

# ADULT CARDIAC ARREST ACA-02

### **ASYSTOLE**

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History and Physical:	
Historical Findings	Physical Findings
■ Medical etiology	<ul><li>Pulseless and apneic</li></ul>
	<ul> <li>Asystole confirmed in two or more leads</li> </ul>
	<ul><li>Determine if resuscitation is medically</li></ul>
	inappropriate
	<ul> <li>Normothermic with rigor-mortis</li> </ul>
	<ul> <li>Injuries incompatible with life</li> </ul>
	<ul> <li>Decomposition</li> </ul>
	o Lividity
	<ul> <li>Pulseless, apneic patients in multiple</li> </ul>
	casualty situations
	<ul> <li>Proper DNR documentation</li> </ul>

#### **Assessment:**

Cardiac Assessment

Perform at least 20 minutes of quality compressions (verified by CPR feedback device if available) prior to moving patient unless environment is unsuitable.

## DO NOT INTERRUPT COMPRESSIONS FOR ALS PROCEDURES

Interventions	Pharmacology
Pit-Crew CPR	■ Epinephrine 1:10,000 or 1:1,000 1mg IV/IC
	<ul> <li>May repeat x 1 q 3-5 minutes</li> <li>Emphasis on early administration</li> <li>If utilizing 1:1,000 dilute 1:10 with NS</li> </ul>

#### **Consult:**

 After 20 minutes of high quality CPR with ALS interventions, consider Medical Termination Procedure. Decision should be based on responsiveness to intervention and ETCO<sub>2</sub>

## **Considerations:**

- CONSIDER Hs & Ts EARLY!
- Naloxone if suspected overdose
- Calcium and sodium bicarbonate if suspected hyperkalemia
- Sodium Bicarbonate for suspected toxins
- Remember that ETCO<sub>2</sub> < 10 is highly predictive of a non-survivable state
- Consider Ultrasound prior to termination.