

LIFEGROUP NOTES: ROMANS 8:1-11

As ever, please use (or discard!) these ideas as is most suitable for your group. Don't feel you have to use everything.

Read Romans 8:1-11

1. Christ died for our sins and therefore there is no condemnation for those who are in Christ (vv.1-3). But what was the ultimate purpose of this, according to v.4? What does Paul mean by "not living according to the flesh but according to the Spirit" (v.4)?
2. In the light of v.4, what would you say to a professing Christian who thinks that they can now ignore the written commands of God in Scripture and simply do "what feels right for me"? How should we deal with our feelings and emotions when they go contrary to what God has said is the right and good way for us to live?
3. What differences are there between "those who live according to the flesh" and "those who live in accordance with the Spirit" (vv.5-8)?
4. From your own life or the lives of people you know, reflect on the hostility toward God of the mind governed by the flesh (v.7). What examples can you think of? What hope is there, then, for those whose mind is governed by the flesh?
5. Who lives in all Christians, according to vv.9-11? Look at the three different ways the answer is described – why do you think Paul gives such a rich and varied description? How should this encourage us?
6. Why does having the Spirit guarantee our future bodily resurrection (v.11)? In the light of v.10, how will the resurrection of our body make God's victory over sin in us complete?

Responding in Prayer

- What change(s) do you most desire to take place in your life because of these verses? Pray about these things.

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