



# Data Dictionary Codebook

08-02-2024 15:53

#	Variable / Field Name	Field Label <i>Field Note</i>	Field Attributes (Field Type, Validation, Choices, Calculations, etc.)														
Instrument: <b>Form 1</b> (form_1)  Enabled as survey																	
1	[ record_id ]	Record ID	text														
2	[ form_1_complete ]	Section Header: <i>Form Status</i> Complete?	dropdown <table><tr><td>0</td><td>Incomplete</td></tr><tr><td>1</td><td>Unverified</td></tr><tr><td>2</td><td>Complete</td></tr></table>	0	Incomplete	1	Unverified	2	Complete								
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2	Complete																
Instrument: <b>Current Light Mood And Alertness</b> (current_light_mood_and_alertness)  Enabled as survey																	
3	[ ema_light ]	We would like to know about your current light scenario. The choices are the same as in the light exposure diary that you fill in every evening.  Please confirm	radio, Required <table><tr><td>1</td><td>Yes</td></tr></table>	1	Yes												
1	Yes																
4	[ currenttight ]	Select the main light source you are currently exposed to. If you are unsure which one this is, think about it as the biggest and brightest source from which you are receiving light	radio, Required <table><tr><td>L</td><td>Electric light source indoors (e.g.: LED/halogen/fluorescent lamps)</td></tr><tr><td>S</td><td>Electric light source outdoors (e.g.: street lights)</td></tr><tr><td>I</td><td>Daylight indoors (through windows)</td></tr><tr><td>O</td><td>Daylight outdoors (including being in the shade)</td></tr><tr><td>E</td><td>Emissive displays (e.g.: smartphone, laptop etc.)</td></tr><tr><td>D</td><td>Darkness (outdoors and/or indoors)</td></tr><tr><td>W</td><td>Light entering from outside during sleep (e.g.: skyglow, street lights etc.)</td></tr></table>	L	Electric light source indoors (e.g.: LED/halogen/fluorescent lamps)	S	Electric light source outdoors (e.g.: street lights)	I	Daylight indoors (through windows)	O	Daylight outdoors (including being in the shade)	E	Emissive displays (e.g.: smartphone, laptop etc.)	D	Darkness (outdoors and/or indoors)	W	Light entering from outside during sleep (e.g.: skyglow, street lights etc.)
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5	[ check_mixedlight ]	Are you also being exposed to an additional, secondary light source?	yesno, Required <table><tr><td>1</td><td>Yes</td></tr><tr><td>0</td><td>No</td></tr></table>	1	Yes	0	No										
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0	No																

6	[ <b>additional_light</b> ] Show the field ONLY if: [check_mixedlight] = '1'	Please select the additional light source you are currently exposed to	radio, Required <table border="1"> <tr> <td>L</td> <td>Electric light source indoors (e.g.: LED/halogen/fluorescent lamps)</td> </tr> <tr> <td>S</td> <td>Electric light source outdoors (e.g.: street lights)</td> </tr> <tr> <td>I</td> <td>Daylight indoors (through windows)</td> </tr> <tr> <td>O</td> <td>Daylight outdoors (including being in the shade)</td> </tr> <tr> <td>E</td> <td>Emissive displays (e.g.: smartphone, laptop etc.)</td> </tr> <tr> <td>D</td> <td>Darkness (outdoors and/or indoors)</td> </tr> <tr> <td>W</td> <td>Light entering from outside during sleep (e.g.: skyglow, street lights etc.)</td> </tr> </table>	L	Electric light source indoors (e.g.: LED/halogen/fluorescent lamps)	S	Electric light source outdoors (e.g.: street lights)	I	Daylight indoors (through windows)	O	Daylight outdoors (including being in the shade)	E	Emissive displays (e.g.: smartphone, laptop etc.)	D	Darkness (outdoors and/or indoors)	W	Light entering from outside during sleep (e.g.: skyglow, street lights etc.)
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7	[ <b>currentmood</b> ]	Now we would like to know about your current mood. Please rate to what extent the following words describe your current mood.  Please confirm	radio, Required <table border="1"> <tr> <td>1</td> <td>Yes</td> </tr> </table>	1	Yes												
1	Yes																
8	[ <b>anxious</b> ]	Anxious	radio, Required <table border="1"> <tr> <td>0</td> <td>Not at all</td> </tr> <tr> <td>1</td> <td>Slightly</td> </tr> <tr> <td>2</td> <td>Somewhat</td> </tr> <tr> <td>3</td> <td>Moderately</td> </tr> <tr> <td>4</td> <td>Quite a bit</td> </tr> <tr> <td>5</td> <td>Very much so</td> </tr> <tr> <td>6</td> <td>Extremely</td> </tr> </table>	0	Not at all	1	Slightly	2	Somewhat	3	Moderately	4	Quite a bit	5	Very much so	6	Extremely
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9	[ <b>elated</b> ]	Elated	radio, Required <table border="1"> <tr> <td>0</td> <td>Not at all</td> </tr> <tr> <td>1</td> <td>Slightly</td> </tr> <tr> <td>2</td> <td>Somewhat</td> </tr> <tr> <td>3</td> <td>Moderately</td> </tr> <tr> <td>4</td> <td>Quite a bit</td> </tr> <tr> <td>5</td> <td>Very much so</td> </tr> <tr> <td>6</td> <td>Extremely</td> </tr> </table>	0	Not at all	1	Slightly	2	Somewhat	3	Moderately	4	Quite a bit	5	Very much so	6	Extremely
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11	[ <b>angry</b> ]	Angry	radio, Required <table border="1"> <tr><td>0</td><td>Not at all</td></tr> <tr><td>1</td><td>Slightly</td></tr> <tr><td>2</td><td>Somewhat</td></tr> <tr><td>3</td><td>Moderately</td></tr> <tr><td>4</td><td>Quite a bit</td></tr> <tr><td>5</td><td>Very much so</td></tr> <tr><td>6</td><td>Extremely</td></tr> </table>	0	Not at all	1	Slightly	2	Somewhat	3	Moderately	4	Quite a bit	5	Very much so	6	Extremely
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14	[ <b>kss_instr</b> ]	<p>Now we would like to know about your sleepiness.</p> <p>Please confirm</p>	radio, Required <table border="1"> <tr><td>1</td><td>Yes</td></tr> </table>	1	Yes												
1	Yes																
15	[ <b>kss</b> ]	Please rate your sleepiness in the last 5 minutes	radio, Required <table border="1"> <tr><td>1</td><td>Extremely alert</td></tr> <tr><td>2</td><td>Very alert</td></tr> <tr><td>3</td><td>Alert</td></tr> </table>	1	Extremely alert	2	Very alert	3	Alert								
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16	[ <b>uuid_4</b> ]	Section Header: <i>MyCap App Fields - Do Not Modify</i> UUID	text Field Annotation: @MC-TASK-UUID														
17	[ <b>startdate_4</b> ]	Start Date	text Field Annotation: @MC-TASK-STARTDATE														
18	[ <b>enddate_4</b> ]	End Date	text Field Annotation: @MC-TASK-ENDDATE														
19	[ <b>scheduledate_4</b> ]	Schedule Date	text Field Annotation: @MC-TASK-SCHEDULEDATE														
20	[ <b>status_4</b> ]	Status	dropdown <table><tr><td>0</td><td>Deleted</td></tr><tr><td>1</td><td>Completed</td></tr><tr><td>2</td><td>Incomplete</td></tr></table> Field Annotation: @MC-TASK-STATUS	0	Deleted	1	Completed	2	Incomplete								
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21	[ <b>supplementaldata_4</b> ]	Supplemental Data (JSON)	notes Field Annotation: @MC-TASK-SUPPLEMENTALDATA														
22	[ <b>serializedresult_4</b> ]	Serialized Result	file Field Annotation: @MC-TASK-SERIALIZEDRESULT														
23	[ <b>current_light_mood_and_alertness_complete</b> ]	Section Header: <i>Form Status</i> Complete?	dropdown <table><tr><td>0</td><td>Incomplete</td></tr><tr><td>1</td><td>Unverified</td></tr><tr><td>2</td><td>Complete</td></tr></table>	0	Incomplete	1	Unverified	2	Complete								
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