



**ADULT MEDICAL  
AM-11**

**NON-TRAUMATIC SHOCK/  
HYPOTENSION**

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Last Revision:  
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**History and Physical:**

Historical Findings	Physical Findings
<ul style="list-style-type: none"><li>▪ No evidence of blood loss or trauma</li><li>▪ Signs of infection/sepsis</li><li>▪ qSOFA evaluation</li><li>▪ Previous hx of CHF/PE</li><li>▪ Insect bite/sting</li></ul>	<ul style="list-style-type: none"><li>▪ Systolic BP &lt; 90 mmHg</li><li>▪ AMS</li><li>▪ Tachycardia/Bradycardia</li></ul>

**Assessment:**

- Medical Assessment
- Shock types: Obstructive (Tension Pneumothorax, PE, Tamponade), Cardiogenic, Distributive (Anaphylactic, Neurologic, Septic), Hypovolemic
- Differential Diagnoses: Sepsis, Pulmonary Embolism, GI Hemorrhage, Toxins, Volume Loss, CHF

**Clinical Management Options:**

Interventions	Pharmacology
<ul style="list-style-type: none"><li>▪ Oxygen therapy as appropriate</li><li>▪ Vascular Access</li><li>▪ Fluid bolus PRN<ul style="list-style-type: none"><li>○ Assess for pulmonary edema</li></ul></li><li>▪ Consider Trendelenburg</li></ul>	

**Considerations:**

- Consider pressors if shock not secondary to hypovolemia