

About Bliss

HEALTHY WELL-BEING

Our Massage Therapists specialized in corrective care here at Bliss Bodyworks and Medspa, we put your needs first so you feel better as soon as possible. Society is depending more on assistance from licensed massage practitioners to relieve and improve health problems such as stress, aching muscles, arthritis, circulation, migrane, headaches, sports injuries and so much more....

Other Services

Chair Massage & Events

Providing the amazing benefit of workplace chair massage, 5K run, triathlons, conventions, and events. Corporate wellness is our specialty! We pride ourselves on facilitating a fun, relaxing Chair Massage experience for every employee, manager and event organizer from start to finish. Call to book a chair massage for the office or event.

CUPPING THERAPY

Cupping therapy is one of many tools we use in our medical practice. During the 2016 Olympics, many world top athletes were spotted having cup marks from using cupping therapy. Cupping is most commonly known to treat stiff muscle or muscle fatigue from over-exercising. **\$20**

Stretching

If your muscles are tight or your joints have limited range of motion, consider incorporating assisted isolated stretching into your massage session. When combined with regular massage, stretching can help work the area more effectively with less restriction. In addition to alleviating strain on your joints, stretch massage has other benefits, including:Enhanced flexibility, Improved posture, Increased range of motion and provides better circulation to the tissue.

25 min.....\$25.00

50 min.....\$50.00

Where St. Pete Goes to Get Away



It's Not Just A MASSAGE....

It's A SOLUTION!



HOURS

Monday-Friday

9 am-7pm

Sat

10 am-6 pm

Sun

By Appointment Only

727.685.5812

6837 4th St. N.

St. Petersburg FL 33702

BlissMassageStPete.com

Where St. Pete Goes to Get Away



**ADVANCED MEDICAL MASSAGE,
SPORTS MASSAGE AND WELLNESS**



MM 37439

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BlissMassageStPete.com

NO CONTRACTS - NO MONTH TO MONTH BILLING - NO HASSLE



Founders Sarah and Antonio

Mission Statement

We are dedicated to helping our community with excellence in massage bodywork and relaxation needs, to provide quality work and superior service, to educate and improve the well-being of those individuals who seek the best treatment possible.

Therapists Who Care

In order to provide you with the best experience, here at Bliss Bodyworks and MedSpa St. Pete, FL we have hired and trained the "TOP" therapists in the Bay area. We improve the well-being of those individuals who seek the best treatment possible. Our massage therapists can assess your needs so you get the perfect massage you'll love.

Weekly Specials!

INTRODUCTORY MASSAGE!

Receive \$20 OFF Your First Visit.

May not be combined with any other offers or specials or promotions. Limited time offer. Sessions are 50 min, hands-on with the additional time for consultation and dressing.

MANIC MONDAY!

Receive an extra 15% OFF all current massage specials.

All Day! 60 min, 90 min, & 2HR

TUNE UP TUESDAYS

Receive an extra \$20 OFF our current special price for a 90 min. Customized Massage.

(Reg. \$119)

*Special prices are subject to change to change and cannot be combine with any other offer, special or promotions. Call for price information.

Relaxation Massage

Our relaxation massage is a full body treatment with gentle slow rhythmical strokes thru out the body. During this session there will not be any specific work or emphasis on working out knots, trigger points, adhesions and/or performing stretching nor myofascial release.

1 HOUR \$35 90 MINUTES \$ 70

****May not be combined with any other offers, specials or promotions. ****

*Price is a set price for our "Relaxation Massage" Treatment. *Sessions are 50 min or 80min Hands on with additional time for consultation and undressing/dressing.

Customized Massage Services

1 HOUR.....\$69

- Customized to address any problem areas.
- 50 min hands-on full body massage of your choice.
- Includes time for full body massage or a focused area.
- Ideal for mild pain, stress and relaxation.

1 1/2 HOUR.....\$119

- Allows time for full body massage plus dedicated relief of key areas that cause tension, stress, and pain.
- Includes assessment, and treatment.
- Great for those who want to maintain their body.

2 HOUR.....\$139

- Ample time for full body massage, various modalities and dedicated relief of chronic stress or pain.
- Ideal for chronic stress, tension and/or pain.

1 1/2 HOUR COUPLES MASSAGE.....\$99 Per Person

Kick back and get away with a friend or loved one with our Couple's Massage. Two people can enjoy their massage experience together, side by side in our couple's room. A perfect way to enjoy some quality time together.

Specialty Massages

MANUAL LYMPHATIC DRAINAGE (1 HOUR).....\$175

PRE-/POST-NATAL (1 1/2 Hour).....\$175

CRANIALSOMATIC THERAPY (1 Hour).....\$175

REIKI (1 Hour).....\$175