

## PEDIATRIC CARDIAC PC-04

# HYPOTHERMIC INDUCED ARREST

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History and Physical:	
Historical Findings	Physical Findings
<ul> <li>Medical etiology</li> </ul>	<ul><li>Pulseless</li></ul>
	<ul><li>Agonal respirations; apnea</li></ul>
	<ul> <li>Environmental evidence of hypothermia</li> </ul>
	<ul> <li>EKG Findings: any pulseless rhythm</li> </ul>

## **Assessment:**

- Cardiac Assessment
- Core temperature

Clinical Management Options:	
Interventions	Pharmacology
<ul> <li>Continuous CPR         <ul> <li>BVM ventilation with warm 100% O<sub>2</sub></li> <li>humidified</li> <li>ResQPOD if appropriate</li> <li>Maintain open airway OPA</li> </ul> </li> <li>Intubation</li> <li>Vascular Access – Utilize Warm IVF</li> <li>Warm patient         <ul> <li>Remove wet clothing</li> <li>Heat packs to arm pits and groin</li> </ul> </li> <li>If V-fib         <ul> <li>Biphasic defibrillation x1</li> </ul> </li> </ul>	<ul> <li>Refer to appropriate Clinical Guideline for Medication Reference, based on EKG Rhythm.</li> </ul>

#### **Consult:**

None

## **Considerations:**

Do not repeat defibrillation and do not medicate if temperature is below 85°F

## **Additional Information:**

#### **Defibrillation Reference**

- Defibrillations in progressive order
  - o 2 j/kg
  - o 4 j/kg
  - o 4 j/kg
- NO pulse checks or resumption of CPR in between; UNLESS THERE IS CONVERSION