

ADULT OBSTETRICAL OB-03

PRE-ECLAMPSIA/ TOXEMIA

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History and Physical:	
Historical Findings	Physical Findings
 Gravid female with intra-uterine pregnancy 	Persistent hypertension of systolic of > 140
with greater than 20 weeks gestation	and/or diastolic of > 90
	One or more of
	 Peripheral edema
	 Nausea/vomiting
	o Headache

Assessment:

- OB Assessment
- Differential Diagnoses: HTN Emergency, Pre-Eclampsia, Intracranial Hemorrhage

Clinical Management Options:	
Interventions	Pharmacology
 Oxygen therapy as appropriate Vascular Access Place patient in left lateral recumbent position 	 Nausea/Vomiting Management Magnesium sulfate 2 G infusion Mix 2 G in 100 ml NS and infuse over 10 minutes using pump May be repeated x 1 Labetalol 10 mg SLOW IV/IO If hypertension persists refractory to magnesium sulfate

Considerations:

Outside sensory stimulation should be minimal