

## ADULT RESPIRATORY AR-01

## **RESPIRATORY ASSESSMENT**

Page 1 of 1 Last Revision: 04/03/2017

History and Physical:								
Historical Findings	Physical Findings							
<ul> <li>Use of inhaled medications, steroids, diuretics,</li> </ul>	<ul><li>Dyspnea, tachypnea</li></ul>							
antihypertensive medications	<ul><li>Cyanosis</li></ul>							
<ul><li>Smoking</li></ul>	<ul><li>Clubbing</li></ul>							
<ul><li>Fever</li></ul>	<ul><li>Edema (pulmonary, pedal, ascites, pre-sacral)</li></ul>							
<ul><li>Productive cough</li></ul>	<ul><li>Wheezing, rales, rhonchi, absent/decreased</li></ul>							
<ul><li>Recent surgery</li></ul>	breath sounds, stridor							
	Chest pain							
	<ul><li>Bronchoconstriction</li></ul>							
	<ul><li>Jugular Venous Distention (JVD)</li></ul>							

## Assessment:

- C.A.B.C.
- Secondary Assessment
- Vital Signs (orthostatic)
- BGL
- Temperature
- Lung sounds
- GCS
- OPQRST
- ASPN
- SAMPLE

	Breath sounds	Effort	Edema	Cough	Onset	History	Medications	SpO2	EtCO2	JVD	Vitals
CHF	Rales, possible wheezing	Labored	Maybe	Clear, white or blood tinged sputum	Sudden	HTN, Cardiac, CHF	K-Dur, Lasix, Lanoxin	ļ	1	Maybe	Irregular HR (a-fib), ↑ BP
COPD	Wheezing, could be silent	Barrel chested, tripod	No	Productive, Sputum	Chronic	COPD	Bronchodilato rs, Steroids	ļ	1		
Asthma	Wheezing, could be silent	Grunting, retractions, gasping	No	Productive, Sputum	Acute	Asthma	Bronchodilato rs, Steroids	↑ early ↓ late		No	
Pneumonia	Rales, possible wheezing, congestion	Pleuritic pain		Productive, Yellow- green	Over several days	General sickness, fatigue, fever	Various			No	
Pulmonary Embolis	Crackles, wheezes?	Pleuritic pain	Maybe	Maybe	Sudden	recent surgery, bed ridden		ļ	Ţ	Maybe	↓ BP ↑HR
Allergic Reactions	Wheezing	Stridor, Shallow	Maybe	Maybe	Sudden	New medication, insect sting/bite		ļ			↓ BP ↑HR
Hyperventilation	Clear	Carpapedal spasms, chest pain			Sudden	No significant medical history		Ť	Ţ		
Cardiac event	possible wheezes					Cardiac, Bypass surgery, possibly none					
Mass (tumor, FBAO, etc)	Unilateral										