

# **ADULT MEDICAL AM-04**

## STROKE/CVA

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istory and Physical:	
Historical Findings	Physical Findings
■ Time of onset	<ul><li>AMS</li></ul>
	<ul><li>Hypertension</li></ul>
	<ul><li>Unilateral weakness</li></ul>
	<ul><li>Paralysis</li></ul>
	<ul> <li>Facial drooping</li> </ul>
	<ul><li>Ataxia</li></ul>
	<ul><li>Aphasia/dysphasia</li></ul>
	<ul><li>Headache</li></ul>
	<ul> <li>Visual disturbance</li> </ul>

#### Assessment:

- **Medical Assessment**
- **Neurological Evaluation**
- Differential Diagnoses: Hypo/hyperglycemia, Seizure, Electrolyte Imbalance, Toxins, Trauma

Clinical Management Options:		
Interventions	Pharmacology	
<ul> <li>General Therapies as Appropriate</li> <li>Oxygen therapy as appropriate</li> <li>Vascular Access</li> <li>For Systolic B/P &gt; 185 mmHg and/or Diastolic B/P &gt; 110 mmHg, reassess B/P</li> <li>Rapid transport to appropriate facility with head of stretcher at 15 degrees</li> <li>Call "Stroke Alert" — Contact receiving facility and report patient status (MUST REPORT</li> </ul>	<ul> <li>Nausea/Vomiting Management</li> <li>Pain Management (Avoid Ketorolac)</li> <li>Labetalol 10 mg over 2 minutes IV/IO         <ul> <li>If systolic &gt;185 or diastolic &gt; 110</li> <li>May repeat x 1 q 15 minutes if B/P remains &gt; 185/110</li> </ul> </li> </ul>	
WHEN THE PATIENT WAS LAST KNOWN WELL)		

### **Considerations:**

- It is important to remember that an elevated blood pressure may cause a stroke or it may be the result of a stroke. You should always consider that overly aggressive management of the blood pressure may decrease perfusion to the brain due to the ischemia present.

  TITRATE TO A 10% SYSTOLIC BP REDUCTION



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Pre-hospital Bundle

Pre-Arrival Instructions
 Prepackaging Instructions
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 Verbalize Stroke Assessment to EMS/FD

 RECOGNIZE: Stroke Assessment Tool to Identify Stroke
 RULE OUT: BGL, Sepsis, Seizure, Toxins
 RANK: Severity Assessment Tool
 REPORT: Stroke Alert, Stroke Severity, LKW, ETA to Destination Hospital

 ROLL OUT: Treatment Protocol (En Route)
 Consider Beta Blockers if SBP >185mmHG

