



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16, Ahmadu Bello Way, Victoria Island, Lagos

School of Science and Technology
October, 2013 Examination

Course Code: HEM 745

Course Unit 3

Course Title: Management and Care of HIV/AIDS

Time Allowed: 3Hours

Instructions: Read the questions carefully. You have seven questions to answer five. Question 1 is compulsory and carries 30%. Questions 2-7 carry equal marks (10%) each.

QUESTION 1

- a. List the possible laboratory abnormalities during acute retroviral syndrome as identified by Kotler, Wang & Pierson (2000) (14marks)
- b. Biochemically, when is a person diagnosed with AIDS? (12marks)
- c. What is the most common test used to confirm that one is HIV positive? (4marks)

QUESTION 2

- a. What stage of HIV infection is the most infectious and why? (2marks)
- b. List the clinical Symptoms of HIV and AIDS (8marks).

QUESTION 3

- a. Define the following: (6marks)
 - i. Depression
 - ii. Coping strategies
 - iii. Pre- test Counselling
- b. Differentiate between objective and subjective burden of care. (4 marks)

QUESTION 4

- a. Discuss the Psychological issues in HIV and AIDS counselling. (10marks)

QUESTION 5

- a. Who is a counselor? (2marks)
- b. Discuss the two major types of counselling commonly in practice. (8marks)

QUESTION 6

- a. Explain factors that can make a HIV/AIDS to be nutritional risk. (10marks)

QUESTION 7

- a. List the duties of HIV medical nutrition therapy providers. (4 marks)
- b. Enumerate the priority timeline for referral for patients categorized by nutritional risk. (6 marks)

