

## **LIFEGROUP NOTES: ROMANS 8:1-3**

*As ever, please use (or discard!) these ideas as is most suitable for your group. Don't feel you have to use everything.*

### **Preparing for God's Word**

1. Do you ever feel under condemnation? What causes you to feel this way?

### **Read Romans 8:1-3**

2. What is true of every Christian, according to v.1? Does this mean a Christian should never feel guilty if (s)he sins? If not, what does it mean?
3. What does Paul mean in v.2 by "the law of sin and death"? Compare Romans 7:10-11.
4. See v.3: What was it that the Law could not do? Why can't obedience to the law save us? What is the weak link?
5. Still in v.3: what has God done to save us? How did the coming of Christ as a sin offering (literally, "for sin") make possible God's verdict of no condemnation for those who are "in Christ Jesus"?
6. If you really grasped the assurance of "no condemnation", how would it show in your life? What would be different? To what extent is the promise of v.1 changing you?
7. Next time Satan seeks to condemn or discourage you because of your sin, how will you make sure you remember that "there is now no condemnation"?

### **Responding in Prayer**

- Thank God for the gift of forgiveness and the assurance of "no condemnation." Pray that this promise will give you joy, energy and courage in living for Christ.

*Eddie Larkman, June 2017*

