

ADULT MEDICAL AM-08

MALNUTRITION/ DEHYDRATION

Page 1 of 1 Last Revision: 01-31-2017

History and Physical:	
Historical Findings	Physical Findings
Recent illness	Poor skin turgor
Poor nutrition	Dizziness
Anorexia	 Compensated hypovolemia – normotension
Alcohol abuse	and tachycardia
	 Decompensated hypovolemia – hypotension
	and tachycardia

Assessment:

- Medical Assessment
- Differential Diagnoses: Weakness, Infection, Infarction, CNS Toxins, Pregnancy
- Shock Index

Clinical Management Options:	
Interventions	Pharmacology
 Oxygen therapy as appropriate Vascular Access Fluid bolus PRN Assess for pulmonary edema 	 Nausea/Vomiting Management Thiamine 100mg IV/IO/IM

Consult:

None

Considerations:

Contact APS for suspected abuse/neglect: 1-800-252-5400 or https://www.txabusehotline.org