

# CHECK LIST OF PANCHAKARMA

- DISCUSS PANCHAKARMA AND SHODHANA (5M)
- IMPORTANCE OF SNEHANA (5M)
- BAHUDOSHA LAKSHANA (5M)
- PANCHAKARMA VARJYA (5M)
- PARIHARA VISHAYA (5M)
- PARIHARA KAALA(5M)
- ASTA MAHA DOSHAKARA BHAAVA (5M)
- DEFINE SNEHANA , GUNA OF SNEHA IMPORATNCE OF SNEHA (10M)
- YAMAKA (3M)
- TRIVRIT(3M)
- MAHASNEHA(3M)
- ACCHA SNEHA &VICHARANA SNEHA (5M)
- DEFINE ABHYNGA & IMPORATNCE OF ABHYNGA (5M)
- PADAAGHATA (5M)
- TYPES OF ABHYNGA (5M)
- EXPLAIN MURDHA TAILA (5M)
- SIRO DHARA (5M)
- SIRO ABHYNGA (5M)
- SIRO BASTI (5M)
- KSHEERA DHARA (3M)
- DIFFERENCE BETWEEN SHODHANA SNEHA & BRIMHANA SNEHA (5M)
- DIFFERENCE BETWEEN SHODHANA SNEHA & SHAMANA SNEHA (5M)
- AVARTITA SNEHA (3M)
- DIPANA DRUGS (3M)
- PACHANA DRUGS (3M)
- DETERMINATION OF AGNI & KOSHTA (5M)
- DEFINE ANUPANA & IMPORTANCE OF ANUPANA (5M)
- JEERNA LAKSHANA (5M)
- JEERYAMANA LAKSHANA (5M)
- SAMYAK SNIGDHA LAKSHANA (5M)
- AVAPEEDAKA SNEHA (3M)
- KARMUKHATA OF SNEHA (5M)
- TAKRA DHARA (5M)
- UDWARTANA (5M)
- UDGHARSHANA &UTSADANA (5M)
- TRIVIDHA KARMA (5M)
- SAMSRJANA KARMA (5M)
- SNEHA YONI (5M)
- METABOLISM OF FAT (5M)
- CLASSIFICATION OF MASSAGE (5M)
- SNEHA VYAPAT (5M)
- DEFINE SWEDANA & CLASSIFICATION (5M)
- SAGNI SWEDA (5M)

- NIRAGNI SWEDA (5M)
- SWEDA DRAVYA (3M)
- EXPLAIN CHATUR VIDHA SWEDA (5M)
- SHANAKARA SWEDA (5M)
- SSPS (5M)
- PPS (5M)
- NADI SWEDA (5M)
- PADA DHARA (3M)
- JENTAKA SWEDA (5M)
- SAMYAK YOGA OF SWEDANA (5M)
- ATIYOGA & AYOGA OF SWEDANA (5M)
- KARMUKHATA OF SWEDANA (5M)
- AVAGAHA SWEDANA (5M)
- ANNA LEPA (5M)
- MADANA KALPA YOGA (5M)
- VAMANOPAGA DRAVYA (3M)
- METHOD OF ADMINISTRATION OF VAMANA (10M)
- DOSE OF VAMAN DRAVYA (3M)
- SAMYAK LAKSHANA OF VAMANA (5M)
- COMPLICATIONS OF VAMANA (5M)
- KARMUKHATA OF VAMANA (5M)
- DEFINE VIRECHANA CLASSIFICATION VIRECHANA (10M)
- TYPES OF VIRECHANA (5M)
- VIRECHANOPAGA GANA (3M)
- SAMYAK VIRECHANA LAKSHANA (5M)
- COMPLICATIONS OF VIRECHANA (10M)
- KARMUKHATA OF VIRECHANA (5M)
- IMPORTANCE OF BASTI (5M)
- BASTI ARDHA CHIKITSA (10M)
- BASTI YANTRA (3M)
- BASTI NETRA DOSHA (3M)
- BASTI PUTAKA DOSHA (3M)
- KARMA BASTI (5M)
- KAALA BASTI (5M)
- YOGA BASTI (5M)
- DOSE OF NIRUHA BASTI (3M)
- INDICATION & CONTRA INDICATION OF BASTI (10M)
- BASTI VYAPAT & ITS CHIKITSA (5M)
- PICCHA BASTI (5M)
- DIFFERENTIATE SNEHA BASTI ANUVASANA BASTI & MATRA BASTI (5M)
- SAMYAK YOGA & ATIYOGA OF BASTI (5M)
- MATRA BASTI (5M)
- UTTARA BASTI (5M)
- KARMUKHATA OF BASTI (5M)
- MADHUTAILIKA BASTI (5M)
- VAITARANA BASTI (5M)
- DEFINE NASYA & ITS CLASSIFICATION (10M)
- INDICATIONS & CONTRAINDICATIONS OF NASYA (5M)
- PRADHMANA NASYA (5M)

- MARSHA & PRATIMARSHA NASYA (5M)
- ANUTAILA (5M)
- RAKTA MOKSHANA TYPES (5M)
- MODE OF ACTION OF RAKTA MOKSHANA (5M)
- JALOOKAVACHARANA (5M)
- PRACCHANA (5M)
- SIRA VYADHA (5M)
- APATANTRAKA (3M)
- APATANAKA (3M)
- MODE ACTION OF ABHYNGA (5M)
- IMPORTANCE OF PANCHAKARMA IN GENERAL HEALTH (5M)
- MODERN TECHNIQUE OF MASSAGE (5M)
- METABOLISM OF FAT (5M)
- SAMYAK BASTI DRAVYA (3M)
- NIRUHA BASTI DOSHA (5M)
- YAPANA BASTI (5M)
- SHORT WAVE DIATHERMY (5M)
- ELECTRO MAGNETIC THERAPY(5M)
- WAX BATH THERAPY (5M)

STILL FEELS DIFFICULTY .....  
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