I want to design a fitness APP that allows users to set weekly work-out goals and plans, record their daily calory intakes, and keep track of their body status. It also has additional features like connecting and working out with friends, finding online fitness tutorials and coaches, providing fitness advice and suggestions, etc.

The name of the app is FitnessWithMe.

This version of the app focuses on 3 features: recording weight measurements, keeping track of daily workout, and making weekly plans.

The general appearance of the app is shown below.

Diagram

Description automatically generated