## **LIFEGROUP NOTES: ROMANS 8:12-13**

As ever, please use (or discard!) these ideas as is most suitable for your group. Don't feel you have to use everything.

## Read Romans 8:1-13

- 1. "Therefore, brothers and sisters, we have an obligation ..." (v.12). What has Paul said in vv.9-11 that explains our obligation in vv.12-13? So what is our obligation as Christians (v.12-13) and what is it not?
- 2. What does Paul mean by "putting to death the misdeeds of the body"? (v.13)? According to Colossians 3:5-11, what are some of the things we are to "put to death"?
- 3. How does Paul hold together our role and the Spirit's role in putting sin to death (v.13)? Try to explain this in your own words. What happens if either one is missing?
- 4. The 18<sup>th</sup> century theologian Jonathan Edwards resolved, around the age of 20: "I will shed my blood rather than live a life of sin." How do you react to that?
- 5. What sins are you "playing games with" or "trying to manage" instead of seeking to put them to death? What is the obstacle to putting them to death? How can members of the life-group help one another here?
- 6. Two friends, ANXIOUS and CARELESS meet up with you for coffee. ANXIOUS says, "I sinned last night and now I'm not sure if I'm saved!" CARELESS replies, "There's no condemnation for those who are in Christ Jesus, so sin doesn't matter any more." What would you say to your two friends?

## **Responding in Prayer**

 Thank God for the presence of the Holy Spirit in your life. Bring to God any particularly stubborn sins; pray that their attraction for you will wither and die, and be replaced by a growing desire for Christ.

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