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Default for HCM135
The default category for questions shared in context 'HCM135'.
Fill in the Blank (FBQs)
FB01
Dustbins should be provided and placed at ......locations to allow staff and
customers drop their wastes.
*0pen*
1.0000000
0.0000000
FBQ2
Food and beverages provide energy needed for performing ......and muscular
activities.
*Physical activities*
1.0000000
*Physical*
1.0000000
0.000000
FBQ3
The duties of waiters/waitresses include welcoming customers politely, taking
orders and removing.........
*Used plates*
1.0000000
0.0000000
FB04
The Kitchen can be defined as a factory where raw food items, and partly or
wholly processed food substances are hygienically prepared and/or cooked for
customers' .....in the restaurants.
*Service*
1.0000000
*Services*
1.0000000
FBQ5
A head cook is also known as ...........
*Chef de cuisine*
1.0000000
0.000000
When the establishment arranges to send certain categories of workers to an
outside organized training centre like workshops, and educational course
centres, paying a stipulated amount for specific period of time, it is called
..... job training
*Outside*
1.0000000
0.0000000
FB07
A scald is caused by .......such as hot steam or hot vapour.
*wet heat*
1.0000000
0.000000
FB08
A Burn is caused by dry heat such as contact of hand with hot ......or heat cooking
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pot
*Metal*
1.0000000
0.0000000
FB09
The hormones regulate .....processes
*Metabolic*
1.0000000
0.000000
FBQ10
The title of a restaurant Manager is someone who is qualified, competent and
possesses accumulated wealth of experience in the restaurant and ........... industry
*Food service*
1.0000000
0.000000
FBQ11
...... are chemical compounds which are formed by plants in a process called
synthesis.
*Carbohydrates*
1.0000000
0.0000000
FB012
Malnutrition is defined as deviation from proper feeding (nutrition) or not
having enough to ......
*Eat*
1.0000000
0.000000
FBQ13
Environmental hygiene is a habit of keeping our living and working environment
clean to prevent outbreak of sickness and .....diseases
*Infectious*
1.0000000
0.000000
FBQ14
The placing of equipment by the wall side provides economy of space and is more
.....for workers than having them at the central
*Convenient*
1.0000000
0.0000000
FB015
The ....... room or plate room contains services necessary for the service meals in
a day.
*Silver*
1.0000000
0.000000
FB016
All .....from the restaurants to the kitchen must pass through a middle man
known as an aboyeur.
```

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*Orders*
1.0000000
0.0000000
0.0000000
FBQ17
.....is a training that involves a training program for the different categories
of its departments' workers.
*In-house training*
1.0000000
0.000000
FBQ18
On-the-job-training is training involving giving instructions, corrections and
showing ........on the best way to do certain duties to achieve efficiency and
satisfactory results.
*Demonstrations*
1.0000000
0.000000
Non-pathogenic bacteria are non-toxic, .....and non-poisonous
*non-harmful*
1.0000000
0.0000000
0.000000
FBQ20
Economically, Purchasing is a process whereby .....is exchanged for procurement
of goods and services.
*Money*
1.0000000
0.000000
FBQ21
The ------ is the overall officer of the staff team in the restaurant
*Head waiter*
1.0000000
0.0000000
FB022
The kitchen organization chart is the setup of management staff from
.....downward
*Top*
1.0000000
0.0000000
FB023
Flatware is anything of ..........and fork in the restaurant e.g. soup spoon, table
fork
*Spoon*
1.0000000
```

0.000000

```
FB024
Wash-up area is the place where used plates, cutlery, glasses, silver are
hygienically washed and cleaned and returned to their ........point.
*Storage*
1.0000000
0.0000000
FBQ25
The apprentices are the ........people learning cooking.
*Young*
1.0000000
*New*
1.0000000
0.000000
FBQ26
Organisms that speed or regulate metabolic activities in the body are called
*Catalyst*
1.0000000
0.000000
0.0000000
FB027
.........plates are thicker and heavier than any other plate in the market
*China*
1.0000000
0.0000000
FBQ28
Staphylococcus Aureus causes food poisoning because they produce .....into the
food
*Toxins*
1.0000000
0.000000
FBQ29
The............ is designated to contain all the items of food and equipment for
service of a meal.
*Stillroom*
1.0000000
0.0000000
FBQ30
Antibiotics prevent invading ...........and bacteria from attacking living organisms.
*Viruses*
1.0000000
0.0000000
0.000000
FBQ31
A long line by the wall side means arranging the .......alongside the wall.
*Equipment*
1.0000000
```

```
0.0000000
FBQ32
........cook while the catering manager does the administrative work and other
paper work in the office.
*Chefs*
1.0000000
0.0000000
FBQ33
Ventilation is very important to allow food smoke to .....out and allow fresh air
into the kitchen.
*Diffuse*
1.0000000
*Go*
1.0000000
FBQ34
Of all the biological molecules, proteins are the most important nutrients to
....including human beings.
*Animals*
1.0000000
0.0000000
FB035
The food that has been infected by ......organisms such as bacteria, fungi and
virus is called contaminated food
*Pathogenic*
1.0000000
0.0000000
0.000000
Multiple Choice Questions (MCQs)
An example of fat-soluble vitamin is.........
vitamin B
0.000000
vitamin C
0.0000000
Vitamin A
1.0000000
Ascorbic acid
0.000000
MCQ2
Water is not commonly regarded as ......in the ordinary sense of the word but it
is nevertheless of very great importance.
Grain
0.000000
Liquid
0.000000
```

Food

```
1.0000000
Vitamin
0.0000000
Water is not commonly regarded as ......in the ordinary sense of the word but it
is nevertheless of very great importance.
Grain
0.0000000
Liquid
0.000000
Food
1.0000000
Vitamin
0.000000
In starting a restaurant business the process of carrying out a good survey of
the location is -----
Survey
0.0000000
feasibility study
1.0000000
Research
0.0000000
Preparation
0.000000
MCQ5
Carbohydrates are chemical compounds which are formed by plants by a process
called -----
Photosynthesis
1.0000000
Mineralisation
0.000000
Caramelisation
0.0000000
Vitaminosis
0.000000
MCQ6
cheating and fraud.
Book
0.000000
Money
0.000000
```

Record

```
1.0000000
Bee
0.0000000
Managerial integrity, planning and costing should be considered when organising
the restaurant for..............
Laziness
0.0000000
Goodness
0.000000
Activity
0.000000
Success
1.0000000
MCQ8
A filthy environment is a potential .....risk in food and service area.
Great
0.0000000
Hygiene
1.0000000
Bad
0.0000000
Waste
0.000000
MCQ9
In an eatery or hotel, the supervisor is a link between the ......and the staff
Restaurant manager
1.0000000
Head waiter
0.0000000
Head chef
0.000000
Manager
0.000000
MCQ10
Snacks bar is an area where assorted .....are displayed for self-choice
Drinks
0.0000000
Wines
0.000000
Snacks
1.0000000
Liqueur
```

```
0.0000000
MCQ11
Fish fork and soup spoon are examples of ......
stock pot
0.000000
soup spoon
0.000000
table ware
1.0000000
Chafing
0.000000
MCQ12
The attribute a waiter must possess includes all of the following except
Talkativeness
1.0000000
good personality
0.0000000
good memory
0.000000
Honesty
0.000000
MCQ13
Social skills involve the .........and ways of dealing directly with the customer in
the restaurant
Type
0.000000
Working
0.000000
Appearance
0.0000000
Manner
1.0000000
MCQ14
Cafeteria is a place where varieties of foods are displayed on a counter
showcase and .....system is adopted
Restaurant
0.0000000
self-service
1.0000000
Bar
0.000000
hotel lounge
0.000000
```

MC015 Hotplate is acontact point between the food service staff and the food preparation staff Still 0.0000000 Sensitive 1.0000000 Secondary 0.000000 Primary 0.000000 MCQ16 Kitchen is a factory where raw food items and partly or wholly processed food substances are hygienically prepared for customers' service in a..... Restaurant 1.0000000 Kitchen 0.0000000 Cooking area 0.0000000 House 0.0000000 MCQ17 Clostridium isdistributed from the intestine of humans and animals and found in the soil. Food 0.000000 Bacteria 1.0000000 Virus 0.0000000 Liquid 0.000000 MCQ18 Continental chef is responsible for cooking dishes already planned by a chef Local 0.0000000 Domestic 0.0000000 Nigerian 0.0000000 Foreign 1.0000000

```
MC019
Observation of certain points by a waiter must be taken into consideration when
communicating with people except -----
Marking
1.0000000
Understanding
0.0000000
Repetition
0.000000
Expression
0.0000000
MCQ20
The person who controls banquet functions is -----
Restaurant manager
1.0000000
Supervisor
0.000000
Head waiter
0.0000000
Wine waiter
0.0000000
MCQ21
Restaurant, cafeteria and hotel are types of ............. and .....service.
food and enjoyment
0.000000
motel and lodging
0.000000
dining and wining
0.000000
food and beverage
1.0000000
MCQ22
An accident report form includes all of the following except ------
Name
0.000000
Time
0.0000000
Complexion
1.0000000
Witness
0.000000
MCQ23
Heineken is an example of .....beverage
```

```
1.0000000
non-alcoholic
0.0000000
Stout
0.0000000
coca cola
0.0000000
MCQ24
Communication is an exchange of ideas, .....of minds and feelings
Language
0.000000
Talk
0.000000
Expression
1.0000000
Telling
0.0000000
MC025
The under listed are examples of nutrients except .............
Protein
0.0000000
Mineral
0.000000
Fat
0.000000
Dripping
1.0000000
MCQ26
External muscular activities involves the .....exerted on our body tissues
like carrying load, pushing cars
Internal body
0.0000000
Physical body
0.000000
Stretching
0.0000000
Pressure of force
1.0000000
MCQ27
Salmonella is a type of ..... bacteria.
Intestinal
0.000000
```

Alcoholic

Rough
0.0000000 Food poisoning
1.0000000 Enabling
0.0000000 MCQ28 Enzymes are biologicalthat mediates and regulates metabolic processes of body
Minerals
0.0000000 catalysts
1.0000000 Toxins
0.0000000 Pigments
0.0000000 MCQ29 Side board is made of wood and is used to hold all the equipment required by aduring service of a meal
Manager
0.0000000 Waiter
1.0000000 Supervisor
0.0000000 Chef
0.0000000 MCQ30
Chef de cuisine is noted as the
Restaurant head
0.0000000 Kitchen head
0.0000000 Head of the hotel
0.0000000 Head cook
1.0000000 MCQ31 Reading newspaper, journals or magazines while serving is an indication of lack of
Etiquette

```
1.0000000
Manners
0.0000000
Personality
0.0000000
customer relations
0.000000
MCQ32
Types of training include the following except ......training
out-house
1.0000000
in-house
0.000000
outside-job
0.000000
on-the-job
0.000000
MC033
That human .....are not reflected as the most important factor to consider in
fitting lightning system
Bodies
0.0000000
Faces
0.0000000
Shadows
1.0000000
Figures
0.000000
MCQ34
        _ is defined as deviation from proper feeding (nutrition) or not having
enough to eat
Nutrient deficiency
0.0000000
half nutrition
0.0000000
loss nutrition
0.0000000
Malnutrition
1.0000000
MCQ35
Ceilings are made from ......board, the by-product of softwoods
```

Wooden

0.0000000 Panel

0.0000000 Particles

1.0000000 Hard

0.000000