### CHECK LIST OF CHARAKA SAMHITA - 2

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- DEF OF BHESHAJA [3M]
- > DEF OF RASAYANA [3M]
- > DEF OF VAJIKARANA [3M]
- > RASAYANA TYPES [5M]
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- > KUTIPRAVESHIKA RASAYANA [5M]
- > IMPORTANCE OF HARITAKI [3M]
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- > DRONIPRAVESHIKA RASAYANA [5M]
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- > VRUSHYA RASA [3M]
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- > DEFITION OF JWARA ,TYPES & CHIKITSA SUTRA INDETAIL [10M]
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- JWARA NIDANA, SAMPRAPTI, CHIKITSA [10M]
- > VISHAMA JWARA -TYPES , NIDANA , CHIKITSA [5M]
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- > JWARA MUKTA LAKSHAN [3M]
- > PUNARVARTAKA JWARA CHIKITSA [3M]
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- > RAKTA PITTA NIDANA, SAMPRATPTI, CHIKITSA SUTRA [10M]
- > RAKTA PITTA SADYAASDYATA [5M]
- ➤ [KNOW 10-12 MEDICINES USED IN RAKTAPITTA]

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- > GULMA NIDANA, SAMPRATPTI, CHIKITSA SUTRA [10M]
- GULMA TYPES [3M]
- > RAKTAJA GULMA [5M]
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- > KAPHAJA GULMA CHIKITSA [5M]
- > [KNOW 10-12 MEDICINES USED IN GULMA]

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- > PRAMEHA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > ENUMERATE PRAMEHA TYPES [3M]
- ➤ [KNOW 10-12 MEDICINES USED IN PRAMEHA]

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- > KUSHTA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
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- > LEPAS IN KUSHTA [3M]
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- > SWITRA TYPES, CHIKITSA [5M]
- > KHADIRA SARVASRESTA KUSHTANASHAKA [3M]
- > [KNOW 10-12 MEDICINES USED IN KUSHTA]

- > RAJAYAKSHAMA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
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- > EKADASHA RUPA OF RAJAYAKSHAMA [3M]
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- > SITOPALADI CHURNA [3M]
- > AROCHAKA CHIKITSA [5M]
- > TALISHADI CHURNA [3M]
- > [KNOW 10-12 MEDICINES USED IN RAJAYAKSHMA]

- > UNMADA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
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- > KALYANAKA GHRITAM [5M]
- > MAHAKALYANAKA GHRITAM [5M]
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- > UNMADA MUKTA LAKSHANA [3M]
- > [KNOW 10-12 MEDICINES USED IN UNMADA]

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- > APASMARA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > PANCHA GAVYA GHRITAM [5M]
- > MAHA PANCHA GAVYA GHRITAM [5M]
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- > ATATWABHINESHA [3M]
- > [KNOW 10-12 MEDICINES USED IN APASMARA]

- > KSHATAKHINA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > ELADI GUTIKA [3M]
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- > SARPIGUDA TYPES [5M]
- ➤ [KNOW 10-12 MEDICINES USED IN KSHATAKSHINA]

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- > PHALATRIKADYARISHTA [5M]
- > KAMSA HARITAKI [5M]
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- ➤ [KNOW 10-12 MEDICINES USED IN SHOTA]

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- ➤ UDARA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- ➤ UDARA TYPES [3M]
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- > AJATODAKA [3M]
- > TAKRA UPAYOGA IN UDARA [5M]
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- ➤ [KNOW 10-12 MEDICINES USED IN UDARA]

#### **CHAPTER - 14**

- > ARSHA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > TAKRARISTA UPAYOGA IN ARSHA [5M]
- > ABHAYARISTA [5M]
- ➤ KANAKARISTA [5M]
- > PICCHA BASTI [5M]
- ➤ [KNOW 10-12 MEDICINES USED IN ARSHA]

#### CHAPTER - 15

➢ GRHANI NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]

- > GRHANI DEF [3M]
- > CHITRAKADI VATI [3M]
- > TAKRA USAGE IN GRHANI [3M]
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- ➤ [KNOW 10-15 MEDICINES USED IN GHRANI]

- > PANDU NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > MRUDBHAKSHANA JANYA PANDU [5M]
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- > HIKKA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- ➤ HIKKA TYPES [3M]
- > TAMAKA SWASA NIDANA, SAMPRATPTI, TYPES CHIKITSA SUTRA [5M]
- > TAMAKETU VIRECHANA [5M]
- ➤ [KNOW 10-15 MEDICINES USED IN HIKKA]

- ➤ KASA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > KASA TYPES [3M]
- ➤ KSHATAJA KASA [5M]
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- ➤ KSHYAJA KASA [3M]
- ➤ [KNOW 10-15 MEDICINES USED IN KASA]

- > ATISARA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > DIFF BETWEEN ATISARA &PRAVAHIKA [3M]
- > CHANGERI GHRITAM USAGE IN ATISARA [3M]
- ➤ PICCHA BASTI [5M]
- ➤ [KNOW 10-15 MEDICINES USED IN ATISARA]

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- > CHARDI NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > CHARDI TYPES [3M]
- > DIFFRENCE BETWEEN CHARDI & VAMANA [3M]
- > KALYANAKA GHRITAM [5M]
  [KNOW 10-15 MEDICINES USED IN CHARDI]

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- > VISARPA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
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- > [COMPERATIVE STUDY OF KUSHTA &VISARPA]
- ➤ [KNOW 10-15 MEDICINES USED IN VISARPA]

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- > TRUSHNA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [5M]
- > RASAKSHYAJA TRUSHNA [3M]
- ➤ [KNOW 10-15 MEDICINES USED IN TRUSHNA]

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> VISHA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]

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- > [KNOW 2-5 AGADAS USED VISHA CHIKITSA]

- > MADATYA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- ➤ MADHYA GUNA [3M]
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- ➤ [KNOW 10-15 MEDICINES USED IN TRUSHNA]

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- > VRUNA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- ➤ VRUNA BHEDA [5M]

  [ANY ONE TYPE OF VRUNA CAN BE ASKED FOR 2M]
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- > TYPES OF SHASTRA KARMA [3M]
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- > UDAVARTA ROGA [3M]
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- ➤ MUTRA KRUCCHA TYPES [5M]

- > KRIMIJA HRIDROGA [5M]
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- > URUSTAMBHA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- URUSTAMBHAKA ROGA NASHAKA VIHARA [3M]
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- > VATAVYADHI NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > ARDITA NIDANA, CHIKITSA [5M]
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- > BALA TAILA [5M]
- > DEF OF AVARANA AND TYPES [5M]
- ➤ [KNOW 10-15 MEDICINES USED IN VATAVYADI]

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- > VATASHONIOTA NIDANA, SAMPRATPTI, TYPES, CHIKITSA SUTRA [10M]
- > VATA RAKTA TYPES [3M]
- ➤ [KNOW 10-15 MEDICINES USED IN VATAVYADI]

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- > MUSHIKA TAILA [3M]
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- > RAKTA PRADHARA [5M]
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- > [KNOW 10-15 MEDICINES USED IN YONIVYAPAT

# KALPANA STHANA

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> VATSAKA PARYAYA, TYPES, YOGAS [5M]

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- > CHATURANGULA PARYAYA, TYPES, YOGAS [5M]
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# SIDDHI STHANA

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- > ANUVASANA BASTI [5M]
- > IMPOTANCE OF BASTI [3M]
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- ➤ BASTI NETRA [3M]
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STILL FEELS DIFFICULTY ............
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