



**ADULT OBSTETRICAL  
OB-09**

**PROLAPSED UMBILICAL  
CORD**

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Last Revision:  
05/05/2016

**History and Physical:**

Historical Findings	Physical Findings
<ul style="list-style-type: none"><li>Gravid female with intrauterine pregnancy &gt; 20 weeks</li></ul>	<ul style="list-style-type: none"><li>Presentation of umbilical cord through vaginal opening</li></ul>

**Assessment:**

- OB Assessment

**Clinical Management Options:**

Interventions	Pharmacology
<ul style="list-style-type: none"><li><b>RAPID TRANSPORT</b></li><li>Oxygen therapy as indicated</li><li>Wrap umbilical cord in moist sterile dressing</li><li>Insert gloved hand into vagina and raise presenting part so it does not compress umbilical cord</li><li>Place mother prone in knee-to-chest position</li><li>Vascular Access</li></ul>	

**Consult:**

- none