



**ADULT RESPIRATORY  
AR-06**

**RESPIRATORY DISTRESS**

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Last Revision:  
01-04-2019

**History and Physical:**

Historical Findings	Physical Findings
<ul style="list-style-type: none"><li>Respiratory history</li><li>New onset</li></ul>	<ul style="list-style-type: none"><li>Dyspnea without a clear etiology</li><li>Abnormal breath sounds</li></ul>

**Assessment:**

- Respiratory Assessment
- Differential Diagnoses: MI, COPD/CHF, Asthma, Pneumonia, Pulmonary Embolism

**Clinical Management Options:**

Interventions	Pharmacology
<ul style="list-style-type: none"><li>Oxygen therapy as appropriate</li><li>Optimize oxygenation/ventilation</li><li>Vascular Access</li><li>EKG</li><li>Noninvasive ventilation</li></ul>	<ul style="list-style-type: none"><li><b>Albuterol</b> 2.5 mg PRN</li></ul>

**Consult:**

- Consider DSI