



**ADULT OBSTETRICAL
OB-08**

**PROLAPSED UMBILICAL
CORD**

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Last Revision:
08/31/2015

History and Physical:

Historical Findings	Physical Findings
<ul style="list-style-type: none">Gravid female with intrauterine pregnancy > 20 weeks	<ul style="list-style-type: none">Presentation of umbilical cord through vaginal opening

Assessment:

- OB Assessment

Clinical Management Options:

Interventions	Pharmacology
<ul style="list-style-type: none">O₂ via most appropriate methodWrap umbilical cord in moist sterile dressingInsert gloved hand into vagina and move neonate's head so it does not compress umbilical cordPlace mother prone in knee-to-chest position	