



NATIONAL OPEN UNIVERSITY OF NIGERIA
14-16 AHMADU BELLO WAY, VICTORIA ISLAND LAGOS
SCHOOL OF SCIENCES AND TECHNOLOGY
MAY/JUNE 2012 EXAMINATION

HEM 601 BASICS OF FAMILY EDUCATION (3 CR)

TIME ALLOWED: 3 HOURS

INSTRUCTIONS: Read the questions carefully. You have seven questions to answer five. All questions carry equal marks (20%) each.

- 1a. What is Adolescence? (1mark)
 - b. Give World Health Organization (WHO) definition of adolescence. (1mark)
 - c. Families can be classified in three ways. Name them. (3marks)
 - d. Define a matrilineal family. (1mark)
 - e. Explain the needs of adolescents (14 marks).

2. From the perspective of World Health Organization,
 - a. Who is a youth? (2marks)
 - b. What age groups are referred to as young people? (2marks)
 - c. What is a nuclear family? (2marks)
 - d. Enumerate the aims of family life education programme according to Durojaiye (1976:24). (14marks)

- 3a. Differentiate Constructive education from Preventive education. (4marks)
 - b. What are the objectives of a good family life education programme? (8marks)
 - c. What are behavioural diseases? (2marks)
 - d. Name the major types of behavioural diseases. (6marks)

- 4a. What are the major psychological principles governing physical growth? (5marks)
 - b. Discuss the two types of characteristics associated with adolescent boys. (14marks)
 - c. What are consequences of timing of puberty? (1mark)

- 5a. According to Hilgard, 1971:8, what is sexual behaviour? (1mark)
 - b. Discuss factors that induce people to develop as homosexuals. (15marks)
 - c. What is sexual perversion? (1mark)
 - d. What are the factors that induce sexual perversion? (3marks)

- 6a. What is the relationship between sexual behaviour and food nutrients. (3marks)
 - b. List the motives for sexuality and the benefits derived as listed by Sebald (1987). (10marks)
 - c. Define health according to World Health Organization (WHO) definition. (2mark)
 - d. What are the impulses expressed in pregnancy of an unwedded girl according to Josselyn (1985). (5marks)

7. What is the best age for a woman to have a baby? (1mark)
 - a. What is prevention of unwanted pregnancy called and why? (3marks)
 - b. Discuss methods of preventing unwanted pregnancy? (14marks)
 - c. Describe the most common STD. (2marks).