



**PROCEDURES
PROC-11**

**MODIFIED VALSALVA
MANEUVER**

Page 1 of 1
Last Revision:
01/31/2017

Indications:

- Narrow Complex Tachycardia (hemodynamically stable)

Contraindications:

- Hemodynamic instability (proceed to cardioversion)

Procedure:

- Modified Valsalva Maneuver:
- Have patient attempt to blow stopper out of a 10cc syringe for 15 seconds
- Immediately place patient in supine position
- Raise legs above the patient's head

<http://rebelem.com/the-revert-trial-a-modified-valsalva-maneuver-to-convert-svt/>