



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF SCIENCE AND TECHNOLOGY
MARCH/APRIL 2014 EXAMINATION

COURSE CODE: NSS402

COURSE TITLE: MENTAL HEALTH AND PSYCHIATRIC NURSING II

TIME ALLOWED: 3 ½ HOURS

INSTRUCTION: ANSWER ANY 5 QUESTIONS ONLY

1. a. Classify mood disorder according to ICD 10 [F3].
(5 marks)
b. Discuss the clinical features of an acute manic episode.
(15 marks)
2. write short notes on the following:
 - a. Group therapy
 - b. Therapeutic milieu
 - c. Building self-esteem
 - d. Electro-convulsive therapy
(5 marks each)
3. a. Enumerate 10 guidelines for self protection as a nurse when handling an aggressive patient.
(10 marks)
b. Enumerate 5 characteristics of withdrawn behavior pattern.
(10 marks)
4. a. Define dementia (2 marks)
b. Enumerate the stages of dementia and the symptoms in each stage. (18 marks)
5. a. Differentiate between substance abuse and substance dependence. (4 marks)
b. Discuss 4 methods of combating drug abuse and drug addiction. (16 marks)
6. a. What are Antidepressants? (5 marks)
b. Briefly discuss 5 Nurse's responsibilities for a patient receiving antidepressants. (15 marks)
7. Write on the following drugs using the guidelines below
Guidelines

- a. Carbamazepine (10 marks)
- b. Sodium valproate (10 marks)

Guidelines

- i. Indication (2 marks)
- ii. Dosage (1 mark)
- iii. Route of administration (1 mark)
- iv. Mechanism of action (2 marks)
- v. Side effect (2 marks)
- vi. Nurses responsibility (2 marks)