

CHECK LIST OF BHAISHAJYAKALPANA

[TARGET 70]

- * By following this check list you can easily score minimum 70 marks which is a quite good score
- * This check list is syllabus wise as prescribed CCIM and RGUHS
- * It contains repeated old questions which helps to know important topics for exam
- * Exam purpose only

SECRET OF 70

- # TAKE PRINTOUT OF THIS DOCUMENT .
- # FIRST STUDY PART B OF THIS SUBJECT .
- # WHILE WRITING MEDICINE PREPARATION (USE DRAVYAGUNA KNOWLEDGE JUDICIOUSLY) ,
WRITE ITS INDICATION, CONTRAINDICATION, DOSAGE, ANUPANA
- # WRITE LEGIBLE NEAT HANDWRITTING WITH DIAGRAMS.
- # BE PERFECT WITH OLD QUESTIONS .
- # WRITE MINIMUM OF 2 SHEETS OR 1 PAPER OF ANSWER FOR 5 MARK QTN QUALITY +QUANTITY
- # COMPLETE THE PAPER WITH ATTEMPTING ALL QUESTIONS
- # RIVISION RECALL REVISION RECALL REVISION

**Exam is like war don't spare any
ENEMY**



1. Concept of Aushadha and Bheshaja[3m] [Bheshaja prayoga marga 5m 2017] [Def of Bheshaja shloka 3m]

2. Fundamental principles of Bhaishajya Kalpana [10 m] [most frequently asked most important topic] [2017 ,2016, 2014]

3. Study of Ancient and Contemporary systems of 'Maana' (Units of measurement), Shushka -ardra –drava- dravya grahan niyam (Rules of measures of dry, fresh, liquid drugs);[2017 5m ,2018 5m] Grahyagrahyatva, Nava Puran dravya grahan niyam.[5m]

4. Methods of collection, storage, preservation of Aushadhi dravya[5m] [2018 ,2017, 2018 rs4]

Concept of Saviryatavadhi (shelf life)[5m] [kwata kshara peya masi shelf life 3m 2018] and stability in ancient and contemporary science.

5. Bheshajprayogavidhi :

Aushadha Matra[5m] , Anupana[5m/3m , 2018] , Aushadh sevan kaala [5m] , Posology[3m]

6. Panchavidha kashaya kalpana[10m ,2015]

- Kashaya Yoni[5m] kashaya types [2018 5m]
- Swarasa[5m],putapaka swarasa[5m 2017]
- Kalka[5m]
- Kwatha[5m 2018]
- Hima[5m] Danyaka hima [2018 3m]
- Phanta[5m],
- Pramathya[3m], Aushadha siddha paniya,
- Tandulodaka[3m ,2017]
- Laksha rasa,

- Mantha[kharjuradi mantha 5m 2018 ,2017]
- Panaka[shadanga paniya 3M ,2015]
- Arka[5m ,2015] [DIAGRAM]
- Churna [any chruna ex can be asked for 5m]
- Sitopaladi churna [5m 2018]
- [Hingwasatak churna 3m [2015]
- Rasakriya[3m ,2018]
- Ghana, Phanita,
- Avaleha [any avaleha can be asked for 5m] siddhi lakshana [2015] kushmandavaleha [3m 2018 2018 rs4] [vasavleha 5m 2018]
- Prasha Gudapaka, Sharkara, Syrups,
- Ksheerapaka[5m] [Arjuna ksheerapaka and lasuna khsheerapaka][2015]
- Satva[5m] guduchi satva [5m][2018]
- Guggulu kalpana [2018] [any one gugglu can be asked for 5m] [guggulu shodhana 3m 2015, 2018]
- [Triphala guggulu 2018,2017],
- kaisorguggulu [5m,2018]
- Vati[any one vati for 5m 2018] [lavangadi vati 5m 2018]
- Guti[chitrakavadi gutika 2015], Pinda, Modaka,
- Varti Preparation of Tablets[2017], pills, capsule and
- Suppositories[3m ,2015]
- Masi kalpana[5m]
- Lavana kalpana[5m],[2018 ,2018 rs4]

- Kshara kalpana and types preparation[3m 2017 ,5m 2018]
Kshara sutra[3m 2018] [apamarga kshara 2018 5m]

7. Introduction and general knowledge of useful instruments/
Equipments Disintegrator, Mixer, Grinder, End Runner Edge Runner[3m
,2018], Sieve-Shaker, Granulator, Tableting machine, Pill making
machines[3m,2018] coating and polishing pan, capsule filling machine,
sieves and mesh.[ANY ONE INSTRUMENT CAN BE ASKED FOR 3M]
powdering machines [3m 2018]

8. Sneha kalpana [10m 2017][If its asked for 10m answer should
include sneha murchana and ghrita murcha and sneha siddhi lakshna]

- Sneha yoni[3m]
- Types of Sneha,
- Sneha murchana vidhi[2018 5m], Sneha paka vidhi, patra
paka, types and their use. dose, Preparation and uses of Triphala
Ghrita[2017], Bramhighrita,
- Narayana taila[2017 5m],
- panchagavya ghrita [5m 2018]
- Anutaila[5m]
- taila murchana [5m ,2018]
- ghrita murchana[5m ,2018]
- Sneha siddhi lakshana[5m 2018,2018 rs4] [ANY ONE
GHRTA OR TAILA CAN BE FOR 5M]

9. Sandhana Kalpana and its types[10m ,2018 2018 Rs4]

- Madya Kalpana[5m chart]
- Preparation of Asava with ex [5m]
- Preparation of Arishta with ex[5m]

- Sura (Prasanna - Kadambari - Medaka - Jagala - Bakkasa) [5m /3m 2018]
 - Maireya, Surasava, Shukta, Kanjika 5m [2018,2018 sep 3m], Sauviraka, Tushodaka[3m], Sidhu kalpana their methods of preparation, siddhi lakshana, properties, uses, doses. Takrarishta[5m with indications] [5m]
 - Draksharishta[10m 2015], Ashokarishta[5m,2018,2017], Dashamoolarishta[10m][2018] [2018 rs4] Kumaryasava, Chandanasava. [ANY ONE ARISHTA OR ASAVA EX CAN BE ASKED] Diff between asava arista [3m 2017]
10. Kritanna kalpana[10m] and Aushadhisiddha anna Kalpana: Definition of Kritanna, Concept of Pathya and Apathya, Yavagu –types of yavagu[5m][3m 2018 5m, 2018Rs4]
- Manda, Peya[3m 2017], Vilepi,[3m 2017] Anna, Bhakta, Odan[any one for 3m]
 - Yush -types[2018], mudga yusha [2m 2017] Krishara[2018], Mansa rasa[2018], Vesavara, Khad Kamblika, Raga,[3m 2015] Shadava,[3m][2018]
 - Dadhi and Takra Varga – Takra, Udasvita, Katvar, Mathita, Chhachika[5m] [This whole topic can be asked for 15m EX EXPLAIN PATHYA KALPANA 10M 2018]

PART B [Secret of 70]

1. Bahyopacharartha kalpana[2018] (External Applications)-Lepa - Types of Lepa, methods of preparation and mode of application [5m] dashanga lepa [2018, 2018 rs4] Lotions. [ANY ONE CAN BE ASKED FOR 2M]
- Udvardan and Avachurnan,
 - Method of preparation of Siktha Taila[5m],
 - Malahara Sarjarasa Malahara[5m ,2018]



- Gandhak Malahara[3m 2018]
- Upanaha, Atasi upanaha[5m 2018)
- Shatadhouta[2018 ,2018 (sep)5m]
- Sahastradhouta Ghrita[5m with indication 2015]
- Brief introduction of semi solid dosage forms-
Ointments[3m 2015] Creams[3m 2018], Emulsions, Gels,

2. Principles and precautions for preparation of formulations for following

- Netraupacharartha kalpana (Ophthalmic preparations) [10m 2017 ,5m 2018]
- Seka[3m ,2015], Drava, Pindi,
- Anjana[5m]
- Ashchyotana [5m]
- Tarpana[10m]
- Putapaka and Vidalaka[5m]
- chandrodaya varti [5m]
- Methods of preparation of eye drops, eye ointments.

Nasyopachararth Kalpana - Classification of Nasya[asked for 15m 2015 ,3m 2018 5m 2017]

Navana, Avapidana[2017], Pradhaman, Marsha and Pratimarsha nasya[ANYONE TYPE Individually FOR 5m].

Dhumapanarth kalpana - Classification of dhumpaana[10M], Method of preparation of dhumvarti and it's therapeutic uses[5M]. Dhupan: Vranadhupan, arshodhupan.

Mukhaprayogarth kalpana –



- Gandoosha [5m/3M] [2018]
- Kavala[5m/3M][types 3m 2018 ,2018 rs4]
- Pratisaran, Tooth paste, Tooth powders and Mouth wash.

Basti kalpana- Classification[10m,3m 2018]

- Method of preparation of Niruha[5m 2015]
- Anuvasana[5m],
- Basti Therapeutic properties and uses of Basti [5m]

**3 Brief knowledge of Standardization of Ayurvedic formulations-
Kasthaushadhi[5m]**

**4 Brief introduction of Drug and Cosmetics Act 1940 and Rules
1945[5m 2017 ,2018] [Drug def 3m]**

5 Concept of, Aushadhi Nirmanshala[5m ,2018]

Good Manufacturing Practices (GMP) [5m]

OLD QUESTIONS

- Hingu shodana vidhi[2m 2017]
- Punarnavasatak kwata [2017 5m]
- Hingwatak churna [5m 2015,2018]
- Haridra kanda [2m 2015,2018]

ALL THE BEST

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