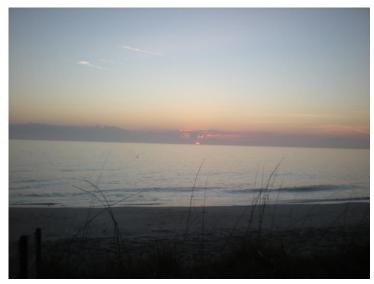
Colleen Ryan, MA Biblical Counselor 224-424-0478

"Do not fear, for I have redeemed you. I have called you by name, you are mine." Isaiah 43:1b



Welcome!

I'm thankful for the opportunity that I have to provide you with comfort, guidance and solutions to your problems using God's word. In order to be clear about the counseling procedures please read the following information and indicate your agreement by signing your name and the date at the end of this document.

What is Biblical Counseling?

Biblical Counseling, in it's simplest form, is taking truths and principles from God's word and applying them to our lives. Interestingly enough, God's word has a lot to say about anger, anxiety, depression, relational & marriage issues as well as a host of other topics that we wrestle with. As we dig into His word, we'll be able to identify what's in your heart: Anger? Hurt? Disappointment? Unmet expectations? For your outward behavior is a manifestation of what's going on in your heart. It's a process but if you're willing to work through it and grow you'll discover hope and healing from God's word.

Are counseling sessions kept confidential?

The Bible clearly states that gossip is wrong. Therefore, I will not release information about particular counselees except in a few situations required by the Bible or by the mandated reporting laws of our state. Those situations are: (1) when someone is in danger of harming themselves or others, (2) when there is an allegation of physical or sexual abuse and/or neglect, or (3) when someone persistently refuses to stop a sinful pattern and it is necessary to seek assistance from their church to encourage proper change (see Matthew 18:15-20 and Romans 13:1-7).

What is the fee for Biblical Counseling?

I charge \$75 for a 50-minute session. I realize that each of us go through challenging financial seasons of life, so therefore I'm will to offer a sliding scale. Please don't hesitate to ask about it. I'm not currently in any insurance network, but some insurance companies will reimburse for Biblical Counseling so please consult with your insurance provider for their proper procedures.

What if I miss an appointment?

I don't charge a cancelation fee as long as you cancel 24 hours prior to your appointment. I understand that life situations come up and sometimes that's not possible. But it is essential that you notify me as soon as possible. If this becomes a continuous issue, then you will be charged a 50% cancellation fee that you are expected to pay.

them.	
Signed:	Date:
Signed:	Date:

I have read and I understand the policies stated above, and I consent to abide by

My office is at Longmeadow Community Church 28566 N. Lemon Road Mundelein, IL 60060

Personal Data Inventory

9. Age:
9. Age:
9. Age:
vorced □ Remarried □ Widow raduate □ Degree:
raduate 🗆 Degree:
plain:
ounger brothers: Sisters:
Age:
Education:
s 🗆 No
Io Uncertain
: Till:
Wedding Date:
engagement:
f

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27. Have you ever had any psychotherapy or counseling before? ☐ Yes ☐ No								
If yes, list counselor or therapist and dates:								
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		□ ir □ ca □ ir □ ir	npu alm ntro nfle	ilsive vert xible	ent		moody serious extrovert submissive	 □ anxious □ often sad □ easy going □ likeable □ sensitive
	Yes			No				
	Yes			No				
	Yes			No				
	Yes			No				
	Yes			No				
	Yes			No	Reason:			
slee	p do	you	get	each 1	night? _			_
33. When do you go to sleep at night? When do you get up?								
∃ G	ood	□ A	ver	age □	l Declining	g [Other	
	_			Heigh	nt		_	
					Gained			
llne	sses,	injur	ies,	, or ha	ndicaps:			
		W	Vha	t was	the report?	·		
	ds v	ds which ds which Yes Yes Yes Yes Great Good Ilnesses,	ds which best ds which best ses: ds which best ses compared to ses compared t	ds which best deaders: ds which best deaders: self of impure calment introunce inflet introus Yes Yes Yes Yes Yes Yes Yes Sleep do you get Good Average Ilnesses, injuries,	ds which best describe self confid impulsive calm introvert inflexible bitter Yes	ds which best describe you now: self confident impulsive calm introvert inflexible bitter Yes	ds which best describe you now: self confident mpulsive calm introvert mflexible ms No yes No Height Mendo yes Gained Height Gained Mendo yes Mandicaps:	ds which best describe you now: self confident

39. Name and address of your physician:
40. Are you presently taking medication? ☐ Yes ☐ No What
41. Have you used drugs for other than medical purposes? ☐ Yes ☐ No What
42. Are you willing to sign a release of information form so that your counselor may write for social,
psychiatric, or medical reports? ☐ Yes ☐ No
Religious Background
43. Denominational preference:
44. What church do you attend? City:
45. Who is your pastor
46. May we contact your pastor for background information? \Box Yes \Box No
47. What is the number of church services you attend per month? (circle)
0 1 2 3 4 5 6 7 8 9 10 10+
48. Church attended in childhood:
49. Have you been baptized? □ Yes □ No
50. Religious background of spouse:
51. Do you believe in God? ☐ Yes ☐ No ☐ Uncertain
52. Do you pray to God? ☐ Yes ☐ No ☐ Occasionally
53. Have you come to the place in your spiritual life where you can say that you know for certain that if
you were to die today you would go to heaven? ☐ Yes ☐ No ☐ Uncertain
54. Suppose you died today and God asked you "Why should I let you into my heaven?" What would
you say?
55. Are you saved? □ Yes □ No □ Uncertain
56. How much do you read the Bible? □ Often □ Never □ Occasionally
57. Does your family regularly read the Bible and pray together?□ Yes □ No
58. Explain any recent changes in your religious life, if any?

Five Basic Questions

Briefly answer the following questions:
1. What are the issues you are struggling with?
2. What have you done about it?
3. What do you want us to do? (What are your expectations in coming here?)
4. What brings you here at this time?
5. Is there any other information we should know?