



**NATIONAL OPEN UNIVERSITY OF NIGERIA
14-16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF SCIENCE AND TECHNOLOGY
JANUARY/FEBRUARY 2013 EXAMINATION**

**CHS 401: Community Reproductive and Adolescent Health
(3 Units)**

**INSTRUCTIONS: Read the questions carefully. Seven questions to answer five.
All questions carry equal marks (20%).**

1. a. Draw and Label five (5) important parts of Female Reproductive Organ. (15 marks).
b. Another name for human female reproductive system is _____. (5 marks)
- 2a. What is Apgar Score? (2 marks)
b. What is it used for? (2 marks)
c. State in a tabular form, the Apgar Scoring System. (16marks)
3. a. List 9 Characteristics and Functions of the Male Reproductive Organs (18 marks)
b. What is Mons Pubis? (2 marks)
4. a. What is menarche? (2 marks)
b. Why is menarche important to health workers? (3 marks)
c. Name the two important sex hormones. (3 marks)
d. What are the functions of sex hormones? (10 marks)
e. What is the cause of a menstrual period? (2 marks)
5. a. List 8 factors that are associated with infertility. (8 marks)
b. What is basal body temperature (BBT)? (2 marks)
c. What is it used for? (4 marks)
d. Give reasons why self-medication of all kinds should be discouraged during pregnancy. (6 marks)
6. a. List six foods rich in proteins, two in calories, 6 in vitamin A and 4 in iron. (10 marks)
b. Enumerate five danger warnings signs during pregnancy. (5 marks)
c. List the 5 causes of dizziness and faintness in pregnancy. (5 marks)
- 7a. Distinguish between signs of true and false Labour (Give 5 differences). (10 marks)
b. List 5 common bacterial infections (5 marks)
c. List 5 Individuals at risk of Human Papillomavirus Infection (HPV). (5 marks)