

# Good News Report

### Secular Franciscan Order Trillium Regional Fraternity



Number 50

Spring 2009



#### Minister's letter Lent 2009

A new season of renewal begins and moves into the blessed time of new growth and resurrection!

What awaits those living the spiritual life is always a

surprise and a blessing! Who can see the daffodils with their bright yellow petals and not praise God for the beauty of his creation. Who doesn't see the light of Christ rising with every sunny dawn? As the ritual celebrations of Easter approach may Christ rise in your hearts ever anew and bring you to blessings that you would not have expected!

The Trillium Council met on Saturday, March 7 at St. Gregory's church hall in Oshawa. We are attempting to move our meeting location around to enable local fraternity Ministers and members to sit in on a meeting if they would like to bring their concerns or just to spend time observing the meeting.

The next meeting has not yet been scheduled.

We are looking for persons interested in being contacts for Justice, Peace and Integrity of Creation, and also for Youth within each fraternity. The contacts are required to share information with their fraternities about materials, events and initiatives taken by these commissions, discerning what would be most helpful and accessible to their fraternities. We also need a regional representative for JPIC who can filter information and send it to the local fraternity contacts. Please let us know if you can help.

Some events to pray about in the next few months:

- The National Chapter of Elections for Secular Franciscans in Canada.- please ask the Holy Spirit to prepare candidates for positions on council.
- For continued renewal of the Secular Franciscan Order in Canada and in the Trillium Region.
- That God may raise up competent and prayerful leaders at all levels of the order.

- For our Regional Formation Directors who will be meeting in August for training and for Anne Mulqueen who will be providing the training.
- For candidates for Spiritual Assistance training and for those who will train them, especially Fr. Peter Knaapen.
- For vocations to the Franciscan orders.
- For our sick.
- For those among us who have passed into eternal life.
- That God may teach us how to attract younger members and to take care of our elders.

The National Council asks for a list of those who have died this year so that they may be honoured at Eucharist during the Chapter of Elections in Chateauguay, QC in May. Those fraternities who have names to submit may send them to me at <a href="mailto:debbtess@aol.com">debbtess@aol.com</a> or call me at 905-734-3053.

Included in this mailing is the National Bulletin. We are so blessed to be able to make this news accessible to all members in the region through the internet and by mail. Thanks be to God!

Prayers and blessings,

Debbie Tessier, ofs

Good News Report is the official newsletter of the Secular Franciscan Order, Trillium Region. We aim to publish it in the middle to the end of September, December, March & June.

Any items you wish to include are warmly welcomed and will be published, space permitting. Articles may be sent by the 8<sup>th</sup> of the month of publishing, to Newsletter Editor, Cathy Kruger, ofs at 782 Cope Road, Welland, ON L3B 5N7 905-732-7479 or <a href="mailto:ckruger@iaw.com">ckruger@iaw.com</a> E-mail is preferred.

**Please Note:** If you no longer wish to receive the newsletter, please let me know as above.



Spiritual Assistant's Letter. Fr. Peter Knaapen, OFM Conv.

Scholars tell us that there were three main events in the life of the Lord that Francis frequently meditated on. They were

Incarnation, the Passion/Death/Resurrection, and the Eucharist. In each Francis perceived the poverty and humility of God. Another way of stating it is the crib, the cross and the Mass.

We are all familiar with Francis re-enacting the Birth of our Saviour at Greccio. He wanted people to remember the poverty of our Saviour, born in a humble stable in Bethlehem. He also wanted people to remember the humility of God in being born as one like us in all things but sin. Francis was deeply moved by God's love for us. The eternal Son, God himself, became human. The Creator became part of his creation. In the words of the hymn in Philippians "though he was in the form of God, he did not deem equality with God something to be grasped at. Rather, he emptied himself and took on the form of a slave, being born in the likeness of men" (Phil 2,6-7).

Even though in his writings Francis never quoted from the Paul's letter to the Philippians we can sense that he was moved by what he read about the Passion in this same hymn. "It was thus that he humbled himself, obediently accepting even death, death on the cross".

St. Bonaventure relates Francis appreciation and deep understanding of the Cross: "His whole soul seemed to melt away; and so deeply was the memory of Christ's Passion impressed on his heart, that it pierced even to the marrow of his bones. From that hour, whenever he thought of the Passion of Christ he could scarcely restrain his tears and sighs."

I think each of us can understand the humility of God both in the Incarnation in the Passion/Resurrection. What is most interesting is that Francis adds the Eucharist to his mediations on the humility of God. Francis was profoundly struck by the humility of Jesus who, for love of humanity, deigned to be with us under the appearance of bread and wine. Indeed, he wrote in the 1st Admonition: "Behold, each day He humbles Himself as when he came from the royal throne into the Virgin's womb; each day He

Himself comes to us, appearing humbly; each day He comes down from the bosom of the Father upon the altar in the hands of a priest. As He revealed Himself to the holy apostles in true flesh, so He reveals Himself to us now in sacred bread. And as they saw only His flesh by an insight of their flesh, yet believed that He was God as they contemplated Him with their spiritual eyes, let us, as we see bread and wine with our bodily eyes, see and firmly believe that they are His most holy Body and Blood living and true.

So as we approach the Sacred Triduum let us focus on the Humility of God. As we once again venerate the Cross on Good Friday let us remember his great love for us. Also as we celebrate the institution of the Eucharist on Holy Thursday let us be mindful of Jesus great love for us that he willingly gives us himself under these humble forms of bread and wine.

Peace and all good,

### Peter Knaapen, OJM Conv.



## YOUTH NEWS

by Silvana Loughheed, ofs Youth Coordinator Trillium Regional Franciscan Fraternity

Dear Franciscan Brothers and Sisters in Christ,

I am happy to announce that we now have **14 Youth Contacts** representing all four areas of our Trillium Region. Wouldn't it be an awesome goal to work together to assist at least ONE young person in each of our four areas to attend the Assisi Pilgrimage in August 2009?

Time is of the essence. We must book



flights, no later than the end of April. Fares are coming down. Please seriously consider taking up a collection during one of your regular meetings in the near

future. My own Holy Rosary Fraternity has decided to do so at our May meeting. In total we are looking at \$1700. This includes airfare and taxes, registration fee, and meals. If you have not checked out <a href="https://www.assisimeeting.org">www.assisimeeting.org</a> DO IT!!!!! The theme is "The Gospel: It's my Life!"



# Here is the proposed itinerary:

July 30- depart Toronto to Philadelphia to Rome

July 31- arrive Rome, Italy. Two nights in Rome

August 2- Travel to Assisi

August 2-10 in Assisi. The international meeting in Assisi ends August 9. We are planning on spending an extra night is Assisi.

August 10- return to Rome,

August 11-return to Philadelphia, then Toronto.

We have four solidly interested youth and two SFO's as mentors and chaperones who are looking forward to going. We would be joining Friar Michael Lorentsen in Philadelphia. He will be our Spiritual and area guide. He is on FACEBOOK with the group name "YouthTowardAssisi2009".

Please pray for the Youth that are still discerning whether God is calling them to go on the Assisi Pilgrimage.

Thank you to all who helped with the Catholic Christian Outreach RISE UP Conference. It was a significant opportunity to witness our Franciscan spirituality and present the possibility of vocational choices. Most young people I spoke to did not know about Secular Franciscans. Many were very attracted to St. Francis' words "Preach the Gospel at all times and when necessary use words." Also present were our cousins the Dominicans, Basilians and Redemptorists.

It was amazing how the Lord delivered all sorts of items for our Franciscan table from all over the GTA through Youth attending the conference! Thanks to Jim Reid for the Franciscan calendars; to Sockee from St. Joseph Workshop, who provided Franciscan materials for sale via Rachel, my daughter's friend; to Friar John Frampton for vocational materials he personally delivered to the Marriott; to Marzio Apollini for mailing a copy of his six videos all on one DVD; to my son Stephen who picked up and brought me the T-shirts printed by the Franciscan sisters in Montreal and I thank God for the 600 wonderful young adults who sacrificed their time and finances to attend such a conference. The Church is alive and well and we have good reason to be hopeful!! St. Francis was

surely smiling down on these young people who are instrumental in rebuilding our Church by sincerely seeking God's will in their lives!

Franz Szubert, SFO from St. Maximilian Kolbe Fraternity in Mississauga was telling me of his reason for hope when he participated in the Pilgrimage to the Midland Shrine. I asked him to write down his own witness so that we can all be inspired. Please read and take to heart:

# Witness Reflection: Change of Heart towards Youth

Hello Silvana,

Yesterday I sent you the promised video from the pilgrimage to Midland. Today, I would like to tell you some of my observations about young people.

Up to now, I had varied opinions about today's youth. For one thing, I thought that it is difficult to understand them, that all they care about is TV, computers, internet and games.

However, since I had a chance to take part in the pilgrimage to Midland, where 70% of people happened to be youth I changed my mind. There, I had a chance to observe them closely for one week and noticed that they are open, like to co-operate and seek God and Our Lady, sharing faith experiences without much hesitation. One just has to be willing to accept them, to listen and to show them that they are not alone in their struggle. I have seen many young people with great faith, joyous hearts and great enthusiasm.

Once we offer them friendship, they gladly accept it with joy and open hearts seeking goodness and truth

This was an eye opening experience for me. Peace and all good,

### Frank Szubert, ofs

Let's be encouraged to **invite Youth**, who do want to experience God and who are thirsting for **REAL LOVE** in their lives, to the following opportunities:

- Journey to the Father, July 17<sup>th</sup> to 19<sup>th</sup>, 2009 www.journeytothefather.ca ( for teens)
- Martyrs Shrine Pilgrimage July 16<sup>th</sup> to 19<sup>th</sup> www.martyrs-shrine.com/events/
- World Youth Day, Madrid, Spain, August 15<sup>th</sup> to 21<sup>st</sup>, 2011 <a href="www.jmj2011madrid.com">www.jmj2011madrid.com</a>
- Good Shepherd Refuge Center, 412 Queen St.E Youth can make beds, serve food, fold laundry etc. Call Rebecca 416-869-3619
- St. Francis Table, 1322 Queen St. W.-Youth can prepare and serve meals to the local Poor. Email Brother John <a href="mailto:brjjmf@yahoo.ca">brjjmf@yahoo.ca</a>
- Canadian Food For Children, Mississauga- load

- containers, sort clothing or shoes for third world countries (416) 231-2817.
- Pilgrimage to Assisi, July 30<sup>th</sup> to Aug.11<sup>th</sup>/09 Contact silvana rossi@sympatico.ca ASAP

The following is information I compiled to give out to Youth at Rise Up. Please copy and give out to educate re possibilities for exploring Franciscan spirituality for Youth. Explore the sites yourself so you are familiar with what is available.

### **YOUFRA**

Who are we?We are Franciscan Youth. We are young.

We feel attracted by St Francis of Assisi. We try to share the experience of Christian life in Fraternity.

We deepen our vocation within the context of the Secular Franciscan Order.

We have our own specific organization, YOUFRA. We are present in many countries.

www.franciscanyouthusa.com

www.ciofs.org/youfra

www.jacksyacs.com www.1franciscanyouth.com

### FRANCISCAN WEBSITES

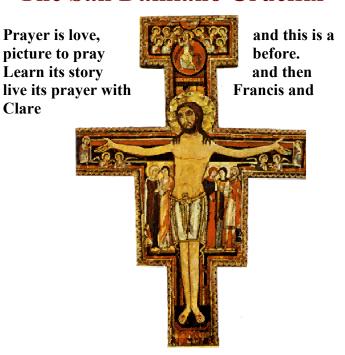
- www.franciscorps.org
- www.franciscanmissionaryunion.ca
- www.ciofs.org/youfra.htm
- www.franciscans.org
- www.capuchinoutreach.org
- http://www.ofm.org/secfran/
- www.franciscanyouthusa.com
- www.ofm.org
- poorclare.org
- www.sbu.edu/FranciscanInstitute
- wwwfranciscansinternational.org
- www.franciscanandfriends.com
- www.1franciscanyouth.com
- www.jacksvacs.com

A Youth commission meeting will take place in conjunction with a Formators meeting in June. Stay tuned for details.

May the Joy and Hope of the Risen Christ be always with you and your families,

Silvana Loughheed, ofs

### The San Damiano Crucifix



This is the third and final part of the article used with kind permission of the Colletine Poor Clares in Wales.

### Where am I?

Like Francis and Clare, I kneel at the feet of this icon and look up at Jesus who is looking up at the Father. Unconsciously I notice that there is one figure, indeed a whole queue of them, peering shyly over the Centurion's shoulder, looking upwards, dressed in brown. This is Everyman, All-Person, not much bigger than Adam but having thrown in his (or her) lot with the saints.

### St Clare of Assisi

Clare spent her life, most literally, looking at this image. She defined prayer as the process of allowing oneself to be "transformed into the icon of God." In this prayer, from a letter she wrote to another Poor Clare, Ermentrude of Bruges, she invites us to become what we have seen.

"Look up to heaven, dear one, and take up your cross and follow Christ who walks ahead of us, for through him we shall enter into his glory."

### With Clare:

I look up and I behold the Lord, Clare says to me, 'Gaze upon him, consider him, contemplate him," [2nd letter to Agnes of Prague] I put this more simply: behold, hold, enfold.

- I behold the Lord
- I see his outstretched hands
- I see the blood from his wounds.
- I see the love in the eyes of Jesus.
- I see his gracious acceptance of me.
- Jesus has come out of the tomb he still has the scars, but now they are glorious, with the glory of heaven. Still looking at the Lord, I reach out and touch him.
- I hold the Lord and I am held in his love. Love enfolds.

It is no longer I that live, but Christ that lives in me

- I am secure in the Lord.
- I can look out, now, through the Lord's eyes
- I can see the world as he created it, in his mercy,
- I can see my sisters and brothers with his love,
- and I can worship the Father through the eyes of the Son in the Love of the Holy Spirit.

### St. Francis of Assisi

The Church of San Damiano was a ruin when Saint Francis knelt before this cross. Stretching out his arms as he prayed:

"O great God of Glory my Lord Jesus Christ, I entreat you put light into the darkness of my mind. Give me right faith, firm hope, and perfect charity. Help me learn to know you, Lord, so well, that in all things I may do everything this day in keeping with your holy will."

Francis prayed these words in the little ruined Church of San Damiano in Assisi, in the autumn of 1205. And as he prayed, he heard a voice which said: "Francis, rebuild my church, which as you see, is falling down."

He did rebuild it - brick upon brick - until he came to understand that what he was called to rebuild was the living Church in the heart of humankind.

As he worked Francis had prophesied:
"Here will come to dwell ladies who will glorify our heavenly Father throughout his holy, universal Church by their celebrated and holy manner of life."

This prophesy was fulfilled in Saint Clare who lived her life under the shadow of this story of salvation.

#### With Francis:

Clare was a see-er; the Lord reached her through the things she looked at. But Francis was a hear-er and the Lord spoke to him through this icon, saying,

rebuild my church.

The Lord is not silent, he has spoken from the cross to me, too. I *hear* with my *ears* the words he says to me.

Father, forgive them they don't know what they are doing. Lk 23 *Jesus remember me when you enter into your kingdom* -

Don't worry, I will. Today you will be with me in paradise. Lk 23

Woman, here is your son - here is your mother. In 19

.....My God, my God, why have you abandoned me? Mt 27

I'm thirsty, Father, I place my life in your hands. Lk 23

It's done....complete. Jn 19

Which of these words speaks to me, now?

Now I *hear* with my understanding.

The Lord's word echoes in my mind, it becomes my word, now: one does not know anything until one has acted upon it.

Finally I *hear* with my *heart*.

The word comes alive in me. I ponder, as the gospel tells us Mary pondered - the Gospels don't say that Mary got an answer. Desire is prayer. Desire is love.

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# Formation Corner

# On expectations of becoming a member of the Secular Franciscan Order

With Les Alberti

Friends on rare occasions would relate to us experiences and observations that we might miss or

overlook in our walk with each other and the Lord. Yet Francis has gone out of his way to get to know and to enlighten his fellow travelers of his walk with the Lord to say nothing of his band of brothers.

New comers to our fraternities who faithfully attend time after time do sometime believe that they are entitled to be professed with or without limited formation. And truthfully did we remember to mention in our welcoming discussions the requirements for becoming a professed member? Or the cost and the discipline of membership?

**Article 37** of the Constitution of the Secular Franciscan Order provides the following considerations:

- **1.** *Rule 23* Membership in the Order is attained through a time of initiation, a time of formation, and the profession of the Rule.
- 2. The journey of formation, which should develop throughout life, begins with entrance into the fraternity. Mindful that the Holy Spirit is the principal agent of formation and always attentive to collaboration with Him, those responsible for formation are: the candidate, the entire fraternity, the council with the minister, the master of formation, and the assistant.
- 3. The brothers and sisters are responsible for their own formation, developing in an ever more perfect way the vocation received from the Lord. The fraternity is called to help the brothers and sisters in this journey by means of a warm welcome, prayer, and example.
- **4.** The elaboration and adoption of means of formation, adapted to the local situations and offered as a help to those responsible for formation in the individual fraternities, belong to the national and regional councils in common agreement.

The following is a very brief description of the initial formation process adopted by the Trillium Region:

### "A Fraternity's Formation Process"

The description is provided in a form printable on a 3" x 5" card with the prayer of St. Francis on the reverse side. [Please feel free to reformat the material to a more suitable size and print as many as needed]

For your reference the Council of the Trillium Region is in support of the program. In some Franciscan regions the prescribed formation [novitiate] exceeds two or more years. In this recommendation we sought to strike a happy balance between the "instant" profession and the extended variety while meeting the requirements of the Constitution.

Local Councils are also encouraged to utilize the resources made available and the processes described in the Local Fraternity Council Handbook [June 2007 edition – and in particular Sec # 3 pages 11 & 12]. Occasions may nevertheless arise when for one or another well thought out reason making an exception is entirely a Franciscan thing to do. Should such occasions arise

in the good judgment of the local Council, it may be prudent to discuss the matter with your spiritual director or regional representative.

May the risen Lord enlighten our hearts and minds with his radiance and bless us all on our journey.

Les Alberti, ofs

### **Formation Cards**

### **A Fraternity's Formation Process**

- 1. Visitation as Observer –attend 3 meeting
- 2. Orientation "Come and See" 3 month
- 3. Ceremony of Welcoming regular fraternity meeting. Presentation "Short Life of St. Francis".
- 4. Candidate to submit an application to inquiry
- 5. Period of Inquiry "Come and See" or begin lessons for Inquiry in Fully Mature with the Fullness of Christ.
- 6.Some time before Rite of Admission –Inquirer must submit A. Letter of Reference from Parish Priest or Religious B. Letter of candidate requesting admittance
- 7. Discuss suitability of Inquirer to proceed to -
- 8. Rite of Admission Within celebration of The Word of God, Present "Rule" and "Tao Cross"
- 9. Period of Formation "Catch Me a Rainbow Too "12 months" Fully Mature with the Fullness of Christ"
- 10. Letter of request for Profession by candidates.
- 11. Discuss suitability of Candidates for Profession.
- 12. Rite of Profession ideally and preferably concluded within the celebration of the Eucharist.

Prayer of St. Francis

Lord, make me an instrument of your peace, Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy;

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.

For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

# Novena in Honor of Saint Francis of Assisi



Each religious order has a certain charism about it that sets it apart from others. Though to some extent all share the same gospel values - usually one area is more emphasized than another.

While many associate the spirit of Poverty or Joy with Franciscans one must not discard lightly the great spirit of "fraternity" that is so present among all the brothers and sisters of the order.

"See how they love one another" must always be the witness of every Christian. How we relate to one another, how we treat differences among ourselves with respect and understanding - is always the bottom line in every walk of faith. Not how much we know, how much we suffer, or give up but always and forever - how much we love one another.

### **Novena Prayer**

Saint Francis, I know there is no greater virtue than love to draw souls to God. Help me to let go of self and embrace my brothers and sisters with the great love and generosity God is asking of me. Amen.

### **Prayer for Peace**

Lord, make me an instrument of Your Peace.
Where there is hatred, let me sow love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
And where there is sadness, joy.

O Divine Master, grant that I may not
So much seek to be consoled
as to console;
To be understood as to understand;
To be loved as to love
For it is in giving
that we receive;
It is in pardoning
that we are pardoned;
And it is in dying
That we are born
to eternal life.
Amen.

Prayer for Franciscan Youth From the National Council

Creator God, You call us to proclaim your Gospel with our lives. Raise up leaders among us who are open to Your grace to introduce young Catholics to the spirituality of St. Francis and St. Clare through the formation of Franciscan Youth in Canada. Inspire many Catholic youth to embrace your call to go from gospel to life and life to gospel. We ask St. Francis, St. Clare and all the Franciscan saints to pray with us that YOUFRA can be a way for our young people to deepen their love for You and for each other. We ask this prayer in the name of the Father, the Son and the Holy Spirit. Amen.

# Local Fraternity Bulletin Board

### About This Page

Local fraternities, please send us notice of events, (past or upcoming). This is *your* page.

### Websites:

Be sure to check out:



the **Trillium** website.

www.secularfranciscanstrilliumregion.com

### For Mount Alverno programs see:

www.mountalverno.ca

### Trillium Certificates

For Trillium Certificates to mark professions, anniversaries of profession & Service Recognition for Spiritual Assistants, (usually 5 year milestones) please contact:

Cathy Kruger, ofs 782 Cope Road Welland, ON L3B 5N7 Phone# 905-732-7479

or krugeraja

ckruger@iaw.com

Since certificates are signed by both the Minister and Spiritual Assistant, please apply in good time if you wish to have them on the profession day or anniversary date.

# Contact your TRF members at: Mandate 2008-2011

**Minister** – Debbie Tessier, ofs

905-734-3053 <u>debbtess@aol.com</u>

<u>Vice-Minister</u> – Colleen MacAlister, ofs

613-242-1125 colleen.gii@sympatico.ca

<u>Vice-Minister</u> – Michel Guilmete, ofs

516-766-1327 michel.guilmette@rogers.com

Secretary - Gail Barrett, ofs

519-576-7373 <a href="mailto:gbrenner@rogers.com">gbarrett.gbrenner@rogers.com</a>

Treasurer - Louise Arruda, ofs

905-775-9283 larruda1@sympatico.ca

Formation Director – Les Alberti, ofs

416-638-6007 les.alberti@sympatico.ca

Youth Coordinator - Silvana Loughheed, ofs

613-968-7309 silvana rossi@sympatico.ca

Spiritual Assistant - Fr. Peter Knaapen, OFM Conv.

905-637-2346 or weekends 905-637-2347

Fax: 905-639-1540 knaapenp@aol.com

### **Re-forming Fraternity**

St. Maximilian Kolbe Fraternity, Kingston (under the administration of the Order of Friars Minor Conventual) is coming along very well. We have two professed members and 16 inquirers.

Minister – Chris Thurgood, ofs

Secretary – Brenda Thurgood, ofs

Treasurer – Brodie Richmond

Diane Gagne – Hospitality coordinator

Rose McCluskey - who coordinates prayer requests Spiritual Assistant – Friar Ed Debono

God bless you all and we look forward to making lots of Profession Recognition Certificates.

### **Obituary**

Catherine Moroney, ofs, went home to the Lord on August 15, 2008. She was a devoted secular Franciscan for 50 years and a significant presence in St. Bonaventure's Parish, Toronto. May she rest in peace, secure in the arms of the Lord.

Condolences go out to Peter, and all the family.



Celebrations for the 25<sup>th</sup> Anniversary of the Our Lady of the Rosary Shrine in Port Colborne will take place from Monday, June 22<sup>nd</sup> to Saturday, June 25<sup>th</sup>, 2009. This is a rustic and peaceful spot for prayer and silence.

Of special interest will be the presentations by Mme. Collette Coulombe who will come from Quebec. She will be leading and guiding prayers and devotions and offering her most powerful presentations on St. Anne, who has touched her life tremendously.

For a complete schedule of events visit online at: www.ourladyoftherosaryshrine.webs.com