Attempt 3 questions out of 4. Question 1 is compulsory

- 1(a). Define Guidance and Counselling  
(b) State and explain five reasons why guidance and counselling is needed in our schools and society  
(c) List five techniques of counselling

(30marks)

2. Outline and discuss the major steps in planning and administering a guidance programme in schools

(20marks)

3. List and explain five major objectives of guidance and counselling

(20 marks)

4. (a) List five problems affecting the effective implementation of school Guidance Programme in Nigeria.

(b) State five solutions to the problems listed in (a) above.

(20marks)