CHECK LIST OF RASA SHASTRA

PART – A

- HISTORY OF RASA SASTRA [5M]
- RASARATNA SAMUCHCAYA [3M]
- > RASA SHALA [5M]
- > IMPORTANCE OF RASAUSHADI [5M]
- CONCEPT OF RASA RASAYANA [5M]
- > AVAPA [3M]
- > NIRVAPA [3M]
- > BHAVANA [3M]
- AMRITIKARANA [3M]
- > MRIT LOHA [3M]
- > PANCHA GAVYA [3M]
- > PANCHA MRTTIKA [3M]
- DEFINE YANTRA [3M]
- KHALVA YANTRA [3M]
- > PATANA YANTRA UEDHWA PATANA YANTRA [5M]
- > DOLA YANTRA [3M]
- VIDYADHARA YANTRA [3M]
- TIRYAK PATANA YANTRA [3M]
- VALUKA YANTRA [3M]

- DEFINATION OF MUSHA [3M]
- DIFFERENT TYPES OF MUSHA [3M]
- CULLIKA [5M]
- ➤ GARA KOSTHI [3M]
- ➤ DEFINATION OF PUTA & ITS TYPES [5M]
- SURYA PUTA [3M]
- > CHANDRA PUTA [3M]
- > KUKKUTA PUTA [3M]
- ➤ GAJA PUTA [3M]
- ➤ MAHA PUTA [3M]
- > ELECTRIC MUFFLE FURNACE [3M]
- > SYNONYMS OF PARADA [3M]
- > HINGULOTTHA PARADA [3M]
- > DOSHAS OF PARADA [5M]
- > SAMSKARAS OF PARADA [5M]
- > ASTASAMSKARA OF PARADA [10M]
- > PARADA GATI [3M]
- > RASA BANDHA [3M]
- TRIBHUVANA KIRTI RASA [5M]
- LAGHU SUTASHEKAR RASA [5M]
- KUPI PAKWA RASA [5M]
- > RASA PARPATI [3M]

- RASA SINDHURA [3M]
- HEMA GARBHA POTTALI RASA [5M]

PART - B

- EXPLAIN MAHARASA [10M]
- > EXPLAIN ABHRAKA [5M]
- > EXPLAIN VAIKRANTA [5M]
- EXPLAIN MAKSHIKA [5M]
- > EXPLAIN VIMALA [5M]
- > EXPLAIN UPARASA [5M]
- GANDHAKA RASAYANA [5M]
- > EXPLAIN GAIRIKA [5M]
- EXPLAIN MANASHILA [5M]
- > SADHARANA RASA [5M]
- > ENUMERATE DHATU [3M]
- > AMRTIKARANA [3M]
- > EXPLAIN LOHA [3M]
- ENUMERATE RATNA [3M]
- PRAVALA PANCHAMRTA [3M]
- VAIDURYA [3M]
- ENUMERATE UPARATNA [3M]
- > EXPLAIN SUDHA VARGA [5M]

- ➤ MRIGA SHRINGA [3M]
- > KUKKUTANDA TWAK [3M]
- SIKATA VARGA [5M]
- ➤ KSHARA VARGA [5M]
- > EXPLAIN KASTURI [5M]
- > EXPLAIN BHUNAGA [5M]
- > EXPLAIN MAYURPICH [5M]
- > ENUMERATE VISA & UPAVISHA [5M]
- > VATSANABHA SHODANA [5M]
- BHALLATAKA SHODHANA [5M]
- > AHIPHENA SHODHANA [5M]
- > AROGYA VARDHINI RASA [5M]
- CHANDRAPRABHA VATI [5M]
- > ANANDA BHAIRAVA RASA [5M]
- > SWARNA VANGA [5M]
- > VATA VIDHWASMSANA RASA [5M]
- > STANDRDIZATION OF RASAUSHADI [5M]
- > PHARMACOVIGILANCE [5M]
- > KAJJALI [3M]
- > LAGHUSUTASHEKAR RASA [5M]
- LOHA RASAYANA [5M]
- PUNARNAVA MANDURA [5M]

- ➢ BOLA PARPATI [5M]
- PANCHAMRUTA PARPATI [5M]
- KUPIPAKWA RASAYANA [5M]
- RASA KARPURA [5M]
- > RASA SINDHURA [3M]
- DRUG & COSMETIC ACT [5M]
- ➤ GMP [5M]
- > VASANTMALINI RASA [5M]
- MAKSHEEKA BHASMIKARANA VIDHI [5M]
- > SWARNAVANGESWARA [5M]
- > TAMRA DOSHA'S & AMRITIKARANA OF TAMRA [5M]
- > NAVAYASA LOHA [3M]
- RASA RATNA SAMUCCHAYA [5M]
- > SWARNA VANGA [10M]
- > SHWETA PARPATI [3M]

IF STILL FEELS DIFFICULTY......

DR. AMARESHAYYA HOSAMATH

[7349051997]