

# PROCEDURES PROC-02

# 12 LEAD EKG MONITORING

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#### **Indications:**

- Patients presenting with:
  - o Non-traumatic thoracoabdominal pain
  - Shortness of breath
  - o Syncope
  - o Dizziness
  - Nausea/vomiting
  - o Hypotension/hypertension
  - o Tachycardia, bradycardia, and/or palpitations
  - Altered Mental Status

## **Precautions:**

- Obtaining a baseline 12-Lead ECG is preferred before treatment is initiated. However, do not significantly delay treatment and/or transport to conduct test.
- When placing electrodes on female patients, always place leads V3 V6 under the breast.

## **Procedure:**

- 1. Prep the skin and shave hair as necessary.
- 2. Apply electrodes as follows and attach the appropriate lead to each electrode:

Limb Leads: Extremities Pericordial Leads: Chest

(RA) Right arm	V1– Fourth intercostal space to the right of the sternum
(RL) Right leg	V2 – Fourth intercostal space to the left of the sternum
(LA) Left arm	V3 – Directly between leads V2 and V4
(LL) Left Leg	V4 – Fifth intercostal space at midclavicular line
	V5 – Level with V4 at left anterior axillary line
	V6 – Level with V5 at left midaxillary line

#### **Considerations:**

- Chest Lead Positioning:
  - o Locating the V1 position (fourth intercostal space) is critically important because it is the reference point for locating the placement of remaining V leads. To locate the V1 position:
    - Place your finger at the notch in the top of the sternum.
    - Move your finger slowly downward about 1.5 inches until you feel a slight horizontal ridge or elevation. This is the "angle of Louis" where the manubrium joins the body of the sternum.
    - Locate the second intercostal space on the right side, lateral to and just below the angle of Louis.
    - Move your finger down two more intercostal spaces to the fourth intercostal space, which
      is the V1 position.
- Right Sided 12-Leads:
  - When a 12-Lead is obtained with ST and T wave changes that are highly suggestive of Inferior wall involvement, consider moving Chest Leads V-3, V-4, V-5, V-6 to the exact opposite location on the R side of the patient's chest.