



NATIONAL OPEN UNIVERSITY OF NIGERIA
14-16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF EDUCATION
JANUARY/FEBRUARY 2013 EXAMINATION

COURSE CODE: ECE 421

COURSE TITLE: HEALTH AND FAMILY LIFE EDUCATION

INSTRUCTIONS: ANSWER ANY THREE (3) QUESTIONS

TIME ALLOWED: 3 HOURS

1. (a) Differentiate between "Health and Wellness". (9 marks)
- (b) Identify and explain the five dimensions of health. (15 marks)
2. (a) Mention four basic needs of children. (8 marks)
- (b) State and explain four effects of ill-health on children. (16 marks)
3. (a) Draw the cycle of maternal and child care. (9 marks)
- (b) State and explain five factors influencing the health of the mother and child. (15 marks)
4. (a) State four general principles that can be applied to the teaching of values. (8 marks)

(b) Give a detailed explanation of each these principles.

(16 marks)

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