

## ADULT MEDICAL AM-17

## **HYPERKALEMIA**

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Historical Findings	Physical Findings
History of renal failure/dialysis	<ul><li>General weakness</li></ul>
<ul><li>Severe hyperglycemia/DKA</li></ul>	<ul><li>Nausea/Vomiting</li></ul>
Excited Delirium Syndrome	■ AMS
	<ul> <li>Can progress to hemodynamic instability</li> </ul>

## **Assessment:**

- Medical Assessment
- Differential Diagnoses: Ventricular tachycardia, ACS/MI, Overdose, Withdrawals, Unknown Etiology
- Classic ECG changes seen in hyperkalemia are peaked T waves, QRS widening or unstable bradycardia
- Initiation of treatment requires CLINICAL CONCERN <u>AND</u> ECG CHANGES

Clinical Management Options:	
Interventions	Pharmacology
■ ECG	■ Calcium Chloride 1gm IV/IO
<ul> <li>Vascular access</li> </ul>	■ Sodium Bicarbonate 100mEq IV/IO
	<ul> <li>Albuterol 2.5mg continuously</li> </ul>
	o Max 15mg

## **Considerations:**

 Continuously monitoring EKG and anticipate cardiac arrest. Repeat 12-lead 5 minutes after medication administration