

ADULT MEDICAL AM-02

ALLERGIC REACTION

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History and Physical:	
Historical Findings	Physical Findings
Previous history	Mild Reaction
■ Exposure to allergen	 Contact dermatitis (rash) and/or urticaria (hives), dermal itching
	 Moderate Reaction
	 Mild Reaction symptoms with dyspnea
	Anaphylaxis
	 Moderate Reaction symptoms with
	hypotension, difficulty swallowing,
	generalized edema, stridor

Assessment:

Medical Assessment

Interventions	Pharmacology
 O₂ via most appropriate method 	 May assist patient with prescribed Epinephrine auto- injector pen Anaphylaxis: Epinephrine 1:1,000 0.3mg IM May repeat once after 10 minutes if condition has not improved