



**ADULT ENVIRONMENTAL
AE-02**

**COLD RELATED
EMERGENCY**

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Last Revision:
01-31-2017

History and Physical:

Historical Findings	Physical Findings
<ul style="list-style-type: none">Immersion or exposure to cold temperatures	<ul style="list-style-type: none">Core temperature < 96°FShiveringAMSCyanosis

Assessment:

- Environmental Assessment

Clinical Management Options:

Interventions	Pharmacology
<ul style="list-style-type: none">Oxygen therapy as appropriatePrevent further heat lossPassive rewarmingRemove wet clothing<ul style="list-style-type: none">Warm blanketsWrap heat packs and apply to axillary and groin regions3-Lead EKG12-Lead EKGVascular Access<ul style="list-style-type: none">Use warm IV fluids	

Consult

- None

Considerations:

- Refer to hypothermic cardiac arrest if applicable