



**ADULT RESPIRATORY
AR-03**

RESPIRATORY DISTRESS

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Last Revision:
11/28/2018

History and Physical:

Historical Findings	Physical Findings
<ul style="list-style-type: none">▪ Significant respiratory history▪ New onset▪ History of COPD, asthma, pneumonia	<ul style="list-style-type: none">▪ Dyspnea without a clear etiology▪ Abnormal breath sounds▪ Wheezing▪ Prolonged expiratory phase

Assessment:

- Respiratory Assessment

Clinical Management Options:

Interventions	Pharmacology
<ul style="list-style-type: none">▪ O₂ via most appropriate method▪ Optimize oxygenation/ ventilation	<ul style="list-style-type: none">▪ May assist patient with prescribed Albuterol treatment via MDI▪ Albuterol 2.5 mg nebulized. May repeat 2 times.