



NATIONAL OPEN UNIVERSITY OF NIGERIA
14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS
SCHOOL OF LAW
OCTOBER / NOVEMBER 2013 EXAMINATION

COURSE TITLE: Health Education and Health Promotion

COURSE CODE: CHS524

TIME ALLOWED: 3 HOURS

INSTRUCTION: *Answer question one and any other four questions*

1. (a) What are the primary functions of a family unit? (2mks)
(b) Write short notes on the followings:
 - i. Foundation theories of health education. (4mks)
 - ii. Basic principles of learning used in health education practice (4mks)
 - iii. Abraham Maslow's Theory of Motivational Needs (4mks)
2. Health education is the "process of influencing voluntary behavioral change". Discuss. (14mks)
3. Describe the principles and rationale of health education. (14mks)
4. Describe the structure of health education and promotion in 3 categories. (14mks)
5. State and describe the conditions that facilitate learning. (14 marks)
6. (a) List five areas in which socio-cultural practices are firmly established for the child (7 ½ marks)

(b) What are the consequences of these practices on the health of an individual? (6 ½ marks)
7. Explain Godfrey Hochbaum's theory of factors that influence learning process. (14 marks)

