

	<b>ADULT BEHAVIORAL AB-04</b>	<b>ANXIETY/EMOTIONAL DISTRESS</b>	Page 1 of 1 Last Revision: 12/5/2018
---	-----------------------------------	---------------------------------------	--

#### History and Physical:

Historical Findings	Physical Findings
<ul style="list-style-type: none"> <li>History or recent traumatic event</li> <li>Post-Traumatic Stress Disorder</li> </ul>	<ul style="list-style-type: none"> <li>Agitation</li> <li>Hyperventilation</li> <li>Hallucinations</li> </ul>

#### Assessment:

- Behavioral Assessment
- Differential Diagnoses: CHF, COPD, DKA, Pulmonary Embolism, Pneumothorax

#### Clinical Management Options:

Interventions	Pharmacology
<ul style="list-style-type: none"> <li>Oxygen as indicated</li> <li>Vascular access as appropriate</li> </ul>	<ul style="list-style-type: none"> <li>Sedation Management</li> </ul>