



**NATIONAL OPEN UNIVERSITY OF
NIGERIA
14-16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF EDUCATION
JANUARY/FEBRUARY 2013 EXAMINATION**

COURSE CODE: EDU 421

COURSE TITLE: Guidance & Counselling

CREDIT UNITS: 2 **TIME: 2 HOURS**

INSTRUCTION: Attempt 3 questions out of 4. Question 1 is compulsory

- 1(a). What is Guidance and counselling?**
(b) Explain five importance of Guidance and Counselling in our school and society
(c) List five counselling techniques you know

(30marks)

- 2. (a) What are the major problems militating against the effective implementation of Guidance and Counselling Programme in Nigeria schools? List five of the problems.**
(b) Explain ways out of the five listed in (a) above.

(20marks)

- 3. Explain five of the major objectives of guidance and counselling**
(20 marks)

- 4. How can a Guidance and Counselling programme be planned and administered in schools**

(20marks)