

PEDIATRIC TRAUMA PT-03

BURNS

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History and Physical:	
Historical Findings	Physical Findings
■ MOI	Tissue injury from direct contact with:
	 Heat source
	o Chemical
	o Inhalation
	 Electrical/lightning
	Inhalation injuries/burns

Assessment:

- Trauma Assessment
- Rule of Nines (refer to appendix)
- Inhalation injuries: evaluate for respiratory distress and inspect mouth/nose for soot, singed nasal hairs, or other signs of swelling

Clinical Management Options:		
Interventions	Pharmacology	
 Remove from the burn source 	o Pain Management	
 Remove jewelry and restrictive clothing 		
 Brush off any powdered chemical 		
 Irrigate chemical burn site with water, if 		
appropriate to chemical		
 Oxygen therapy as appropriate 		
 Vascular Access as indicated 		
 Fluid Bolus PRN 		
Maintain Systolic > [(Age in years x 2) +70]		
 Treat underlying injuries 		
Dress burns as follows		
 TBSA < 15% use wet bandage 		
 TBSA > 15% use dry sterile dressing or bur 	n	
sheet		
 Keep the patient warm after removing burn 		
source and possibly contaminated clothing		

Consult:

DSI for respiratory/inhalation burns

Considerations:

- Consider cyanide toxicity and/or carbon monoxide toxicity if patient is altered or comatose
- Appropriate destination: Hermann Hospital-TMC:
 - o For Inhalation/Hands
 - > 30% TBSA 2nd degree and/or higher or <12 and > 65 years of age