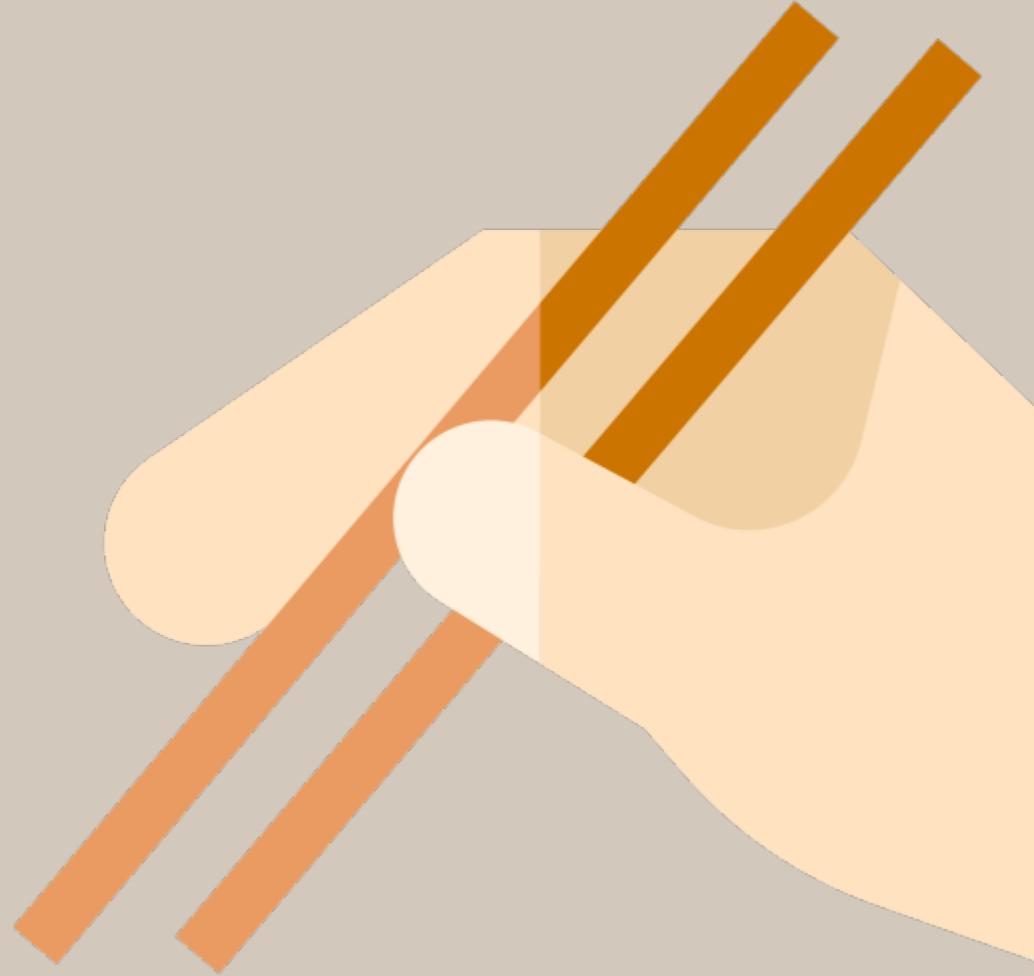
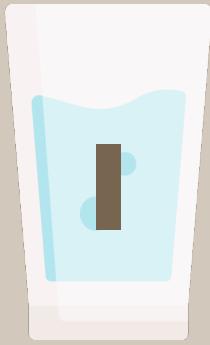


SOME BIZZARE
TAIWANESE CUSINE
YOU SHOULD TRY!







Vegetarian



Ovo- vegetarian



Carnivore (with pork!)

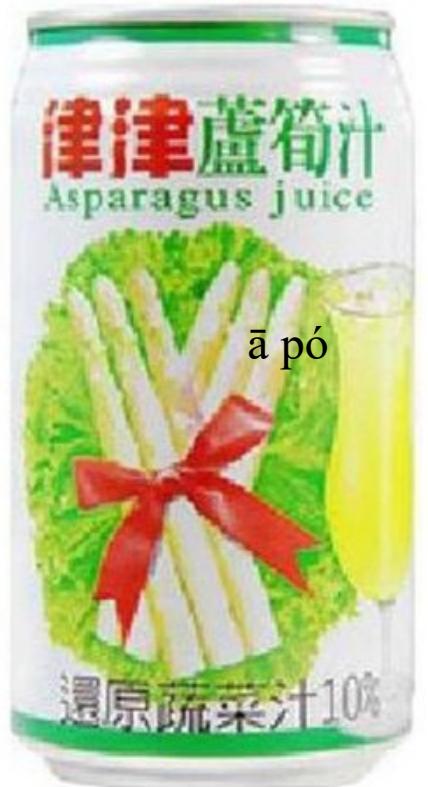
Asparagus

juice

蘆筍汁 lú sǔn zhī



Asparagus juice 蘆筍汁 lú sǔn zhī



shorturl.at/ikno6

The 1970s :
Top 1 in the
production of
asparagus can

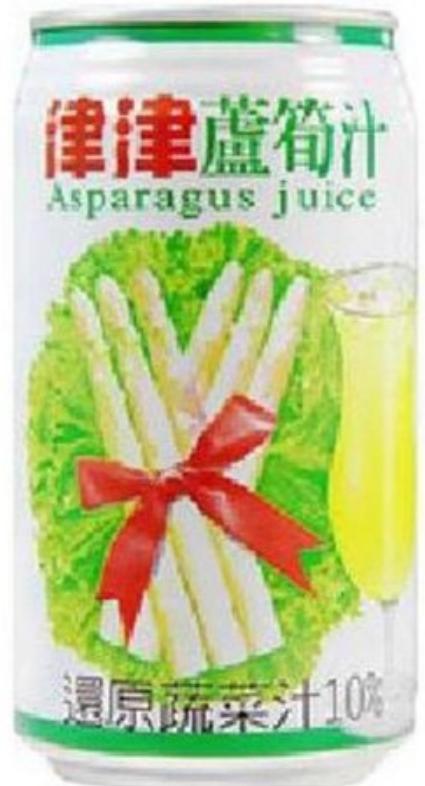


The leftover was used
for producing
asparagus juice

shorturl.at/hkwV6

shorturl.at/VWZ15

Asparagus juice 蘆筍汁 lú sǔn zhī ✓



One of the most
popular drinks
before



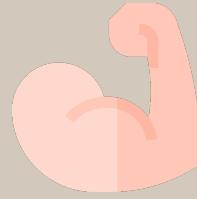
Where you can find:
Convenience stores, supermarkets,
some vending machines

2

Iron

egg

鐵蛋 tiě dàn





Iron egg 鐵蛋 tiě dàn



Origin: Tamsui (New Taipei City)





Iron egg 鐵蛋 tiě dàn



**Where you can find:
Convenience stores and
supermarkets**



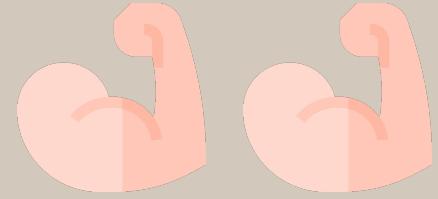
阿婆鐵蛋
ā pó tiě dàn



3

Pig intestines in herbal soup

四神湯 sì shén tāng



Pig intestines in herbal soup



四神湯 sì shén tāng



Pig small
intestines

Job's tear

Chinese yam

*Dioscorea
polystachya*

lotus seed

*Euryale
ferox*

Poria



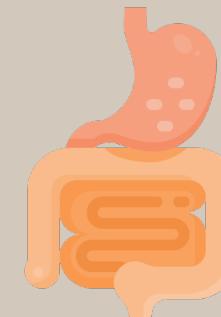


Pig intestines in herbal soup



四神湯 sì shén tāng

Efficacy



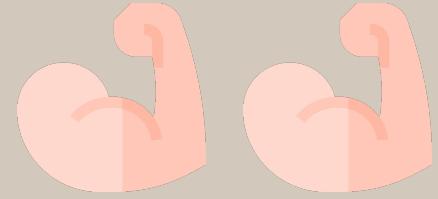
Where you can find:
In some night markets



4

Pig blood cake

豬血糕 zhū xiě gāo

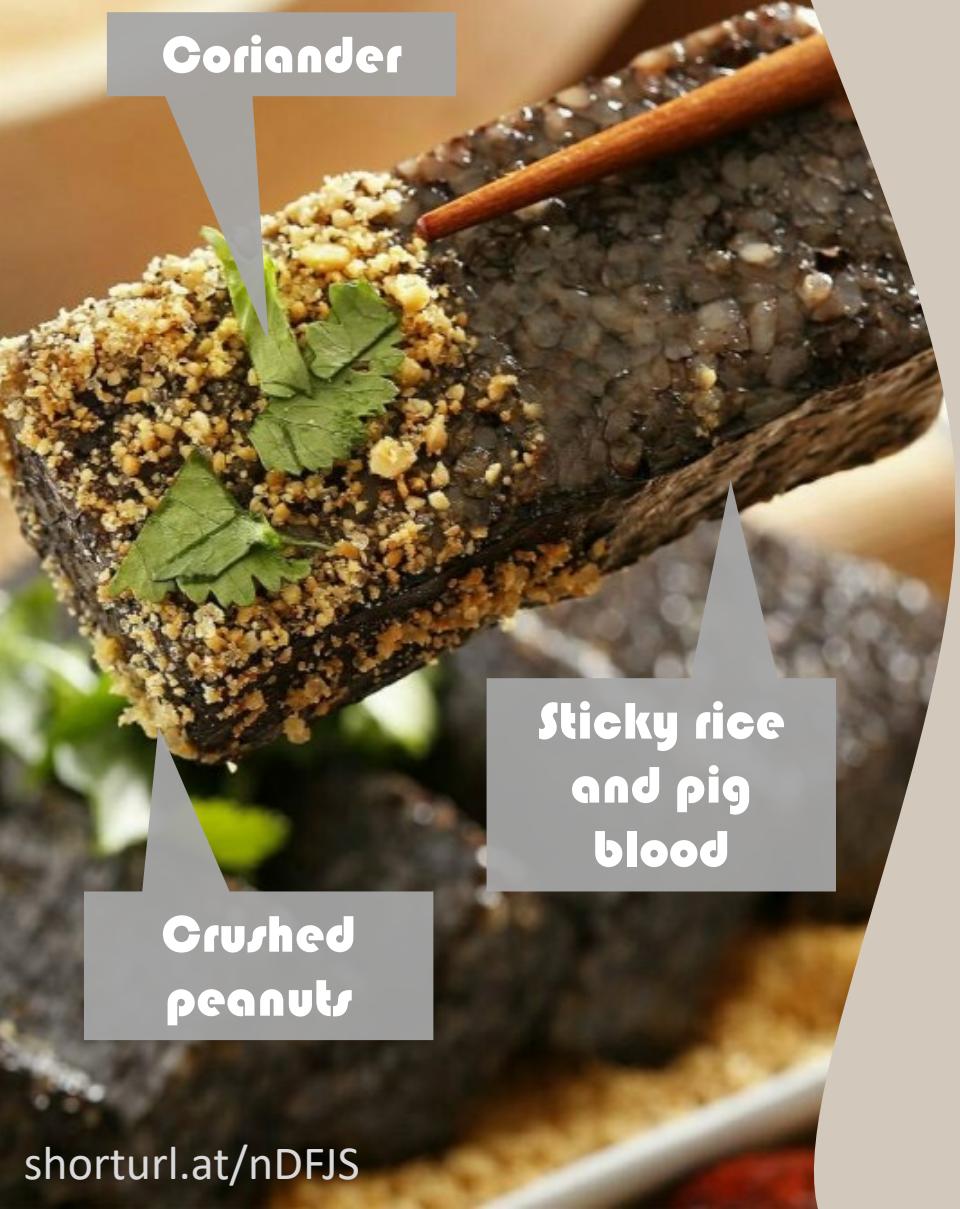


Pig blood cake



豬血糕 zhū xiě gāo

Coriander



Crushed
peanuts

Sticky rice
and pig
blood

Braised

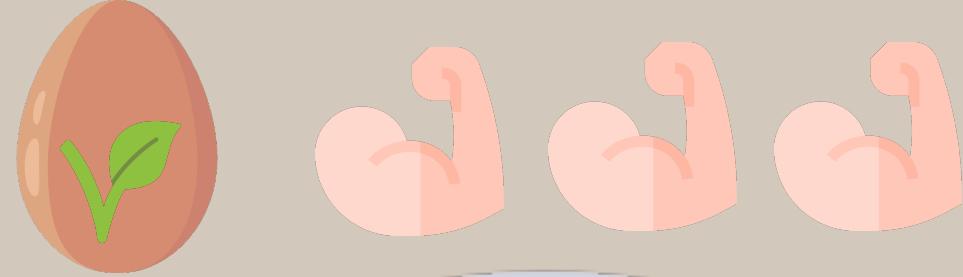


Shredded
ginger
Soy sauce

Where you also can find:

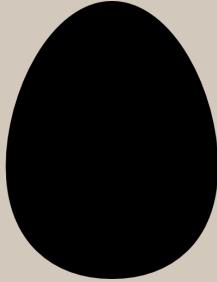


5
Century
egg
皮蛋 pí dàn



Century egg

皮蛋 pí dàn



Duck egg



Clay & ash Salt



Rice hull



With congee

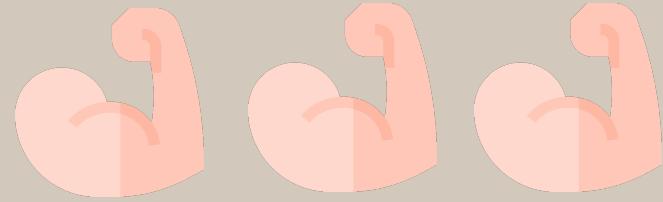


With tofu

6

stinky
tofu

臭豆腐 chòu dòu fǔ

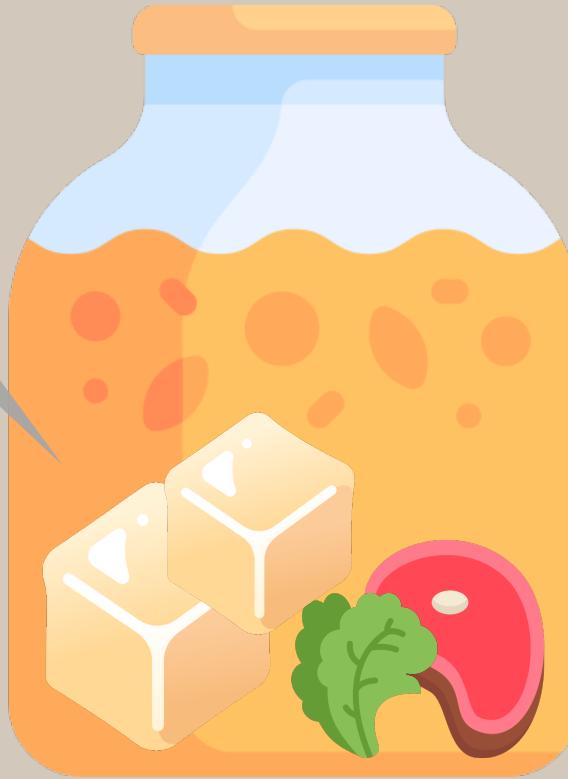




Stinky tofu 臭豆腐 chòu dòu fǔ



Brine



Fermentation for several month



stinky tofu 臭豆腐 chòu dòu fǔ



Steamed



fried



Stewed



orturl.at/exyOP



**Thanks for your
COURAGE!!!**

