

## PEDIATRIC ENVIRONMENTAL PE-02

## COLD RELATED EMERGENCY

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| History and Physical:  |                             |
|--|-----------------------------|
| Historical Findings  | Physical Findings           |
| <ul> <li>Immersion or exposure to cold temperatures</li> </ul> | ■ Core temperature < 96°F   |
|  | <ul><li>Shivering</li></ul> |
|  | ■ AMS                       |
|  | <ul><li>Cyanosis</li></ul>  |

## **Assessment:**

Environmental Assessment

| Clinical Management Options:  |              |
|---|--------------|
| Interventions   | Pharmacology |
| <ul> <li>O<sub>2</sub> via appropriate method</li> <li>Prevent further heat loss</li> <li>Passive rewarming         <ul> <li>Remove wet clothing</li> <li>Warm blankets</li> <li>Wrap heat packs and apply to axillary and groin regions</li> </ul> </li> </ul> |              |