

FBQ1: A person who isn't mentally fit could not learn something new at a pace in which an ordinary normal person learns. True OR False _____
Answer: *True*

FBQ2: _____ is the ability to make and maintain acceptable interaction with other people
Answer: *Social health*

FBQ3: _____ is the ability of expressing emotions in the appropriate way
Answer: *Emotional health*

FBQ4: Emotional health is not related to mental health True OR false _____
Answer: *False*

FBQ5: _____ is the science and art of preventing diseases, prolonging life, promoting health and efficiencies through organized community effort
Answer: *Public Health*

FBQ6: Public health involves both _____ and _____ approaches
Answer: *direct and indirect*

FBQ7: _____ is a guiding concept involving activities intended to enhance individual community health and well-being.
Answer: *Health promotion*

FBQ8: _____ refers to the goals of medicine that are to promote, to preserve, and to restore health when it is impaired, and to minimize suffering and distress
Answer: *Prevention*

FBQ9: Immunization or cessations of smoking are examples of _____
Answer: *Primary prevention*

FBQ10: Providing a wheelchair, special toilet facilities, doors, ramps, and transportation services for paraplegics are often the most vital factors for _____
Answer: *Rehabilitation*

FBQ11: The process of restoring a person's social identity by repossession of his/her normal roles and functions in society is referred to as _____
Answer: *Rehabilitation*

FBQ12: _____ is a service that provides information and advice about genetic conditions
Answer: *Genetic counselling*

FBQ13: _____ is the process of manually adding new DNA to an organism
Answer: *Genetic engineering*

FBQ14: _____ works by physically removing a gene from one organism and inserting it into another, giving it the ability to express the trait encoded by that gene
Answer: *Genetic engineering*

FBQ15: All that which is external to the individual human host is referred to as environment. True OR False
Answer: *True*

FBQ16: Culture is not one of the determinants of health among the environmental factors. True OR False _____
Answer: *False*

FBQ17: _____ refers to those interventions that take place in a hospital

setting such as intravenous rehydration or surgery

Answer: *Tertiary healthcare*

FBQ18: Department of Primary Health Care and Disease control is one of the ____ of the Federal Ministry of Health

Answer: *Departments*

FBQ19: The _____ is referred to as the chairman of The National Council of Health

Answer: *Honourable Minister of Health*

FBQ20: To establish one primary health center for every 30,000 rural populations is one of the steps to implement the strategies outlined in _____

Answer: *National Health Policy*

FBQ21: The 774 Local Government Areas in Nigeria have various health facilities operating under the hinges of _____

Answer: *Chairmen*

FBQ22: In the Local Government Area _____ are appointed to oversee various aspects of Local Government activities, including Health and Social Services.

Answer: *Supervisory councillors*

FBQ23: In the Local Government Area, department is always headed by a _____

Answer: *Primary Health Care Coordinator*

FBQ24: The _____ coordinates the activities of the health facilities providing manpower, funds, logistics

Answer: *Local Government Headquarters*

BQ25: To train traditional birth attendants (TBA) in each village is included in the _____

Answer: *National Health Policy*

FBQ26: Reduction of existing imbalance in health services by concentrating more on the rural health infrastructure is one of the Key elements of _____

Answer: *health policy in Nigeria*

FBQ27: Which country recorded delay in Vaccine supplies during the resurgence period?

Answer: *Nigeria*

FBQ28: Which head of state announced the Basic Health Service Scheme (BHSS) as part of the Third National Development Plan?

Answer: *Lt Col Yakubu Gowon*

FBQ29: In which year was the Basic Health Service Scheme (BHSS) announced as part of the Third National Development Plan

Answer: *1975*

FBQ30: The World Health Organization's (WHO's) standard ratio of doctor to population gave an important place to establishment of _____ and development of health manpower.

Answer: *medical institutions*

FBQ31: The health system should encompass the entire population on the basis of equality and responsibility. True OR False _____

Answer: *True*

FBQ32: The health system aims at delivering the health services to the _____

Answer: *Beneficiaries*

FBQ33: Biostatistics is a branch of public health. True OR. False

Answer: *True*

FBQ34: Well child visit is not preventive medicine. True OR False

Answer: *False*

FBQ35: The 1993 World Conference on Human Rights took place at ____

Answer: *Austria*

FBQ36: Nigeria health sector in 1960 was more _____ oriented

Answer: *Clinically*

FBQ37: Diphtheria and tetanus organism were discovered in the year ____

Answer: *1884*

FBQ38: Correcting the imbalance in location and distribution of health institutions is one of the objectives of ____

Answer: *BHSS*

FBQ39: Establishing a health care system best adapted to the local conditions and to the level of health technology is among the objectives of _____

Answer: *Basic Health Service Scheme*

FBQ40: State the World Health Organization's (WHO's) standard of doctor to population ratio _____

Answer: *1 doctor to 10,000 population ratio*

FBQ41: What is the full meaning of EPI _____

Answer: *Expanded Programme on Immunization*

FBQ42: _____ was adopted as a corner stone for achieving health for all following Alma ata declaration

Answer: *Primary health care*

FBQ43: The National health philosophy was founded on the underlying principle of _____ and _____

Answer: *social justice and equity*

FBQ44: The national health care delivery system is built on the basis of the _____ responsibilities

Answer: **three tier*

FBQ45: One of the persist problems of the Primary Health Care system is proportionally high investment in curative to the detriment of _____ services

Answer: *Preventive*

FBQ46: Strengthening local government capacity in public health management is one of the ____ health policy strategy

Answer: *National Economic Empowerment Development Strategy*

FBQ47: One of the missions of the _____ reform is to strengthen the national health system and improve its management

Answer: *Health system*

FBQ48: Primary Health Care is a shift towards the front-line of day-to-day activities carried out within the community. True OR False

Answer: *True*

FBQ49: Establishment of National Blood transfusion system is among the _____ health policy strategy

Answer: *National Economic Empowerment Development Strategy*

FBQ50: The federal government launched its Primary Health Care plan following prevailing _____ and ____ in Health care delivery and policies 1987,

Answer: *weaknesses and deficiencies*

Multiple Choice Questions (MCQs):

MCQ1: Pertussis vaccine was developed in which year _____

Answer: 1825

MCQ2: In _____ Florence Nightingale introduced modern nursing and hospital reform

Answer: 1854

MCQ3: The following organisms were all identified in 1884 except _____

Answer: staphylococcus

MCQ4: In which year was penicillin discovered?

Answer: 1928

MCQ5: When did WHO adopt Health for all by the year 2000?

Answer: 1977

MCQ6: Alma-Ata Conference on Primary Health Care was done in _____

Answer: 1977

MCQ7: World Health Organization was founded in _____

Answer: 1948

MCQ8: _____ is being provided at Teaching and Specialist Hospitals where super specialty services including sophisticated diagnosis, specialized therapeutic are done

Answer: Secondary Health Care

MCQ9: One of the functions of Health care Agencies is to _____

Answer: support Nutrition policy

MCQ10: _____ are public Health interventions that are designed implemented and evaluated with the participation of the community representatives and with the guidance of experts.

Answer: National based program

MCQ11: Which of these options is not among the community health service?

Answer: prevention of malaria

MCQ12: What is the full Meaning of the acronym "CHEW"?

Answer: Controller of Health Extension Worker

MCQ13: Resources mobilization is among the function of Health care Agencies

Answer: True

MCQ14: The idea of _____ in health emerged as a result of concern to encourage local participation in all aspects of development, including health development

Answer: community involvement

MCQ15: The full meaning of "HSEP" is _____ sequences

Answer: Health Service Extension package

MCQ16: Participation according to _____ is a means of improving the efficiency of their service delivery systems

Answer: Government and development agencies

MCQ17: In a rural development project, participation as a process is a dynamic un-quantifiable and essentially _____

Answer: unpredictable element

MCQ18: Participation in rural development may on the other hand be regarded as an end in itself

Answer: False

MCQ19: Eradication of smallpox was declared by which organisation _____

Answer: UNICEF

MCQ20: International Convention on the Rights of the Child held in _____

Answer: 1986

MCQ21: Which of the following options is among the features of The Great Depression?

Answer: Wide spread economic collapse

MCQ22: _____ performed the first successful gene therapy.

Answer: Davidson

MCQ23: _____ adopted Health for All in the Twenty-first Century

Answer: UNICEF

MCQ24: The most universal definition of health was submitted by the _____ in 1948

Answer: UNICEF

MCQ25: The three specific dimensions of health does not include _____

Answer: physical

MCQ26: Which of the options is not among the different perspectives on health?

Answer: Health is viewed as a right

MCQ27: _____ is the ability to learn and think clearly and coherently

Answer: Mental health

MCQ28: Direct measures in public health include all except _____

Answer: immunization of children

MCQ29: Indirect methods used in public health to protect the individual by community-wide means, include all except _____

Answer: raising standards of environmental safety

MCQ30: In public health practice, both direct and indirect approaches are _____

Answer: relevant

MCQ31: Health promotion comprise indirect action to risk factors or causes of illness or death

Answer: Partially true

MCQ32: How many levels of prevention do we have?

Answer: one

MCQ33: _____ prevention are activities to reduce conditions favourable to the vector or a biological agent, such as mosquito vectors of malaria.

Answer: Primary

MCQ34: _____ prevention includes steps to isolate cases and treat or immunize contacts to prevent further epidemic outbreaks

Answer: primary

MCQ35: The provision of high quality rehabilitation services in a community should include the following except _____

Answer: Conducting a full assessment of people with disabilities and suitable support systems

MCQ36: _____ is what we do and how we act.

Answer: Lifestyle

MCQ37: _____ is a major determinant of health

Answer: practice

MCQ38: Health can also be a measure of the state of the_____, and the ability of the body as a whole to function

Answer: physical skin colour

MCQ39: _____is the inability to learn and think clearly and coherently

Answer: Physical ill-health

MCQ40: Physical health is concerned with _____ and physiological functioning of the body

Answer: learning ability

MCQ41: _____ means maintaining one's own integrity in the presence of stressful situation such as tension, depression and anxiety

Answer: Mental health

MCQ42: Initiating actions against health hazards, including communication, education and legislation are elements of _____

Answer: Health promotion

MCQ43: Based on your knowledge of the levels of preventions in public health; where will you classify immunization and cessation of smoking?

Answer: Primary prevention

MCQ44: Which level of prevention is the best practice?

Answer: Primary prevention

MCQ45: Sleeping under insecticide treated mosquito net is referred to as _____

Answer: Primary prevention

MCQ46: Steps taken to isolate cases and treat or immunize contacts to prevent further epidemic outbreaks is referred to as _____

Answer: Primary prevention

MCQ47: Every human being is made of _____

Answer: genes

MCQ48: A healthcare professional who is specially trained in the science of human genetics is called _____

Answer: a clinical genetics

MCQ49: Those professionals in public health that apply nutrition principles in the treatment and cure of diseases are referred to a ____

Answer: nutritionists

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