



**NATIONAL OPEN UNIVERSITY OF NIGERIA  
14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS  
SCHOOL OF EDUCATION  
SEPTEMBER/OCTOBER 2015 EXAMINATION**

**COURSE CODE: EGC801**

**COURSE TITLE: PRINCIPLES OF GUIDANCE & COUNSELLING**

**TIME ALLOWED: 2HOURS**

**INSTRUCTION: QUESTION NO. 1 IS COMPULSORY AND ANY 2 QUESTIONS**

- (1)**
  - a. Explain 5 differences between Guidance and Counselling **(10 marks)**
  - b. What are the basic principles of Guidance and Counselling? **(10 marks)**
  - c. What are the major Guidance Services? **(10 marks)**
- (2)** Discuss educational guidance and counselling in detail. **(20 marks)**
- (3)** Discuss and explain steps to take in the counselling process. **(20 marks)**
- (4)**
  - a. Define Group Counselling **(5 marks)**
  - b. Mention 3 characteristics of group counseling **(9 marks)**
  - c. Explain 2 desirable qualities of group members. **(6 marks)**
- (5)**
  - a. Explain 2 ways to study effectively **(6 marks)**
  - b. Discuss the need for paradigm shift in counselling briefly **(10 marks)**

c. Define social media **(4 marks)**