

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - OCT-2019

Time: Three Hours

Max. Marks: 100 Marks

Swasthavritha and Yoga - II (RS-5)

Q.P. CODE: 3040

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

1. Write about Physical and chemical impurities of water and Explain about Rapid Sand filtration.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

2. National Immunization schedule.
3. Epidemiology of Chickenpox.
4. Lighting standards.
5. Solid waste disposal.
6. Prevention of Non Communication Disease.

$5 \times 2 = 10$ Marks

SHORT ANSWERS

7. Define Epidemic and Pandemic.
8. Species of Plasmodium.
9. Pneumoconiosis.
10. Killed vaccines.
11. Artificial lighting.

Part - B (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

12. Define Family planning and explain permanent methods of family planning.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

13. Elements of PHC.
14. NLEP
15. Mortality rates.
16. State Health Administration.
17. Mid day meal programme.

$5 \times 2 = 10$ Marks

SHORT ANSWERS

18. UNICEF.
19. Data.
20. AYUSH.
21. Fertility Rate.
22. Daayi.

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - 24-Feb-2020

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITTA AND YOGA PAPER - II (RS-5) Q.P. CODE: 3040

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Describe occupational Hazards and their preventive measures
2. Define Primary Health Care. Describe its principles and elements. Describe the role of Ayurveda in Primary Health Care

SHORT ESSAYS

10 x 5 = 50 Marks

3. Describe Janapadodhwamsakara Bhavas
- (Write about Air in occupied room – Thermal Discomfort and Comfort zone)
5. Write in detail about Hardness of water
6. Write in detail about Nivasa Yogya Bhoomi
7. Describe Radiation, sources, effects and control
8. Write about Hormonal contraceptives
9. Write about Ante Natal Care
10. Write about World Health organization
11. Write about Voluntary Health Agencies
12. Functions of Primary Health Centre



SHORT ANSWERS

10 x 3 = 30 Marks

13. Enumerate Solid waste disposal methods
14. Factors influencing weather and climate
15. Enumerate health problems of school children
16. Causative organisms of AIDS, Syphilis, Gonorrhoea and Chanchroid
17. Composition of Air
18. Define Demography
19. Sources of Data
20. Define Infant Mortality Rate
21. Name any four Intra Uterine Devices
22. What do you mean by Health Survey

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - SEP-2018

Max. Marks: 100 Marks

Time: Three Hours

SWASTHAVRITHA - II (Revised Scheme 4)

Q.P. CODE: 3018

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

1. Write causes, social and health aspects and prevention and control of air pollution.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

2. Write Definition and Types of Disinfection.
3. Disaster management.
4. Rapid sand water filtration.
5. Preventive measures in occupational health hazards.
6. Septic Tank.

$5 \times 2 = 10$ Marks

SHORT ANSWERS

7. Bhumi Shodhana and Nivasa Yogyā bhumi.
8. Duties of school medical officer.
9. Define weather and climate.
10. Write complications of Measles and Mumps.
11. Write causative organism of AIDS and syphilis.

Part - B (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

12. Describe National Nutritional Programmes.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

13. Hormonal methods of family planning.
14. Health administration at central level.
15. Write about UNICEF.
16. Universal Immunization Programme.
17. Post Natal Care.

$5 \times 2 = 10$ Marks

SHORT ANSWERS

18. DPT Vaccine.
19. Duties of Anganwadi worker.
20. Data.
21. Define Primary health care.
22. Objective of W.H.O.

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - SEP-2017

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA - II (Revised Scheme 4)

Q.P. CODE: 3018

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

- Explain about janapadadhwanakama bhavas and explain Epidemiology of Malarial fever and its control measures.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

- Standards of lighting
- Breakpoint chlorination
- Disposal methods of deadbody
- Vayu shuddhi according to Ayurveda
- Jala guna, lakshana and its pollution

$5 \times 2 = 10$ Marks

SHORT ANSWERS

- Bhumi Shodana
- Overcrowding
- Comfort Zone
- Dengue fever
- Types of Immunoglobulins

Part - B (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

- Define Primary Health Care and write in detail about Principles and Elements.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

- IUCD
- Antenatal Care
- World Health Organization, Objectives and functions.
- Structure of Central Government Health Administration
- Mid day Meal Programme

$5 \times 2 = 10$ Marks

SHORT ANSWERS

- Maternal Mortality Rate
- Eligible couple
- Indian Red Cross
- Voluntary health agencies
- Demography



Rajiv Gandhi University of Health Sciences, Karnataka
III Year B.A.M.S Degree Examination - OCT-2019

Time: Three Hours

Max. Marks: 100 Marks

Swasthavrittha and Yoga - II (RS-4)

Q.P. CODE: 3018

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part – A (50 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

1. Define 'Janapadodwamsa' and write 'Janapadodwamsakara Bhavas' and explain the epidemiology of Typhoid fever in detail. **(2+3+10)**

SHORT ESSAYS

2. Prevention of Occupational Hazards
3. Passive immunity
4. Slow sand filtration
5. Gonorrhoea – Syphilis
6. Effect of radiation

5 x 5 = 25 Marks



SHORT ANSWERS

7. Clinical picture of poliomyelitis
8. TORCH agents
9. Dead body disposal methods
10. Chlorination
11. Disinfection

5 x 2 = 10 Marks

Part – B (50 Marks)

1 x 15 = 15 Marks

LONG ESSAYS

12. Write in detail about RNTCP and national Leprosy Control Programme. **(8+7)**

5 x 5 = 25 Marks

SHORT ESSAYS

13. Hormonal contraceptives
14. MTP
15. Vital statistics
16. Levels of Health care
17. Objectives and functions of WHO

SHORT ANSWERS

5 x 2 = 10 Marks

18. Alma atta declaration
19. Staff pattern of PHC
20. AIDS
21. UNICEF
22. National Immunization day

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - MARCH 2018

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA - II (Revised Scheme 4)

Q.P. CODE: 3018

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

1. Write about the epidemiology of Malaria

$5 \times 5 = 25$ Marks

SHORT ESSAYS

2. Standards of lighting
3. Janapadodwamsa kara bhava
4. Components of ESI Act
5. Vayushuddhi prakara
6. Jala guna, lakshana

$5 \times 2 = 10$ Marks

SHORT ANSWERS

7. Bhumi shodana
8. Disaster management
9. Comfort zone
10. Primary transmission
11. Types of Immunoglobulins

Part - B (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

12. Define Primary Health Care and write in detail about principles and elements.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

13. IUCD
14. Antenatal care
15. World Health Organization, objectives and functions
16. Structure of Central Government Health Administration
17. Mid Day Meal Programme

$5 \times 2 = 10$ Marks

SHORT ANSWERS

18. Maternal mortality rate
19. Eligible couple
20. Indian Red Cross
21. MDT
22. NGO's



Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - MARCH 2018

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA - II (Revised Scheme 4)

Q.P. CODE: 3018

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

1. Write about the epidemiology of Malaria

$5 \times 5 = 25$ Marks

SHORT ESSAYS

2. Standards of lighting
3. Janapadodwamsa kara bhava
4. Components of ESI Act
5. Vayushuddhi prakara
6. Jala guna, lakshana

$5 \times 2 = 10$ Marks

SHORT ANSWERS

7. Bhumi shodana
8. Disaster management
9. Comfort zone
10. Primary transmission
11. Types of Immunoglobulins

Part - B (50 Marks)

$1 \times 15 = 15$ Marks

LONG ESSAYS

12. Define Primary Health Care and write in detail about principles and elements.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

13. IUCD
14. Antenatal care
15. World Health Organization, objectives and functions
16. Structure of Central Government Health Administration
17. Mid Day Meal Programme

$5 \times 2 = 10$ Marks

SHORT ANSWERS

18. Maternal mortality rate
19. Eligible couple
20. Indian Red Cross
21. MDT
22. NGO's



Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - 26-Feb-2020

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA AND YOGA PAPER - II (RS-4) Q.P. CODE: 3018

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS

1. Explain the methods of water purification.
2. Define family planning and write the methods of family planning in detail.

2 x 10 = 20 Marks

SHORT ESSAYS

3. Write about the standards of lighting
4. Explain the Occupational diseases
5. Define Ventilation and write the types of Ventilation
6. Write the methods of disposal of dead body
7. Explain Housing standards
8. Neonatal care
9. Anemia control programme
10. Uses of health statistics
11. Preventive geriatrics
12. Primary health center

10 x 5 = 50 Marks



SHORT ANSWERS

13. Kuprasangaja vyadhis
14. Tetanus
15. Polio
16. Epidemiological triad
17. Latrines suitable for camps
18. AYUSH
19. WHO
20. DANIDA
21. ASHA
22. Alma Ata declaration

10 x 3 = 30 Marks

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.A.M.S Degree Examination - FEB-2019

Time: Three Hours

Max. Marks: 100 Marks

Swasthavritha and Yoga - II (RS-4)

Q.P. CODE: 3018

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

LONG ESSAYS

$1 \times 15 = 15$ Marks

1. Write the standards of water and explain various methods of water purification in detail. (5+10)

SHORT ESSAYS

$5 \times 5 = 25$ Marks

2. Occupational Hazards
3. Control of Malaria
4. Disaster management
5. School health check up
6. Active and passive immunity

SHORT ANSWERS

$5 \times 2 = 10$ Marks

7. Types of tetanus
8. Requirement of good lighting
9. Isolation
10. Janapadodwasakara Bhavas
11. Terminal disinfection

Part - B (50 Marks)

$1 \times 15 = 15$ Marks

(2+13)

LONG ESSAYS

12. Define Family Panning and write in detail about 'methods of contraception'.

SHORT ESSAYS

$5 \times 5 = 25$ Marks

13. Staff pattern and Functions of PHC
14. Medical Termination of Pregnancy
15. Vital statistics
16. Vitamin A prophylaxis
17. Ante Natal care

SHORT ANSWERS

$5 \times 2 = 10$ Marks

18. Alma atta declaration
19. Village level health Administration
20. Sub centre.
21. Mid Day meal
22. NRHM

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - SEP-2018

Max. Marks: 100 Marks

Time: Three Hours

Swasthavritha - Paper-II

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

1 x 11 = 11 Marks

LONG ESSAYS

1. Write yoga shabdasya nirukthi and explain about the yogic shadkriyas.

5 x 5 = 25 Marks

SHORT ESSAYS

2. Define pranayama and explain its prakaras.
3. Yoga siddhikara and prati bandha kara bhava
4. Pathya apatya ahara during Yoga kala
5. Jala chikitsa
6. Write about the relation between nisargopachara and Ayurveda.

7 x 2 = 14 Marks

SHORT ANSWERS

7. Benefits of Mayooraasana
8. Chromo therapy
9. Sitz bath
10. Upavasa chikitsa (fasting)
11. Yama
12. Define Nisargopachara.
13. Pingala nadi

Part - B (50 Marks)

1 x 11 = 11 Marks

LONG ESSAYS

14. Define family planning and write the methods of family planning.

5 x 5 = 25 Marks

SHORT ESSAYS

15. Uses of biostatistics
16. Health administration in India
17. National control programme on malaria
18. Post natal care
19. Medical termination of pregnancy

7 x 2 = 14 Marks

SHORT ANSWERS

20. Maternal mortality rate
21. Low birth weight
22. UNICEF
23. Apgar score
24. Alma-Ata declaration
25. Structure of WHO
26. Crude death rate

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - SEP-2018

Max. Marks: 100 Marks

Time: Three Hours

Swasthavritha - Paper-II

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

1 x 11 = 11 Marks

LONG ESSAYS

1. Write yoga shabdasya nirukthi and explain about the yogic shadkriyas.

5 x 5 = 25 Marks

SHORT ESSAYS

2. Define pranayama and explain its prakaras.
3. Yoga siddhikara and prati bandha kara bhava
4. Pathya apatya ahara during Yoga kala
5. Jala chikitsa
6. Write about the relation between nisargopachara and Ayurveda.

7 x 2 = 14 Marks

SHORT ANSWERS

7. Benefits of Mayooraasana
8. Chromo therapy
9. Sitz bath
10. Upavasa chikitsa (fasting)
11. Yama
12. Define Nisargopachara.
13. Pingala nadi

Part - B (50 Marks)

1 x 11 = 11 Marks

LONG ESSAYS

14. Define family planning and write the methods of family planning.

5 x 5 = 25 Marks

SHORT ESSAYS

15. Uses of biostatistics
16. Health administration in India
17. National control programme on malaria
18. Post natal care
19. Medical termination of pregnancy

7 x 2 = 14 Marks

SHORT ANSWERS

20. Maternal mortality rate
21. Low birth weight
22. UNICEF
23. Apgar score
24. Alma-Ata declaration
25. Structure of WHO
26. Crude death rate

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - SEP 2017

Max. Marks: 100 Marks

Time: Three Hours

SWASTHAVRITHA, PAPER-II

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary
(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

$1 \times 11 = 11$ Marks

LONG ESSAYS

- Define Naturopathy and write different modalities of hydrotherapy.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

- Chromo therapy
- Vamana dhouti
- Surya namaskara
- Pancha kosha
- Fasting

$7 \times 2 = 14$ Marks

SHORT ANSWERS

- Bandhas
- Niyama
- Padmasana
- Ideal mud
- Dhyana
- Atapa snana
- Sootra nethi

Part - B (50 Marks)

$1 \times 11 = 11$ Marks

LONG ESSAYS

- Define family planning. Describe IUD and hormonal contraceptives.

$5 \times 5 = 25$ Marks

SHORT ESSAYS

- National health programmes
- Alma Atta declaration
- DPT
- Condom
- District Health Administration

$7 \times 2 = 14$ Marks

SHORT ANSWERS

- Preventive measures for tetanus
- Village health guide
- Census
- Crude death rate
- Anganwadi worker
- Methods of collection of data
- CARE



Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - OCT-2019

Time: Three Hours

Max. Marks: 100 Marks

Swasthavritha - PAPER-II (RS-3)

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)



LONG ESSAYS

1. Define yoga. Explain Ashtanga Yoga.

$1 \times 11 = 11$ Marks

SHORT ESSAYS

2. Explain shadkriya.
3. Chromo therapy
4. Mudras
5. Yogasana kala pathyapatha
6. Jala chikitsa

$5 \times 5 = 25$ Marks

SHORT ANSWERS

- C. Niyama
8. Samyama
9. Bandhas
10. Classification of Asana
11. Sitz bath
12. Pratyahara
13. Preparation of Mud

$7 \times 2 = 14$ Marks

Part - B (50 Marks)

LONG ESSAYS

14. National Leprosy Eradication Programme

$1 \times 11 = 11$ Marks

SHORT ESSAYS

15. MCH programme
16. Temporary methods of Family Planning
17. Causes of Maternal mortality
- D. Define Statistics and collection of Data
19. Measures to control STD's

$5 \times 5 = 25$ Marks

SHORT ANSWERS

20. Data
21. Weaning
22. Oral Polio Vaccine
23. Sub centre
24. WHO
25. Nutrition in School Children
26. CARE

$7 \times 2 = 14$ Marks

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - 20-Feb-2020

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA - PAPER-II (RS-3)

Q.P. CODE: 1262

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS

2 x 10 = 20 Marks

1. Define 'Nisargachara' and explain Jala Chikitsa.
2. Define Family Planning and write contraceptive methods.

SHORT ESSAYS

10 x 5 = 50 Marks

3. Pathyaapathy during Yogabhyasa.
4. Panchakosha.
5. Upavasa chikitsa.
6. Hatha Yoga.
7. Bhujangasana.
8. Role of Ayurveda in Primary Health Care.
9. Functions of PHC.
10. Universal Immunization Programme.
11. Postal Natal Care.
12. Under-Five's clinic.



SHORT ANSWERS

10 x 3 = 30 Marks

13. Nadi shudhi lakshana.
14. Naishiki chikitsa.
15. Yoga sidhikara bhava.
16. Acidic Diet.
17. Jalandhara Bandha.
18. Bharat Sevak Samaj.
19. Qualitative data.
20. Anganawadi Worker.
21. Life Expectancy.
22. Mean.

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - FEB 2018

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA, PAPER-II

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

LONG ESSAYS

1. Describe role of Ashtanga Yoga in maintenance of Health.

1 x 11 = 11 Marks

SHORT ESSAYS

2. Definitions of Yoga
3. Kukkutasana
4. Trataka
5. Basic principles of nature cure
6. Relation between Ayurveda and Nisargopachara

5 x 5 = 25 Marks

SHORT ANSWERS

7. Samyama
8. Ida nadi
9. Definition of nisargopachara
10. Contraindications for mehana snana
11. Therapeutic qualities of Mud
12. Contraindications for bhashpa snana
13. Utility of visrama

7 x 2 = 14 Marks



Part - B (50 Marks)

LONG ESSAYS

14. Define primary health care and describe principles of primary health care.

1 x 11 = 11 Marks

SHORT ESSAYS

15. Population explosion
16. Malaria prevention
17. Causes of maternal mortality
18. District health administration
19. Uses and sources of vital statistics

5 x 5 = 25 Marks

SHORT ANSWERS

20. Function of village health guide
21. Components of RCH programme
22. Mode of action of IUD
23. Mean
24. Functions of CGHS
25. Eligible couple
26. Sex ratio

7 x 2 = 14 Marks

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.A.M.S Degree Examination - FEBRUARY 2017

Time: Three Hours

Max. Marks: 100 Marks

SWASTHAVRITHA, PAPER-II

Q.P. CODE: 1262

Your answers should be specific to the questions asked. Draw neat, labeled diagrams wherever necessary

(Note: Use the same theory answer scripts for writing Part A and Part B)

Part - A (50 Marks)

LONG ESSAYS

1. Write importance of Shatkarma and describe kapala bhati in detail.

$1 \times 11 = 11$ Marks

SHORT ESSAYS

2. Bhakti yoga
3. Bhujangasana
4. Cold hip bath
5. Mrittika majjana
6. Therapeutic effects of water in nature cure

$5 \times 5 = 25$ Marks

SHORT ANSWERS

7. Yama
8. Pingala nadi
9. Contraindications for mud bath
10. Classification of massage
11. Types of fasting
12. Uses of green color
13. Techniques of relaxation

$7 \times 2 = 14$ Marks



Part - B (50 Marks)

LONG ESSAYS

14. Define family planning and explain permanent methods of family planning.

$1 \times 11 = 11$ Marks

SHORT ESSAYS

15. Primary health care in India
16. Principles of RNTCP
17. Child guidance clinic
18. State health administration
19. Ante natal care

$5 \times 5 = 25$ Marks

SHORT ANSWERS

20. Functions of sub-centers
21. Target couple
22. Female condom
23. Functions of WHO
24. UNICEF
25. Prevalence
26. Hiundu kushta nivarana sangh

$7 \times 2 = 14$ Marks
