

PEDI BEHAVIORAL PB-04

ANXIETY/EMOTIONAL DISTRESS

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History and Physical:	
Historical Findings	Physical Findings
 History or recent traumatic event 	■ Agitation
 Post-Traumatic Stress Disorder 	Hyperventilation
	Hallucinations

Assessment:

- Behavioral Assessment
- Differential Diagnoses: CHF, COPD, DKA, Pulmonary Embolism, Pneumothorax

Clinical Management Options:	
Interventions	Pharmacology
Oxygen as indicatedVascular access as appropriate	Sedation Management