

## NATIONAL OPEN UNIVERSITY OF NIGERIA 14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS SCHOOL OF SCIENCE AND TECHNOLOGY MAY/JUNE 2012 EXAMINATION

## BACHELOR OF NURSING SCIENCE (BNSc) NSS 324 MATERNAL AND CHILD HEALTH II TIME ALLOWED: 3Hours

## **INSTRUCTION(S): ANSWER ONLY 5 OUT OF 7 QUESTIONS**

- 1. Explain briefly the physiological adaptation the neonate has to make at birth in the following:
  - a. Respiratory system
  - b. Circulatory adaptation
- 2. Baby James with Apgar score 10 was delivered a few hours ago

Explain in details to Mrs James on the following 5 mks each

- a. Principles of newborn care b. Weight c. Newborn skin d. Protection of baby from infection and injuries
- 3. a Describe the conduct of Neurological Test and reflexes on the newborn **10mks**
- 3. b Explain the general principle of development **10mks**
- 4. a. Describe the development of Teeth in a baby **10mks**
- b . State the composition of breast milk **10mks**
- 5 a. Discuss the advantages of breast milk to the baby and mother **10mks**
- 5b. Outline some difficulties with Breast feeding to the mother and the baby **10mks**
- 6 a. Explain the ten steps to successful breast feeding **10mks**
- b. Explain the Guidelines for weaning **10mks**
- 7. Write briefly on the following

5mks each

a. Home visiting b. Child health clinic c. Complications of breast feeding d. Suppression of lactation