



# North Star Wellness

Motto : You reap what you sow

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## Kansa

### Stress buster classes

*For fun loving people*

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Kansa & Bimbola  
methodologies are based on  
35 years of real life research

## Bimbola

### Peace of mind classes

*For peace loving people*

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Hourly & Monthly classes  
Fees : Rs 1,950 to Rs 24,000  
5% discount code : RDS+101

## Conducted by Raj kumar D. Senthil ( RK )

Engineer, Philosopher, Researcher, Teacher, C-Level Executive

Author of the book " Five days in the blue mountains "

Creator of Bimbola and Kansa methodologies

**Register Now**

paramnadi@protonmail.com  
<https://paramnadi.github.io>

**In-person & Online Classes**

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