

## ADULT ENVIRONMENTAL AE-03

## **DROWNING**

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History and Physical:	
Historical Findings	Physical Findings
<ul> <li>Water submersion without cardiopulmonary</li> </ul>	<ul><li>Dyspnea, difficulty breathing</li></ul>
arrest and without evidence of hypothermia	

## Assessment:

Environmental Assessment

Clinical Management Options:	
Interventions	Pharmacology
<ul><li>Remove from water</li></ul>	
<ul> <li>Oxygen therapy as appropriate</li> </ul>	
<ul><li>Intubate if patient is unconscious, or in</li></ul>	
respiratory distress	
<ul> <li>External warming if indicated</li> </ul>	
<ul> <li>Vascular access as indicated</li> </ul>	
■ CPAP 5-10 cmH <sub>2</sub> O	
<ul> <li>Tracheal suctioning via ETT</li> </ul>	
■ PEEP usage during ventilation 5-10 cmH <sub>2</sub> O	

## **Consult:**

Consider DSI